Riley McDanal
Curriculum Vitae

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EDUCATION

Stony Brook University
Department: Clinical Psychology
Degree: M.A., (expected); Ph.D., (expected)

University of California, Berkeley
Major: Psychology
Degree: B.A., awarded May 2019

RESEARCH INTERESTS

Structure and classification of psychopathology; improving intervention access and effectiveness; identity and minoritization; risk and resilience factors; individual differences

FELLOWSHIPS, GRANTS, AND AWARDS

National Science Foundation Graduate Research Fellowship Program (NSF GRFP) — Stony Brook University

John Neale Endowed Graduate Student Excellence Fund — Stony Brook University

Complimentary subscription to the LifeData platform — Stony Brook University

Distinction in General Scholarship — University of California, Berkeley

Dean's List — University of California, Berkeley

PUBLICATIONS

McDanal, R., Schleider, J.L., Fox, K.R., & Eaton, N.R. (2021). Loneliness in gender- and sexual orientation-diverse adolescents: Measurement invariance analyses and between-group comparisons. *Assessment.*

McDanal, R., Parisi, D., Opara, I., & Schleider, J.L. (2021). Effects of brief interventions on internalizing symptoms and substance use in youth: A systematic review. *Clinical Child and Family Psychology Review.*

McDanal, R., Rubin, A., Fox, K.R., & Schleider, J.L. (2021). Associations of LGBTQ+ identities with acceptability and efficacy of online single-session youth mental health interventions. *Behavior Therapy.*

Inman, E.M., Bermejo, R.M., **McDanal, R.**, Nelson, B., Richmond, R.L., Schleider, J.L., & London, B. (2021). Discrimination and psychosocial engagement during the COVID-19 pandemic. *Stigma and Health.*

Stanton, K., Brown, M. F. D., **McDanal, R.**, Carlton, C. N., & Emery, N. N. (2021). Informing the classification and assessment of positive emotional experiences: A multisample examination of hierarchical positive emotionality models. *Psychological Assessment.*

PREPRINTS AND WORKING PAPERS

McDanal, R., Rodriguez-Seijas, C., Yao, A., Eaton, N.R., & Schleider, J.L. (in prep). Daily discrimination and transdiagnostic psychopathology in Black and LGBTQ+ young adults. OSF Pre-Registration.

McDanal, R., Shen, J., Fox, K.R., Eaton, N.R., & Schleider, J.L. (in prep). Predicting transdiagnostic symptom change in a randomized trial of single-session interventions for adolescent depression. OSF Pre-Registration.

McDanal, R., Shen, J., Gabrielli, J., Lin, S-Y., Wang, Di., Mackin, F., Taggart, T.C., & Eaton, N.R. (in prep). Gender fluidity and personality psychopathology: Testing measurement invariance and exploring disparities using the PID-5. OSF Pre-Registration.

Diamond Altman, A., **McDanal, R.**, & Fisher, A.J. (in prep). Is scrolling bad for everyone? Exploring individual networks of instagram use and mood.

PRESENTATIONS

McDanal, R., Rubin, A., Fox, K.R., & Schleider, J.L. (2021). Associations of LGBTQ+ identities with acceptability and efficacy of online single-session youth mental health interventions. Poster presented at the Association for Behavioral and Cognitive Therapies Virtual Convention.

McDanal, R., Shen, J., Fox, K.R., Eaton, N.R., & Schleider, J.L. (2021). Predicting transdiagnostic symptom change in a randomized trial of single-session interventions for adolescent depression. Poster presented at the Treatment Selection Idea Lab Virtual Convention.

Inman, E. M., Bermejo, R., **McDanal, R.**, Nelson, B., Richmond, R., Schleider, J., & London, B. (2021). Identity models of discrimination and psychosocial engagement during the COVID-19 pandemic. Poster presented at the Society for Personality and Social Psychology Virtual Convention.

EDITORIAL & REVIEW EXPERIENCE

Ad Hoc Reviewer
JAMA Network Open (2022)

TEACHING

***Psychopathology Classification*, Stony Brook University**, Stony Brook, NY.   Summer 2022 (upcoming)
Instructor of record
Self-designed special topics course on the history, methodology, and clinical utility of different classification systems.

***Research and Writing in Psychology*, Stony Brook University**, Stony Brook, NY.   Spring 2022
Recitation Instructor
Psychology research project design and execution.

***Introduction to Psychology*, Stony Brook University**, Stony Brook, NY.   Winter 2022
Instructor of record
Introductory general psychology course.

***Health Psychology*, Stony Brook University**, Stony Brook, NY.   Fall 2021
Teaching assistant
Introductory health psychology course.

***Survey in Abnormal and Clinical Psychology*, Stony Brook University**, Stony Brook, NY.   Fall 2020
Teaching assistant
Introductory clinical psychology course.

CLINICAL

***Graduate Student Clinician*, Krasner Psychological Center**, Stony Brook, NY.   2021 - current

Implements evidence-based cognitive and behavioral techniques with adult and child clients; conducts psychological assessments. Supervisors: Jessica Schleider, Ph.D.; Joanne Davila, Ph.D.; Brady Nelson, Ph.D.

***Therapy Coach*, Youper**, San Francisco, CA.   2021 - 2022

Used cognitive and behavioral principles to coach adult clients in maximizing the utility of an artificial intelligence therapy app. Supervisor: Andrea Niles, Ph.D.

***Registered Behavior Technician*, STE Consultants**, Oakland, CA.   2018 - 2020

Implemented patient-specific skill-acquisition and behavior-reduction programs for young autistic children; assisted clinical director in developing or altering protocols for each youth. Supervisor: Michelle Driscoll.

MENTORSHIP

Research mentor
Aijia Yao (2021-current)
Michelle Yang (2022-current)

Peer mentor
Victoria Sarita (2021-current) — Lab for Scalable Mental Health
Lucy Gordon (2021-current) — Lab for Scalable Mental Health
Colleen McGuckin (2020-2021) — Women in Science and Engineering

COMMUNITY

Women in Science and Engineering (WISE)
Mentor (2020 - 2021).
Peer mentor to an undergraduate student in the WISE program.

Dismantling Systemic Shortcomings in Education and Clinical Training (DiSSECT)
Supporting Evidence Team Member (2019 - 2020).
Compiled empirical evidence and data supporting actionable anti-racist changes in education and clinical training programs.

Psychology and Cognitive Sciences Undergraduate Lab at Berkeley
Co-Founder and Manager (2017), Director (2018), Advisor (2019).
Taught research skills to undergraduates through workshops and advising; supervised undergraduate project groups investigating various topics in psychology and cognitive science.

Undergraduate Journal of Psychology at Berkeley
Executive Director (2017 - 2018), Editor-in-Chief (2018 - 2019).
Led process of undergraduate manuscript selection, editing, and publication.

PROFESSIONAL

***Author*, Supportiv**, Berkeley, California.   2018 - current

Writes empirically informed mental health articles for dissemination to the public. Supervisor: Helena Plater-Zyberk.

MEDIA CONTRIBUTIONS

Supportiv, December 2021. [What Happens In Vagus Stays In Vagus](#).

Supportiv, October 2021. [How To Protect Yourself From A Guilt Trip](#).

Supportiv, August 2021. [Cultivate Small Joys To Survive Pandemic 2.0 (3.0? 4.0?)](#).

Supportiv, May 2021. [How Not To Suck At Listening](#).

Supportiv, March 2021. [Understanding Your Sexual And Gender Identity: A Guide](#).

Supportiv, March 2021. [What Is Wrong With Me? 12 Lousy Feelings And How To Feel Less Broken](#).

Supportiv, February 2021. [How To Stop Holding A Grudge – For Your Own Sake](#).

Supportiv, July 2020. [Does My Insurance Cover Mental Health? How To Get Therapy (For You Or A Friend)](#).

Supportiv, June 2020. [Being a BLM Ally Means Being a Better Listener](#).

Supportiv, March 2020. [Student Loan Debt Doesn't Have To Own You.](#)

Supportiv, January 2020. [How To Cope After A Coworker's Suicide](#).

Supportiv, September 2019. [Stop Feeling Like a Failure, Even If You Actually Messed Up](#).

Supportiv, June 2019. [Nobody Understands: Myths About Depression](#).

Supportiv, June 2019. ["How Are You?" Isn't Enough](#).

Supportiv, May 2019. [How Depressed Am I? There's A Better Question](#).

ASSOCIATIONS

American Psychological Association
Association for Behavioral and Cognitive Therapies

SKILLS

R, SPSS, Mplus, Jamovi, git, behavior analysis, bilingual in Spanish and English

Last updated 4/8/22