

Curriculum Vitae

Bhavini Soorma

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OBJECTIVE

To be able to explore and enrich myself with the dynamics of the field of Psychology to add value to my work as well as towards the growth of the organization I represent.

Educational Qualification

Examination	Institute	Marks
MSc Psychology (2019)	Indian Institute of Psychology and Research, BU	74.73%
BA Psychology (2017)	Kamala Nehru College, DU	75.05%
HSC, CBSC (2014)	St. Paul's School, Delhi	94.80%
SSC, CBSC (2012)	St. Paul's School, Delhi	6.4/10

Experience

Research Project

- 'Junior Research Assistant' at Dr. Ram Manohar Lohia Hospital in association with Nerd Tools Foundation for the project "Screening and Assessment Toolkit for Specific Learning Disability (SATKit-SLD). (October- December 2019)
- Currently part of an ongoing project of "Developing a scale to measure Emotional Adjustment among Young Adults" at Indian Institute of Psychology and Research, Bangalore.

- MSc Research Dissertation on the topic, “ Handicap Dimensions as predictors of Quality of Life among Persons with Spinal Cord Injury.” (January 2019- June 2019)
- Worked as a Research Intern for Innovation project, 2015-16, University of Delhi on the topic “Enhancing Social Communication skills of children with Learning Disabilities using Physical Training Programme”. (September 2015 to September 2016)
- Conducted ‘Social Communication Skill Enhancement’ programme for students with special needs (Learning Disabilities) studying in primary and senior grades of Bal Bharati Public school, Pitampura. New Delhi for a period of one month.

Conference Presentation and Publication

- Paper presentation on “ Handicap dimensions as predictors of quality of life among persons with spinal cord injury” at XLIII Indian Social Science Congress. (January 2020)
Publication of research abstract in the Indian Social Science Academy’s Journal.
- “Cognizance and Use of Technological Aids by Elderly” presented at 3rd International Congress on Gerontology and Geriatric Medicine 2015 (1st meeting of International Network for Prevention of Elder Abuse) and the research abstract got published in the Journal “ Journal of the Indian Academy of Geriatrics”.

Internship

- Internship program at Dr. Ram Manohar Lohia Hospital (February, 2019)
- ‘Summer Internship Program’ conducted by Mental Health Foundation (India) from 1st June to 30th June 2016.

Certification Courses

- PG Diploma in Advanced Hypnotherapy (September, 2018- July, 2019)

Workshops

- Participated in a workshop organized by Harvard Medical School on the topic, “Coping with the stress of Coronavirus”, to understand the concerns of people under the stress of the pandemic and to be a source of help to people in need.
- Attended a three-day workshop on Rational Emotive Behavior Therapy (Basic Level) organized by Your Dost Academy facilitated by Dr Debbie Joffe Ellis.
- Participated in the educational activity titled “COVID-19 and Mental Health: Caring for the public and ourselves” organized by American Psychiatric association.
- Participated in a workshop for “Cognitive Behavioural Therapy in an Indian Context” (Basic level) facilitated by Dr Jini K Gopinath.
- Attended a four-day workshop on Cognitive Behavioural Therapy for Common Emotional Disorders (Advanced level) facilitated by Dr Jini K Gopinath.
- Attended a three-day workshop “CBT Boot Camp Level 1: Principles and Core Therapeutic Techniques conducted at Fortis Hospital by Department of Mental Health and Behavioural Sciences.
- Introductory Workshop on Dance Movement Therapy facilitated by Nishtha Agarwal, Creative Movement Therapist & Facilitator, organized by Creative Movement Therapy Association of India (CMTAI).

Conclave on Mental Health Awareness

- Attended the Conclave on Mental Health Awareness- Living with Dignity organized by Mental Health Foundation (India) in association with Department of Psychiatry, All India Institute of Medical Sciences (AIIMS)

- Participated as the Crew Member in the 2nd Conclave on Mental Health Awareness- Psychological First Aid organized by Mental Health Foundation(India) in association with Department of Psychiatry, All India Institute of Medical Science(AIIMS).

Name of the Organization

Mental Health Foundation. A non-profit registered organization working relentlessly for the promotion of mental health and for the betterment of people with mental illness. MHF seeks to bring about a change in perceptions about mental illness and evolve a sense of moral and social responsibility towards such disabilities. Member since October 2015.

- Participated in Mental Health Foundation's Community Project Phase III (10th July 2016 to 11th December 2016) at Kirti Nagar where mental health services are provided to people at their doorstep.
- Clinical Team member in Mental Health Foundation's Community Project Phase IV(8th January 2017 to 16th April 2017) at Kirti Nagar.

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