# Riley McDanal, M.A.

# Clinical Psychological Science PhD Candidate NSF GRFP Fellow

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<b>EDUCATION</b>	
Stony Brook University (anticipated 2026) Ph.D. in Clinical Psychology	Stony Brook, NY 2020 – current
Stony Brook University M.A. in Psychology	Stony Brook, NY 2020 – 2022
University of California, Berkeley B.A. in Psychology	Berkeley, CA 2016 – 2019
FELLOWSHIPS AND GRANTS	
National Science Foundation Graduate Research Fellowship Program (NSF GRFP) Stony Brook University. PI. Total amount awarded: \$152,000.	2022 – 2027
<b>APF Council of Graduate Departments of Psychology Graduate Student Scholarship</b> Stony Brook University. PI. Amount awarded: \$2,000.	2025
<b>Graduate Research Empowering and Accelerating Talent Award</b> (GREAT Award) Stony Brook University. PI. Amount awarded: \$5,000.	2023
John Neale Endowed Graduate Student Excellence Fund Stony Brook University. PI. Amount awarded: \$750.	2021
(declined) Cunningham Fellowship Virginia Tech. Total amount offered: \$97,392.	2020 – 2024
HONORS AND AWARDS	
Society for Research in Psychopathology EDI Scholarship Stony Brook University.	2022 – 2023
LifeData Award Stony Brook University.	2020
<b>Distinction in General Scholarship</b> University of California, Berkeley.	2019

# **RESEARCH INTERESTS**

Scalable mental healthcare; interventions for transdiagnostic problems; identity, marginalization, and health disparities; loneliness; psychiatry nosology; measurement and assessment; open science practices.

# **PUBLICATIONS**

Citations: 285 / H-index: 9 (As of 07.21.2025)

First-author citations: 97 / First-author H-index: 4

(† Indicates equal co-authorship)

### PEER-REVIEWED JOURNAL ARTICLES

- 10. Dodge, K.A., Prinstein, M.J., Evans, A.C., Ahuvia, I.L., Alvarez, K., Beidas, R.S., Brown, A.J., Cuijpers, P., Denton, E., Hoagwood, K.E., Johnson, C., Kazdin, A.E., **McDanal, R.**, Metzger, I.W., Rowley, S.N., Schleider, J., Shaw, D.S. (2024). Population mental health science: Guiding principles and initial agenda. *American Psychologist*.
- 9. **McDanal, R.**, Shen, J., Fox, K. R., Eaton, N. R., & Schleider, J. L. (2024). Predicting transdiagnostic symptom change across diverse demographic groups in single-session interventions for adolescent depression. *Clinical Psychological Science*, *12*(6), 1056-1074.
- 8. Deisenhofer, A-K., Barkham, M., Beierl, E. T., Schwartz, B., Aafjes-van Doorn, K., ... Cohen, Z. (50 other coauthors, incl. **McDanal, R.**) (2023). Implementing precision methods in personalizing psychological therapies: Barriers and possible ways forward. *Behaviour Research and Therapy, 172,* 104443.
- 7. Ghosh, A., Cohen, K., Jans, L., Busch, C., **McDanal, R.**, Yang, Y., Cooper, K., & Schleider, J. L. (2023). A digital single-session intervention (Project Engage) to address fear of negative evaluation among college students: A pilot randomized controlled trial. *JMIR Mental Health*, *10*, e48926.
- 6. Shen, J., Rubin, A., Cohen, K., Hart, E. A., Sung, J., **McDanal, R.**, Roulston, C., Sotomayor, I., Fox. K. R., & Schleider, J. L. (2023). Randomized evaluation of an online single-session intervention for minority stress in LGBTQ+ adolescents. *Internet Interventions*, *33*, 100633.
- 5. **McDanal, R.**, Schleider, J. L., Fox, K. R., & Eaton, N. R. (2023). Loneliness in gender- and sexual orientation-diverse adolescents: Measurement invariance analyses and between-group comparisons. *Assessment*, 30(3), 706–727.
- 4. **McDanal, R.**, Parisi, D., Opara, I.<sup>†</sup>, & Schleider, J. L.<sup>†</sup> (2022). Effects of brief interventions on internalizing symptoms and substance use in youth: A systematic review. *Clinical Child and Family Psychology Review, 25*, 339-355.
- 3. **McDanal, R.**, Rubin, A., Fox, K. R., & Schleider, J. L. (2022). Associations of LGBTQ+ identities with acceptability and efficacy of online single-session youth mental health interventions. *Behavior Therapy*, *53*, 376-391.

- 2. Inman, E. M., Bermejo, R. M., **McDanal, R.**, Nelson, B., Richmond, R. L., Schleider, J. L., & London, B. (2021). Discrimination and psychosocial engagement during the COVID-19 pandemic. *Stigma and Health*, *6*, 380-383.
- 1. Stanton, K., Brown, M. F. D., **McDanal, R.**, Carlton, C. N., & Emery, N. N. (2021). Informing the classification and assessment of positive emotional experiences: A multisample examination of hierarchical positive emotionality models. *Psychological Assessment*, *33*(11), 1038-1049.

### **CHAPTERS**

- 2. **McDanal, R.**, & Schleider, J. L. (2023). Investing in Novel Intervention Delivery Systems. *Population Health Science Summit: Grounding Evidence and Preliminary Research Synthesis*. American Psychological Association.
- 1. Ghosh, A., **McDanal, R.**, & Schleider, J. L. (2023). Digital Single-Session Interventions for Child and Adolescent Mental Health: Evidence and Potential for Dissemination Across Low- and Middle-Income Countries. *Advances in Psychiatry and Behavioral Health*.

### MANUSCRIPTS UNDER REVIEW

- 3. Roos, C. R., McHugh, R. K., Vafaie, N., Schleider, J. L., **McDanal, R.**, DeBenedictis, A., Palmer, R., John, M., Votaw, V. R., & Kober, H. (under review). Pilot randomized trial of Visitor Mindset: A single-session web-based intervention targeting emotion-related beliefs and emotion regulation skills.
- 2. Pigart, C. J., Cohen, K. A., **McDanal, R.**, Schleider, J. L., & Cooper, K. M. (under review). Undergraduates in STEM fields and women report worse mental health than non-STEM majors and men.
- 1. Shen, J., Eaton, N. R., **McDanal, R.**, Fox, K. R., & Schleider, J. L. (under review). Evaluating transdiagnostic adolescent psychopathology during COVID-19: intersections across sexual orientation, gender identity, and race/ethnicity. <u>Pre-Registration</u>.

### POPULAR PRESS PUBLICATIONS

- 2. **McDanal, R.**, (2023). Marginalized Populations Deserve Our Very Best: Measurement Invariance as the Foundation of Mental Health Disparities Research. *PCSAS Newsletter*.
- 1. **McDanal, R.**, (2021). Integrating Single-Session Intervention Approaches Into Clinical Training Programs. *PCSAS Newsletter*.

# **PRESENTATIONS**

(\* Indicates student/trainee; † Indicates equal co-authorship)

#### **TALKS**

**McDanal, R.**, Kim, H., Schleider, J.L., & Eaton, N.R. (upcoming 2025, September). *Transdiagnostic single-session intervention effects on adolescent demoralization: A piecewise multilevel analysis of change patterns in a randomized controlled trial*. Oral presentation at the Society for Research in Psychopathology Annual Meeting, Los Angeles, CA.

- **McDanal, R.**, Schleider, J.L., Shen, J., Fox, K.R., & Eaton, N.R. (2025, March). *Single-session online interventions drive transdiagnostic change across initial symptom severity levels: Implications for stepped care.* Flash talk at the Annual HiTOP Meeting, Denver, CO.
- \* Ortells-Faci, P., **McDanal, R.**, Zhang, Y., Eaton, N.R., & Kotov, R. (2025, March). *Distinguishing between-person and within-person stability in the longitudinal relationship of victimization and dysphoria in adolescent girls*. Flash talk at the Annual HiTOP Meeting, Denver, CO.
- **McDanal, R.**, Schleider, J.L., & Eaton, N.R. (2024, March). The meta-structure of loneliness as different dimensions of varying resolution: Links with transdiagnostic psychopathology and disparities across populations. Flash talk at the Annual HiTOP Meeting, San Diego, CA.
- **McDanal, R.**, Shen, J., Fox, K.R., Schleider, J.L., & Eaton, N.R. (2022, May). *Single-session interventions reduced transdiagnostic internalizing symptoms in adolescents with diverse identities during the COVID-19 pandemic*. Flash talk at the Annual HiTOP Meeting, virtual.

# **SYMPOSIA**

Rubin, A., Shen, J., **McDanal, R.**, Schleider, J.L., & Fox, K.R. (2022, November). *Exploring the need for single-session interventions that improve NSSI/SI outcomes in LGBTQ+ youths*. Symposium presentation at the Association for Behavioral and Cognitive Therapies 56th Annual Convention, New York, NY. [**Presented by McDanal, R.**]

### **POSTERS**

- \* Murata, M., Smith, A.C., & McDanal, R. (upcoming, 2025, June). Where do differences in single-session intervention effectiveness emerge? A multilevel analysis of a body neutrality intervention for sexual and gender minority youth. Poster at The 5th International Single Session Therapies Symposium, Chicago, IL.
- \* Ortells-Faci, P., **McDanal, R.**, & Eaton, N.R. (upcoming, 2025, May). *Unpacking the dimensions of loneliness: Links to transdiagnostic internalizing disparities in sexual and gender minority youth.* Poster at the Association of Psychological Science Conference, Washington, DC.
- **McDanal, R.** Schleider, J.L., Shen, J., Fox, K. R., & Eaton, N.R. (2025, March). *Single-session online interventions drive transdiagnostic change across initial symptom severity levels: Implications for stepped care.* Poster at the Annual HiTOP Meeting, Denver, CO.
- \* Ortells-Faci, P., **McDanal, R.**, Zhang, Y., & Eaton, N.R. (2025, March). *Distinguishing between-person and within-person stability in the longitudinal relationship of victimization and dysphoria in adolescent girls*. Poster at the Annual HiTOP Meeting, Denver, CO.
- **McDanal, R.**, Parisi, D., Opara, I.<sup>†</sup>, & Schleider, J.L.<sup>†</sup> (2022, November). *Effects of brief interventions on internalizing symptoms and substance use in youth: A systematic review.* Poster at the Clinical Psychological Science Special Interest Group Exposition in the Association for Behavioral and Cognitive Therapies 56th Annual Convention, New York, NY.

**McDanal, R.**, Shen, J., Fox, K.R., Schleider, J.L., & Eaton, N.R. (2022, September). *Transdiagnostic symptom change across diverse demographic groups in an RCT of single-session interventions for adolescent depression*. Poster at the Society for Research in Psychopathology Annual Meeting, Philadelphia, PA.

**McDanal, R.**, Rubin, A., Fox, K.R., & Schleider, J.L. (2021, November). *Associations of LGBTQ+ identities with acceptability and efficacy of online single-session youth mental health interventions.* Poster at the Oppression & Resilience Special Interest Group Exposition in the Association for Behavioral and Cognitive Therapies Virtual Convention, virtual.

**McDanal, R.**, Shen, J., Fox, K.R., Eaton, N.R., & Schleider, J.L. (2021, September). *Predicting transdiagnostic symptom change in a randomized trial of single-session interventions for adolescent depression.* Poster at the Treatment Selection Idea Lab Virtual Convention, virtual.

Inman, E.M., Bermejo, R., **McDanal, R.**, Nelson, B., Richmond, R., Schleider, J.L., & London, B. (2021, February). *Identity models of discrimination and psychosocial engagement during the COVID-19 pandemic*. Poster at the Society for Personality and Social Psychology Annual Convention, virtual.

# RESEARCH EXPERIENCE

### **DISSERTATION RESEARCH**, Stony Brook University

current

#### **Graduate Researcher**

Supervisors: Jessica Schleider, Ph.D.; Nicholas Eaton, Ph.D.

- Design an online single-session intervention targeting emotion dysregulation via a combination of mindfulness skills training, an emotion induction, and an exposure task.
- ♦ Test the differential effectiveness of this intervention in a sample of 500+ young adults on proximal and distal change in emotion coping beliefs using multilevel modeling.

# SPECTRUM LAB, Stony Brook University

2020 - current

### **Graduate Researcher**

Supervisor: Nicholas Eaton, Ph.D.

- ♦ Lead research studies on transdiagnostic psychopathology; mental health disparities; LGBTQ+ identity, marginalization, and well-being; loneliness; and psychometrics.
- Assist in IRB applications.
- ♦ Train and mentor research assistants on various projects.

### LAB FOR SCALABLE MENTAL HEALTH, Northwestern University

2020 - current

#### **Graduate Researcher**

Supervisor: Jessica Schleider, Ph.D.

Lead research studies on cross-group differences in intervention-driven internalizing symptom change and subjective intervention acceptability.

- Collaborate on the creation and evaluation of single-session interventions designed to target common mental health concerns (e.g., intrusive thoughts; fear of negative evaluation).
- Train and mentor research assistants on various projects.

### **IDIOGRAPHIC DYNAMICS LAB**, University of California, Berkeley

2019 - 2020

#### Postbac Research Assistant

Supervisor: Aaron Fisher, Ph.D.

Crafted experience sampling protocols, created participant device use guides, cleaned and scored idiographic data, completed literature reviews, and assisted with manuscript drafting.

# BERKELEY SOCIAL INTERACTION LAB, University of California, Berkeley

2017 - 2020

### **Undergraduate and Postbac Research Assistant**

Supervisors: Dacher Keltner, Ph.D; Yang Bai, Ph.D.

Contributed to project design, crafted experimental materials, developed study protocols, conducted data analyses, completed literature reviews, and assisted with manuscript drafting.

# **REVIEWING**

#### Ad Hoc Reviewer

Assessment (2025)
BMC Psychology (2025)
JMIR Mental Health (2025)
BMC Public Health (2025)
Journal of Homosexuality (2025)
Child Psychiatry & Human Development (2024)
Collabra: Psychology (2023)
JAMA Network Open (2022)

# **TEACHING**

#### INSTRUCTOR OF RECORD

**Psychopathology Classification**, Stony Brook University Summer 2022 / 23 / 24 / 25; Winter 2023 / 24 / 25 Self-designed special topics course on the history, methodology, and clinical utility of different approaches to conceptualizing the nature of psychopathology (DSM/ICD; RDoC; HiTOP; Network Analysis).

♦ Total students: 193

♦ Average course rating: 4.9/5.0

### Introduction to Psychology, Stony Brook University

Winter 2022

Introductory general psychology course. Topics included biological, cognitive, personality, developmental, social, and clinical psychology, as well as research methods and ethics.

♦ Students: 28

 $\diamond$  Course rating: 5.0/5.0

### **GUEST LECTURER**

## Reading in Psychology: Professional Development, Stony Brook University

Fall 2023

Presentation on writing a compelling application statement for admission to graduate programs in psychology. Supported students in drafting an outline; facilitated small group discussions about their ideas.

### Evidence-Based Practice Course, Mercer University

Fall 2022

Presentation on Stony Brook's Single-Session Consultation program (designed by Dr. Jessica Schleider and Jenna Sung). Demonstrated a mock implementation of a session; facilitated student practice of a session.

#### RECITATION INSTRUCTOR

### Research and Writing in Psychology, Stony Brook University

Spring 2022

Course on the research process in psychology. Guided students through conceptualizing their own research question, methodology, and analytic approach; taught students how to draft a mock empirical manuscript.

### **TEACHING ASSISTANT**

### Health Psychology, Stony Brook University

Fall 2021

Introductory health psychology course. Topics included health behaviors; coping, resilience, and social support; health services; chronic illness; and research methods in health psychology.

### Survey in Abnormal and Clinical Psychology, Stony Brook University

Fall 2020

Introductory clinical psychology course. Topics included definitions, causes, classification, and assessment of abnormal behavior; mood disorders; anxiety disorders; suicide; posttraumatic stress disorder; thought disorders; personality disorders; substance use disorders; eating disorders; and treatment of psychological disorders.

# **CLINICAL**

# Primary areas of specialization:

Emotion dysregulation, depressed mood, anxiety, suicidal ideation, self-injurious behavior, experiential avoidance, low self-esteem, interpersonal challenges, marital concerns, family concerns.

# **Primary modalities:**

Cognitive Behavioral Therapy (CBT); Dialectical Behavior Therapy (DBT); Acceptance and Commitment Therapy (ACT); Integrative Behavioral Couple Therapy (IBCT); Emotionally Focused Family Therapy (EFFT).

# **INDIVIDUAL THERAPY**

# Center for Cognitive & Dialectical Behavior Therapy, Lake Success, NY.

2023 - 2024

Role: Therapist

Supervisor: Adam Payne, Ph.D.

Provided evidence-based psychotherapy to adult and adolescent clients with concerns such as depressed mood, anxiety, intrusive thoughts, chronic emotion dysregulation, impulsivity, suicidal ideation, self-injurious behavior, low self-esteem, executive dysfunction, excoriation, and interpersonal problems.

- ♦ Leveraged personalized daily diary cards and monthly questionnaire data to guide treatment planning.
- Implemented a variety of therapeutic techniques and principles, including behavior chain and solution analysis, dialectical thinking, mindfulness, radical genuineness, validation, reinforcement, exposure, and problem solving.
- ♦ Taught core:
  - ♦ DBT skills, including distress tolerance, emotion regulation, interpersonal effectiveness, and mindfulness skills.
  - ♦ CBT strategies, including cognitive restructuring, behavioral activation, and exposure.
  - ♦ ACT techniques, including acceptance, defusion, cognitive and interoceptive awareness, and values clarification.
- ♦ Managed various high-risk situations, including those involving suicidal ideation, self-injurious behavior, and physical abuse.
- ♦ Administered risk-management phone coaching sessions as needed.

# Krasner Psychological Center, Stony Brook, NY.

2021 - 2023

Role: Therapist

Supervisors: Joanne Davila, Ph.D.; Jessica Schleider; Ph.D.; Sariah Daouk, Ph.D.

- Provided evidence-based psychotherapy to adult, adolescent, youth, and parent clients with concerns such as depressed mood, anxiety, panic, phobias, intrusive thoughts, impulsivity, suicidal ideation, low self-esteem, executive dysfunction, relationship problems, and behavioral dysregulation.
- ♦ Used data from recurring questionnaires and personalized weekly assessment of client "top problems" to guide treatment planning.
- ♦ Taught core CBT skills, including cognitive restructuring, behavioral activation, and exposure.
- ♦ Integrated principles and skills from other treatment programs such as the UP, The Modular Approach to Therapy for Children, and Parent Management Training.

### Single Session Support Clinic, Stony Brook University, Stony Brook, NY.

2023

Role: Provider

Supervisor: Jessica Schleider, Ph.D.

- ♦ Provided single-session consultation sessions to clients on the waiting list at the university therapy training clinic.
- ♦ In each session, identified the client's immediate concern (typically related to emotional distress, relationship problems, academic stress, etc.) and corresponding goal.
- ♦ Using principles from Solution-Focused Brief Therapy, assisted the client in developing a concrete, actionable plan to be used in working toward their identified goal.

### **GROUP THERAPY**

## Center for Cognitive & Dialectical Behavior Therapy, Lake Success, NY.

2023 - 2024

Role: Group Therapist

Co-leaders: Miriam Korbman, Psy.D.; Aaron Drucker, Psy.D.

♦ Co-led a weekly Adolescent and Family DBT Skills Group that included an average of three to five families per module over the course of a year.

- ♦ Taught skills from the five adolescent DBT modules: mindfulness, distress tolerance, emotion regulation, interpersonal effectiveness, and middle path.
- ♦ Conducted skill review sessions and encouraged active participation from all group members.

### **COUPLES & FAMILY THERAPY**

### Center for Cognitive & Dialectical Behavior Therapy, Lake Success, NY.

2023 - 2024

Role: Couples and Family Therapist Supervisor: Adam Payne, Ph.D.

- Provided couples and families with empirically supported communication, problem-solving, and conflict resolution strategies.
- Implemented a variety of therapeutic techniques, including enactment, role playing, empathic listening, reflecting, examination of circular causality, and relational behavior chain assessment and solution analysis.
- ♦ Integrated principles from IBCT and EFFT to guide the therapy.

### Krasner Psychological Center, Stony Brook, NY.

2021 - 2023

Role: Couples Therapist

Supervisor: Daniel O'Leary, Ph.D.

- Provided couples with empirically supported communication, problem-solving, and conflict resolution strategies.
- Implemented a variety of therapeutic techniques, including empathic joining, unified detachment, problem solving, perspective taking, and reframing.
- ♦ Integrated principles from IBCT to guide the therapy.

### ASSESSMENT

## Krasner Psychological Center, Stony Brook, NY.

2021 – current

Role: Evaluator

Supervisors: Brady Nelson, Ph.D.; Luke Waters, Psy.D.

- Conduct psychological assessments for adults.
  - ♦ Administer intelligence, cognitive, achievement, executive functioning, and oral language tests.
    - ♦ Wechsler Adult Intelligence Scale Fourth Edition (WAIS-IV)
    - ♦ Woodcock Johnson IV Tests of Achievement (WJ-IV ACH)
    - ♦ Delis-Kaplan Executive Function System (D-KEFS)
    - ♦ Woodcock Johnson IV Tests of Oral Language (WJ-IV OL)
    - ♦ Gray Oral Reading Test Fifth Edition (GORT-5)
    - Nelson-Denny Reading Test
    - ♦ Conners' Continuous Performance Test Third Edition (CPT-3)
    - ♦ Central Nervous System Vital Signs (CNS-VS)
  - ♦ Conduct semi-structured interviews and structured interviews.
    - ♦ The Structured Clinical Interview for DSM-5 (SCID-5) ADHD module
    - ♦ The Mini-International Neuropsychiatric Interview (MINI)

- ♦ Synthesize results across psychodiagnostic batteries, interviews, clinician-administered measures, self-report measures, and behavioral observations to arrive at diagnostic conclusions.
- ♦ Generate comprehensive reports that include findings, interpretations, and recommendations.
- Provide feedback to clients about the outcome of the assessment.

### Krasner Psychological Center, Stony Brook, NY.

2024

Role: Intake Coordinator

Supervisor: Dina Vivian, Ph.D.

- ♦ Conduct phone screens for prospective clients.
  - ♦ Complete initial interview process.
  - Conduct risk and trauma screening.
  - ♦ Determine eligibility for assessment and/or therapy services.
- ♦ Train new clinic staff in the phone screening process.
  - Provide a shadowing experience for trainees to observe the process in real-time.
  - ♦ Role-play potential risk and trauma endorsement scenarios.

### Center for Cognitive & Dialectical Behavior Therapy, Lake Success, NY.

2023 - 2024

Role: Intake Coordinator

Supervisor: Adam Payne, Ph.D.

- ♦ Completed intake assessments for new clients.
  - ♦ Completed intake interviews, risk assessments, and diagnostic assessments.
  - ♦ Wrote comprehensive multi-page intake write-ups.
  - Consulted with assigned clinician as needed.

# **MENTORSHIP**

#### Research mentor

Pau Ortells Faci (2024 – current) — Spectrum Lab (Lab Director: Dr. Nicholas Eaton)

PROJECT: Temporal Dynamics Between Peer Victimization and Internalizing Problems in Sexual and Gender Minoritized Youth: A Random Intercept Cross-Lagged Panel Model. Preregistration.

PROJECT: Distinguishing Between-Person and Within-Person Stability in the Longitudinal Relationship of Victimization and Dysphoria in Adolescent Girls.

PROJECT: Unpacking the Dimensions of Loneliness: Links to Transdiagnostic Internalizing Disparities in Sexual and Gender Minoritized Youth.

PROJECT: The Multidimensionality of Loneliness: Patterns of Disparities Across Adolescent Gender and Sexual Orientation Groups

Mia Murata (2024 – current) — Lab for Scalable Mental Health (Lab Director: Dr. Jessica Schleider)

PROJECT: Where Do Differences in Single-Session Intervention Effectiveness Emerge? A Multilevel Analysis of a Body Neutrality Intervention for Sexual and Gender Minority Youth.

Hein Kim (2024 – current) — Lab for Scalable Mental Health (Lab Director: Dr. Jessica Schleider) Aijia Yao (2021 – 2023) — Lab for Scalable Mental Health (Lab Director: Dr. Jessica Schleider)

#### Peer mentor

Victoria Sarita (2021 – 2022) — Lab for Scalable Mental Health (*Lab Director: Dr. Jessica Schleider*) Lucy Gordon (2021 – 2022) — Lab for Scalable Mental Health (*Lab Director: Dr. Jessica Schleider*) Colleen McGuckin (2020 – 2021) — Women in Science and Engineering at Stony Brook University

# **COMMUNITY**

# Academy Open Science Committee (OSC)

Committee Member (2025 – current).

Assists programs with developing open science practices; works to improve transparency in clinical science.

## **Undergraduate Mentoring Committee**

Committee Member (2022 – current).

Contributes to outreach, workshops, and resources for undergraduate students at Stony Brook University.

### Long Island Science & Engineering Fair

Volunteer Judge (2025).

Served as a judge of high school science fair projects in the Behavioral and Social Sciences category.

### Psychological Clinical Science Accreditation System (PCSAS)

Representative (2021 - 2023).

Acted as a liaison between PCSAS and Stony Brook and wrote articles for the PCSAS newsletter.

### Women in Science and Engineering (WISE)

Mentor (2020 – 2021).

Mentored an undergraduate student in the WISE program.

### Dismantling Systemic Shortcomings in Education and Clinical Training (DiSSECT)

Supporting Evidence Team Member (2019 – 2020).

Compiled evidence supporting actionable anti-racist changes in education and clinical training programs.

### Psychology and Cognitive Sciences Undergraduate Lab at Berkeley

Co-Founder and Manager (2017), Director (2018), Advisor (2019).

Taught research skills to undergraduates through workshops and advising; supervised undergraduate project groups investigating various topics in psychology and cognitive science.

### Undergraduate Journal of Psychology at Berkeley

Executive Director (2017 – 2018), Editor-in-Chief (2018 – 2019).

Led process of undergraduate manuscript selection, editing, and publication.

# **PROFESSIONAL**

Consultant, American Psychological Association, virtual.

Developed a research summary on delivery systems for intervention administration and single touch-point services. Included in an APA response to a Request for Information (RFI) on innovative approaches to prevent mental health problems and promote mental wellness in populations that experience health disparities.

Author, Supportiv, virtual.

2019 - 2021

Wrote empirically informed mental health articles for dissemination to the public.

# **SKILLS**

R, Mplus, SPSS, Qualtrics, quantitative modeling, intervention development, Spanish proficiency

*Last updated 07.21.2025*