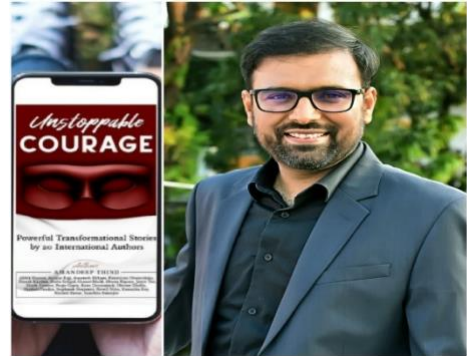


Arinjay Rajj, The Co-Author Of The Best Selling Book on Amazon Has Become a Youth Icon



Akanksha Raj
23 Jan, 2021



"The dark times are the biggest times to create the masterpiece that lies deep inside us" quotes Arinjay Rajj. Author of the #1 International best-selling book on Amazon 'Unstoppable courage', Arinjay Rajj has adorned the state with his book. He is the co-author of the book which has another 20 international authors from all over the world.

Lost his father at a very early age, Mr. Rajj has grown up to be an accomplished man and an author who works for youth empowerment and transformational mentoring to corporates and individuals. The times when you lose the guidance of an elder figurine, he recollected himself. He completed his studies at Muzaffarpur. The place where he felt had a loss of opportunities, but he didn't let it be a deterrent. Living in a small town couldn't stop him from manifesting bigger goals in life. At an early age, he also engulfed in unwanted social influences. But as said, even if you cut the flower you can't keep the spring away. He knew he was meant to do something of a higher purpose. His passion for growth reflects in his transformational journey.

The first book of Arinjay Rajj was 'Being Employable'. He was the co-author of the book and the other authors come from different personal, professional, and geographical backgrounds. The book is an insight into the vision of employability and making India employable. This book is a must-read for students, teachers, parents, teaching institutions.

Arinjay Rajj is a National Director of the International Human Rights Organization and looking after the youth empowerment programs in 22 states of India.

Arinjay Rajj is also a national faculty member of the Art of Living Foundation. It is an international NGO operating in more than 160 countries. It focuses on several aspects of society. He has been a part of this organization for years now. He is a mentor and a great speaker who has transformed many lives.

His recent book 'Unstoppable Courage' depicts ways how life can be hard sometimes and living it is itself a challenge. He conveys a message to the readers not to be afraid of the darkness and consider it as an opportunity to work on creating a better version of themselves. He provides scientifically proven techniques of positivity that works wonders on people. The book became international bestselling on Amazon and Mr. Rajj the #1 International bestselling author on Amazon.

Featured in Forbes India for his transformational work for the youth, Arinjay Rajj with his hard work and creativity was nominated for the Business Mint Nationwide Awards 2020. He strives to make people discover their internal strength and capabilities and the power of resilience.

He has helped many individuals to overcome their inner and outer obstacles that obstruct their personal growth. His award-winning transformational mindset coaching helps people to unleash their highest potential and raise their self worth for success and fulfillment in life.

To Be Young, Fearless, Bold And Strong: Nalanda Girl Sets Record



Akanksha Raj
16 Jan, 2021



Nalanda girl has enlightened Nalanda's name by making a record of mountaineering. Arpana, an inhabitant of Meghi, a town close to the old Nalanda University and Hiuen Tsang Memorial Hall. 20-year-old Arpana has established a national record by raising the national flag on the highest peak of Kedarkanth. She is the first girl of Nalanda to raise the flag on the highest point of Kedarkanth. She arrived at the highest point of Kedarkanth on December 30, going around 20 km, crossing the cool, snow-covered mountain course that covered the chilly, chilly, shuddering of pre-winter and Paush month.

She lifted the flag there and made this accomplishment in his name. The stature of the Kedarkanth top is around 12,500 feet from the level of the land. Nalanda is indeed pleased with its prosperity. She plans to enlighten the names of Nalanda and Bihar by lifting the flag on Mount Everest. After the dad's demise, mother Geeta Kumari has investigated every possibility in her schooling.

Educated and instructed the little girl a ton. Arpana is promising, enthusiastic, and energetic since her youth. It is said that she needs to enlighten the name of Nalanda not just of her mom, self dad and sibling family yet in addition in the nation and the world. Arpana has been engaged in numerous national-level game competitions. She has made a record of winning the gold decoration at the national-level in karate.

She has been the hero of Magadha University, Bodh Gaya in the Kho-Kho rivalry. She has made progress in many state-level rivalries. At the youthful age of 20, she has won in excess of 50 decorations. Mata Geeta Kumari is extremely content with this accomplishment of her dear girl, sibling Vikram Patel, and cousin Rakesh Raj. They are feeling glad. Relatives need his trip to have wings. Kedarnath is in Govind Wildlife Sanctuary in Uttarkashi locale of Uttarakhand. Its stature is 12 and a half thousand feet. This whole track is around 20 kilometers. She currently wants to vanquish Mount Everest of the Himalayas, the world's most noteworthy pinnacle. She needs to seek after a profession in games.

By turning into a national-level player, she needs to light up the name of the country including Nalanda and Bihar. But the family's monetary condition isn't acceptable to it now. Accordingly, she can't take the national and worldwide levels of preparation. The requirement for social and legislative collaboration is felt to accomplish Arpana.

Dry Fish Business In The State Providing Employment To Hundreds



Akanksha Raj
16 Jan, 2021



In the Saran district of Bihar, the business of dry fish is now catching pace and providing employment opportunities to hundreds of families. The dry fish prepared here is transported to various markets in the states of Bihar, Uttar Pradesh, and West Bengal, where there is a lot of demand for it. On one hand, the economic condition of the people associated with this business of fish is getting stronger, on the other hand, in the adverse weather of Kharman, hundreds of families associated with this business are getting a source of livelihood.

These days majority of people are involved in the dry fish business in different areas of Dighwara and Sonpur blocks of the Saran district and dry fish is becoming the medium of earning of these traders. From the Nizamchak of Dighwara to Sonpur, Nayagaon, and Bakarpur, there is a day-to-day business of dry fish at the under-construction foreland.

The fish are dried for several kilometers on the southern part of the under-construction foreland, and later the traders from far and wide reach these places and buy the fish and take it to different parts of the country. Due to its high consumption in different parts of West Bengal, its supply is more in this state. Drying of this and other small fish is more. No warehouse is required for storage. Hundreds of people of Rasulpur Panchayat of Nayagaon in the Sonpur block are involved in the trade, in which the percentage of people of Mallah caste is also very high. People belonging to other castes are also associated with this business, who get a good income by selling dry fish. As the month of Kharman is going on, employment opportunities have come down, but it has not affected the income of the people involved in this dry fish business.

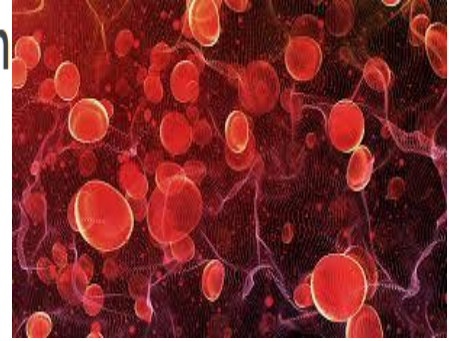
According to the information, the fish are laid on the foreland under construction and after drying it for seven days to 10 days, these fishes are harvested and then fishes of good quality are sold to the traders. This gives good income to the people associated with the fish trade. The laborers associated with pruning work get wages at the rate of 200 to 300 rupees per day and they are engrossed in the work of pruning the fish from morning to evening. Shyamjit Mahato, associated with this trade, says that it is sold in many districts of Bihar and West Bengal, including Gorakhpur in Uttar Pradesh and Siliguri in West Bengal. Many times traders from those areas come and buy these dry fish.

The price is similar to the quality of fish. A large number of traders from Sarai in the Vaishali district of Bihar reach the under-construction road and buy dry fish and send it to different districts of Uttar Pradesh, West Bengal, and Bihar, which earns them a good income.

Raise The Awareness Of Stem Cell Donation and Save The Lives Of Million



Akanksha Raj
30 Dec, 2020



Your blood, which represents around 8 percent of your typical bodyweight, assumes a significant part in how your body's capacities. When something isn't right with your blood, it can influence your all-out wellbeing. That is the reason it is significant for you to think about a portion of the basic blood issues that may influence you. Individuals may be influenced by various kinds of blood conditions and blood tumors. Normal blood problems incorporate pallor, draining issues, for example, hemophilia, blood clumps, and blood tumors, for example, leukemia, lymphoma, and myeloma.

Bone marrow is the delicate tissue inside our bones that produces blood-forming stem cells. When infections influence the bone marrow and they can't deliver sound stem cells, a stem cell transplant might be a patient's best treatment choice. Through Stem cell transplantation, healthy stem cells can be infused into your body to help resume healthy blood production following therapy to destroy malignant blood cells. Now, What is a Stem Cell Transplant and why is it important?

Stem cell transplantation likewise alluded to as bone marrow transplant is a technique in which a patient gets healthy stem cells to replace harmed stem cells. Therapy techniques like Chemotherapy and Radiation don't generally help a patient. For specific sorts of leukemia, lymphoma, and different myeloma, a stem cell transplant can be a significant piece of treatment. The objective of the transfer is to wipe out the cancer cells and the damaged or non-healthy cells that aren't working right and give the patient healthy stem cells. One Indian city alone could construct the world's biggest stem cell registry. In any case, Indians aren't venturing forward to donate. The possibility of finding a genetically matched donor for an Indian is one out of many. With such low likelihood, it is important to have an exceptionally huge vault of willing benefactors. Yet, India needs such a vault. India right now has a couple of dynamic bone marrow vaults, one of them being DATRI. HOW TO REGISTER ONLINE? Step 1: Register

Link: dkms-bmst.org/register

Step 2: Receive a swab kit at your house.

You gather cells from your cheek with a q-tip or give a little blood test. This is finished by following bearings in a mail-in kit or at a donor center. The example is examined to decide your HLA type, which is recorded in the NMDP national database. The swab test has no side effects or confusion and can be directed without any problem. Step 3: Follow instructions and send the swab sample along with the signed consent form back to DKMS-BMST via post. Awareness is the key to building such a registry. Not many people know that they could be the only hope for a patient's survival. Also, a lot of them do not know that a Peripheral Blood Stem Cell donation is a simple, harmless, and short procedure. In a society like ours, it is a challenge to educate and earn trust because there are so many irrelevant taboos and cultural factors to overcome. This is on the grounds that HLA markers utilized in coordinating are acquired. Some ethnic gatherings have more intricate tissue types than others. So an individual's most obvious opportunity with regards to finding a benefactor might be with somebody of a similar ethnic foundation.

Top 2020 Emotions Pandemic Taught Us And Reminisced Forever!!



Akanksha Raj
26 Dec, 2020



1. Isolation- When the Government implemented a lockdown, the city smothered to forestall the infection. The vehicles quit running thus ended the hustling lives of us. An improvement in air quality all-around was reported from the city. Without precedent for some years, the AQI was enrolled around 50-52. People isolated themselves and suspended fundamental daily practice. Cooking new plans, playing ludo and different games with loved ones, investing the free energy which was from morning till night with the family turned into the new typical. The schools and universities changed to online classes and the work turned from home. We never quit developing and this pandemic demonstrated it to us.

2. Gratitude- The time when we were sitting at homes and whimpering about sitting idle, there were people who worked indefatigably. The difficult occasions demanded medical care proficient and the leader to take additional consideration and work. In order to thank the frontline workers, clinical proficient, cops, paramilitary powers, Indian Air Force choppers showered blossom petals and acknowledged their work in combating with the infection. The emergency clinics and the areas the nation over were showered to stamp regard for benevolently treating Covid -19 patients.

3. Remorse- More than one crore migrant workers went back to their cities, to their homes by walking during May-June 2020. All methods of transport were suspended and the travelers chose to stroll back home. With no assistance from the central and state governments, the migrants strolled miles to arrive at their objective. It likewise incorporated the passing of certain transients because of weariness, mishaps, starvation, and so forth. These photos show us the genuine essence of the lockdown and the difficulties that were faced by the migrant people.

4. Resolute- We take New Year resolutions to make in the coming year the better versions of ourselves. We resolute and try to come up to the potential we know lies in us. A teenager like Jyoti Kumari is one determined person of a kind Her father had injured his left leg in an accident in January and Jyoti was taking care of him. With no job during the lockdown, they were running out of money and food and were kicked down by the landlord to pay the rent. With no help whatsoever from the government, Jyoti decided to return to her hometown. The bravery from a teenager like Jyoti teaches us when that never accept fate as it is but to change it when necessary with courage and grit. Presently thinking back to the year, good and bad times, highs and lows would consistently be looked at by us. However, how we defeat it, characterizes humanism. Bihar by and by prospered. By and by we will return to regularity. Yet, presently we will commend this new year with enthusiasm and energy.

Pledge Against Use Of Liquor By 89,000 Bihari Cops.



Akanksha Raj
23 Dec, 2020



Around 89,000 police officers, directly from the DGP to constables posted at the police headquarters and police stations across the state, made a vow, not to burn-through alcohol or disparage those associated with the unlawful exchange.

This is the fourth event when state police officers have made such a promise.

The cops gathered on their office premises at 11 am and made the promise. Afterward, they presented the essential arrangement containing their names, posts, and places where the promise was directed, which will be therefore shipped off the workplace of IG, forbiddance.

ADGP (base camp) Jitendra Kumar said DGP S K Singhal controlled the promise to the IPS officials and other police workforce posted at the police central command. The activity was rehashed in the locale all the while, he added.

The activity was attempted on the mandate of CM Nitish Kumar to the top cops at an elevated level gathering to survey the peace circumstance in the state on December 9.

A senior official posted at the police base camp said those who missed it because of some unavoidable reasons should do it by January one year from now and present their imperative organization to their seniors.

Prior, comparable exercise was embraced by the cops on April 5, 2016, November 26, 2018, and June 24, 2019. The state government had upheld preclusion in April 2016. The police and extract office authorities have held onto 26.91 lakh liters of alcohol and Rs39 lakh since January this year. Out and out 48,187 individuals were captured for disregarding the alcohol boycott in the state.

Then again, disciplinary activity was started against 430 police staff for the desolation of obligation in upholding the alcohol boycott law successfully under their particular ward. Altogether, 80 FIRs were stopped and departmental procedures started against 107 police officers, including overseers, sub-investigators, aide sub-controllers, constables, and chowkidars. Inside and out 95 cops were excused from the administration. What's more, 13 auditors were deprived of their postings as SHOs either for their omissions in implementing the forbiddance law or being hand in glove with smugglers.

Home To Homeless People Provided By The PMC During Winters



Akanksha Raj
21 Dec, 2020



As cool wave keeps on clearing the city, in excess of 400 destitute poor have taken resort in temporary shelters in Patna around evening time set up in various areas here. Out and out 27-night covers, including five perpetual ones, are currently functioning for vagrants in the region.

Patna DM Kumar Ravi said individuals are given woolen covers, pads, beds, and sleeping pads at night shelters other than other fundamental offices, for example, drinking water and latrines. "The free-of-cost accommodation facilities for homeless people in the city have been made by the Patna Municipal Corporation. More such shelters will be set up at different areas if required," the DM said.

The region organization has likewise conveyed covers among individuals living along the streets or close to transport stops and chowks in regions like Gandhi Maidan, Station Road, Exhibition Road, Bailey Road, and Frazer Road. Courses of action for campfires have likewise been made in various areas of the city.

Municipal Commissioner Himanshu Sharma said five the temporary shelters in Patna have been set up close to Patna Science College, Malahi Pakri, Gai Ghat, Saidpur, and Mc'Dowell roundabout. "At these spots, individuals can discover convenience to spend crisp evenings. These havens have offices like TV, water warmer, latrines, drinking water, beds with covers, cushions, and beddings. We are additionally giving a feast to the inhabitants of night shields double a day. The convenience and different administrations are free. Be that as it may, one needs to pay Rs 30 for the feast," he said.

Himanshu said the brief shelters have been set up close to Gandhi Maidan, J P Golambar, Patna GPO, Meethapur, and New Sachivalaya. "Impermanent safe houses have been set up at such areas where there are latrine and drinking water offices. These are water-evidence covers. Blaze office has been presented at 20 spots, particularly at chowks and traffic circles," the PMC official said.

As indicated by PMC sources, around 450 individuals have been obliged around evening time covers, including cart pullers.

Don't Travel To China To See Glass Bridge, Your State Bihar Has It's All!



Akanksha Raj
18 Dec, 2020



Don't we love it when Our Bihar stands outstanding! We all wanted to visit the glass bridge of China but don't you worry Bihar has brought it for you in our very state at Rajgir. Yes! The Glass Bridge of Bihar is your next tourist destination.

After Rishikesh's proposed bridge at Lakshman Jhula, the subsequent glass bridge of the nation is practically prepared in Bihar's Nalanda, in an offer to pull in both nearby and worldwide travelers. Alongside this, the best in class ropeway and a zoo safari is additionally being developed which will be opened to the overall population very soon. The zoo safari, bragging an assortment of verdure has just been perceived by the Central Zoo Authority. So twofold treat for vacationers!

Air Cycling with the help of ropes, Bihar Darshan, and Cafeteria would be another attraction of the Safari. The visitors can stay in cottages built for them. These stays-ins are built are safe as well as comfortable.

Outstandingly, this glass bridge of Bihar has been based on the lines of the 120-meter high glass bridge in the Hangzhou area of China.

The Glass Sky-walk Bridge has been developed close to the primary passage of the safari and is totally worked of glass and steel.

The all-out length of this sky-walk is 85 feet and the width is around 6 feet. Its tallness is around 250 feet from the valley and a sum of 40 guests can stroll on it in one go.

Built at the lower regions of Rajgir's Vaibhar Giri mountain, three 15 mm glass mirrors have been introduced on this scaffold. The all-out glass thickness is 45mm, which is totally straightforward, because of which it will be very exciting to stroll on it.

Chief Minister Nitish Kumar during his new visit to Rajgir taught the authorities to guarantee the activity of the new ropeway in January 2021.

Planning for vacation for the coming holidays? Don't miss out on this beauty.

The Story of E- Ambulance You'll Never Believe: Hanuman Ambulance



Akanksha Raj

17 Dec, 2020



"In the wake of Coronavirus, lockdown has been imposed in the state till March 31st. All essential services will be available" chief minister Nitish Kumar read a statement. The state was under lockdown from March. Basic lives were suspended and the state faced situations never imagined.

Apart from quarantined at homes, the role which never stopped playing was health professionals. The covid19 arose the need for ambulances and healthcare. But, as demand rose so, rose the price of these services. These conditions made it difficult for common people to get treatment. An ambulance service surfaced during this time.

Dr. Neeraj Jha, a young doctor from Patna and alumni of Kendriya Vidyalaya started the ambulance service in Bihar to provide cheap and safe medicare during the Covid19 lockdown. Known as Hanuman, it is the first e-ambulance service in Bihar. The app is also available on the Google playstore which is very convenient and easy to use.

Various factors moved Niraj towards the establishment of this service. The distress in people while they look for ambulances and the lack of knowledge amongst people regarding these services was one factor. Secondly, the overpriced charge by the ambulance service and hospitals during the lockdown was also a driving factor. These and other components led to the kick-off of this service.

HANUMAN- Health Accessible to the Needy and Utility to Mankind. Becoming the modern Hanuman and bringing Sanjeeveni into our lives, this app is currently serving in 18 districts of Patna. The ambulances have shown immense hope in people that they won't have to pay higher prices for services that could be afforded at a minimal rate.

Niraj with his colleague Santosh started distributing PPE kits to the ambulance drivers and paramedics with tablets and sanitizers too. They set the ambulances with essential medicines and oxygen cylinders. He fostered learning and provided assurance among these drivers who feared they would be affected by the virus.

Despite facing severe hardships, the app has made an ambulance one call away. The Hanuman App not only supply ambulances but also provide lab assistance, home healthcare, diagnostics services to the people.

16 Days of Activism against Gender-Based Violence



Akanksha Raj
11 Dec, 2020



25 November is the International Day for the Elimination of Violence against Women, and the beginning of the 16 Days of Activism against Gender Violence. The 16 Days of Activism ends on 10 December (International Human Rights Day.)

WHO gauges that almost 1 out of 3 women worldwide have encountered physical as well as sexual viciousness and violence, generally by a personal accomplice. The COVID-19 pandemic has additionally added to expanding dangers of brutality, especially abusive behaviour at home against women. Coronavirus expanded women's weaknesses towards abusive behaviour at home as isolation and social detachment alongside the economic downturn at the family level can increase viciousness. Cases of abusive behaviour at home were discovered to be multiplied than what it was before the lockdown.

Physical and psychological mistreatment has arisen as the most well-known type of VAW during the lockdown. With the arrival of travellers, women were constrained to invest more energy in the family unit and care work while diminishing their own long stretches of rest. Expanding recurrence of sexual interest from the spouse suggests strengthening of passionate, physical, and mental pressure for ladies, previously battling with intense time neediness during the lockdown. For the 16 Days of Activism, UN Women handed over the mic to survivors, activists and UN partners on the ground, to tell the story of what happened after COVID-19 hit. Since the pandemic, with lockdowns measures, countries around the world have seen an alarming rise in reporting on violence against women, especially domestic violence. How is Bihar dealing with these atrocities against women?

The Beti Bachao Beti Padhao, a central supported plan empowers education of young girls. Since the sex proportion of Bihar is 918 for each 1000 male (Census, 2011), which is underneath the public normal and further to improve the sex proportion and stop female foeticide, state-supported Mukhyamantri Kanya Suraksha Yojna (Chief Minister Girl Security Scheme) has been embraced. A women helpline and One-Stop Center have been announced to offer help to the ladies, who are the casualty of aggressive behaviour at home. The pandemic of violence and viciousness against ladies isn't new. Indeed, even before COVID-19 hit us, around the world, 243 million ladies and young ladies were mishandled by their private accomplices in the past year. The COVID-19 pandemic heightened the brutality, even as help administrations wavered and getting to help got more enthusiastically. As we mark the yearly 16 Days of Activism against Gender-based Violence crusade (25 November – 10 December), each one of us is holding hands with survivors, activists, chefs, the UN framework, and individuals of varying social statuses, to focus light on the requirement for effective fundamental administrations that shapes better-educated results and actions.

First women To Gain Master's Degree In Bihar: Ram Dulari Sinha



Akanksha Raj
09 Dec, 2020



Women have always been the emblem of courage, hard work, persistence, and patience. In every field of life, women conquer their goals through sheer labor and dedication. One of the women among them is Ram Dulari Sinha. She was born at Manikpur village in Gopalganj District of Bihar on 8th December 1922. She completed her education at Banaras Hindu University. She did her master's at Patna University in the subject Hindi & History. Sinha is the First women in Bihar to gain a master's degree. She was married to Thakur Yugal Kishore Sinha in February 1938. Kishore Sinha was widely known as the father of Cooperative Movement in Bihar.

Shrimati Sinha was a nationalist, a politician, an activist, a freedom fighter, and a Socio-Political worker. In 1952, Sinha became a member of the first Bihar Assembly. She was a freedom fighter of the Indian National Congress. Then became a member of Parliament in 1962. She was the winner of the Bihar Legislative Assembly elections of 1969 from the Gopalaganj constituency.

From 1971-77, Sinha was the state cabinet member, Government of Bihar. She was in charge of the arrangement of Labour and Employment, Tourism, Sugarcane, Social Welfare, and Parliamentary affairs. In 1980, Ram Dulari won the MP elections from Sheohar, a Lok Sabha constituency in Bihar. She was also appointed as the Union Minister of State from 1980-1984. She was in control of the Information and Broadcasting (June- Oct 1980), Labour and Rehabilitation (Oct1980- Jan1982), Industry, Steel, and Mines (Jan1982- Feb 1983), Commerce (Feb1983- Feb1984), and Home Affairs (Feb1984- Dec1984). In 1984, she was a member of parliament from Sheohar constituency again. She was appointed again as the Union Minister of Home Affairs in 1984-1988. In 1988, she became the Governor of Kerela. Ram Dulari Sinha was the First woman Governor from Bihar.

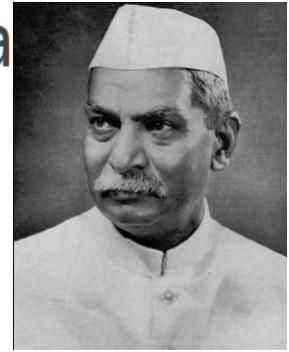
Sinha was a student activist and strongly supported student movements. She was the General Secretary of the Bihar State Youth Congress (1947-48), and Organising Secretary Bihar Manila Congress (1946-48). Apart from being a student activist, she was also a social activist. She was a part of women's emancipation, anti-purdah, anti-dowry, and the abolition of untouchability campaigns. She promoted education for women and children.

Ram Dulari Sinha, having fought numerous fights in her time, effectively warded off blood cancer for a very long time before at last capitulating to it. She died on 31st August 1994. However, in a stunning showcase of detachment, not a solitary delegate of the party she served for thirty years paid a visit to the deprived family. Shrimati Ram Dulari Sinha is a remembrance in the hearts of Biharis. She was a changemaker that guides thousands of women, students, children to a path towards success and dedication.

The First Head Of The State: Dr. Rajendra Prasad



Akanksha Raj
03 Dec, 2020



We seldom forget our valour leaders and pioneers of what India is standing now. The brave and amiable head of the state Dr. Rajendra Prasad is one of the significant leaders India has witnessed. India's first President, Dr. Rajendra Prasad was born on December 3, 1884, in the Siwan district of Bihar. Prasad's youth was spent gaining education from a nearby Maulvi on the grounds that his town didn't have an elementary school. His dad Mahadev Sahay — a famous researcher — and his profoundly strict mother Karnaleshwari Devi established a home environment that instilled beliefs of sacrificial help, virtue, penance, and lowliness in Prasad from an early age.

A legal counselor by calling, Dr. Prasad had been a powerful pioneer during the Indian freedom battle. He left his law practice to join the development alongside Mahatma Gandhi and Jawaharlal Nehru. Moreover, in his instructive years at the University of Calcutta, he did stay at the Eden Hindu Hostel in Calcutta as a postgraduate understudy of Economics.

Prasad assumed a significant function in framing the Bihari Students Conference in the year 1906 at the lobby of Patna College. The first association of its sort in quite a while. It not just prompted an enlivening, it supported and delivered for all intents and purposes the whole political initiative of the twenties in Bihar. After finishing his examinations in law he began legitimate practice in Calcutta in 1911 and came to Patna after making of the Patna High Court in 1916.

He served threefold as President of the Indian National Congress. Everyone collectively chose him as the temporary President of India on 24 January 1950, the penultimate day of the last meeting of the Constituent Assembly. In 1952, he was chosen as the primary President of the Republic of India and was reappointed as the President of India for the second term in 1957.

Dr. Rajendra Prasad was awarded the Bharat Ratna, the country's highest civilian award, in 1963. A political dissident, scholarly, Congressman, compassionate, writer, legal counselor, and the main two-term President in India's set of experiences. Prasad's multifaceted aptitude made him "a man among men" as Mahatma Gandhi called him.

The Founder of Sikhism: Guru Nanak Dev Ji



Akanksha Raj

01 Dec, 2020



Guru Parv or Guru Nanak Jayanti is one of the most prestigious festivals of the Sikhs. On this day, the first Sikh guru Guru Nanak was born. He is also the founder of Sikhism. The Sikh community highly admires him.

Born in the Karthik month of the Indian Lunar calendar, it occurs on the full moon day. Thus, Kartik Purnima is the other name for it. He was born on the 15th April 1469 in Rai-Bhaoi-Di Talwandi in the present district of Seikhpura in Pakistan. This is the most sacred festival of the Sikhs.

The celebration is generally near for all, simply the songs are exceptional. The celebrations generally start with the Prabhat Pheris. Prabhat Pheris are early morning marches that start at the Gurudwaras around the regions singing tunes. Generally, two days before the birthday, the Gurudwaras hold Akhand Path. It is a 48-hour preserving scrutinizing of the Guru Granth Sahib, the great holy book of the Sikhs.

A procession, Nagarkirtan, is the day preceding the birthday. The Sikhs carry the Sikh flag known as the Nishan Sahib and the Palki (Palanquin) of Guru Granth Sahib. A band of singers singing the hymns follows them and the enthusiasts sing the chorus. There are metal gatherings playing different tunes and 'Gatka' bunches show their swordsmanship through various aggressive methods. They show fake battles using standard weapons.

Banners, flowers, flags cover the whole streets of the city beautifully, On this day. The perfect blend of flowers and lights in the Gurudwaras beautifies it. The preparations are done beforehand for the main day. Upon the arrival of the Gurupurab, the festival starts promptly in the first part of the day at around 4-5 a.m. This time is known as Amrit Vela. The days start with morning hymns known as Asaa-Ki-Vaar. Following it is the Katha and then Kirtan which continues late till night in recognition of the Guru. After that is the Langar, which is prepared and served by the volunteers of the Gurudwaras. This Langar is famous and people from all fields or religions participate in it and eat it. The thought behind this free public lunch is that the offering of food should be for everybody regardless of sexual orientation, station, class, or creed in the soul of the seva and bhakti.

The worshippers start singing Gurbani at about 1:20 a.m., which is the actual time of the birth of Guru Nanak. The festival finishes at 2 a.m.

It is one of the most important festivals in the Sikh calendar. With great zeal and enthusiasm, people all over the world celebrate Guru Nanak Jayanti. The government gives a gazetted holiday on this day. The Sikhs on this day wear new clothes and go to Gurudwaras.

Darbhangha Gharana: The Rich and Royal Art of Bihar



Akanksha Raj
24 Nov, 2020



The love of music, royalty, and the essence of the traditions and art are what comprise Biharis. The pieces of music in Bihar express their own distinctive story and heritage. One of them is the famous Gharanas. A Gharana refers to a family or a lineage that performs distinctive music or musical instruments of a particular region. Several Gharanas have moulded the art form of India and Bihar has a Gharana of its own.

The Darbhanga Gharana being the most famous one. This Gharana has started in the 18th century. Radhakrishna and Kartaram had established this tradition of the Hindustani classical music Dhrupad. They started off as musicians in the court of Nawab of Darbhanga. The versatile style of their differentiated them from other schools of Dhrupad.

The Darbhanga Gharana was much famous for its uniqueness in the identical balance in alap and bandish. Whereas the most style emphasizes on the much longer portions of alap, this Gharana presents an equal proportion of the melody as well as rhythm. Not only how the song is sung but also the vocal delivery and the zestful performance is what this Gharana is notable for.

Ram Chatur Mallik

Some of the famous singers of this tradition are Ram Chatur Mallik, Vidur Mallik, Abhay Narayan Mallik, and Prem Kumar Mallik. Ram Chatur Mallik (1902–1990) is one of the oldest and is considered to be the last main court musician at the court of Darbhanga royals. One of the closest to the royal family and the highness, he was responsible for all the music-related activities. He was awarded the Padma Shri in 1970 by the Government of India. It is the fourth highest Indian Civilian Award.

Pandit Siyaram Tiwari (10 March 1919 – 1998) who is a great Indian classical singer, has also had its stem rooted in Bihar. He also belonged to the Darbhanga Gharana. Known for his laykari techniques, he was the first one to promote the fast-paced laykari. Pandit Tiwari was honored with the Padma Shri in 1971 and later on with Sangeet Natak Academy Fellowship in 1984 and Bihar Ratna in 1989.

The Darbhanga Gharana began to decline after India gained its independence. One of the golden musical traditions slowly lost its glow during the post-independence era. The shift from the Raj Gharanas and the shift of the royals towards a new kind of art brought tough times for the artists. Nevertheless, the traditions don't fade out but live in the hearts of the millions. The love for art and music is universal and always will be.

The Auspicious Festival of Our Country: Deepawali



Akanksha Raj
10 Nov, 2020



The glamour of light, the festival of joy. The enchantment of the sweets and the merriness of the relatives. Diwali is not just a festival in India but a joyous occasion. The victory of lights to vanquish the darkness, the truth over evil, is what Diwali expresses to us. This festival which is a nation-wide celebration grams the emotions of happiness and love.

The celebration is the emblem of Lord Rama, Goddess Sita, and Lakshman on the arrival in Ayodhya after completing their 'Vanvas' for 14 years. The residents of Ayodhya had lit diyas filled with ghee. However, different religions hold different religious significance behind celebrating Diwali. The Jains celebrate Diwali in the observation of 'Mahavir Nirvana Diwas' while Sikhs celebrate it in the remembrance of the release of the Guru Hargobind who was prisoned in Gwalior Fort by the Mughal emperor Jehangir. Nonetheless, Lord Ganesha and Goddess Lakshmi are worship far and wide. Celebrating in the month of Kartik, Deepawali is a five-day festival. People buy new utensils, new jewelry, home equipment, or anything new on this day. Kadamkuan, Boring Road, and major shopping arenas of Patna are filled with shoppers. Several Jhalars, lights, firecrackers shop are also jam-packed with people this very day.

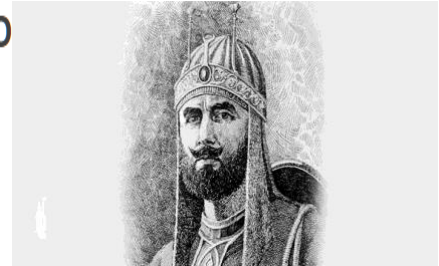
Following this day comes the Chhoti Diwali or Narak Chaturdashi, the second day of the festival. The rituals followed on this day signifies the remembrance of the ancestors and free their souls from tribulations in Narak or hell. People purchase sweets or festive mithai as an offering for the deity. Diwali is not just a festival of lights but also a festival of flavor. The various foods add zing to this festival.

The shopkeepers worship their shop and also some of them regard this day as the closing of the financial year. The city dazzles with light and beams with affections. The tradition is of gifting sweets or some money from the elderly to the children or relatives. Wearing new clothes, Feasting over delicacies makes this festival most awaited among children as well as elders. The worshipping of cows is in the former one while the latter celebrates the bond of brother and sister. During the five-day festival, some parts of the state host several meals. The firecrackers burst on this pollutes the air with a lot of chemical particles harmful to the environment as well as the living beings. Nevertheless, while being aware of society and towards the animals, this festival does bring happiness and joy to our lives. This festival teaches us about the importance of brightness in our lives and the knowledge that victory prevails over evil.

"Lion Lord" The Sher Shah Suri & His Road To Glory



Akanksha Raj
07 Nov, 2020



An ethnic Afghan, Sher Shah Suri (1486-1545) also known as Farid Khan laid the foundation of the Suri Empire in Bihar. He was a great warrior, an eminent leader, a great strategist, and also a powerful administrator. Sher Shah Suri took over the Mughal empire in 1538 by defeating the Mughal emperor Humayun. He established the capital of the Suri dynasty at Sasaram, Bihar. He was born in Sasaram and later on fled to Juanpur, Uttar Pradesh to serve its governor Jamal Khan. Sher Khan served under the Bahar Khan Lohani who was the Governor of Bihar. He had later on rewarded him the title 'Sher Shah' when he killed a tiger which leaped upon Lohani. After his death, Sher Khan became the regent ruler in Bihar under the sultan Jalal Khan.

By seeing his growing rule in Bihar, Jalal Khan with assistance from Ghiyasuddin Mahmud Shah sent an army. Sher Khan defeated the army under General Ibrahim Khan at the Battle of Surajgarh in 1534. It led to Sher Khan having complete control of Bihar. In 1538, he attacked Bengal which was ruled by Mahmud Shah. This strike was a failure because Humayan rose to power.

Sher Khan was a man of determination. He struck again against Humayun in the battle of Chausa in 1539 and defeated him. Moreover, in 1540, he forced Humayun to leave India after defeating him at Kannauj. After the fled of Humayun, he laid the foundation of the Suri dynasty. Suri destroyed the old cities captured by him. He introduced the term Rupiya which is still the national currency of India.

Sher Shah Suri was a remarkable architect and built several monuments. The Grand Trunk Road was rebuilt and modernized under his supervision. The Rohtas Fort (now in Pakistan), Sher Shah Suri Masjid in Patna, Qila-a-Kuhna in Delhi, and the Sher Mandal are some of his astounding works.

Sher Shah Suri had proved himself that he was a man of wisdom and courage and he had left a legacy behind him. But soon after his sudden death in 1545 during the siege of Kailnjar Fort, the Suri Dynasty couldn't last long. The 16 years long rule came to an end in 1556 when the Mughal emperor defeated the last ruler Adil Shah Suri. The restoration of the Mughal dynasty with Humayun as the King took place soon after.

Shri Krishna Singh, The Man With shrewdness!



Akanksha Raj
02 Nov, 2020



Shri Krishna Singh (21st Oct-31st Jan), the first chief minister of Bihar, notably regarded as the 'Bihar Kesari'. Remembered for his competency and his commitment towards the state, he was in office for 14 years i.e. from 1946 until his death in 1961 at the age of 73.

Shri Krishna Singh.

Shri babu was born in a Bhumihaar Brahmin family in 1887 in village Maur Baribigha in Munger district of Bengal presidency. He studied at Patna College and did his Doctor of Law from Patna University. At a very early age, he committed himself to work to free India from the British rule. He gave up his law practice in 1921 to join the Non-Cooperation Movement of Gandhi. In 1922 he became a member of the All India Congress Committee.

Singh has however been arrested a number of times by the British government for his disposition of an Independent India. He was confined for two and a half years in jail during the Civil Disobedience Movement. He injured himself severely at that time. Nevertheless, in 1937, he became the premiere of Bihar and formed his cabinet.

The caste system and the oppressed class of the society had the strong support of Sinha. He led the entry of the *Dalit* into the Baidyanath Dham. He was the first chief minister to abolish the Zamindari system.

Sinha has brought in the state several heavy industries. Baruni Refinery, Heavy Engineering Corporation at Ranchi, Bokaro Steel Plant are some of them. He also contributed to the social and cultural development of the state. He established the Anugraha Narayan Sinha Institute of Social Studies (ANSISS) at Patna, Engineering College at Muzaffarpur, Bhagalpur, Motihari, Lok Rangshala of the Bihar at Bhartiya Nritya Kala Mandir. It was under his excellent leadership that Bihar was the best-governed state of then India.

A Shri Krishna Setu Munger Ganga Bridge built in Munger is in the honor of "Shri babu". It is a rail-cum bridge across the Ganges. The Shri Krishna Memorial in the Gandhi Maidan which is a multipurpose arena is also a memorial of the state's first chief minister.

Vikramshila Sanctuary, A Boon for Dolphins & Ganges



Akanksha Raj
28 Oct, 2020



Across the 60km stretch of the Ganges river, the Vikramshila Dolphin Sanctuary is situated in the Bhagalpur district of Bihar is India's first dolphin observatory. The observatory is constructed on the Sultanganj-Aguwani Ghat bridge over the Ganga. This step came forward by Bihar to promote eco-tourism.

In 1991, the Government of India started the Vikramshila Dolphin Sanctuary as a project to conserve and protect the Gangetic dolphins. The International Union for Conservation of Nature(IUCN) clearly declares that the species found in the sanctuary is endangering and special methods should be undertaken for its conservation and re-population.

The Gangetic dolphin's founds here are India's national aquatic animal and has become a major tourist attraction. However, in the past, these aquatic angels have been imperilling in the sanctuary due to fishing and motorized boats. The dolphins have declined a lot. The sanctuary provides a natural habitat for these amazing species and guards them.

Vikramshila Dolphin Sanctuary :-

Situated from the Kahalgaon in the east Bhagalpur to Sultanganj in the west, the sanctuary provides numerous species of aquatic animals. The tourists visit here to gaze at the cute and playful dolphins. During summers, the sanctuary experiences warm weather, and the average temperature rises to 32 degrees in the month of May which is considered the hottest month. The winters are slightly cold and cosy. In January, which is the coldest month, the temperature is around 17degrees.

Although the sanctuary is open throughout the year, the best time to visit the sanctuary is between June-October. The rains during July bring a change in weather and also the water level rises. Numerous birds and marine species along with a number of dolphins are liming light during this time.

The Vikramshila Dolphin Sanctuary is home to a number of aquatic species of flora and fauna. Gharial, Indian smooth-coated otter, and Turtles are also some of the species that could be seen here. However, the migratory and respiratory birds are getting a spot as well. The various kinds of fish, shrimps, and crustaceans could be espied.

22nd October 1764 – Battle of Buxar, Treaty of Allahabad



Akanksha Raj
22 Oct, 2020



The glorious Battle of Buxar which was fought on the grounds of Bihar was an important historical event in the history of pre-independent India. It was fought on 22nd October 1764. The battle was fought between the forces of Britishers of the East India Company and the joint army of Awadh and the Mughal Empire. This pivotal battle led to Britishers having full control over Bengal and Bihar.

A brief battle which was fought previously to this battle gave the British a firm foothold over the region of Bengal. The Battle of Plassey which was fought in 1757, gave Mir Jafar as the Nawab of Bengal replacing Siraj Ud-Daulah. Mir Jafar was the puppet in the hands of Britishers but he involved himself with the Dutch East India Company. Mir Qasim, the son-in-law of Mir Jafar was supported by the British became the new Nawab.

Few reasons which led to the outbreak of the war were that Mir Qasim wanted to be independent and shifted the capital to Munger fort from Calcutta. He did not provide any special treatment or privileges to the British merchants and treated both the Indians and British merchants as same. Some foreign experts were hired by him to train his soldiers who had a direct conflict with the Britishers. Thus these factors fueled the British to overthrow the Nawab.

When the war broke out on 22nd October 1764, the British gained successive victories at Katwah, Murishabad, Sooty, and Munger. Mir Qasim fled to Oudh and formed an alliance with the Nawab of Oudh, Shuja-Ud-Daulah and the Mughal Emperor, Shah Alam II.

The joint armies were defeated by the British. Mir Qasim scarpered from the scene and the other two surrendered to the British army led by Major Munro. The British became the power-breaker, annexing the Oudh and Bihar.

In the aftermath of the Battle of Buxar, a Treaty of Allahabad was signed on 12th August 1765. It was signed between the Shuja-Ud-Daulah, Shah Alam II, and Robert Clive the governor of the East India Company. The battle is remarked as the turning point in the history of India and the British East India Company as the virtual rulers of India.

First Transgender Presiding Officer in Bihar State Election, Monika Das



Akanksha Raj
10 Oct, 2020



Monika Das, a 32-year-old trans-woman appointed as the Presiding Officer of a polling station in the second phase. It is for the first time in Bihar. She has been assigning one of the constituencies in which she would be administering from Nov 3. With this Bihar became the first state to appoint a Trans person as a Presiding Officer. She expresses this chance a great honour for her community who seldom great such exclusive windows of opportunities.

Das is also a gold medalist and holds a master's degree in law from Patna University. She is a winner of Beauty Pageant for Transgenders. In 2015, she also became the first transgender woman in Bihar to be working in a nationalized bank. She is a banker by profession at Canara Bank in the Kankarbagh Branch, Patna.

Life-Changing Moment

Monika das who was previously known as Gopal Kumar mentioned that "I see this opportunity as a significant victory of our community, and it would leave a positive impact on the overall public perception towards the transgender community. Many transgender people still do not like to come out in the open due to the fear to come out in the open due to the fear of rejection by society. This recognition would boost their morale as well".

The transgender community is still to date do not the recognition and the respect they deemed for by society. They face severe discrimination, harassment, lack of legal protection, stigma, health issues, and systematic inequality. The youth are coming forward to the support of this community while a lot of orthodox beliefs still prevail among people.

Reshma Prasad, a member of the National Council for Transgender Persons, New Delhi expresses her enthusiasm by saying that it seems to be a proud and honourable moment for their community and wish good luck to Das. Das will also be receiving training for handling of the polling booths. And the problems that could arise due to COVID 19.