

ISHANPREET KAUR TOOR

House 91, sector C, Defense colony,

Ambala Cantt, 133001, Haryana.

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OBJECTIVE: Seeking a career to emerge as a creative professional, adaptive to the ever changing environment and applying concepts to new situations. With my administrative and institutional abilities, I would also work to perform administrative tasks and responsibilities.

EDUCATIONAL QUALIFICATION:

CLASS	INSTITUTE	YEAR	%AGE	DIVISION
X th	St Peters Secondary School, Chandigarh	2008	75%	1 st
XII th	St Joseph Senior Secondary School, Chandigarh	2010	85%	1 st
BBA	MGU, Meghalaya	2014	62%	1 st
PGDM (FINANCE)	IIPM, Chandigarh	2016	67%	1 st
MA PSYCHOLOGY (CLINICAL)	IGNOU	2018	68%	1 st

RESEARCH EXPERINENCE

MA Psychology

EXPERIENCE

- Worked as a Customer Relationship Executive in ITC Grand Chola, Chennai 2014
- Internship at SRM Institute of Medical Sciences, Chennai under Clinical psychologist. 2017
- Internship at Neuropsychiatric & Drug Addiction and Rehabilitation Centre, Chandigarh. 2018

COURSES/SEMINARS&WORKSHOP

- Human Behavioral Biology by Robert Sapolsky, Stanford University (MOOC)
- Psychological First Aid by John Hopkins University (Coursera)
- Positive psychology webinar by Ass. Prof. Sudha .R
- Understanding depression by Dr Jeny Rapheal.

- Certificate for achievement for one day training program of Thematic Apperception Test by Peaceful Mind Foundation.
- PES Delhi webinar on impact of Socio-Psychological-Legal Impact of Covid-19 on Indian society.

SKILLS/ ABILITIES:

- Superior critical thinking abilities that help to consider the various perspectives while performing tasks.
- Good communication skills
- Efficient managerial skills
- Focused and pragmatic approach to assigned tasks.
- Ability to handle multiple assignments as a part of a professional team to achieve organizational goals.
- Demonstrative strength in organizing various activities, independently as well as a part of a team.
- Optimistic, Hard and Smart working and Self-Motivated.
- Friendly nature and adaptable to any environment

EXTRA-CURRICULAR ACHIEVEMENTS:

- Stood Second in Inter-School Declamation Competition
- Third in Inter School Quiz Competition
- Participation in Debate Competition
- Participation in Best Manager Competition
- School Captain
- Participation in Management Quiz Competition

LANGUAGES KNOWN:-

English, Hindi, Punjabi.

PERSONAL DETAILS:-

Name: Ishanpreet Kaur Toor

Date of Birth: 24 May 1992

Nationality: Indian

Contact: 9518213981

