

MEDHA MISHRA

Contact Number – 9519854535

E-Mail -medha08mishra07@gmail.com

Respected Sir/Madam

I have completed my **post graduation in psychology** from **National P.G. College** in June 2018. I have done internship in **counseling psychology** from **Christian Counseling Center, Vellore** and in **clinical psychology** from **Vinay Neuro Clinic in Lucknow**. I have completed my **graduation in English and Psychology** from National P.G. College and have a **Certificate in Guidance** from IGNOU. My duration at National P.G. College has taught me to be hardworking, disciplined and be self-confident.



I am armed with necessary skill sets and an ambition to achieve and help; I seek an opportunity to be a part of an excellent organization. I am **highly motivated** and eager to learn new things with strong **motivational and leadership skills** and ability to produce best results under stress. I have ability to work as an individual as well as a team. I am currently working as counselor in **International Research and educational council**.

Attached herein is a brief overview of my knowledge and resume for further reference

Regards,

MEDHA MISHRA

Contact Number – 9519854535

E-Mail -medha08mishra07@gmail.com

Personal Details

Father's Name-Mr. Sudha Kant Mishra

Mother's Name-Mrs. Indira Mishra

Date of Birth- 25 July 1996

Address - B -1314, Indira Nagar, Lucknow

Contact Number- 9519854535

Languages Known- English and Hindi

E-mail Address- medha08mishra07@gmail.com

Education

- M.A. in Psychology from National P.G. College(June 2018)
- B.A. in Psychology and English from National P.G. College(June 2016)
- Class XII (CBSE Board) from H.A.L. School, Lucknow(March 2013)
- Class X (CBSE Board) from H.A.L. School, Lucknow(March 2011)

Other Academic Achievement

1. Certificate in Guidance-83% from IGNOU
2. Currently enrolled in Post Graduate Diploma in Counseling and Family Therapy from IGNOU.

Academic Activities

1. Attended **12th Annual Conference of Indian Association of Private Psychiatry UP:UK** from 10-11 september.
2. Attended **Awareness Campaign on Consumption of Foods High in Fat, Salt and Sugar (HFSS) for Young and Adolescents** on 30th January, 2017 organized by NIPCCD, Lucknow.

MEDHA MISHRA

Contact Number – 9519854535

E-Mail -medha08mishra07@gmail.com

3. Attended **4th International and 6th Indian Psychological Science Congress** from 18-20 September, 2017.
4. Attended **3rd International Conference of Indian Academy of Health Psychology** from 12-14 November, 2017.
5. Attended **National Seminar on “Affordable Health Care”** on 24th March, 2018.

Experience

1. Worked under Dr. Abhinav Pandey, M.B.B.S, D.P.M, D.N.B(Psychiatry), M.D. (Psychiatry) from 7th June- 11th July, 2017.
2. Worked under Ms. Juhi Prashar (Clinical Psychologist, Vinay Neuro Psychiatry Center) from 7th June-11th July, 2017.
3. Christian Counselling Centre, Institute for Human Relations, Counselling and Psychotherapy from 3rd -4th January, 2018.
4. International research and educational council 1st of April, 2019 to 30th of September, 2019, working as a counselor in collaboration with a missionary school.

Soft Skills

- Good orator
- Effective interpersonal interaction
- Effective problem solving
- Proactive and innovative
- Good listener

Declaration

I declare that the above mentioned details are true to the best of my knowledge and belief.