

JANVI PAREKH

Female | DoB: 11th October, 1997

Surendra Nivas, B/15, Dadabhai Road, Vile Parle (West), Mumbai – 400 056.

Contact No: +91 9820473219

Email ID: janvi.parekh40@gmail.com



Professional Experience



Brainwonders- DMIT, Career Counselling

Content Writer and Counsellor- *May, 2020 to July, 2020*

- Technical Career Content Writing- Developing content for various career's job description, career outlook, and skills required.
- Creative Content Writing- Developing content for the organization's blog
- Aptitude Test Developments for various careers and streams
- Posting Content on the organization's portal



King Edward Memorial (K.E.M.) Hospital

Intern - *July, 2019 to February, 2020*

- Conducted diagnostic and screening assessments by administering varied projective, personality, memory, and intelligence tests to patients of varied age groups, along with maintenance of case histories and report writing
- Provided therapy and counseling sessions to clients of different age groups



Aavishkar Psychiatric Clinic

Intern - *October, 2019 to March, 2020*

- Conducted diagnostic and screening assessments by administering varied projective, personality, aptitude, interests, and intelligence tests to patients of varied age groups
- Assisting in intake sessions, follow-up sessions, maintenance of case histories and report writing, and study habits sessions
- Provided therapy and counseling sessions to clients of different age groups



Shree Chandulal Nanavati Vinay Mandir

Peer Mediator - *June to August, 2018*

- Counsel students to help them cope with academics, familial and other interpersonal relationships, bullying, and other developmental areas of concerns
- Psychoeducate parents about child's need and other underlying mental health conditions
- Handle daily activities such as class observation to monitor behavioral changes and report writing
- Provide guidance, recommendations, and referrals for diagnostic tests



Aseema Charitable Trust

Volunteer - *April, 2019*

- Conducted workshops on topics related to Social and Value Education using learning mediums like games, debates, audio-visual stimulation, etc.
- Assisted in remedial teaching to 9th grade students.



Professional Achievements

- *Co-authored and published an original research paper (2019):* Videogame addiction, pornography craving, sexual attitudes on parental perceptions among adults, *IAHRW International Journal of Social Sciences Review*, 7(7-12), 2176-2180.
- *Content-Writer for Smoking Cessation Application (2020)-* Provided cognitive-behavioral and behavioral content to motivate the smoker to quit
- *Awarded 'Best Student' at IITC (2016)* for exceptional projects and responsible behavior

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Academic Qualifications

MA (Clinical) 2020	Maniben Nanavati Women's University (S.N.D.T. University)	73.20%	BA (Psychology) 2018	Mithibai College of Arts (Mumbai University)	78.3%
XIIth 2015	Mithibai College of Arts (Maharashtra State Board)	83.23%	Xth 2013	R. N. Shah High School (Maharashtra State Board)	72.73%
Diploma 2016	Fashion & Accessory Designing (India International Trade Centre)	75%			



Certifications

- Clinical Psychology Internship, Fortis Hospital
- Rational Emotive Cognitive Behavioural Therapy (R.E.B.T.) from Prafulla Psychology Services
- Clinical Assessment and Therapy Training from Maniben Nanavati Women's College
- Art Therapy from Mindsight Clinic
- Colour Therapy from Mindsight Clinic
- Play Therapy from Mindsight Clinic
- Graphology from World School of Handwriting
- Body Language from Body Language Insights
- Face Reading from Face Reading Institute
- Dream Analysis from Dream Quest India
- Intermediate and Elementary Drawing Exams



Extra-Curricular Activities

- Conducted Personality Development Workshops* (January & February, 2019) on Management of Stress, Time, Conflict and Anger for undergraduate, B.A. students of Maniben Nanavati Women's College
- Peer Confidant for Project Healing Our Peers through Empowerment (H.O.P.E.)* (2017 – 2018), Mithibai College to provide peer support using basic counseling skills learnt during the training program which help bridge the gap between the student and a mental health professional
- Volunteer of Entrepreneurship and Career Guidance* of the Lifelong Learning and Extension Program (2016-2017) of Mumbai University
- Organized an intercollegiate festival, Mind Labyrinth* (2018) of the Department of Psychology, Mithibai College of Arts
- Trainer at the Yoga Session* organized by Kaivalyadhama for Yuva Hashtag (11-14 January, 2017), SVKM college festival



Skills, Hobbies, Interests

- Able to manage and implement Social Media campaigns
- Ability to write reports and proposals
- Sound knowledge of Microsoft Office
- Designing and making junk fashion jewelry
- Travelling and watching TV series
- Languages known: English, Hindi, Gujarati, Marathi