

DOES YOUR BIKE HAVE A FLAT TIRE?

(by means of sitting):

Obtain bicycle.

The bicycle can be of any brand, model, year as long as it has at least one wheel with tire and tube, handlebar, fork, pedals, crankset, saddle, seatpost, and frame all attached appropriately.

Get familiar with the anatomy of the bicycle.

Stand bicycle perpendicular to ground, saddle upward and tire on ground, by holding the handlebars.

Ground should be close to level, hard, and whole.

Observe the tire and wheel level.

Is the rim already against the ground? If so, no need to go further! You have a flat.

If not, continue with the following steps:

Lift one leg over the bike's frame, leaving the other leg on the ground.

Adjust weight so that your body is centered above the frame.

If you have the back wheel, begin to place pressure on the saddle by sitting on top of it.

Look behind you at the back tire to see if the tire deflates.

If you have the front wheel, put more pressure on the handlebars.

Look in front of you to see if the tire deflates.