

# CURRICULUM VITAE

## SIMRAN KAUR

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### CAREER OBJECTIVES:

1. To apply my skills and expertise in diagnosing, handling, counseling and providing support to patients who are going through emotional, intra-and inter-personal and psychological struggles.
2. To contribute to the development and progress of the esteemed organization by working in favor and for the betterment of the organization.

### EDUCATIONAL QUALIFICATIONS:

- M.A Psychology (Clinical) from IGNOU result awaited.
- **B.Ed** from **Lady Irwin College**, with specialization in education and technology and core subjects: pedagogy of science and home science.
- Completed graduation in home science (**B.Sc Pass Home Science**), specializing in **Human development and childhood studies(HDCS)** from Lady Irwin College, University of Delhi, 2015 with 1<sup>st</sup> Division.
- Passed Central Board of Secondary Education (CBSE), in the year 2012 with **82.75%** from **Holy Child Senior Secondary School**, Tagore Garden, New Delhi.
- Passed Central Board of Secondary Education (CBSE), in the year 2010 with a CGPA of **7.6** from **Holy Child Senior Secondary School**, Tagore Garden, New Delhi.

**TEACHING EXPERIENCE:** Having 1 year and 7 months of experience as PRT in B.G.S International Public School, Dwarka, New Delhi.

### INTERSHIPS:

- Completed 3 months of internship at Ganga Ram Hospital under registered Psychologist.
- Completed 240 hours of internship under Psychologist Deepali Batra.
- Completed **5 months of teacher training** from in Government Girls Senior Secondary School, Ashok Nagar, New Delhi.
- Interned at Amarjyoti NGO Karkardooma, New Delhi in the month of June in the year 2016.
- Observed the working and infrastructure set up of government girls senior secondary school, Patel Nagar.

### **RESEARCH:**

- Currently doing research on A correlational study on the marital adjustment and satisfaction among married couples..
- Research being pursued on the topic “Multicultural education in classroom” in the year 2016.
- Research conducted on the topic “Transgender differences ” in the year 2015.

### **EXTRA-CURRICULAR ACTIVITIES:**

- Conducted community program on “**ADOLESCENCE**” during school internship.
- Organized and conducted a school project “**PROBLEMS FACED DURING ADOLESCENCE PERIOD**”.
- Prepared the students for a science debate and science drama during school internship.
- Participated in a community project of “**Each One, Teach One**” held in Lady Irwin College in the year 2014.
- Participated in various skits and drama during school.

### **WORKSHOPS:**

- Attended three day workshop on Rorschach-Exner System from FORTIS.
- Attended webinar conducted By American Psychiatric Association (APA) on
  - Serious mental illness and COVID-19
  - First episode Affective Psychosis: Diagnostic and Treatment considerations.
  - COVID-19 and mental health: Caring for the public and ourselves.
- CBT workshop by Brain Behavior research foundation of India.
- Attended workshop on “Optics” held at Lady Irwin College, 2017.
- Attended workshop on CCE by Mrs.Shweta, Assistant Directorate at CBSE, held at Lady Irwin College in 2016.
- Attended lecture by Prof. Krishna Kumar(CIE) on “Equity and Equality” held at Lady Irwin College in 2016.
- Attended workshop on “Mindfulness in Teaching” held at Genesis Global School, Noida in 2016.
- Attended workshop on “Cyber Crime”, held at police station, Barakhamba Road, New Delhi in the year 2016.
- Attended workshop on Self-Defence held in Lady Irwin College in the year 2015.

### **HONORS AND REWARDS:**

- Stood first in psychology symposium in school.
- Merit certificate for passing the national talent search contest organized in school.
- Merit certificate for being second in skit competition on saving mother earth organized in school.
- Merit certificate for being 3<sup>rd</sup> in Hindi recitation competition organized in school.
- Merit certificate for being 1<sup>st</sup> in reciting the self composed poem organized in school.

### **FIELD VISITS:**

- Bal sahyog
- Blind relief association
- SOS village
- ICDS centre
- CRY NGO
- DIET
- NCERT
- Jamia Milia Islamia
- Amity University
- Mother Dairy
- National Science Centre
- National Gallery of Modern Art
- Crafts Museum
- Central Institute of Education
- Vidya bhawan institute (Udaipur)
- Narayan seva sansthan (Udaipur)

### **SKILLS AND INTERESTS:**

- Leadership qualities
- Good communication skills
- Proficient in using Prezi
- Proficient in MS office
- Fluent in spoken English
- Reading
- Travelling

