# **ISHANGI MISHRA**



@ ishangim@gmail.com

9044989139

**SKILLS** 

Empathetic

Creative

**Detail Oriented** 

Organized

Proactive

Multi Tasking

Psychometric

Collaborative

Persuasive & Communication

**LANGUAGE** 

English

Hindi

**EXPERIENCE** 

King George's Medical University , Lucknow Nov-19 - Dec-19

Clinical Psychology Intern

Fortis Hospitals, Bangalore May-19 - June-19

Psychology Intern

**Delhi public school, Lucknow** Apr-17 - Feb-18

School Counselor

ACE guidance, Navi Mumbai Dec-16 - Jan-17

Psychology Intern

**EDUCATION** 

Jain University, Bangalore 2018-2020

Master of Science - Psychology

National P.G College , Lucknow 2015 – 2018

**Bachelor of Arts** 

Loreto Convent 2015

10+2(Humanities/Humanistic Studies)

LICENSES & CERTIFICATIONS

**Coping with Stress of Coronavirus** 

Harvard Medical School, Harvard University

**COVID-19 and Mental Health** 

Certification by APA( American Psychiatric Association)

Online Workshop On Dialectical Behavioural Therapy

Certification by Cognizavest

Covid 19 Awareness and Management

Certificate by WHO(World health Organization)

**Psychotherapy** 

Complementary Therapist Accredited Association

**Criminal Psychology Certification** 

Udemy

Art therapy

Asha-the hope Foundation

Credentials Id-CA18560041

**Certification in Cognitive Therapy** 

NIMHANS(National Institute of Mental Health and Neiro Sciences)

**Rorschach Inkblot Test Workshop Certificate** 

Mastishk Centre for Behaviourak and Psychological Interventions

# ACHIEVEMENTS & AWARDS

Paper Presentation, Sept-2019 National Conference, Fortis Group of Hospitals

1st Position In Youth Conference Dec-2016, by Govt. Of India

Letter of Acceptance for Paper Presentation In International Conference in Czech Republic and Paris Conferences

# PUBLICATION

## We Own our emotions they don't own uz

Mar-2017 UGC Mindshare. ISSN 2229-4827 Vol 8 page no.1-10

### **Beauty lies Winthin- Mind Talk**

www.themindsjournal.com/beauty-lies-witjin-mind-talk/

## **VOLUNTEER EXPERIENCE**

#### Social Work 2013-15

Social services was part of our school initiative which taught us a lot about life skills at a personal level as well as gave those Children a smile on their Face

#### Mental Health Specialist Nov-2018

volunteer service's at Medical Health Camp

## **B** RECOMMENDATION

### **Gunjan Joshi(Clinical Psychologist)**

-"Ishangi is an organised, reliable, dedicated and sincere person. Throughout the time I have known her, she has demonstrated excellent interpersonal and communication skills. she is willing to work on any task provided to her and has a great skill set when it comes to work ethics and professionalism."

(www.linkedin.com/in/gunjan-joshi-a0b790111/)