

# Riley McDanal

*Curriculum Vitae*

[riley.mcdanal@stonybrook.edu](mailto:riley.mcdanal@stonybrook.edu) | [rileymcdanal.com](http://rileymcdanal.com)

---

## EDUCATION

Stony Brook University  
Department: Clinical Psychology  
Degree: M.A., (expected); Ph.D., (expected)

University of California, Berkeley  
Major: Psychology  
Degree: B.A., awarded May 2019

## RESEARCH INTERESTS

Structure and classification of psychopathology; improving intervention access and effectiveness; identity and minoritization; risk and resilience factors; individual differences

## FELLOWSHIPS, GRANTS, AND AWARDS

National Science Foundation Graduate Research Fellowship Program (NSF GRFP) — Stony Brook University  
Graduate Research Empowering and Accelerating Talent Award (GREAT) — Stony Brook University  
John Neale Endowed Graduate Student Excellence Fund — Stony Brook University  
Complimentary subscription to the LifeData platform — Stony Brook University  
Distinction in General Scholarship — University of California, Berkeley  
Dean's List — University of California, Berkeley

## PUBLICATIONS

**McDanal, R.**, Schleider, J.L., Fox, K.R., & Eaton, N.R. (2021). Loneliness in gender- and sexual orientation-diverse adolescents: Measurement invariance analyses and between-group comparisons. *Assessment*.

**McDanal, R.**, Parisi, D., Opara, I.\*, & Schleider, J.L.\* (2021). Effects of brief interventions on internalizing symptoms and substance use in youth: A systematic review. *Clinical Child and Family Psychology Review*.

**McDanal, R.**, Rubin, A., Fox, K.R., & Schleider, J.L. (2021). Associations of LGBTQ+ identities with acceptability and efficacy of online single-session youth mental health interventions. *Behavior Therapy*.

Inman, E.M., Bermejo, R.M., **McDanal, R.**, Nelson, B., Richmond, R.L., Schleider, J.L., & London, B. (2021). Discrimination and psychosocial engagement during the COVID-19 pandemic. *Stigma and Health*.

Stanton, K., Brown, M. F. D., **McDanal, R.**, Carlton, C. N., & Emery, N. N. (2021). Informing the classification and assessment of positive emotional experiences: A multisample examination of hierarchical positive emotionality models. *Psychological Assessment*.

## PREPRINTS AND WORKING PAPERS

Shen, J., Rubin, A., Hart, E. A., Cohen, K., Sung, J., **McDanal, R.**, Roulston, C., Sotomayor, I., Fox, K., Schleider, J. L. (in prep). Project rise: Building strength in the face of minority stress. [OSF Pre-Registration](#).

**McDanal, R.**, Shen, J., Gabrielli, J., Lin, S-Y., Wang, Di., Mackin, F., Taggart, T.C., & Eaton, N.R. (in prep). Gender fluidity and personality psychopathology: Testing measurement invariance and exploring disparities using the PID-5. [OSF Pre-Registration](#).

**McDanal, R.**, Shen, J., Fox, K.R., Eaton, N.R., & Schleider, J.L. (in prep). Predicting transdiagnostic symptom change in a randomized trial of single-session interventions for adolescent depression. [OSF Pre-Registration](#).

**McDanal, R.**, Rodriguez-Seijas, C., Yao, A., Eaton, N.R., & Schleider, J.L. (in prep). Daily discrimination and transdiagnostic psychopathology in Black and LGBTQ+ young adults. [OSF Pre-Registration](#).

Diamond Altman, A., **McDanal, R.**, & Fisher, A.J. (in prep). Is scrolling bad for everyone? Exploring individual networks of instagram use and mood.

## **PRESENTATIONS**

**McDanal, R.**, Shen, J., Fox, K.R., Schleider, J.L., and Eaton, N.R. (2022). Single-session interventions reduced transdiagnostic internalizing symptoms in adolescents with diverse identities during the COVID-19 pandemic. Flash talk given at the Annual HiTOP Meeting.

**McDanal, R.**, Rubin, A., Fox, K.R., & Schleider, J.L. (2021). Associations of LGBTQ+ identities with acceptability and efficacy of online single-session youth mental health interventions. Poster presented at the Association for Behavioral and Cognitive Therapies Virtual Convention.

**McDanal, R.**, Shen, J., Fox, K.R., Eaton, N.R., & Schleider, J.L. (2021). Predicting transdiagnostic symptom change in a randomized trial of single-session interventions for adolescent depression. Poster presented at the Treatment Selection Idea Lab Virtual Convention.

Inman, E. M., Bermejo, R., **McDanal, R.**, Nelson, B., Richmond, R., Schleider, J., & London, B. (2021). Identity models of discrimination and psychosocial engagement during the COVID-19 pandemic. Poster presented at the Society for Personality and Social Psychology Virtual Convention.

## **EDITORIAL & REVIEW EXPERIENCE**

### ***Ad Hoc Reviewer***

*JAMA Network Open* (2022)

## **TEACHING**

***Psychopathology Classification***, Stony Brook University, Stony Brook, NY. Summer 2022

*Instructor of record*

Self-designed special topics course on the history, methodology, and clinical utility of different classification systems.

***Research and Writing in Psychology***, Stony Brook University, Stony Brook, NY. Spring 2022

*Recitation Instructor*

Psychology research project design and execution.

***Introduction to Psychology***, Stony Brook University, Stony Brook, NY. Winter 2022

*Instructor of record*

Introductory general psychology course.

**Health Psychology, Stony Brook University, Stony Brook, NY.**

Fall 2021

*Teaching assistant*

Introductory health psychology course.

**Survey in Abnormal and Clinical Psychology, Stony Brook University, Stony Brook, NY.**

Fall 2020

*Teaching assistant*

Introductory clinical psychology course.

## **CLINICAL**

**Graduate Student Clinician, Krasner Psychological Center, Stony Brook, NY.**

2021 - current

Implements evidence-based cognitive and behavioral techniques with adult and child clients; conducts psychological assessments. Supervisors: Jessica Schleider, Ph.D.; Joanne Davila, Ph.D.; Brady Nelson, Ph.D.

**Therapy Coach, Youper, San Francisco, CA.**

2021 - 2022

Used cognitive and behavioral principles to coach adult clients in maximizing the utility of an artificial intelligence therapy app. Supervisor: Andrea Niles, Ph.D.

**Registered Behavior Technician, STE Consultants, Oakland, CA.**

2018 - 2020

Implemented patient-specific skill-acquisition and behavior-reduction programs for young autistic children; assisted clinical director in developing or altering protocols for each youth. Supervisor: Michelle Driscoll.

## **MENTORSHIP**

### **Research mentor**

Aijia Yao (2021-current) — Lab for Scalable Mental Health

Michelle Yang (2022-current) — Lab for Scalable Mental Health

### **Peer mentor**

Victoria Sarita (2021-current) — Lab for Scalable Mental Health

Lucy Gordon (2021-current) — Lab for Scalable Mental Health

Colleen McGuckin (2020-2021) — Women in Science and Engineering

## **COMMUNITY**

### ***Women in Science and Engineering (WISE)***

*Mentor (2020 - 2021).*

Peer mentor to an undergraduate student in the WISE program.

### ***Dismantling Systemic Shortcomings in Education and Clinical Training (DiSSECT)***

*Supporting Evidence Team Member (2019 - 2020).*

Compiled empirical evidence and data supporting actionable anti-racist changes in education and clinical training programs.

### ***Psychology and Cognitive Sciences Undergraduate Lab at Berkeley***

*Co-Founder and Manager (2017), Director (2018), Advisor (2019).*

Taught research skills to undergraduates through workshops and advising; supervised undergraduate project groups investigating various topics in psychology and cognitive science.

### ***Undergraduate Journal of Psychology at Berkeley***

*Executive Director (2017 - 2018), Editor-in-Chief (2018 - 2019).*

Led process of undergraduate manuscript selection, editing, and publication.

## **PROFESSIONAL**

**Author, Supportiv**, Berkeley, California.

2018 - current

Writes empirically informed mental health articles for dissemination to the public. Supervisor: Helena Plater-Zyberk.

## **MEDIA CONTRIBUTIONS**

**Supportiv**, December 2021. [What Happens In Vagus Stays In Vagus](#)

**Supportiv**, October 2021. [How To Protect Yourself From A Guilt Trip](#)

**Supportiv**, September 2021. [When The Person You Care For Refuses Professional Help](#)

**Supportiv**, September 2021. [Instead Of Being Carefree, I'm A Young Caregiver. How Can I Be Both?](#)

**Supportiv**, September 2021. [Caregiver Burnout: Avoid It, Or, Rise From The Ashes](#)

**Supportiv**, August 2021. [Cultivate Small Joys To Survive Pandemic 2.0 \(3.0? 4.0?\)](#)

**Supportiv**, May 2021. [How Not To Suck At Listening](#)

**Supportiv**, March 2021. [Understanding Your Sexual And Gender Identity: A Guide](#)

**Supportiv**, March 2021. [What Am I Going To Do? Ways To Keep Moving Forward](#)

**Supportiv**, March 2021. [What Is Wrong With Me? 12 Lousy Feelings And How To Feel Less Broken](#)

**Supportiv**, February 2021. [How To Stop Holding A Grudge – For Your Own Sake](#)

**Supportiv**, July 2020. [Does My Insurance Cover Mental Health? How To Get Therapy \(For You Or A Friend\)](#)

**Supportiv**, June 2020. [Being a BLM Ally Means Being a Better Listener](#)

**Supportiv**, April 2021. [Defuse Anger Issues: Understanding and Managing Anger](#)

**Supportiv**, March 2020. [Student Loan Debt Doesn't Have To Own You](#)

**Supportiv**, January 2020. [How To Cope After A Coworker's Suicide](#)

**Supportiv**, September 2019. [Stop Feeling Like a Failure, Even If You Actually Messed Up](#)

**Supportiv**, September 2019. [Insightful Personal Growth and Self Improvement Quotes](#)

**Supportiv**, June 2019. ["How Are You?" Isn't Enough](#)

**Supportiv**, June 2019. [Nobody Understands: Myths About Depression](#)

**Supportiv**, May 2019. [How Depressed Am I? There's A Better Question](#)

**Supportiv**, February 2019. [Common Relationship Issues and How to Handle Them](#)

**Supportiv**, February 2019. [Communicating With Your Partner: Skills And Tips](#)

## **ASSOCIATIONS**

Association for Behavioral and Cognitive Therapies

## **SKILLS**

R, SPSS, Mplus, Jamovi, git, behavior analysis, bilingual in Spanish and English

*Last updated 4/8/22*