**Foodilous**

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**Foodlious is a simple program idea let people know more about foods.**

**It can teach you how to cook foods, which foods are good**

**for you, which can be unhealthy for you, which foods have**

**high and which foods have low calories and even you can**

**calculate**

**the Body Mass Index of your body.**

**So it can teach you ( and can give you )**

**1. How to cook some kind of foods**

**2. Which foods are good for health**

**3. Which foods can be unhealthy for you**

**4. Calories of some foods**

**5. And a Body Mass Index (BMI) calculator**

**Reason to choose this project :**

**Actually I love foods but I like to stay slim. That's why I decided to make something that may help people to cook as well as to know which food he/she should take and which food he/she might need to avoid sometimes.**

**Target population :**

**Well, food lovers !**

**Conclusion :**

**It is a simple application idea, and I hope people may like it. :)**