

Naman Jassal

Dedicated and creative freshman

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EDUCATION

Dr Bhim Rao Ambedkar college

University of Delhi,
B.A. (Hons.) APPLIED PSYCHOLOGY

- pursuing in 2nd year
- Complete in 2021
- Last semester CGPA-7.36

EXPERIENCE

- **Moolchand Medcity Hospital**
 - INTERNED FOR A PERIOD OF 2 MONTHS
 - Worked as a “Counsellor”
 - Dealing with case histories, observing sessions of ADHD
 - Psychological testing, Occupational therapy, Speech therapy
 - Worked in “Smartgram initiative”
 - IQ assessment, conducting training workshops and Counseling sessions with teachers and students
- **Tihar Central Jail**
 - INTERNED FOR A PERIOD OF 2 MONTHS
 - Worked as a “psychologist”
 - Dealing with screening and assessment of inmates from PFA’s Psychological First Aid.
 - Currently working on research work in Tihar jail premises regarding aggression among inmates.

PROJECTS

You’re a Wonderful Project — They aim towards Mental Health Awareness + Peer Counseling

- Worked as a “Facilitator”
- Conducted workshop in many schools and spread awareness about anxiety and depression situations faced by students in their school life
- Punctual at every meeting and explored new creative strategies to help students to combat their difficulties

SKILLS

- Punctuality and Creativity
- Management skills
- Calligraphy

AWARDS

- Workshop attended:
 - Children apperception test
 - Borderline personality disorder
- Volunteer in Psychology and Society Interface: special lecture in the college premises
- Attended “Mental Health Festival” organized by MHF(India), AIIMS Certificate ID: MHFI/FEST/18/C333
- The “Student Coordinator” of the SUICIDE PREVENTION SUMMIT 2019 in college.

LANGUAGES

English and Hindi