

To Whom It May Concern:

Re: Anya Gray (DOB 13/01/05)

This certifies that the above mentioned patient is currently under my care.

In February 2017, Anya presented to me complaining of feeling weak and light headed during devotions at school. At the time of her assessment she was normotensive with a normal neurological exam. An electrocardiogram revealed bradycardia with sinus arrhythmia. Her echocardiogram and cardiac consultation was normal. She was assessed as having vasovagal syncope. Vasovagal syncope refers to fainting episodes that are precipitated by prolonged standing.

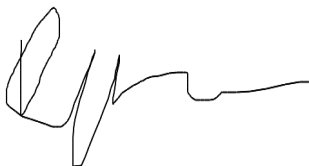
As a result of this condition, Anya must avoid standing for prolonged periods of time. It is therefore my recommendation that Anya be allowed to sit during devotions at school. Consideration should also be given to facilitate her sitting in all school activities where prolonged standing is anticipated. However, she should be allowed to participate fully in the school's physical education program.

If Anya complains of feeling weak, lightheaded or dizzy at school she should be made to sit with her head between her legs or if appropriate she can be placed in a lying position.

If Anya does faint (lose consciousness) at school it is recommended that she be placed in a lying position on her back with her feet elevated at least 12 inches. If she regains consciousness quickly do not allow her to stand back up too quickly. She should be allowed to remain in a lying position at least 5-10 minutes after she regains consciousness. She should then be helped slowly back on her feet. She should be accompanied back to her class or to the school nurse. She should not be allowed to go unaccompanied.

If she does not regain consciousness after 3- 5 minutes then she should be placed to lie on her left side and medical attention should be sought as soon as possible.

I would be happy to provide any additional information that may be necessary.



George Brown

2018-11-11 11:49:42



Clement Williams

2018-11-11 11:59:00