

# Sobolev's Inequality

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## Abstract

This is a learning note about the Sobolev's Inequality, the reference book is Evans *Partial Differential Equations* and Adams and Fournier's *Sobolev Spaces*

## 1 Sobolev's Inequality

**Definition 1 (Seminorms)** For  $1 \leq p < \infty$  and for integers  $j, 0 \leq j \leq m$ , we introduce functionals  $|\cdot|_{j,p}$  on  $W^{m,p}$  as follows:

$$|u|_{j,p} = |u|_{j,p,\Omega} = \left( \int_{\Omega} \sum_{|\alpha|=j} |D^{\alpha}u(x)|^p dx \right)^{\frac{1}{p}}.$$

Clearly  $|u|_{0,p} = \|u\|_{0,p} = \|u\|_p$  is the norm on  $L^p(\Omega)$  and

$$\|u\|_{m,p} = \left( \int_{\Omega} \sum_{j=0}^m |u|_{j,p}^p \right)^{\frac{1}{p}}.$$

If  $j \geq 1$ , we call  $|\cdot|_{j,p}$  a seminorm. It has all the properties of a norm except that  $|u|_{j,p} = 0$  need not imply  $u = 0$  in  $W^{m,p}(\Omega)$ .

**Lemma 1 (An Averaging Lemma)** Let  $\Omega$  be a domain in  $\mathbb{R}^n$  where  $n \geq 2$ . Let  $k$  be an integer satisfying  $1 \leq k \leq n$ , and let  $\kappa = (\kappa_1, \dots, \kappa_k)$  be a  $k$ -tuple of integers satisfying  $1 \leq \kappa_1 < \kappa_2 < \dots < \kappa_k \leq n$ . Let  $S$  be the set of all  $\binom{n}{k}$  such  $k$ -tuples. Given  $x \in \mathbb{R}^n$ , let  $x_{\kappa}$  denote the point  $(x_{\kappa_1}, \dots, x_{\kappa_k})$  in  $\mathbb{R}^k$  and let  $dx_{\kappa}$  denote  $dx_{\kappa_1} \dots dx_{\kappa_k}$ .

For  $\kappa \in S$  let  $E_{\kappa}$  be the  $k$ -dimensional plane in  $\mathbb{R}^n$  spanned by the coordinate axes corresponding to the components of  $x_{\kappa}$ :

$$E_{\kappa} = \{x \in \mathbb{R}^n : x_i = 0 \text{ if } i \notin \kappa\}$$

and let  $\Omega_{\kappa}$  be the projection of  $\Omega$  onto  $E_{\kappa}$ :

$$\Omega_{\kappa} = \{x \in E_{\kappa} : x_{\kappa} = y_{\kappa} \text{ for some } y \in \Omega\}.$$

Let  $F_{\kappa}(x_{\kappa})$  be a function depending only on the  $k$  components of  $x_{\kappa}$  and belong to  $L^{\lambda}(\Omega_{\kappa})$ , where  $\lambda = \binom{n-1}{k-1}$ . Then the function  $F$  defined by

$$F(x) = \prod F_{\kappa}(x_{\kappa})$$

belongs to  $L^1(\Omega)$ , and  $\|F\|_{1,\Omega} \leq \prod_{\kappa \in S} \|F_\kappa\|_{\lambda,\Omega}$ , that is,

$$\left( \int_{\Omega} |F(x)| dx \right)^\lambda \leq \prod_{\kappa \in S} \int_{\Omega_\kappa} |F_\kappa(x_\kappa)|^\lambda dx_\kappa.$$

*Proof.* For each  $\kappa \in S$ , let  $\mathbf{p}_\kappa$  be the  $n$ -vector whose  $i$ th component is  $\lambda$  if  $i \in \kappa$  and  $\infty$  if  $i \notin \kappa$ . For each  $i$ ,  $1 \leq i \leq n$ , exactly  $(k/n) \binom{n}{k} = \lambda$  of the vectors  $\mathbf{p}_\kappa$  have  $i$ th component equal to  $\lambda$ . Therefore,

$$\sum_{\kappa \in S} \frac{1}{\mathbf{p}_\kappa} = \frac{1}{\mathbf{w}},$$

where  $\mathbf{w}$  is the  $n$ -vector  $(1, 1, \dots, 1)$ . Let  $F_\kappa(x_\kappa)$  be extended to be zero for  $x_\kappa \notin \Omega_\kappa$  and consider  $F_\kappa$  to be defined on  $\mathbb{R}^n$  but independent of  $x_j$  if  $j \notin \kappa$ . Then  $F_\kappa$  is its own supremum over those  $x_j$  and

$$\|F_\kappa\|_{\lambda,\Omega_\kappa} = \|F_\kappa\|_{\mathbf{p}_\kappa,\mathbb{R}^n}.$$

From the mixed-norm Hölder inequality

$$\|F\|_{1,\Omega} \leq \|F\|_{\mathbf{w},\mathbb{R}^n} \leq \prod_{\kappa \in S} \|F_\kappa\|_{\mathbf{p}_\kappa,\mathbb{R}^n} = \prod_{\kappa \in S} \|F_\kappa\|_{\lambda,\Omega_\kappa}$$

as required.  $\square$

The Sobolev imbedding theorem tells us that for all  $\phi \in C_0^\infty(\mathbb{R}^n)$  we have

$$\|\phi\|_q \leq K \|\phi\|_{m,p}$$

for some  $q$  and a constant  $K$ . We now want to replace  $\|\cdot\|_{m,p}$  with  $|\cdot|_{m,p}$ . That is, we want to establish

$$\int_{\mathbb{R}^n} |\phi(x)|^q dx \leq K^q \left( \sum_{|\alpha|=m} \int_{\mathbb{R}^n} |D^\alpha \phi(x)|^p dx \right)^{\frac{q}{p}}.$$

It must also hold for  $\phi_t(x) = \phi(tx)$ ,  $0 < t < \infty$ . Since  $\|\phi_t\|_q = t^{-\frac{n}{q}} \|\phi\|_q$  and  $\|D^\alpha \phi_t\|_p = t^{m-(n/p)} \|D^\alpha \phi\|_p$ . We must have

$$\int_{\mathbb{R}^n} |\phi(x)|^q dx \leq K^q t^{n+mq-(nq/p)} \left( \sum_{|\alpha|=m} |D^\alpha \phi(x)|^p dx \right)^{\frac{q}{p}}.$$

It is possible for all  $t > 0$  if and only if the exponent of  $t$  is zero, that is,  $q = p^* = np/(n - mp)$ .

**Theorem 1 (Sobolev's Inequality)** *When  $mp < n$ , there exists a finite constant  $K$  such that*

$$\|\phi\|_{q,\mathbb{R}^n} \leq K |\phi|_{m,p,\mathbb{R}^n}$$

*holds for every  $\phi$  in  $C_0^\infty(\mathbb{R}^n)$  if and only if  $q = p^* = np/(n - mp)$ .*

*Proof.* The "only if" part was demonstrated above. For the "if" part note first that it is sufficient to establish the inequality for  $m = 1$  as its validity for higher  $m$  (with  $mp < n$ ) can be confirmed by induction on  $m$ . Now we prove the case  $m = 1$ ,  $p = 1$ , that is

$$\int_{\mathbb{R}^n} |\phi(x)|^{n/(n-1)} dx \leq K \left( \sum_{j=1}^n \int_{\mathbb{R}^n} |D_j \phi(x)| dx \right)^{n/(n-1)}.$$

Let  $\phi \in C_0^\infty(\mathbb{R}^n)$  and for  $x \in \mathbb{R}^n$  and  $1 \leq j \leq n$  let  $\hat{x}_j = (x_1, \dots, x_{j-1}, x_{j+1}, \dots, x_n)$ . Let

$$u_j(\hat{x}_j) = \left( \int_{-\infty}^{\infty} |D_j \phi(x)| dx_j \right)^{\frac{1}{n-1}}.$$

which is evidently independent of  $x_j$  and satisfies

$$(\|u_j\|_{n-1, \mathbb{R}^{n-1}})^{n-1} \leq |\phi|_{1,1, \mathbb{R}^n}.$$

Since

$$\phi(x) = \int_{-\infty}^{x_1} D_1 \phi(t, \hat{x}_1) dt$$

we have

$$|\phi(x)| \leq \int_{-\infty}^{\infty} |D_1 \phi(t, \hat{x}_1)| dt \leq (u_1(\hat{x}_1))^{n-1}.$$

Similarly,  $|\phi(x)| \leq (u_j(\hat{x}_j))^{n-1}$ . Applying the Lemma above with  $k = n-1 = \lambda$  we obtain

$$\begin{aligned} \int_{\mathbb{R}^n} |\phi(x)|^{n/(n-1)} dx &\leq \int_{\mathbb{R}^n} \prod_{j=1}^n u_j(\hat{x}_j) dx \\ &\leq \left( \prod_{j=1}^n \int_{\mathbb{R}^{n-1}} |u_j(\hat{x}_j)|^{n-1} d\hat{x}_j \right)^{\frac{1}{n-1}} \\ &\leq |\phi|_{1,1, \mathbb{R}^n}^{n/(n-1)}. \end{aligned}$$

For  $1 < p < n$  and  $p^* = np/(n-p)$  we can apply the above inequality to  $|\phi(x)|^s$  where  $s = (n-1)p^*/n$  and obtain, using Hölder's inequality,

$$\begin{aligned} \int_{\mathbb{R}^n} |\phi(x)|^{p^*} dx &\leq K \left( \sum_{j=1}^n s |\phi(x)|^{s-1} |D_j \phi(x)| dx \right)^{n/(n-1)} \\ &\leq K_1 \left( \sum_{j=1}^n \|\phi\|_{(s-1)p'}^{s-1} \|D_j \phi\|_p \right)^{n/(n-1)}. \end{aligned}$$

Since

$$\begin{aligned} (s-1)p' &= \left( \frac{(n-1)p^*}{n} - 1 \right) \frac{p}{p-1} = \left( \frac{n-1}{n} \cdot \frac{np}{n-p} - 1 \right) \frac{p}{p-1} \\ &= \left( \frac{(n-1)p}{n-p} - 1 \right) \frac{p}{p-1} = \frac{np-p-n+p}{n-p} \cdot \frac{p}{p-1} \\ &= \frac{n(p-1)}{n-p} \cdot \frac{p}{p-1} = \frac{np}{n-p} = p^* \end{aligned}$$

and

$$p^* - \frac{(s-1)n}{n-1} = \frac{n}{n-1},$$

it follows by cancellation that

$$\|\phi\|_{p^*} \leq K_2 \|\phi\|_{1,p}.$$

For the case  $m > 1$ , it can be proved by induction on  $m$ . □

In the above proof, we used the given lemma to get the inequality

$$\int_{\mathbb{R}^n} \prod_{j=1}^n \phi_j(\hat{x}_j) dx \leq \int \left( \prod_{j=1}^n \int_{\mathbb{R}^{n-1}} |\phi_j(\hat{x}_j)|^{n-1} d\hat{x}_j \right)^{\frac{1}{n-1}}.$$

In fact, this inequality can also be proved as follows:

First we have

$$|\phi(x)|^{\frac{n}{n-1}} \leq \prod_{j=1}^n \phi_j(\hat{x}_j).$$

To make the terms short and clear, we denote

$$\int_{\mathbb{R}} |D\phi| dy_i = \int_{\mathbb{R}} |D\phi(x_1, \dots, y_i, \dots, x_n)| dy_i.$$

Integrate this inequality with respect to  $x_1$ :

$$\begin{aligned} \int_{\mathbb{R}} |\phi(x)|^{\frac{n}{n-1}} dx_1 &\leq \int_{\mathbb{R}} \prod_{i=1}^n \left( \int_{\mathbb{R}} |D\phi| dy_i \right)^{\frac{1}{n-1}} dx_1 \\ &= \left( \int_{\mathbb{R}} |D\phi| dy_1 \right)^{\frac{1}{n-1}} \int_{\mathbb{R}} \prod_{i=2}^n \left( \int_{\mathbb{R}} |D\phi| dy_i \right)^{\frac{1}{n-1}} dx_1 \\ &\leq \left( \int_{\mathbb{R}} |D\phi| dy_1 \right)^{\frac{1}{n-1}} \left( \prod_{i=2}^n \int_{\mathbb{R}^2} |D\phi| dx_1 dy_i \right)^{\frac{1}{n-1}}, \end{aligned}$$

the last inequality resulting from the general Hölder inequality.

Now integrate the above inequality with respect to  $x_2$ :

$$\int_{\mathbb{R}^2} |\phi|^{\frac{n}{n-1}} dx_1 dx_2 \leq \left( \int_{\mathbb{R}^2} |D\phi| dx_1 dy_2 \right)^{\frac{1}{n-1}} \int_{\mathbb{R}} \prod_{i=1, i \neq 2}^n I_i^{\frac{1}{n-1}} dx_2,$$

for

$$I_1 := \int_{\mathbb{R}} |D\phi| dy_1, \quad I_i := \int_{\mathbb{R}^2} |D\phi| dx_1 dy_i \quad (i = 3, \dots, n).$$

Applying once more the extended Hölder inequality, we find

$$\begin{aligned} &\int_{\mathbb{R}^2} |\phi|^{\frac{n}{n-1}} dx_1 dx_2 \\ &\leq \left( \int_{\mathbb{R}^2} |D\phi| dx_1 dy_2 \right)^{\frac{1}{n-1}} \left( \int_{\mathbb{R}^2} |D\phi| dy_1 dx_2 \right)^{\frac{1}{n-1}} \prod_{i=3}^n \left( \int_{\mathbb{R}^3} |D\phi| dx_1 dx_2 dy_i \right)^{\frac{1}{n-1}}. \end{aligned}$$

We continue by integrating with respect to  $x_3, \dots, x_n$ , eventually to find

$$\int_{\mathbb{R}^n} |\phi|^{\frac{n}{n-1}} \leq \prod_{i=1}^n \left( \int_{\mathbb{R}^n} |D\phi| dx_1 \cdots dy_i \cdots dx_n \right)^{\frac{1}{n-1}} = \left( \int_{\mathbb{R}^n} |D\phi| dx \right)^{\frac{n}{n-1}}.$$