

## Preparing a Poster

ENGR 361: Scientific Research Communication https://www.csulb.edu

### References

Alred, G. J., Brusaw, C. T., & Oliu, W. E.
 (2009). Handbook of technical writing. Macmillan.

 Day, R. A., Sakaduski, N., & Day, N. (2011). Scientific English: A guide for scientists and other professionals. ABC-CLIO.





### Assignment #5 – Research Poster

- Prepare a Research Poster based on the research report (Assignment 4)
  - Set the size to 4' x 6' (different for PowerPoint)
  - Submission date: April 5<sup>th</sup>

Submit electronic (pdf file) on BeachBoard



### Assignment #5 – Research Poster

### Content

- Title: Short & descriptive with authors and affiliations
- Introduction: Hypothesis/problem statement, background information, goal of the project and relevance
- Methods: Brief description of methods, rationale for methods, discussion of comparative groups and controls
- Results: Presentation of data (logically and clearly)
- Conclusions: Conclusions, connection to the hypothesis and wider context
- References: Short list in abbreviated format



 Main medium for information exchange at meetings







- Summarize research concisely and attractively
  - Publicize findings
  - Generate discussion

- Posters contain
  - Brief text
  - Tables
  - Graphs
  - Pictures



### Meeting Requirements for Posters

- Know the poster requirements and instructions for the meeting
  - Content (Intro, Methods, etc.)
  - Dimensions (std. 4' x 6')
  - Abstract number, citation
  - Method for attachment
  - Day, time, board # for posting
  - Time for attending poster
  - Deadline for take-down





### Poster Preparation

- What is the most important/interesting/astounding finding from my research project?
- How can I visually share my research with conference attendees?
  - Should I use charts, graphs, photos, images?
- What kind of information can I convey during my talk that will complement my poster?



### Organizing the Poster

- Text is kept to an absolute minimum
- Most of the space is devoted to illustrations, graphics

Remember to leave sufficient white space



### Organizing the Poster

- Introduction
  - Brief but very clear statement of the problem
- Methods
  - Short, only a few sentences
  - If possible, use graphics instead of text (e.g., flowchart)



### Organizing the Poster

- Results
  - Main Element of Poster
  - Tables, Plots, Figures, etc.

### - Conclusions

- Bullet Points
- No Discussion

### References

- Kept to a minimum
- Shortened citations



### Title Development

- Keep it relatively short
- Large enough to read from 10 feet away!
- If possible, make the title "catchy", Attention grabbing!



### Title Development

 With short title, passers-by can easily read, know if they want to stop and ask questions



- mTOR inhibition reverses Akt-dependent prostate intraepithelial neoplasia through regulation of apoptotic and HIF-1-dependent pathways
- Regulation of translation initiation by FRAP/mTOR





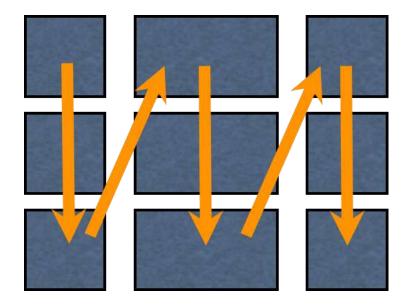
### Poster Layout

- Poster should be self-explanatory
  - Allows different readers to move at their own pace
  - Essential story should be understood in a few minutes



### Poster Layout

- Organize sequence top-to-bottom, left-to-right
  - Much easier to follow than reading left-to-right
- Design should allow viewer to quickly grasp your story with minimal effort





### Visual Impact

- Avoid to many words/text
- Mostly comprised of
  - Flow Charts

Photographs

Diagrams

Pie Charts

Line Plots

- Models /
- Bar Graphs

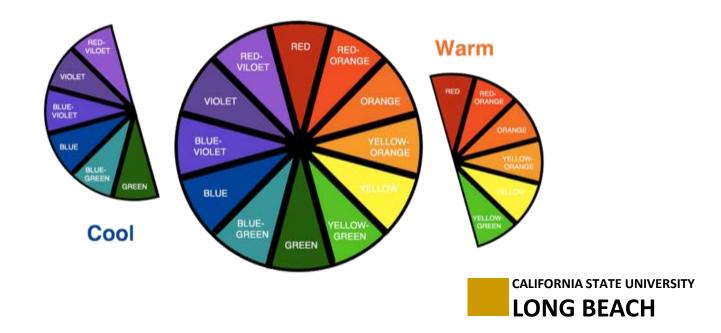
**Figures** 

- Limit the number of tables
- The more VISUAL the poster, the better



### Visual Impact

- Color selection matters
  - Be careful to choose a non-distracting color scheme
  - Cool colors usually work best
  - Use warm or hot colors only for accent (sparingly)



### Characteristics of good posters

- Key information should be readable from about
   10 feet away
- Title is short and piques interest
- Word count ~300 to 800 words
- Text is clear, to the point



### Characteristics of good posters

- Use of bullets, numbering, and headlines make it easy to read
- Effective use of graphics, color, and fonts
- Consistent and clean layout
- Includes acknowledgments, your name and contributors' names, and affiliation(s)



### Assembling the Poster

- Generate graphic and text panels
  - Individual panels manually created or created in other digital media and copied to poster
- Using PowerPoint/Keynote poster templates
  - Import text, graphics onto template
  - Add colors where appropriate
  - Print on large-format paper



PowerPoint Poster templates available on Web



- Assembling the Poster
  - PowerPoint: A popular, easy-to-use option.
  - Adobe Illustrator, Photoshop, & InDesign:
     Feature-rich professional software, but they are more complex and expensive
  - Open Source Alternatives: OpenOffice is the free alternative to MS Office
    - Inkscape and Gimp are alternatives to Adobe products



#### Sunshine Baker and Alex Rister

University of Central Florida



#### INTRODUCTION

Restaurant owners know that their swittl media prosence is a vital expect of their resoluting and public relations offices. Facebook Pages and Federar profiles have become the halo where restaurant and their customers.

People who are Fauthoric flow of restaurants visit the restaurant 2DN more offer, recommended them serve flow, seed report significantly protein marchined installment to the restaurants (<u>Displicit</u> & Durbars, 2010). Twitter shows the sacre impact, with several startary measurants using exclusively Writte in market in their customers, (<u>Fooderman, 2011</u>). Starbacks credits the majority of 8s growth in most yours to a successful section begins a restaurant or This centery, so cell media immediate in the case of the proposition of the contract of the centery, so cell media immediate is represented.

#### **OBJECTIVES**

This paper exercised Uses and Gentifications for Facebook and Twitter use, social resolal interactions by hospitality customers, the reasons why sessionants should use social needs, and the outerest research just social models retructions between neutraneous and their customers.

#### Research Outstone

RQ1: How thousandly do Facebook and Twitter users interact with

In order to determine how frequently Eurobook and Twitter users interact with restaurants, a busic usage wale measured amount of interactions, type of interactions on Facebook, and amount and type of interactions on Twitter in a daily basis.

RQC: What rocial and informational gratifications are seaght by those who asserted with remainants via Twitter and Facebook?

The Usen & Granifications scale created by Johnson and Yong (2009), with modifications to these on restaurant interaction, was used to remaine granifications cought by those who interact with restaurants on Fainbook and on Twitter.

RQ3: De Pacchook users seek different social and informational gent floations than Twitter users?

The User & Gratifications scale crossed by February and Yang (2009), as well as this research team's multilated tasks to technic Pacebook, was assistant to determine the differences between Facebook users' gratifications and Twetter users' gratifications.

RQC—Will the second and automatemat componers of Detector and Yang's (2009) uses and granifications scales correspond with the social and informational componers in our swin newly developed restaurant-opening scale?

The research team analyzed the correspondence between restaurant specific these and Centifications that we tableted as accost or informational with the accepted social and informational groups, in the Johnson and Yang CROW LEAD state and the modified scale for Pracebook.

#### **METHODS**

#### Procedure.

To asswor the study's research questions, data was collected from annymous participants litrough as online survey. All procedures were reviewed and approved by the university's Institutional Review Board, and participation was voluntary.

The survey consisted of 57 questions concerning demographic information, social media use, frequency of social media use, and gratifications weight by social media use.

#### **Participants**

Researchers took a convenience sample of Facebook and Twitter users by employing a mowhall technique.

A total of 360 perticipants responded to the online survey. Nearly all the participants of ~ 133 reported having a personal hoolook account, while just over 56 persons (n.~ 200) indicated they also had a personal Testine account. The study excluded respectation who reported on association with restorators through Facebook and/or Twitter, as they were not part of the specific perpulation exactined in this study. The final servey assign consisted of 256 perior posts who "Lind" restoration pages on Facebook and 75 who followed resistants on Twitter.

#### demures

To ministry frequency of social results use, participants were asked to report how terms duely they assessed Freebook and/or Testine. Social results usage was transacred by times legged in per day, and respondence were also taked to self-import low much since they speet using Freebook and/or Potter is foom and ministry are day. The survey saled participants have many instantiants they "Like" and/or Follow on Feebook and Testine are well as how many instantiants duely they immediated with restauration or those occidenced applications. Both the quantity of restauration. "Liked" infollowed and the freepowers of esteraction were reasoned.

To measure gratifications ought, participants were provided with a list of 22 minute for using Facebook and 23 missons for using Facilities to interned with necessaries and were asked in rate their level of agreement or disagreement with each reason. Each zero was operated on a Sve-point. Here type scale, with 1 being the lowest level of agreement and 5 being the arroughst level of agreement. These two usales were modified from the scale used in Johnson & Yang's 2009 Uses & Gratifications of Twitter made.

#### RESULTS

BQI asked low frequently Facebook, and Twitter users introacted with restaurates. Participants reported (egging on to Facebook 81.34 times per used. More than 10 percent (71.9%) of participants reported spending at least 10 remains a day on Facebook. While they are legged on to Facebook, participants reported internating with restaurate Pages 12.53 lattus per week, on average. The count marbor of continued Pages "Liked" by Facebook users who reported internating with restaurate Pages 13.80. "Liked" by Tacebook users who reported internating with restaurate Pages as 9.96 (83.9.11.82).

Twitter users, on the other hand, reported logging on an average of K.O. times per day (SD = 15.5%, which is equal to an average of 62.79 times per work. Nearly 55 persons (54.7%) of the participation reported spending an average of less than 30 censures a day on Twitter. While imag Twitter, per large of the state 30 censures a day on Twitter. While imag Twitter, per day (SD = 7.9%), which is equal to 23.5% times per work. The mean number of neutralized gaps followed by Twitter users who reported immediate with restations to person see 11.6 (SD = 14.75).

BQ2 explored what social and informational gratifications petrons who interacted with restaurants via Facebook and Twitter sought.

Seven of the my eight gratifications usuall by Facubook users were information, to receive special offers, to learn daily specials, to learn times change, to see which the fixed looks like, to four interesting things, and to get movers to questions about Soul/restaurant. The social movine to show my support for the neutral method that on the generationations are defined on the generationations are defined in the generation and the second movine to the method of the second movine to the s

Six of the top eight gratifications sought by Twitter onen were informational markous in get information, to receive special offers, to bear interesting finings, to bear many changes, to se with the food looks like, and to get answers to apositions about finodyleaturent. The two highest reported social movies were to show any apoper for the institutent and to share restantiant information with others, which ranked third and severth, respectively.

RQ3 asked if Familionit users snight different social and informational gratifications than Twitter times. The masses for all informational gratifications and social gratifications were averaged to compare between Familionic Mer. 2014. See Early and Section of the Section of

We did not find a ugraficate correlation between reported social or information gratifications on Facebook with reported social or informational gratifications on Twitter.

RQA questioned whether the script and inflatmentual cooperation of follows and Vergit (2009). Uses and Gratifications asserts would correspond with the social and inflatmentual entergories in the releasest many's function appealsh social. The top five gratification usingle by this social inflatment appealsh social. The top five gratification states when extending with restaurance and this state's 'beliefings' instructing with restaurance were compared with the top five gratifications amongle by 'Proting users in the Inflatment and Yang study (Table, To, For all three groups, the top two gratifications usingly were informations), and the him beginning profit and to supply the assertal.

The same of the same	-			tent in tel	-
National Co.	100	Scientific	fakt	VALUE OF THE PARTY	100
Always		-		date globaldo	
(*Manhatemer*)	960	NAMES OF TAXABLE PARTY.	100	162 Brisse	100
determine to		distance .		STREET, STREET	
Contractor deposits	-	111000000000000000000000000000000000000	7387	to combrance or	
derisood (AUA: 1)		OWNERS OF THE PERSON		MW/COMULET	
Non-thursday.	=	O.L.	Ħ	Commence of the Commence of th	-
disease.		(Attended)		determent.	
The second	-	0.00	(m)	TOTAL PORCE	100
Table and the last		Marine		And it is not be sent.	

#### CONCLUSIONS AND RECOMMENDATIONS

The results of our study show that restaurant occurances report more informational than social receivations when interacting with restaurants on Facebook and Twitter.

State inflormation working in the east popular reason, why people interest with restaurants on social stellar, restaurants which be sere to offer a lot of information or Insubstituting and Twinzer groundless. Prottings about daily matter, frond photous, speciality, and eyeste would draw in more usern sedding information. The autober two societivation for both Facebook and Twitter is no receive special offers, an embarrant that wish to procurage note littleware should be rate to advertise social media-exclusive promotions on Facebook and Twitter.

Of the social pratises, the most frequently reported by both Pacebook and Protest seen was to show support for the removant. Overall, this worthfinal most frequently crited reasons for interacting with resourants on world mode. Bestivance re-most can use this information to force on habitag relationships with guistic that well mentione from a war to show support.

The results for Facebook and Twitter gentitudines single were very sincilar, so it appears that an information-driven pooting strategy for entratures social media manages would be effective for both platforms. The main difference we found was in marber of Pages "Liked" and profile follows. I suchook once with informational matrices are more falely to "Like" a higher our bits of resumant Pages, while Twitter users that social entroys are more likely to "Like" a higher tour bits of resumant Pages, while Twitter users that managers to be more acide on. "Witter, using mane dietal interface with driving in the dietal interface with other users. Of security in the fallow managers to be more acide on. "Witter, using mane dietal interruption with other users. Of securit, of influing entolice for many treats of the Uses and Caratification theory: that people who internal with restaurants on usual mada are senting to fulfile a specific papers. Considerate the one of Facebook and Twitter to share information and to gain support for their restaurants.

#### REFERENCES

Illustria, U.M. & Durham, E. (2010). One outle chain's Feoresia experience. Harvard Business Review Retrieved from https://doi.org/2010/03/ one-outl-chains-fauthoris-experiment/args.

Johnson, P. R., & Yang, S. (2009), August, Uses and Granifications of Twitter: An examination of user receives and satisfaction of Twitter use. In Communication Technology Division of the unual convention of the Association for Education in Journal and Mass Communication in Baston, MA.

Statemen, Z. (2011). How accord media is facing the food track phenomenan. http://mashable.com/2011/06/16/5006-tracks-occial-modia/

#### ACKNOWLEDGEMENTS AND CONTACT INFO

Family Advisor: Dr. Bridget Butterking
For further information please comtact to the future flow and of or
size intertibling bits ovillade.

### Exercise and Mental Health in University Students

Chelsea Towler Department of Psychological Sciences Advisor: Dr. Keith chelsea.towler-11@sandiego.edu



#### Abstract

The purpose of this study was to examine the relation between exercise habits and mental health in university students. Participants were instructed to fill out a brief questionnaire asking about their depression, anxiety, and stress levels, and also about their exercise habits. Type, location, and regularity of exercise were also examined. Results showed that symptoms of depression are lowest in people who exercise most regularly, particularly if that exercise is outdoor, group, or individual exercise. Results also showed a significant correlation between regularity of exercise and regularity of exercise dedicated to improving appearance.

#### Introduction

- ♦ Depression affects between 15 and 20% of students (Gawrysiak et al., 2009)
- ♦ Anxiety affects 21% of students (Bayram &
- Exercise may provide a psychological benefit by providing a sense of purpose and satisfaction (Crone & Guy, 2008)
- Exercise has been shown to decrease symptoms. of schizophrenia (Callaghan, 2004)
- Exercise can reduce symptoms of depression. because it causes an increase in the release of several neurotransmitters, including serotoninand dopamine. It also causes the release of endorphins, which lead to a state of euphoria (Callaghan, 2004)
- Aerobic exercise has positive effects on wellbeing because it increases heart rate and adrenaline levels, whereas anaerobic exercise increases self-concept (Buckalon et al., 2009)



#### Hypothesis

Hypothesis 1: University students who engage in exercise most will experience fewer symptoms of depression, anxiety and stress. Hypothesis 2: Outdoor and group exercise will be associated with the lowest experience with depression, anxiety and stress

#### Methods

- ◆Participants were 66 female and 21 male undergraduate students from the University of San Diego
- ◆Participants responded to a questionnaire consisting of 5 sections:
- Beck Depression Inventory
- 2. College Life Stress Inventory
- 3. Anxiety Level
- 4. Exercise Habits
- 5. Demographic Information
- Participants were given a score for each of the following. variables: depression, stress, anxiety, total exercise, group exercise, individual exercise, outdoor exercise, indoor exercise, and regularity of exercise dedicated to improving appearance

#### Results

- \$7 students participated in the survey
- ◆Calculated Pearson Product-Moment correlations among all the
- Results supported hypothesis 1 in showing that high exercise scores were correlated with low depression scores, especially with respect to groups, individual, and outdoor
- Results did not demonstrare any significance between exercise scores and anxiety and stress levels

Table								
from:	26							_
desire	Appe	285						
Same	-2004	10	+38					
Graige Electrical	,229**	.inc	,214	.821				
Survival Survival	-2094	101	+477	AE1	301			
Gustant Survivat	-200**	40	+387	art	78	700		
Delivery Homeway	-10	-281	+086	30	100		,ets	
Supremer Apprenament		-299	+101	40**	Jan	4000	36**	-Jelon .
	Depresion	-	desire	Section	Design	Indicate Fernie	(System)	Service Service

#### Discussion

\*\*p-value-th/05 (significant correlation)

- The correlation between regular exercise and low depression scores may indicate that exercise helps reduce depression
- Students who wish to avoid depression may want to incorporate an exercise routine into their daily lives, particularly group, individual, or outdoor exercise
- Results showed a strong correlation between regular exercise and regularity of exercise dedicated to improving appearance
- Because sample may be more likely to engage in regular exercise, it would be useful to conduct this study with other student populations, and also with child, adult, and elderly samples
- Because many students are exercising to improve their appearance, negative self concept may be associated with an increase in exercise behavior, as well as an increase in depression

#### References

Bayrin, N., & Bligh, N. (2005). The prevalence and individual suggestion correlations of dependent control and individual support of network products. Annual Proportions of Proportions Support of Network Support of Suppo

Callaghas, 7 (2000). Devotion a neglected intermediate to mental insolit sens? Journal of Republishing and States (See S. Northy, C., 1978-18). Devoy, C., & Ony, N. (2005). There is a only provided, but in most intermediate that stages on going? (edited as approach to understanding married has it service come temperatures of approach age, international Journal of Married Married Tourists, 17, 187427, days 18, 11110, 16874 



### GREEN CHEMISTRY: IONIC LIQUIDS SYNTHESIS AND ITS rake APPLICATION AS MEDIUM IN DIELS-ALDER REACTION



Benjamin C. Haenni and Gholam A. Mirafzal (Mentor)

College of Arts of and Sciences, Department of Chemistry, Drake University

#### Abstract

lonic Liquids have been considered as afficient and environmentally friendly reaction medium for a variety of organic reactions. Our experimental results on the synthesis of two of the imidgolium ionic liquids and their use as medium in Diels-Alder reaction will be presented

#### Introduction

lonic liquids' are known to be environmentally friendly solvents when compared to their organic equivalents due to their low vapor pressure and recyclability. The Diels-Alder<sup>2</sup> reaction in particular is a common and important reaction in organic chamistry. We herein report the results of the Diels-Alder reaction of maleic anhydride and cyclohexadiene in 1ethyl-3-methylimidizolium tetrafluoroborate as well as several synthesized ionic liquids.

#### Materials & Methods of Analysis

Cyclohexene,, maleic anhydride, 1-iodobutane, 1-bromobutane, 1-methylimidazole and cyclohexadiene were all purchased from Sigma Aldrich chemical company, and were used as such without further purification. 1-ethyl-3-methyl-imidizolium tetrafluoroborate, [EMIM] [BF4], was purchased from Fluka chemical company without further purification.

FT-IR were done either neat or as solution in CDCI, on Nicolet 510P Spectrometer. FID-GC were done on HP 5971 instrument, equipped with a HP-1 Cross linked Methyl Silicone Gum with 12m x 0.2mm x 0.33 mm film thickness. The initial column temperature of 60°C (1 min) then 10"/min increments up to 250" (1 min) was used for analyses of Diels-Alder reactions. 1H-NMR was done on 300 MHz Varian NMR.

#### Experimental Procedure

Ionic Liquid Synthesis

a) Ultra-sonic bath: 12 mmoles of 1-bromobutane (or 1-iodobutane) and 12 mmoles of 1-methylimdizole (MIM) were added to a test tube and allowed to mix thoroughly for one hour in an ultra-sonic bath. The product was rinsed with diethyl ether to remove unreacted starting material and used without further purification

b) Microwave: 12 mmoles of 1-bromobutane (or 1-iodobutane) and 12 mmoles of 1-methylimidizole (MIM) were added to a small beaker and heated for 45 seconds in a SHARP Carousel microwave at 30% power. The product was rinsed with diethyl ether to remove un-reacted starting material and used without further purification.

#### Diels-Alder

In a 3 mL vial containing a magnetic stirbar, 1.2 mmol of maleic anhydride and 2.4 mmol of [EMIM] [BF,] were added. To this stirred solution at room temperature, 6.0 mmol of cyclohexadiene was added. The progress of reaction was followed by GC at 5 minute intervals. After completion of the reaction, the solution was extracted with water and diethyl ether. The organic phase was put on a rotary evaporator to remove the volatile component and then further dried under high vacuum. The final analysis was done by IR and 1H-NMR

#### Results & Discussion

Ignic Liquid Synthesis

lonic liquid was synthesized using two different procedures; microwave and ultra-sonic bath synthesis. For both techniques complete (100%) synthesis was achieved. We have shown that the reaction time using the ultra-sonic bath can be as fast as 2 hours for 1butylimidazolium iodide reaction ([BMIM] [I]). The reaction was further accelerated using the microwave procedure, achieving reaction times as low as 1 minute and 30 seconds. for the 1-butylimidazolium bromide reaction ([BMIM] [Br]). The general reaction equation and results are shown below.

2 hr 45 min 90 sec

2 hr 0 min 120 sec

(Br) (ether only)



Infrared (IR) spectroscopy was used to confirm the completion and purity of product. The strong C-I peak at 734.5 cm<sup>-1</sup> from 1-iodobutane completely disappears in the product suggesting purity. The peaks from 1-methylimidazole shift upon forming the product. demonstrated by the C=O stretch at 1516 cm<sup>-1</sup> shifting to 1568.7 cm<sup>-1</sup> in the product spectrum. We are in the process of characterizing these ionic liquids by NMR.

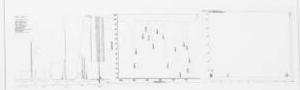
#### Diels-Alder

For the reactions with the various ionic liquids, all reactions were carried out at room temperature. The yields after 45 minutes or 1 hour were compared for (BMIM] [I]. [BMIM] [Br], and [EMIM] [BF]. The two synthesized locic liquids both performed equally with yields of 58% after 45 minutes. Two separate extraction methods were also compared, one using water and other and one only using other. Using only the ether resulted in poor yield, with 17% yield after 1 hour. The results and reaction equation are shown below.

c anomic social.			tonic Liquid	Percent Visid
~ l	JEMIM[BF <sub>d</sub> ]	10	45 min [BMIM] [Br]	58%
J+ 12	Room Yemp.	40	45 min [BMIM] [I]	58%
8		I	45 min [EMIM] [BF_]	28 %
			1 hour [BMIM [Br]	62%
			1 hour [BMIM	17%

#### Diels-Alder (cont)

For comparison, the Diels-Alder reaction was done in a traditional molecular solvent. Maleic anhydride was reacted with cyclohexadiene in bromoberizene with stirring at 80°C. The reaction went to completion after 3 hours. This demonstrates the catalytic properties of ionic liquids, as when they are used as solvents the reaction time is greatly increased and no heating is necessary.



GC, IR, and H-NMR were all used to confirm purity of the Diels-Alder product. GC analysis was used by comparing the retention times of both the maleic anhydride and cyclohexadiene starting materials with that of the product. The IR analysis shows the C+O stretches for maleic anhydride (1781.83cm<sup>-1</sup>, 1850.80cm<sup>-1</sup>) were shifted to new C=O stretches (1780.82cm<sup>-1</sup>, 1837.71cm<sup>-1</sup>) representing the product. The "H-NMR data shows there is no presence of the maleic anhydride at delta 7.04 ppm.

#### Conclusion

lonic liquids were successfully synthesized in a short time using both microwave and ultrasonic bath methods. The Diels-Alder reaction of cyclohexadiene and meleic anhydride in ionic liquid at room temperature produced 58% yield in 45 minutes using (BMM) [Br] and [BMIM] [I] ionic liquids. The same reaction done with a purchased [EMIM] [BF<sub>4</sub>] ionic liquid produced 28% yield in 1 hour. These results are favorable compared to the Diels-Alder reactions carried out in bromobenzene solvent which took place in 3 hours under reflux conditions. GC, IR, and NMR analysis support the formation of the product.

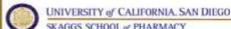
#### Future work

We are exploring using ionic liquids as medium for different substrates in the Diels-Alder reaction. The effect of different ionic liquids on the rates of reactions will further be investigated using different diene and dienophile combinations. The use of ionic liquids as medium for other organic reactions will be tested in the future.

#### References

1 Deser M. Perry, A. B. J. An. Chee, 2011 1955 to 8 201-205. March J. Advanced Openin Chemistry, Resource, Machineral and Statesbar. Tred Editor. John Way & Sons. New York, 1607. Previous V. A. Dancy, W. R. J. An. Chem. Soc. 1601, 113, 2791; Deser M. Ru, M. Parck, D. S. J. Op. Chem. 2015, 1, 1800. Securation, S. J. An. Chem. Soc. 1801, 1507W, 2783. Very W. J. Dig. Chem. 2015, 1, 1800. Securation, S. J. An. Chem. Soc. 1801, 1507W, 2783. Very W. J. Dig. Chem. 2015, 1, 1800.

Critz de Montégalio, P. A. Cybenhows, P. AJ. 1885. [Planum, Rein York, Markey D. Price Appl. Chem. 1977, 50: 755. [Crises. 2.T. Asset, T. A. & Chem. Soc. 1881, T. St. 199-5781]. (September A. J. Broka T. C. J. Am. Chem. Soc. 1988, 193, 193-193). (September A. Chem. Soc. 1988, 193-193-193).
 Chem. Soc. 1988, 193, 193-193, Passana M. Andrew A. Chem. J. A. Angree Chem. Soc. 8 of 2008, 47.5, (September A. E. J. Chem. 2008, 183, 193-193).
 Chem. Soc. 1988, 193, 193-193.



#### Biomaterials at Work: Applications for Therapeutic Delivery and Stem Cell Studies

SKAGGS SCHOOL of PHARMACY and PHARMACEUTICAL SCIENCES

Viet Anh Nguyen Huu, 1 Jerome Karpiak, 2 Cathryn L. McFearin, 3 and Adah Almutairi<sup>3,4</sup>

1 Nanoengineering Department, 2 Biomedical Sciences Program, 3 Skaggs School of Pharmacy and Pharmaceutical Sciences, 4 Materials Science and Engineering Program.

#### Shining a Light on Drug Delivery to the Eye

Motivation: Need for effective delivery methods of ocular therapeutics to reach the retina without repeat injection, which can cause retinal detachment, hemorrhage, or cataracts

Diseases Potentially Impacted
Glaucoma
Age related macular degeneration
Diabetic retinopathy

# Non-invasive, controlled dosing

Light Polymer Therapeutic Degradation Release

#### Biocompatibility of Light Degradable Nanoparticles Animal model: Spraguee one day Dawley albino rats drug day a IOP remains at ■PBC day 4 Administration method edrug day 5 normal levels intravitreat injection e drug stay 6 (10-20 mm Hg) PBD day t after injection ednig day 1 PLGA PLGA LPS - Light Degradable Nanoparticles PLGA Nanoparticles Phosphale Suffered -Lipopolysacohande (LPS) -Saline (PBS) stive control negative Control must see (PBO) ERG shows normal retinal cell function Assessment of physiologic function: Intraocular pressure (IOP) indicating no High/low values indicate abnormal vision response impairment MP low NP high NP low MP high PLGA PLGA LPS Electroretinography (ERG) · Response of retinal cells to stimuli (light)

In collaboration with the laboratory of Professor Kang Zhang, University of California San Diego, Shiley Eye Center

#### Acknowledgements

This research was supported by the NIH Director's New innovator Award 1DP20D06499-01 and a King Abdulaziz City for Science and Technology center grant to the Center of Excellence in Nanomedicine at UC San Diego.

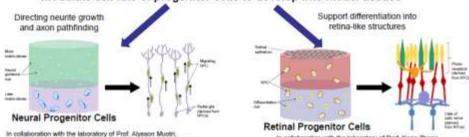
#### Layering a Good Foundation for Developing Tissue

Density Gradient Multilayer Polymerization (DGMP): simple, biocompatible, and suitable to many tissue engineering problems

Biocompatibility: PEG gel layers containing fluorescent cell adhesion peptides (blue) promote growth of myoblast cells in a well defined spatial area



#### DGMP allows incorporation of chemical and mechanical cues to modulate cell fate of progenitor cells to develop into model tissues

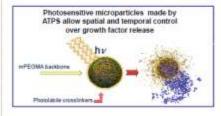


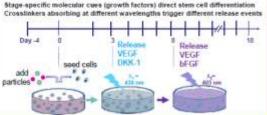
in collaboration with the laboratory of Prof. Alysson Mustri, Departments of Pediatrics and Cellular and Molecular Medicine

#### in collaboration with the laboratory of Prof. Kang Zhang. Shiley Eye Center, and Center for Genomic Medicine.

#### A Milder Method for Encapsulating Fragile Proteins

The mild aqueous two phase emulsion (ATPE) formulation conditions retain protein activity providing optimal delivery of fragile proteins like growth factors





### CSULB links for poster templates

- https://web.csulb.edu/colleges/cnsm/sas/g2lab/postercreate.html
- https://web.csulb.edu/colleges/cnsm/sas/g2lab/docs/postertemplate-42x36.pptx



If you use this template,
 REMOVE the abstract section!



### Assignment 6 & 7 Grant Proposal: Prospectus

- Students will be assigned to a team of investigators
- Teams will develop a grant proposal, which will include five parts:
  - Proposal prospectus
  - Two proposal drafts
  - Final proposal document
  - Oral presentation of the proposal (Assignment 7)



### **Assignment #6 Part 1: Prospectus**

- A proposal prospectus is a short preliminary grant proposal (the final proposal would be longer and contain more detail) that gives the granting agency a good idea about your work and whether or not they should consider a full proposal from you. The prospectus must be compelling and interesting to the funding agency.
- Since the prospectus is a small version of the proposal, without the detailed specifics, it should contain the same basic features as a proposal. The prospectus document requires a title and authors, a description of the proposed research project focusing on the goal of the project and why it is worthy of study. The document should contain a hypothesis or study goal, and the approach proposed to address these objectives.



### **In-Class Activity**

- Separate into groups of 3 to 4 students
- Brainstorm ideas with your group and submit a draft by the end of class
- Answer the following questions
  - What are you interested in studying?
  - What is the long-term goal?
  - What is the objective?
  - What is your hypothesis?
  - What are your specific aims?
  - What is your proposed method?



### **In-Class Activity**

- The body of the prospectus should be 250-300 words (double-spaced) & should contain the following parts (explained below):
  - Problem Statement (or Needs Assessment, if you prefer)
  - Project Long Term Goal, Hypothesis, & Specific Aims (2-3)
  - Project Methods or Design
  - Project Evaluation
  - Outcomes and Impact
  - Budget
  - References







# Graphical Presentation of Data in the Paper / Poster

**ENGR 361: Scientific Research Communication** 

https://www.csulb.edu

### References

Alred, G. J., Brusaw, C. T., & Oliu, W. E.
 (2009). Handbook of technical writing. Macmillan.

 Day, R. A., Sakaduski, N., & Day, N. (2011). Scientific English: A guide for scientists and other professionals. ABC-CLIO.



### **Preparing Figures and Tables**

#### Tables

Specific comparisons

### Bar Graphs

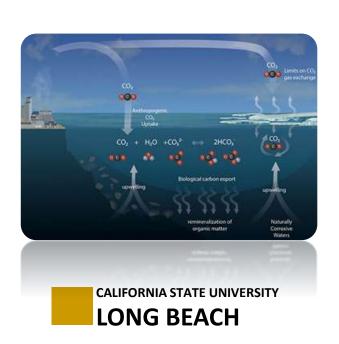
- Less numerically specific
- Comparisons of size, magnitude, amounts

### Line Graphs

- Not numerically specific
- Exhibit movement, change, trends
- Over time or concentration

### Pictures & Schematics

- Mechanisms
- Designs



### **Preparing Figures and Tables**

- Designing effective Tables
  - Use Tables to show repetitive types of data
  - No need to report huge amounts of data just because you have them in your notebook



### **Preparing Figures and Tables**

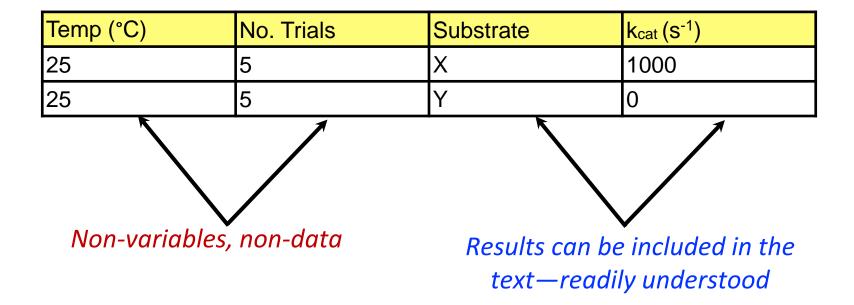
- Designing effective Tables
  - Tables should be self-contained, titled

Inhibitor	V <sub>max</sub> (µM/s)	K <sub>M</sub> (mM)
none	95 ± 3	12 ± 0.8
compound X	96 ± 4	33 ± 1.2
compound Y	68 ± 2.5	$8 \pm 0.4$
compound Z	59 ± 3	11 ± 0.6

Table I. Effect of Various Inhibitors on Enzyme Kinetic Constants

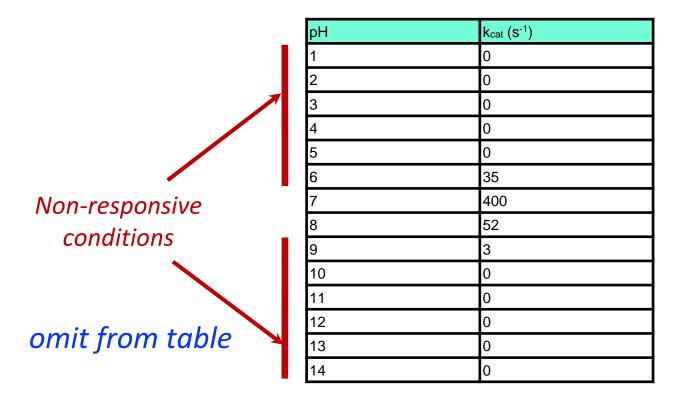


What's wrong with the table below?





• What's wrong in the table below?



All table is telling us is that the enzyme is active over a fairly narrow pH range (pH 6-8)

LONG BEACH

What's wrong with the table below?

Substrate	Product Formed
D-glucose	+
D-mannose	+
D-galactose	+
L-glucose	-
L-mannose	-
L-galactose	-

These data can be included in the text (e.g., "All Disomers of unsubstituted hexoses were suitable substrates for the enzyme."



 Organize data so that variables are read down, not across (lower table)

Esterase	K <sub>m</sub> (mM)	V <sub>max</sub> (µM/s)	k <sub>cat</sub> (s <sup>-1</sup> )
1	25	110	600
2	15	75	900
3	45	325	2300

Easier to read, tends to be more compact

Characteristic	esterase 1	esterase 2	esterase 3
K <sub>m</sub> (mM)	25	15	45
V <sub>max</sub> (µM/s)	110	75	325
k <sub>cat</sub> (s <sup>-1</sup> )	600	900	2300



Reference table in sentence where data is first mentioned:



"As shown by the results in Table II, the esterases were inhibited by the fluoride compounds."



 "All fluoride compounds tested blocked the activity of the esterases (Table II)."



- Use journal tables as a model—don't re-invent the wheel!
  - Roman v. Arabic numerals
  - Alignment of headings
  - Capitals, italics
  - Placement of footnotes
  - Type of footnote symbols
- Use three "horizontal lines" rule—avoid vertical lines



**Title** 

TABLE I Effect of ascorbate,  $Zn^{2+}$ , and  $Cu^{2+}$  treatment on ASGP receptor endocytic activity

methods

Hepatocytes (2 × 106 cells/ml) in BME-BSA were incubated with or without the designated amounts of ZnCl2, CuCl2, or ascorbate for 2 h at 37 °C. Cells were chilled at 4 °C, washed twice in BME-BSA to remove excess metal, then prebound with 125I-ASOR at 4 °C for 1 h. After cells were washed free of unbound 125I-ASOR, cells were resuspended in fresh BME-BSA with or without ZnCl2, CuCl2, or ascorbate (similar to that during the original 2-h incubation) and incubated at 37 °C for 15 min. The cells were chilled at 4 °C and assayed for total bound and internalized 125 I-ASOR. Values represent the mean ± standard deviation of duplicate samples. Values as a function of a percentage of untreated control cells are included in parentheses.

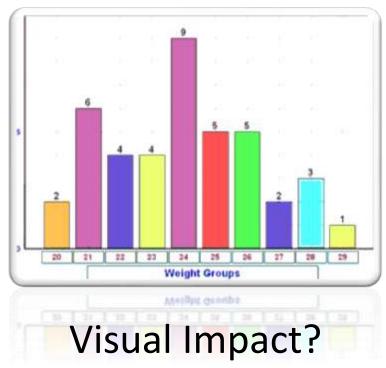
value meanings

Metal	Treatment		Cell-associated 125 I-ASOR	
	[Metal]	[Ascorbate]	Total	Internal
	μм	тм	fmol/sample	
Zn <sup>2+</sup>	0	0	$254 \pm 3 (100)$	$181 \pm 2 (100)$
	220	0	$68 \pm 5 (27)$	$21 \pm 1 (12)$
	0	1.0	$256 \pm 3 (101)$	$182 \pm 4 (100)$
	220	0.1	$76 \pm 1 (30)$	$30 \pm 8 (17)$
	220	0.3	$77 \pm 2 (30)$	$35 \pm 4 (19)$
	220	1.0	$60 \pm 3 (24)$	$26 \pm 1 (14)$
Cu <sup>2+</sup>	0	0	$371 \pm 10 (100)$	$269 \pm 3 (100)$
	75	0	$260 \pm 1 (70)$	$25 \pm 6(9)$
	0	1.0	$354 \pm 2 (95)$	$281 \pm 6 (104)$
	75	0.1	$201 \pm 2 (54)$	$16 \pm 2 (6)$
	75	0.3	$202 \pm 1 (54)$	$11 \pm 1 (4)$
	75	1.0	$213 \pm 1 (57)$	$11 \pm 1 (4)$

3 Horizontal Lines

#### Bar Graph

- Bar graphs are a very good way to visually compare numbers, see trends
- Some bias against bar graphs—way to hide shortcomings



 For small amounts of data, table preferred



- Tables and Figures
  - Use tables whenever exact values or comparison with others is essential

 Use graphs when the relationship between and independent variable and a dependent variable is the principal point

- Illustrate a single point
- No disagreement with text
- Highlight difference between test and control
- Avoid overloading a figure
- Succinct figure caption-describe what is shown
- Axis and labels are appropriate and not misleading
- Uncertainty and statistics are included



## Final Paper & Poster

- Use the information in this lecture to improve the data presentation in your paper
  - Prepare the data for presentation in your Poster



