

EDUCATION

Master of Arts (Clinical Psychology)

August 2018 - Present

Modern College of Arts, Science and Commerce, Savitribai Phule Pune University, Pune, India

Current SGPA: 9.25

Thesis: *“Correlational study of the relationship between humour, stress and psychological well-being among young adults.”*

Bachelor of Arts (Psychology)

June 2015- May 2018

Savitribai Phule Pune University, Pune, India | First Class

Maharashtra State Board of Higher Secondary Education

June 2013- May 2015

Abasaheb Garware College, Pune, India

OBJECTIVES

I am a sincere and hardworking individual with a keen interest in psychometry and research. I want to work in a dynamic environment where I can apply and enhance my skills in the development of standardized psychological tools. I have good analytical and research skills. Proficient with using statistical tools for data analysis. Now seeking to make a career and explore the field of psychometry.

RESEARCH EXPERIENCE

➤ Research Associate

July 2020 - Present

COVID-19: Survey cum research for Pune Police and Pune Police Research Department by Manahrsrushti (NGO)

Description: Pune Police wanted to analyze the effects of lockdown on society. The main aim is to understand the mindset of people belonging to different strata of society, coping mechanisms used during lockdown, reasons for stress, depression, addiction, suicidal ideation and criminal tendencies.

➤ Core Researcher

May 2020 – June 2020

Conducted an independent group research during COVID-19 Pandemic

Title: A Correlational and Comparative study of perceived stress, intolerance of uncertainty and resilience among students and working individuals during the COVID-19 Pandemic.

INTERNSHIP EXPERIENCE

➤ Department of Mental Health, Fortis Healthcare | 50 hours

July 2020

➤ Sassoon General Hospital, Pune | 28 hours

January 2020

- Observership in intellectual disability OPD
- Observership in General psychiatry OPD, ward and rehabilitation center

➤ Dr. Niket Kasar's Clinic, Pune | 400 hours

October 2019 - February 2020

- Recording case history
- Observation of therapy sessions
- Individual psychometric testing for varied disorders

➤ EMOTICONS, India in Psychological Tool Development

February 2019 – January 2020

- Test conceptualization
- Constructing test items
- Selecting the scaling method and scoring key
- Item analysis
- Standardization of test
- Constructing test manual

PUBLICATIONS

- Shreya Shitole (2020). “Study of the relationship between humour, stress and psychological well-being in young adults”. *International Journal of Advance Research, Ideas and Innovations in Technology*, 6(3).
- Shreya Shitole, Ketaki Joshi, Shruti Kate, Shachi Kashikar, Pranita Date (2020). “A correlational and comparative study of perceived stress, intolerance of uncertainty and resilience among students and working individuals during the COVID-19 Pandemic”. *International Journal of Advance Research, Ideas and Innovations in Technology*, 6(3).

WORKSHOPS & CERTIFICATES

- Two-day national workshop on Development and Standardization of Psychological Tests by Department of Psychology, Karmaveer Bhaurao Patil College, Vashi. The workshop included test construction, item analysis, overview of SPSS, test manual construction.
- IBM SPSS Foundation Course
- IBM SPSS AMOS Foundation Course
- Statistics for researchers: Understanding mediation, moderation and beyond.
- Questionnaire design for Social Surveys.

SKILLS

- Basic SPSS
- Basic AMOS
- Microsoft Office
- German proficiency (till C1.1)