

Diva Kohli

Psychologist/ counsellor

Delhi, Delhi

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To seek a position where I can utilize and enhance my knowledge of psychology. I want to be a part of organization where I can contribute to the growth & development of the company. I want to be in a position in the organization where my analytical and technical skills can help me to improve the company's profitability.

Work Experience

Internship

Sambandh Samiti deaddiction centre - Delhi, Delhi

May 2019 to June 2019

Case history taking was practiced.

Motivational speeches were observed

Internship

Dr Rohit Garg's Mind Vriksha Clinic - Delhi, Delhi

February 2019 to June 2019

Practised case history.

Observed psychotherapy sessions

Gained knowledge on some of the psychological disorders.

Internship

Pushpanjali Medical Centre - Delhi, CA

August 2018 to October 2018

Internship in under the guidance of Ayushi Madaan, Clinical psychologist

Practiced case history (for adults and children)

Practiced mental status examination.

Assessments were practiced -

Draw a Person Test,

Hamilton Anxiety Rating scale,

Hamilton Depression scale and

Yale Brown obsessive Compulsive scale

Internship

Resonate Psychology Organization - Gurgaon, Haryana

June 2017 to June 2017

1st Jun -

30th Jun 2017 Resonate Psychology Organization Gurugram, India

Experience of theoretical and practical learning including counselling skills (in deaddiction centre)
Observed case history taking sessions
Role play of counselling skills was practiced

Education

Master's in Clinical Psychology

Amity Institute Of Psychology and Allied Sciences, Amity University - Noida, Uttar Pradesh
2018 to 2020

Bachelor of Arts (Honors) in Applied Psychology

Shyama Prasad Mukherjee College, Delhi University - Delhi, Delhi
2015 to 2018

Skills / IT Skills

- Great learner, Good listener, analytic skills, empathetic, problem solving

Additional Information

- Participated in workshop on 'Happiness, Satisfaction and Adjustment' at Psy - fi.
- Certification from Vision Special School on successful completion of Case Study on Atypical Issues (practical).
- Learned a basic level of Graphology in Workshop.
- Participated in educational activity entitled COVID - 19 and Mental Health: Caring for public and ourselves.
- Participated in online workshop on SELF - HYPNOSIS.
- Certification of the completion of QPR Suicide Prevention Gatekeeper Programme.
- Participated in workshop of stress Management
- Completed 40 days volunteering services under the guidance of Manastha Counselling services