

# Riley McDanal

*Curriculum Vitae*

[riley.mcdanal@stonybrook.edu](mailto:riley.mcdanal@stonybrook.edu) | [rileymcdanal.com](http://rileymcdanal.com)

---

## EDUCATION

Stony Brook University  
Department: Clinical Psychology  
Degree: M.A., (expected); Ph.D., (expected)

University of California, Berkeley  
Major: Psychology  
Degree: B.A., awarded May 2019

## RESEARCH INTERESTS

Structure and classification of psychopathology; improving intervention access and effectiveness; identity and minoritization; risk and resilience factors; individual differences

## FELLOWSHIPS, GRANTS, AND AWARDS

National Science Foundation Graduate Research Fellowship Program (NSF GRFP) — Stony Brook University  
John Neale Endowed Graduate Student Excellence Fund — Stony Brook University  
Complimentary subscription to the LifeData platform — Stony Brook University  
Distinction in General Scholarship — University of California, Berkeley  
Dean's List — University of California, Berkeley

## PUBLICATIONS

**McDanal, R.**, Schleider, J.L., Fox, K.R., & Eaton, N.R. (2021). Loneliness in gender- and sexual orientation-diverse adolescents: Measurement invariance analyses and between-group comparisons. *Assessment*.

**McDanal, R.**, Parisi, D., Opara, I., & Schleider, J.L. (2021). Effects of brief interventions on internalizing symptoms and substance use in youth: A systematic review. *Clinical Child and Family Psychology Review*.

**McDanal, R.**, Rubin, A., Fox, K.R., & Schleider, J.L. (2021). Associations of LGBTQ+ identities with acceptability and efficacy of online single-session youth mental health interventions. *Behavior Therapy*.

Inman, E.M., Bermejo, R.M., **McDanal, R.**, Nelson, B., Richmond, R.L., Schleider, J.L., & London, B. (2021). Discrimination and psychosocial engagement during the COVID-19 pandemic. *Stigma and Health*.

Stanton, K., Brown, M. F. D., **McDanal, R.**, Carlton, C. N., & Emery, N. N. (2021). Informing the classification and assessment of positive emotional experiences: A multisample examination of hierarchical positive emotionality models. *Psychological Assessment*.

## PREPRINTS AND WORKING PAPERS

**McDanal, R.**, Rodriguez-Seijas, C., Yao, A., Eaton, N.R., & Schleider, J.L. (in prep). Daily discrimination and transdiagnostic psychopathology in Black and LGBTQ+ young adults. [OSF Pre-Registration](#).

**McDanal, R.**, Shen, J., Fox, K.R., Eaton, N.R., & Schleider, J.L. (in prep). Predicting transdiagnostic symptom change in a randomized trial of single-session interventions for adolescent depression. [OSF Pre-Registration](#).

**McDanal, R.**, Shen, J., Gabrielli, J., Lin, S-Y., Wang, Di., Mackin, F., Taggart, T.C., & Eaton, N.R. (in prep). Gender fluidity and personality psychopathology: Testing measurement invariance and exploring disparities using the PID-5. [OSF Pre-Registration](#).

Diamond Altman, A., **McDanal, R.**, & Fisher, A.J. (in prep). Is scrolling bad for everyone? Exploring individual networks of instagram use and mood.

## **PRESENTATIONS**

**McDanal, R.**, Rubin, A., Fox, K.R., & Schleider, J.L. (2021). Associations of LGBTQ+ identities with acceptability and efficacy of online single-session youth mental health interventions. Poster presented at the Association for Behavioral and Cognitive Therapies Virtual Convention.

**McDanal, R.**, Shen, J., Fox, K.R., Eaton, N.R., & Schleider, J.L. (2021). Predicting transdiagnostic symptom change in a randomized trial of single-session interventions for adolescent depression. Poster presented at the Treatment Selection Idea Lab Virtual Convention.

Inman, E. M., Bermejo, R., **McDanal, R.**, Nelson, B., Richmond, R., Schleider, J., & London, B. (2021). Identity models of discrimination and psychosocial engagement during the COVID-19 pandemic. Poster presented at the Society for Personality and Social Psychology Virtual Convention.

## **EDITORIAL & REVIEW EXPERIENCE**

### ***Ad Hoc Reviewer***

*JAMA Network Open* (2022)

## **TEACHING**

***Survey in Abnormal and Clinical Psychology, Stony Brook University***, Stony Brook, NY. Fall 2020

Teaching assistant for an introductory clinical psychology course.

***Health Psychology, Stony Brook University***, Stony Brook, NY. Fall 2021

Teaching assistant for an introductory health psychology course.

***Introduction to Psychology, Stony Brook University***, Stony Brook, NY. Winter 2022

Instructor of record for an introductory psychology course.

***Research and Writing in Psychology, Stony Brook University***, Stony Brook, NY. Spring 2022 (upcoming)

Recitation section leader for a course on research project design and execution.

***Psychopathology Classification, Stony Brook University***, Stony Brook, NY. Summer 2022 (upcoming)

Instructor of record for self-designed special topics course on the history, methodology, and clinical utility of different classification systems.

## **CLINICAL**

***Graduate Student Clinician, Krasner Psychological Center***, Stony Brook, NY. 2021 - current

Implements evidence-based cognitive and behavioral techniques with adult and child clients; conducts psychological assessments. Supervisors: Jessica Schleider; Joanne Davila; Brady Nelson.

***Therapy Coach, Youper***, San Francisco, CA. 2021 - 2022

Uses cognitive and behavioral principles to coach adult clients in maximizing the utility of an artificial intelligence therapy app. Supervisor: Andrea Niles.

**Registered Behavior Technician, STE Consultants, Oakland, CA.**

2018 - 2020

Implemented patient-specific skill-acquisition and behavior-reduction programs for young autistic children; assisted clinical director in developing or altering protocols for each youth. Supervisor: Michelle Driscoll.

## **RESEARCH MENTORSHIP**

Aijia Yao (2021-current)

Michelle Yang (2022-current)

## **COMMUNITY**

### ***Women in Science and Engineering (WISE)***

*Mentor (2020 - current).*

Compiled empirical evidence and data supporting actionable anti-racist changes in education and clinical training programs.

### ***Dismantling Systemic Shortcomings in Education and Clinical Training (DiSSECT)***

*Supporting Evidence Team Member (2019 - 2020).*

Compiled empirical evidence and data supporting actionable anti-racist changes in education and clinical training programs.

### ***Psychology and Cognitive Sciences Undergraduate Lab at Berkeley***

*Co-Founder and Manager (2017), Director (2018), Advisor (2019).*

Taught research skills to undergraduates through workshops and advising; supervised undergraduate project groups investigating various topics in psychology and cognitive science.

### ***Undergraduate Journal of Psychology at Berkeley***

*Executive Director (2017 - 2018), Editor-in-Chief (2018 - 2019).*

Led process of undergraduate manuscript selection, editing, and publication.

## **PROFESSIONAL**

**Author, Supportiv, Berkeley, California.**

2018 - current

Writes empirically informed mental health articles for dissemination to the public. Supervisor: Helena Plater-Zyberk.

## **MEDIA CONTRIBUTIONS**

**Supportiv**, December 2021. [What Happens In Vagus Stays In Vagus.](#)

**Supportiv**, October 2021. [How To Protect Yourself From A Guilt Trip.](#)

**Supportiv**, August 2021. [Cultivate Small Joys To Survive Pandemic 2.0 \(3.0? 4.0?\).](#)

**Supportiv**, May 2021. [How Not To Suck At Listening.](#)

**Supportiv**, March 2021. [Understanding Your Sexual And Gender Identity: A Guide.](#)

**Supportiv**, March 2021. [What Is Wrong With Me? 12 Lousy Feelings And How To Feel Less Broken.](#)

**Supportiv**, February 2021. [How To Stop Holding A Grudge – For Your Own Sake.](#)

*Supportiv*, July 2020. [Does My Insurance Cover Mental Health? How To Get Therapy \(For You Or A Friend\)](#).

*Supportiv*, June 2020. [Being a BLM Ally Means Being a Better Listener](#).

*Supportiv*, March 2020. [Student Loan Debt Doesn't Have To Own You](#).

*Supportiv*, January 2020. [How To Cope After A Coworker's Suicide](#).

*Supportiv*, September 2019. [Stop Feeling Like a Failure, Even If You Actually Messed Up](#).

*Supportiv*, June 2019. [Nobody Understands: Myths About Depression](#).

*Supportiv*, June 2019. ["How Are You?" Isn't Enough](#).

*Supportiv*, May 2019. [How Depressed Am I? There's A Better Question](#).

## **ASSOCIATIONS**

American Psychological Association

Association for Behavioral and Cognitive Therapies

## **SKILLS**

R, SPSS, Mplus, Jamovi, git, behavior analysis, bilingual in Spanish and English

*Last updated 4/7/22*