



# Elements of Scientific Writing

**ENGR 361: Scientific Research Communication** 

https://www.csulb.edu

#### References

Alred, G. J., Brusaw, C. T., & Oliu, W. E.
 (2009). Handbook of technical writing. Macmillan.

 Day, R. A., Sakaduski, N., & Day, N. (2011). Scientific English: A guide for scientists and other professionals. ABC-CLIO.



# Assignment 4 – The Research Paper

#### **SOURCE DATA ASSIGNMENT**

• You will need to specify what data source you plan to use for the report. Write a brief description of how the data was collected (~150 words) and reference work, submit an electronic document. If you plan to use published data from the literature (a meta-analysis), attach copy of the publications containing the data you plan to use. Be careful to write the report in your own words; you may use data but nothing else from that published paper.

#### RESEARCH REPORT 1st, 2nd, and FINAL DRAFT

- The report should be pitched to a reader who has a good science background and is somewhat knowledgeable about the topic on which you're writing (not an expert in the field). The length of the final report should be about 2000 words. You will lose credit if your report is less than 1700 words or more than 2500 words. Your research report should include the following sections: Title page, Abstract, Introduction, Methods, Results, Discussion, Conclusion, References, and Figures.
- You must include references of <u>at least six</u> publications relative to the subject of the report. These would normally include an original publication of the methods being used as well as other references to the problem being studied. At least four of the references should cite original research literature.

ONG BEACH

#### **Characteristics of Scientific Writing**

- A main purpose of science writing: explain
  - What did I do?
  - Why was it important?
  - How did I do it?
  - What did I find?
  - What does it mean?

 Answering these simple questions will greatly aid your writing



### Characteristics of Scientific Writing

What did I do?
Why was it important?
How did I do it?
What did I find?
What does it mean?

Essential structure of the research paper, abstract



#### Characteristics of Scientific Writing

- Who is your Audience?
  - Level of expertise?
  - What information do they need?



Words and images you choose will depend on your reader



# Scientific Writing

- The audience that scientists primarily write for is fellow scientists: people who value precision and demand accuracy
- Scientific papers are read carefully!!







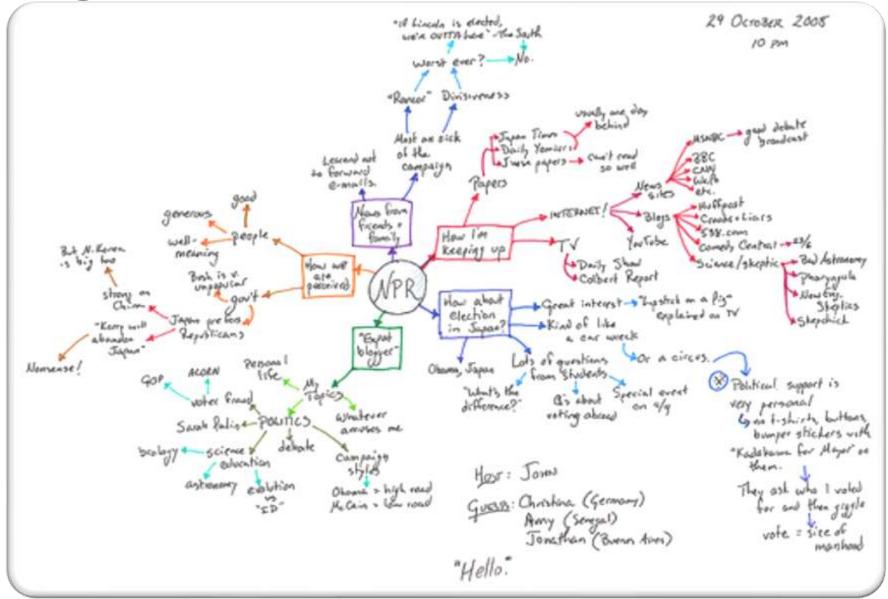
### **Establish Purpose**

- Establish the purpose
  - Determine the audience
  - List all the ideas to include
  - List the key points
  - Group related ideas together and arrange material in subsections from general to specific or from known to unknown





# **Organization**



#### **Outline**

- Helps identify the most important aspects
- Guides the writing process
- Helps organize ideas
- Helps identify areas where more information is needed

#### Outline for Writing a Research Paper Introduction- begin with Thesis Statement: In one clear sentence state the focus of your A. Key points (have at least three, but no more than five) 1. state each main point that you'll be making in the paper 2. main point 3. main point 4. main point main point Body of paper- outline the topic sentence and supporting research for each point you'll be covering in the paper, beginning with point #1 stated in the introduction. A. Point 1- topic sentence idea research concept a. supporting idea(s) b. connect to next concept research concept a. supporting idea(s) b. connect to next concept research concept a. supporting idea(s) b. connect to next topic idea B. Point 2- topic sentence idea research concept a. supporting idea(s) b. connect to next concept 2. research concept CONTINUE FORMAT C. Point 3- topic sentence idea and CONTINUE FORMAT D. Point 4- topic sentence idea and CONTINUE FORMAT E. Point 5- topic sentence idea and CONTINUE FORMAT after last point is made and supported, create a transition to summary and Summary paragraph- create a key summary sentence that declares a wrap-up of concepts to begin this paragraph A. Follow the summary sentence with clear sentences that summarize each of the main ideas that have been discussed in the body of the paper 1. summary of point 1 2. summary of point 2 3. summary of point 3 4. summary of point 4 5. summary of point 5 Conclusion- transition to the ending of your paper and final thoughts in a paragraph Reference page in alphabetical order by last name (see APA format online and note examples from Reference section in back of textbook, and remember to cite all of your references in the body of your text following a summary concept or quote)



#### **Outline**

- Shows relationship between ideas
- Provides a way to break larger topics into smaller sections
- Defines boundaries and groups
- Helps prevent digression & the inclusion of extraneous information

#### Outline for Writing a Research Paper Introduction- begin with Thesis Statement: In one clear sentence state the focus of your A. Key points (have at least three, but no more than five) 1. state each main point that you'll be making in the paper 2. main point 3. main point 4. main point main point Body of paper- outline the topic sentence and supporting research for each point you'll be covering in the paper, beginning with point #1 stated in the introduction. A. Point 1- topic sentence idea research concept a. supporting idea(s) b. connect to next concept research concept a. supporting idea(s) b. connect to next concept research concept a. supporting idea(s) b. connect to next topic idea B. Point 2- topic sentence idea research concept a. supporting idea(s) b. connect to next concept 2. research concept CONTINUE FORMAT C. Point 3- topic sentence idea and CONTINUE FORMAT D. Point 4- topic sentence idea and CONTINUE FORMAT E. Point 5- topic sentence idea and CONTINUE FORMAT after last point is made and supported, create a transition to summary and Summary paragraph- create a key summary sentence that declares a wrap-up of concepts to begin this paragraph A. Follow the summary sentence with clear sentences that summarize each of the main ideas that have been discussed in the body of the paper 1. summary of point 1 2. summary of point 2 3. summary of point 3 4. summary of point 4 5. summary of point 5 Conclusion- transition to the ending of your paper and final thoughts in a paragraph Reference page in alphabetical order by last name (see APA format online and note examples from Reference section in back of textbook, and remember to cite all of your references in the body of your text following a summary concept or quote)



#### The Scientific Voice

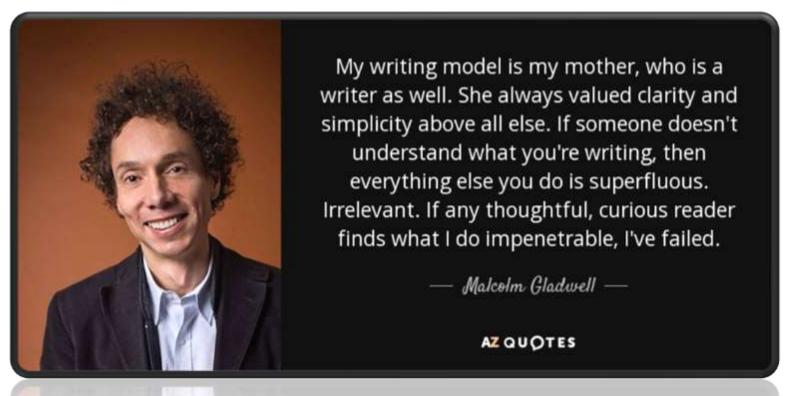
 The scientific voice requires precise, consistent vocabulary, clear sentences, and a logical, sequential approach to the subject matter





### **Clarity**

 Your writing must accurately communicate what you're trying to say





### **Clarity**

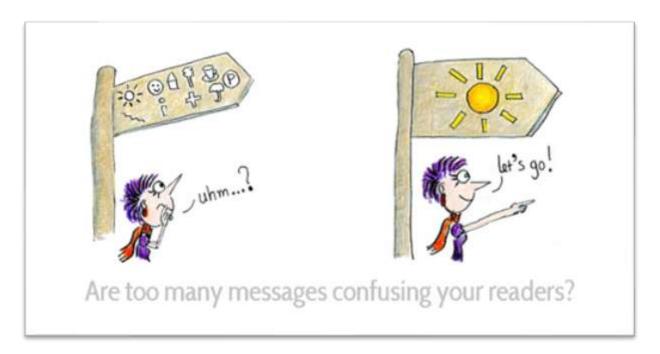
- Your writing must accurately communicate what you're trying to say
  - What the reader understands is no more AND no less than what you're trying to say
  - Say what you mean
  - Avoid implying things you do not mean





#### **Clarity**

- Writing with Clarity ...
  - Stems from clarity of thought
  - Requires language understood by reader



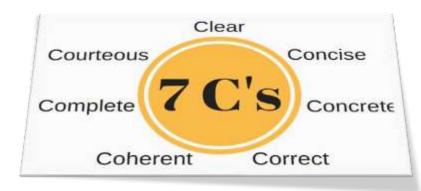


#### Completeness

- Treatment of Subject/Topic should be self contained comprehensive
  - Statements should be grammatically complete
  - Arguments should be followed to their logical conclusion
  - All aspects of an issue or argument should be

considered appropriately

No Gaps!





### **Impartiality**

- Indicate manner by which data were collected and limitations of methods
  - Possible sources of error
  - Limitations in conclusions
- Clarify assumptions and underlying arguments
  - Crucial for validity and strength of conclusions





# **Impartiality**

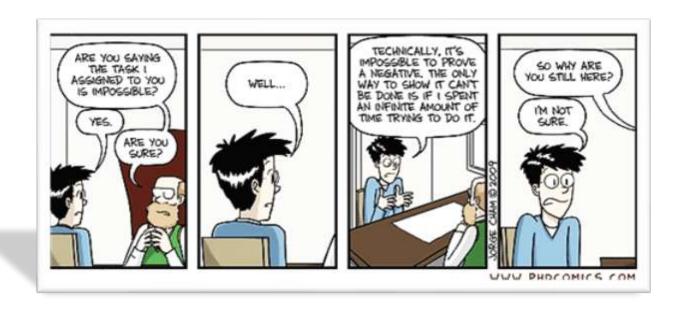
- Perform statistical analysis
- Evaluate results, conclusions in critical unbiased manner
- Do not "have a stake" in the outcome of an experiment
  - A major purpose of peer review





#### **Assumptions vs Evidence**

- Conclusions must be based on data
- Assumptions, extrapolations, generalizations must be based on sufficient evidence





### NO Replacement for Evidence

- Conclusions must be based on data
- Assumptions, conjectures are NOT evidence
- Do not confuse "data" with "facts"
- "Fact" statements are based on the weight of multiple lines of evidence



### NO Replacement for Evidence

Weak Phrase	Actual Meaning
"It is evident that"	"I think"
"It is generally agreed that"	"Some people think"
"All thinking people agree that"	"If you don't agree with me, you must be"
"It is likely that"	"I don't have enough evidence to say that"
"So far as we know"	"We could be wrong but"
"As you know"	(couldn't think of how to start the sentence)



#### Summary So Far ...

Scientific communication:

explaining

What I did

Why it's important

How I did it

What I found

What it means

Qualities of science writing:

Clarity

Completeness

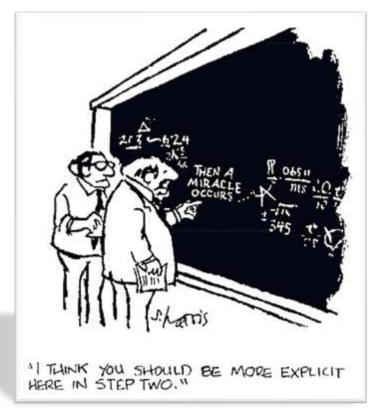
Impartiality

Evidence-based



#### Order

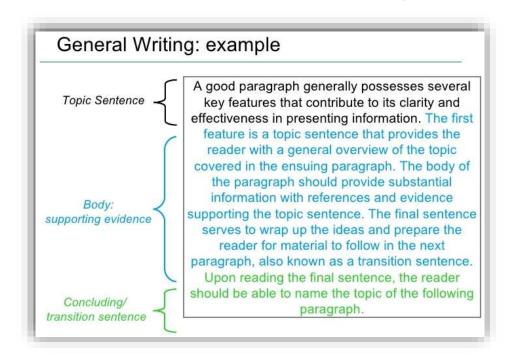
 Good science writing has a logical order, makes sense to the reader





#### Order

- Good science writing has a logical order, makes sense to the reader
- Hierarchy, sequence of the ideas, promote readability, understanding





#### Order

Good scientific writing is like constructing a

building

Planning

- Foundation
- Care in execution
- Attention to detail





# **Accuracy**

- Good scientific writing reflects the care invested at all levels of the scientific process
  - Planning
  - Preparations
  - Execution of experiments
  - Observations
  - Data recording
  - Data analysis
- Every experiment is repeatable
- Every conclusion verifiable





### **Accuracy**

 Scientific writing, like the practice of science, is an exercise in craftsmanship

 Reporting science requires the same level of devotion as doing science



#### **Objectivity**

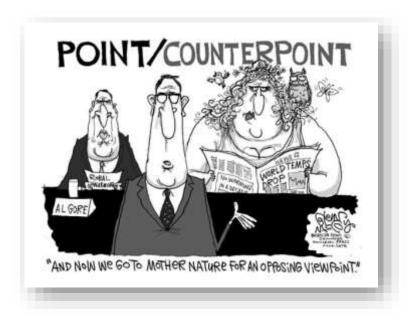
- Scientific statements are based on evidence, not on unsupported opinion
  - Faithfulness to facts
- Freedom from personal biases
  - Avoid excessive qualification of scientific claims





#### **Objectivity**

- Too many limitations, restrictions, or conditions on scientific conclusions cast doubt on their validity
- "Are more experiments needed?"
- Do NOT argue from a lack of evidence
  - Do NOT imply conclusions unsupported by data





#### **Tips for Literature Review**

- Review abstracts carefully
- Write down the searches you conduct in each database so that you may duplicate them if you need to later
- Use the references of research studies to locate other related work
- Ask your professor or a scholar in the field if you are missing any key works in the field
- Maintain careful notes to track your thought processes during the research process



• What are the research problems/ questions?

• What is the hypothesis?

Is the research important? Why/Why not?



- Are the methods and instruments used appropriate?
- What are the samples used in this study?
- What type of research is this?
- How was the data analyzed?



• What are the major findings?

• What are the conclusions?



- Could it have been conducted more thoroughly?
- What further questions does it raise?
- Are there conflicting studies?
- Has this study been cited?



# In-Class Activity - Analyzing a Paragraph

Next Slide is the opening paragraph of a review article

Consitt LA *et al.* (2009). Intramuscular lipid metabolism, insulin action, and obesity. IUBMB Life 61:47-55.

- Read through the paragraph and evaluate it as follows:
- 1. What is the paragraph's topic?
- 2. Where is the topic sentence?
- 3. Is the sentence sequence logical?
- 4. Does it contain superfluous sentences?
- 5. Based on this paragraph and the article title, what topics do you predict the article will contain?
- 6. Does the paragraph have impact?
- 7. Is the paragraph effective? How might it be improved?



Consitt LA et al. (2009). Intramuscular lipid metabolism, insulin action, and obesity. IUBMB Life 61:47-55.

The prevalence of obesity throughout the world has reached epidemic proportions. The World Health Organization classified at least 400 million people as obese (body mass index or BMI ≥ 30 kg/m<sup>2</sup>) in 2005 and projected this number to reach 700 million by 2015. A number of comorbidities have been attributed to obesity including cardiovascular disease and type 2 diabetes (1). Based on the link between obesity and type 2 diabetes, it is not surprising that the rate of diabetes has also escalated. It is estimated that by the year 2010 over 220 million people worldwide will be affected by type 2 diabetes, an increase of 46% in the past decade (2). With the increased prevalence of obesity and insulin resistant disorders, research has attempted to elucidate the potential mechanisms behind these diseases, with the hope of ultimately providing effective interventions.







# Elements of the Research Paper

**ENGR 361: Scientific Research Communication** 

https://www.csulb.edu

#### References

Alred, G. J., Brusaw, C. T., & Oliu, W. E.
 (2009). Handbook of technical writing. Macmillan.

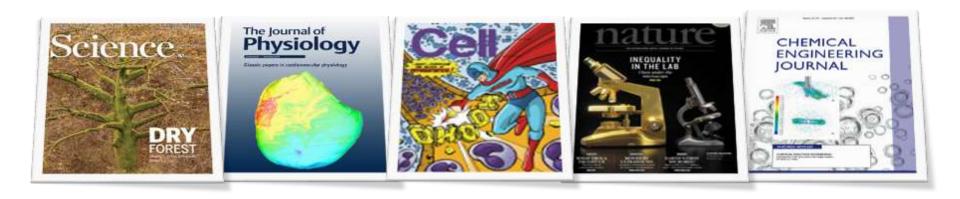
 Day, R. A., Sakaduski, N., & Day, N. (2011). Scientific English: A guide for scientists and other professionals. ABC-CLIO.





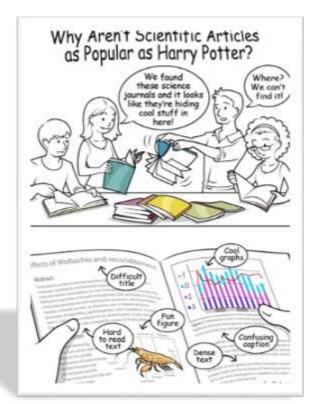
## Writing the Scientific Paper



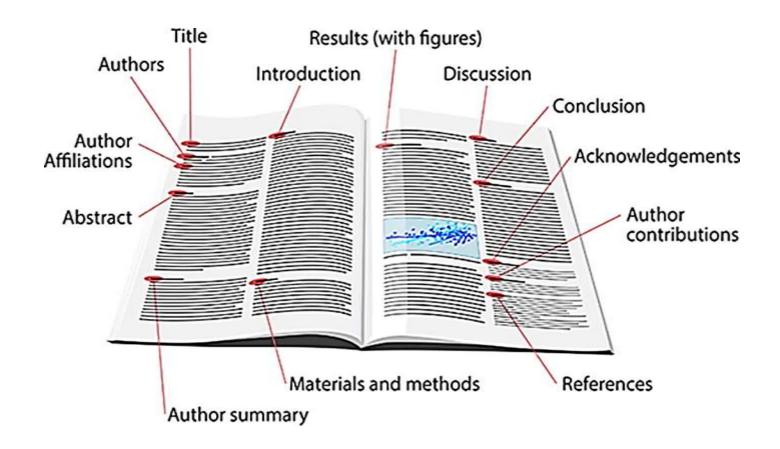




- Primary method of presenting findings
- The Major sections of the Scientific Paper
  - Title
  - Abstract
  - Introduction/Background
  - Methods
  - Results
  - Discussion
  - Conclusion
  - References
  - Acknowledgements









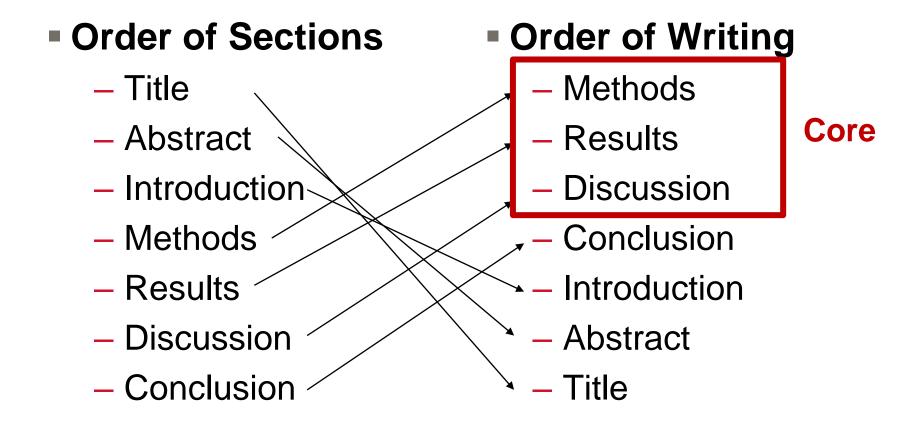
### Major Sections

- Title
- Abstract
- Introduction
- Methods
- Results
- Discussion
- Conclusion
- Acknowledgments

#### Addressing Specific ?'s

- What's the problem?
- Why is the problem important?
- What approach did you take?
- What did you find?
- What do the results mean?







Write these while you're doing experiments. Easiest to write.

Arguably, the most difficult to write

With core completed, abstract easier to compose (coherent and Focused)

Order of Writing

Methods

Results

- Discussion

Conclusion

Introduction

Abstract

Title



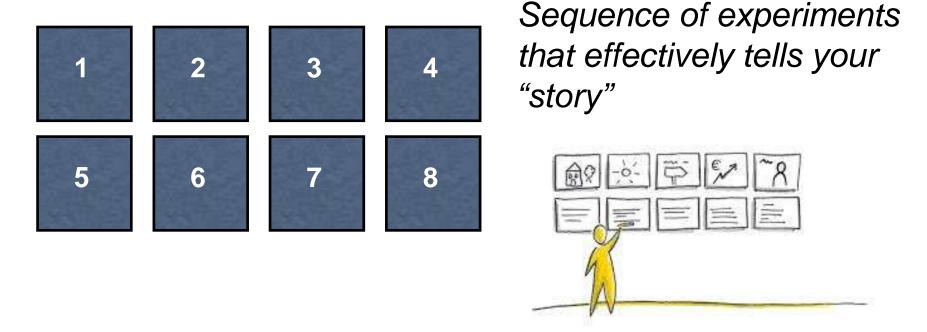
## Compiling a Results "Storyboard"

- Two Types of Experiments
  - Heuristic Experiments
    - "Discovery" trials ("Let's try it—see what happens!")
  - Algorithmic ("Show-and-tell") experiments
    - Keep a running file of these experiments



## Organize the Results "Storyboard"

Compile "show-and-tell" data



LONG BEACH

 Check for connections, holes, patterns, the "storyline"

## **The Abstract**



#### The Abstract

- Mini-version of the paper
  - Summarizes each section
  - 1 to 2 sentences for each section
  - Limited in length (<300 words typically)</li>
  - Free-standing
- Abstract & Title used by digital search engines
  - Often the ONLY part of the paper people read



#### **Abstract Content**

- Background
- Principal Objectives
- Methods
- Summarize Results
- Principal Conclusions

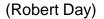
- Context of Study
- "We Ask whether..."We hypothesized that ...
- Experimental approach, design variables
- Key results found (minimal raw data)
- Answers to question posed
   Essential implications of results



#### **Abstract: The Rules**

- Single Paragraph
- Write in past tense
- Do Not cite references in the abstract
- Do NOT reference information not stated in the paper
- Except for long terms repeated multiple times, do not use abbreviations







#### **Abstract: Critical Content**

- Avoid inclusion of extraneous material
- Write a clear abstract Crucial!
- Abstract is usually the first thing editor or reviewer reads
- Make the reviewer your advocatedon't lose or upset him/her





#### **Abstract: Critical Content**

- Examine EREVY WORD in the Abstract
- Be succinct as possible
- A good paper is usually followed by a good abstract

A poor abstract is a sign…



#### **Abstract**

- One sentence background
- Purpose of the study and general approach
- Main results
- Results reflect methods implemented
- Primary conclusions



Lactoferrin binds to rat hepatic lectin 1 (RHL1), the major subunit of the asialoglycoprotein (ASGP) receptor, with high affinity by a galactose-independent mechanism. To better understand the molecular basis of this novel interaction, we compared the binding of lactoferrin and asialo-orosomucoid (ASOR) to isolated rat hepatocytes and to purified ASGP receptors as a function of pH,  $Ca^{2+}$ , and receptor acylation. Binding of <sup>125</sup>I-lactoferrin and <sup>125</sup>I-ASOR to isolated rat hepatocytes at 4 ° C decreased sharply at pH < 6, following similar titration curves. Binding of  $^{125}$ I-lactoferrin and  $^{125}$ I-ASOR to hepatocytes was Ca<sup>2+</sup>-dependent. Binding increased progressively at ≥ 300 μM CaCl<sub>2</sub>, in the presence of 1 mM EDTA. Monensin treatment of hepatocytes, which causes hepatocytes to accumulate inactive ASGP receptors, reduced surface binding of 125Ilactoferrin and <sup>125</sup>I-ASOR by 46 and 49%, respectively, with only a 16% loss of immunodetectable receptor protein from the cell surface. Finally, deacylation of purified ASGP receptors in vitro with 1 M hydroxylamine abolished receptor lectin activity as reflected by the loss of <sup>125</sup>I-ASOR binding as well as the complete loss of specific <sup>125</sup>I-lactoferrin binding. Treatment with 1 M Tris had no effect on binding of either ligand. We conclude from these data that galactose-independent lactoferrin binding to the ASGP receptor requires the receptor's carbohydrate-recognition domain to be in an active configuration. An active configuration is promoted by neutral pH and  $Ca^{2+}$  and also requires the receptor subunits to be acylated.



Lactoferrin binds to rat hepatic lectin 1 (RHL1), the major subunit of the asialoglycoprotein (ASGP) receptor, with high affinity by a galactose-independent mechanism. To better understand the molecular basis of this novel interaction, we compared the binding of lactoferrin and asialo-organicoid (ASOR) to isolated rat hepatocytes and to purified ASGP receptors as a funding part of the pa of <sup>125</sup>I-lactoferrin and <sup>125</sup>I-ASOR to isolated rat hepatocytes at 4 ° C decreased sharply at pH < 6, following similar titration curves. Binding of  $^{125}$ I-lactoferrin and  $^{125}$ I-ASOR to hepatocytes was  $Ca^{2+}$ -dependent. Binding increased progressively at  $\geq 300 \, \mu M \, CaCl_2$ , in the presence of 1 mM EDTA. Monensin treatment of hepatocytes, which causes hepatocytes to accumulate inactive ASGP receptors, reduced surface binding of <sup>125</sup>Ilactoferrin and <sup>125</sup>I-ASOR by 46 and 49%, respectively, with only a 16% loss of immunodetectable receptor protein from the cell surface. Finally, deacylation of purified ASGP receptors in vitro with 1 M hydroxylamine abolished receptor lectin activity as reflected by the loss of <sup>125</sup>I-ASOR binding as well as the complete loss of specific <sup>125</sup>I-lactoferrin binding. Treatment with 1 M Tris had no effect on binding of either ligand. We conclude from these data that galactose-independent lactoferrin binding to the ASGP receptor requires the receptor's carbohydrate-recognition domain to be in an active configuration. An active configuration is promoted by neutral pH and  $Ca^{2+}$  and also requires the receptor subunits to be acylated.



Lactoferrin binds to rat hepatic lectin 1 (RHL1), the major subunit of the asialoglycoprotein (ASGP) receptor, with high affinity by a galactose-independent mechanism. To better understand the molecular basis of this novel interaction, we compared the binding of lactoferrin and asialo-orosomucoid (ASOR) to isolated rat hepatocytes and to purified ASGP receptors as a function of pH,  $Ca^{2+}$ , and receptor acylation. Binding of <sup>125</sup>I-lactoferrin and <sup>125</sup>I-ASOR to isolated rat hepatocytes at 4 ° C decreased sharply at pH < 6, following similar titration curves. Binding of  $^{125}$ I-lactoferrin and  $^{125}$ I-ASOR to hepatocytes was  $Ca^{2+}$ -dependent. Binding increased progressively at  $\geq 300 \, \mu M \, CaCl_2$ , in the presence of 1 mM EDTA. Monensin treatment of hepatocytes, which causes. hepatocytes to accuminating ose & General Approach lactoferrin and <sup>125</sup>I-ASOR by 46 and 49%, respectively, with only a 16% loss of immunodetectable receptor protein from the cell surface. Finally, deacylation of purified ASGP receptors in vitro with 1 M hydroxylamine abolished receptor lectin activity as reflected by the loss of <sup>125</sup>I-ASOR binding as well as the complete loss of specific <sup>125</sup>I-lactoferrin binding. Treatment with 1 M Tris had no effect on binding of either ligand. We conclude from these data that galactose-independent lactoferrin binding to the ASGP receptor requires the receptor's carbohydrate-recognition domain to be in an active configuration. An active configuration is promoted by neutral pH and  $Ca^{2+}$  and also requires the receptor subunits to be acylated.



Lactoferrin binds to rat hepatic lectin 1 (RHL1), the major subunit of the asialoglycoprotein (ASGP) receptor, with high affinity by a galactose-independent mechanism. To better understand the molecular basis of this novel interaction, we compared the binding of lactoferrin and asialo-orosomucoid Main is Resultstocytes and to purified ASGP receptors as a function of pH,  $Ca^{2r}$ , and receptor acylation. Binding of <sup>125</sup>I-lactoferrin and <sup>125</sup>I-ASOR to isolated rat hepatocytes at 4 ° C decreased sharply at pH < 6, following similar titration curves. Binding of  $^{125}$ I-lactoferrin and  $^{125}$ I-ASOR to hepatocytes was  $Ca^{2+}$ -dependent. Binding increased progressively at  $\geq 300 \mu M CaCl_2$ , in the presence of 1 mM EDTA. Monensin treatment of hepatocytes, which causes hepatocytes to accumulate inactive ASGP receptors, reduced surface binding of 125Ilactoferrin and <sup>125</sup>I-ASOR by 46 and 49%, respectively, with only a 16% loss of immunodetectable receptor protein from the cell surface. Finally, deacylation of purified ASGP receptors in vitro with 1 M hydroxylamine abolished receptor lectin activity as reflected by the loss of <sup>125</sup>I-ASOR binding as well as the complete loss of specific <sup>125</sup>I-lactoferrin binding. Treatment with 1 M Tris had no effect on binding of either ligand. We conclude from these data that galactose-independent lactoferrin binding to the ASRES until Lactoferring to t domain to be in an active configuration. An active configuration is promoted by neutral pH and  $Ca^{2+}$  and also requires the receptor subunits to be acylated.



Lactoferrin binds to rat hepatic lectin 1 (RHL1), the major subunit of the asialoglycoprotein (ASGP) receptor, with high affinity by a galactose-independent mechanism. To better understand the molecular basis of this novel interaction, we compared the binding of lactoferrin and asialo-orosomucoid (ASOR) to isolated rat hepatocytes and to purified ASGP receptors as a function of pH,  $Ca^{2+}$ , and receptor acylation. Binding of <sup>125</sup>I-lactoferrin and <sup>125</sup>I-ASOR to isolated rat hepatocytes at 4 ° C decreased sharply at pH < 6, following similar titration curves. Binding of <sup>125</sup>I-lactoferrin and <sup>125</sup>I-ASOR to hepatocytes was  $Ca^{2+}$ -dependent. Binding increased progressively at  $\geq 300 \mu M CaCl_2$ , in the presence of 1 mM EDTA. Monensin treatment of hepatocytes, which causes hepatocytes to accumulate inactive ASGP receptors, reduced surface binding of <sup>125</sup>Ilactoferrin and <sup>125</sup>I-ASOR by 46 and 49%, respectively, with only a 16% loss of immunodetectable receptor protein from the cell surface. Finally, deacylation of purified ASGP receptors in vitro with 1 M hydroxylamine abolished receptor lectin Primary Conclusions binding as well as the complete loss of ecific in active ring binding. Treatment with 1 M Tris had no effect on binding of either ligand. We conclude from these data that galactose-independent lactoferrin binding to the ASGP receptor requires the receptor's carbohydrate-recognition domain to be in an active configuration. An active configuration is promoted by neutral pH and  $Ca^{2+}$  and also requires the receptor subunits to be acylated.



What can be done to reduce unhealthy eating among adolescents? It was hypothesized that aligning healthy eating with important and widely shared adolescent values would produce the needed motivation. A double-blind, randomized, placebo-controlled experiment with eighth graders (total n = 1536) evaluated the impact of a treatment that framed healthy eating as consistent with the adolescent values of autonomy from adult control and the pursuit of social justice. Healthy eating was suggested as a way to take a stand against manipulative and unfair practices of the food industry, such as engineering junk food to make it addictive and marketing it to young children. Compared with traditional health education materials or to a nonfood-related control, this treatment led eighth graders to see healthy eating as more autonomy-assertive and social justice-oriented behavior and to forgo sugary snacks and drinks in favor of healthier options a day later in an unrelated context. Public health interventions for adolescents may be more effective when they harness the motivational power of that group's existing strongly held values.

Bryan, C. J., Yeager, D. S., Hinojosa, C. P., Chabot, A., Bergen, H., Kawamura, M., & Steubing, F. (2016). Harnessing adolescent values to motivate healthier eating. *Proceedings of the National Academy of Sciences*, *113*(39), 10830-10835.



What can be done to reduce unhealthy eating among adolescents? It was hypothesized that aligning healthy eating with important and widely shared adolescent values would ne-sentence backgrounds, randomized, placebo-controlled experiment with eighth graders (total n = 1536) evaluated the impact of a treatment that framed healthy eating as consistent with the adolescent values of autonomy from adult control and the pursuit of social justice. Healthy eating was suggested as a way to take a stand against manipulative and unfair practices of the food industry, such as engineering junk food to make it addictive and marketing it to young children. Compared with traditional health education materials or to a nonfood-related control, this treatment led eighth graders to see healthy eating as more autonomy-assertive and social justice-oriented behavior and to forgo sugary snacks and drinks in favor of healthier options a day later in an unrelated context. Public health interventions for adolescents may be more effective when they harness the motivational power of that group's existing strongly held values.

Bryan, C. J., Yeager, D. S., Hinojosa, C. P., Chabot, A., Bergen, H., Kawamura, M., & Steubing, F. (2016). Harnessing adolescent values to motivate healthier eating. *Proceedings of the National Academy of Sciences*, *113*(39), 10830-10835.



What can be done to reduce unhealthy eating among adolescents? It was hypothesized that aligning healthy eating with important and widely shared adolescent values would produce the needed motivation. A double-blind, randomized, placebo-controlled experiment with eighth graders (total n = 1536) evaluated the impact of a treatment that framed healthy eating as consistent with the adolescent values of autonomy from adult control and the pursuit of social justice. Healthy eating was suggested as a way to take a stand against manipulative and unfair practices of the food industry, such as engineering junk food to make it addictive and marketing it to young children. Compared with traditional health education materials or to a nonfood-related Putroosea&eGeneral rApproach by eating as more autonomy-assertive and social justice-oriented behavior and to forgo sugary snacks and drinks in favor of healthier options a day later in an unrelated context. Public health interventions for adolescents may be more effective when they harness the motivational power of that group's existing strongly held values.

Bryan, C. J., Yeager, D. S., Hinojosa, C. P., Chabot, A., Bergen, H., Kawamura, M., & Steubing, F. (2016). Harnessing adolescent values to motivate healthier eating. *Proceedings of the National Academy of Sciences*, *113*(39), 10830-10835.



What can be done to reduce unhealthy eating among adolescents? It was hypothesized that aligning healthy eating with important and widely shared adolescent values would produce the needed motivation. A double-blind, randomized, placebo-controlled experiment with eighth graders (total n = 1536) evaluated the impact of a treatment that framed healthy eating as consistent with the adolescent values of autonomy from adult control and the pursuit of social justice. Healthy eating was suggested as a way to take a standagainst Resultive and unfair practices of the food industry, such as engineering Junk sould be make it addictive and marketing it to young children. Compared with traditional health education materials or to a nonfood-related control, this treatment led eighth graders to see healthy eating as more autonomy-assertive and social justice-oriented behavior and to forgo sugary snacks and drinks in favor of healthier options a day later in an unrelated context. Public health interventions for adolescents may be more effective when they harness the motivational power of that group's existing strongly held values.

Bryan, C. J., Yeager, D. S., Hinojosa, C. P., Chabot, A., Bergen, H., Kawamura, M., & Steubing, F. (2016). Harnessing adolescent values to motivate healthier eating. *Proceedings of the National Academy of Sciences*, *113*(39), 10830-10835.



What can be done to reduce unhealthy eating among adolescents? It was hypothesized that aligning healthy eating with important and widely shared adolescent values would produce the needed motivation. A double-blind, randomized, placebo-controlled experiment with eighth graders (total n = 1536) evaluated the impact of a treatment that framed healthy eating as consistent with the adolescent values of autonomy from adult control and the pursuit of social justice. Healthy eating was suggested as a way to take a stand against manipulative and unfair practices of the food industry, such as engineering junk food to make it addictive and marketing it to young children. Compared with traditional health education materials or to a nonfood-related control, this treatment led eighth graders to see healthy eating apprimately Conclusions justice-oriented behavior and to forgo sugary shacks and drinks in favor of healthier options a day later in an unrelated context. Public health interventions for adolescents may be more effective when they harness the motivational power of that group's existing strongly held values.

Bryan, C. J., Yeager, D. S., Hinojosa, C. P., Chabot, A., Bergen, H., Kawamura, M., & Steubing, F. (2016). Harnessing adolescent values to motivate healthier eating. *Proceedings of the National Academy of Sciences*, *113*(39), 10830-10835.



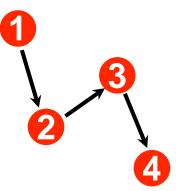
- Provide sufficient contained background
- Provide rationale for study
- Outline of Introduction Section
  - Present nature and scope of problem investigated
  - 2. Review pertinent literature to orient the reader
  - 3. Build the argument why this research needed to be done
  - 4. Sate the purpose and hypothesis leading the reader into the Methodology

CALIFORNIA STATE UNIVERSITY

LONG BEACH

- Tell a story
  - What is known?
  - What is unknown?
  - How is the problem tackled in this study?

Connect the dots for the reader

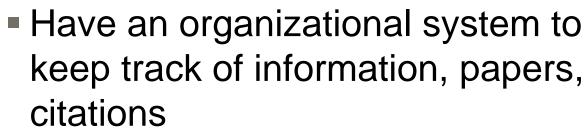




- Write Introduction in present tense
  - Stating what you propose to do
  - Stating already published findings
- Define specialized terms or abbreviations
  - Journals define standard abbreviations
  - Some journals require a footnote for definition of all non-standard abbreviations



- Collecting Background Information
  - Search literature databases:
     keywords, authors, structures, etc.
  - Where to start?
    - Review Literature
    - Advisor's Papers
    - Reference sections of papers

















# Introduction/Background: Literature Review

 Summarize current state of knowledge focused on the area that relates specifically to your study

- Assume reader is generally knowledgeable about your area
- Do NOT provide historical review
- Avoid non-essential details



## Introduction/Background: Literature Review

- Summarize previous findings without discussion of methods (unless other methods are an issue)
- Refer reader to general reviews of the topic
- Cite references of key work leading to this study
- Last paragraph states the purpose, aims, and hypotheses
- Stay focused: 400-1000 words (1-4 pages typed, doubled-spaced)



## Assignment 4 – The Research Paper

#### **SOURCE DATA ASSIGNMENT**

• You will need to specify what data source you plan to use for the report. Write a brief description of how the data was collected (~150 words) and reference work, submit an electronic document. If you plan to use published data from the literature (a meta-analysis), attach copy of the publications containing the data you plan to use. Be careful to write the report in your own words; you may use data but nothing else from that published paper.

#### RESEARCH REPORT 1st, 2nd, and FINAL DRAFT

- The report should be pitched to a reader who has a good science background and is somewhat knowledgeable about the topic on which you're writing (not an expert in the field). The length of the final report should be about 2000 words. You will lose credit if your report is less than 1700 words or more than 2500 words. Your research report should include the following sections: Title page, Abstract, Introduction, Methods, Results, Discussion, Conclusion, References, and Figures.
- You must include references of <u>at least six</u> publications relative to the subject of the report. These would normally include an original publication of the methods being used as well as other references to the problem being studied. At least four of the references should cite original research literature.

ONG BEACH

