

Ashu Sharma

school counselor - Rose Land Public School

Gurgaon, Haryana

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91-8826075828

To work as a psychologist in an environment which offers an opportunity to enhance my skills and gain valuable experience.

Academia

Willing to relocate: Anywhere

Work Experience

school counselor

Rose Land Public School - Khanna, Punjab

September 2018 to Present

IQ assessment-Comprehensive test of non-verbal intelligence, Reynolds intelligence assessment Tests, Detroit test of learning aptitude, Wide range intelligence test, bhatia's battery of performance test of intelligence etc.

⇒ Achievement assessment- Diagnostic achievement test for adolescent-2 etc.

⇒ Personality assessment - TAT, Rorschach Test, 16 PF Personality inventory, NEO-4, Personality inventory for children-2, MMPI-2, EPI etc.

⇒ Therapeutic Intervention- Individual Counseling, Group Counseling, Parent counseling, Marital Counseling, Student Counseling, Exposure and response prevention therapy, Family Therapy, Group Therapy, Cognitive Behavior Therapy, Behavior Modification Programs, Improving Attention Concentration.

Achievements and other information

⇒ Weekly field practice at VIMHANS hospital for a period of 9 months as a part of our curriculum at AUH.

⇒ Weekly field practice at Citizen hospital and de-addiction center for a period of 1 months as a part of our curriculum at AHU.

⇒ Minor in Biomedical from Amity University Haryana 2013- 2016.

⇒ Certificate course in Behavioral Science from Amity University Haryana 2013- 2016.

⇒ Certificate course in English and Communication Skills from Amity University Haryana 2013- 2016.

⇒ Certificate course in French Language from Amity University Haryana 2013- 2016.

⇒ Summer internships at The O.C.D clinic under the reverend guidance of Dr. Summant khanna senior consultant psychiatrist NIMHANS, Bangalore.

⇒ Attended workshop on research conduction and project report writing.

⇒ Completed many 11 days residential Vipassana meditation course.

Projects undertaken

⇒ Gender difference in the experience of job burnout and professional life stress among Gurgaon private school teachers.

Education

Diploma in post graduate diploma in guidance and counseling

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September 2018 to December 2019

M.A in Applied psychology

Amity University

B.sc in (H) Clinical psychology

Amity University

Skills / IT Skills

- IQ assessment, Achievement assessment, Personality assessment, Therapeutic Intervention (1 year)