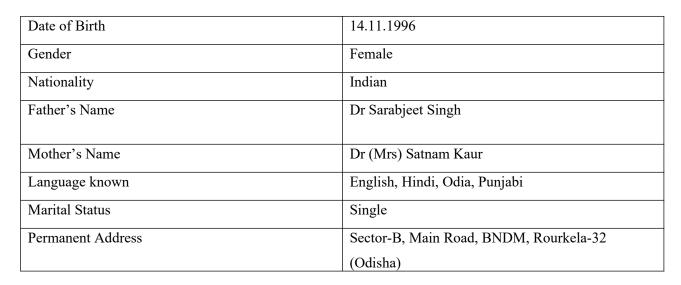
## SIMRAN AURORA

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aurora-04805415b/



## **Professional Summary**

Education and training in Psychology with a master's degree in clinical psychology. Enthusiastic and motivated, Self-starter with dynamic interpersonal, analytical and critical thinking skills. Looking for an opportunity to gain hands-on psycho-therapeutic experience. Eager to apply learned competencies in a practical, business setting. Detail-oriented, organized and meticulous with the ability to work at a fast-pace with tight deadlines.

## **Work History**

**Volunteer**: 05/2020 to 07/2020

### Manastha Mental Health Solutions Pvt Ltd.

- Attended online sessions and webinars as a part of the training program to deal with anxiety and other associated issues for clients during the times of COVID-19
- Made video assignments and creative writing blogs related to mental health awareness as a part of the training program



**Master's in psychology:** 06/2018 to 07/2020

## Christ University – Bengaluru, KA

- Conducted psycho-diagnostic tests on participants and analysed them as a part of the course curriculum for community service
- Held the post of class representative of the psychology association under the Deanery of Humanities and Social Sciences and organized mental health awareness programs in the year 2018-19
- Former intern at ACTS and YFS (NGOs) in Bangalore as a part of Community Service programs for a span of nine months (June 2018 February 2019)
- Attended National and International conferences at the university level for topics such as Autism and Cognitive Neuropsychology
- Undertook credit courses for Psychoanalysis and Cognitive Neuropsychology study groups
- Undertook credit courses for Forensic Psychology and Cognitive Behavioural Therapy
- Submitted a research manuscript as a part of the curriculum of MSc Clinical
  Psychology titled "Effect of Caffeine Consumption on Performance in Tasks of
  Executive Functions" and presented the same at the National Conference of Indian
  Association of Clinical Psychologists held in the month of February 2020 at
  Chandigarh
- Interned at the Department of Psychiatry, Lady Hardinge Medical College and Hospital, New Delhi for a period of one-month and gained hands-on experience of history taking, diagnosis and assessments
- Interned at SOHAM neurodevelopment centre, Axxonet system technologies,
   Bharathi Layout, Bangalore for a span of four-months and gaining hands-on experience of psychodiagnostic formulations, assessments and assisting in research studies involving EEG, EMG, BEOS and Neurofeedback training
- Former intern at Spandana Psychiatric Nursing Home, Rajajinagar, Bangalore for a period of one month and gained hands-on experience of history taking, diagnosis and assessments

 Former intern at SuVitas Transition Rehabilitation Care (Domlur, Bangalore) for a span of three months and attending individual clients who need cognitive rehabilitation

### **Education**

10<sup>th</sup>: 2013

#### GURU NANAK PUBLIC SCHOOL - Rourkela, OD

- Recipient of National Science Scholarship and National Scholarship for Meritorious
   Single Girl Child for 2 years
- Secretary of the Interact Club under Rotary International
- Graduated with 10 CGPA (95%) in the CBSE board's examination

12th: 2015

### GURU NANAK PUBLIC SCHOOL - Rourkela, OD

- Received UDAAN scholarship by CBSE for meritorious performance
- Graduated with 88.6% in science stream (PCMB)
- Graduated in Top 10 of Class
- Elected to the position of House Captain

**Bachelor of Arts in Psychology: 2018** 

#### GOVERNMENT AUTONOMOUS COLLEGE – Rourkela, OD

- Majored in Psychology with Political Science and History as Generic Electives
- Awarded Best Student in the Final year of college
- Graduated with 9.5 overall GPA and 10 GPA in the 6th semester
- Dissertation: Parental Influence on Career Choices among College Students
- College Rank 1 in the stream of Humanities and Social Sciences

Master's in psychology (Clinical): Current

CHRIST UNIVERSITY – Bengaluru, KA

 Scored 3.75, 3.89 and 3.93 GPA out of 4 respectively in the first, second and third semester examinations and awaiting the results for Final semester in the first week of July

# **Skills**

- Self-motivated
- Strong verbal communication
- Extremely organized
- Interpersonal and written communication
- Public speaking
- Analytical and critical thinking
- Active listening

### Others:

Trained in Indian classical music, dance and fine arts. Intend to use these modalities in addition to psychology for future endeavours.