

DIVYA CHAVALY

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D1/11, ONGC Housing Complex,
14. Park road, Anna Nagar West Extension
Chennai-600101

PERSONAL DETAILS

Date of Birth : 24/ 07/ 1998

Gender : Female

Marital Status : Not married

EDUCATION

MSc Applied Psychology
PSG College of Arts & Science, Coimbatore June 2018 - Present
Percentage (SEM 3)- 79%

BSc Psychology,
Ethiraj College for Women, Chennai June 2015 - May 2018
CGPA- 7.7 *First Class with Distinction*

PUBLICATION

Chavaly, D., & Naachimuthu, K. P. (2020). Human nature connection and mental health: What do we know so far? *Indian Journal of Health & Wellbeing, 11*.

RESEARCH EXPERIENCE

Framing a Green Charter for a Higher Education Institution Ongoing
PSG College of Arts & Science
Advisor: Asst. Prof. Mr. K. P. Naachimuthu

Bridging the Mental Health Gap in India from a Bottom-Up approach: A review of digital platforms Ongoing
LonePack

PROFESSIONAL TRAINING/ CERTIFICATIONS

UGC NET Qualified (for Assistant Professor), June 2019
E-Certification No: JUN19U07063

Outcome-based Pedagogic Principles for Effective Teaching

NPTEL Online course, Dec 2018

Description: Bloom's Taxonomy, Syllabus framing, Testing and Evaluation

PROFESSIONAL AFFILIATIONS

LonePack (NGO) – www.lonepack.org , 2019 – Present

Description: Youth-led NGO promoting mental health awareness registered under the provisions of the Tamil Nadu Societies Registration Act of 1975

Position: Research Lead (**Volunteer**)

Duties include developing and coordinating projects under the research wing of the organization, as well as to inform blog articles and social media awareness posts with relevant research and data.

Current Project: LonePack Buddy is an online peer-support system intended to serve as a psychological “first-aid”. As the Lead, I overlook the operations for this system as well as coordinate the updating and evaluation of the training module for volunteers serving in this system.

LANGUAGES

English: Distinguished-level proficiency in Listening, Speaking, Reading and Writing

Tamil: Advanced-level proficiency in Listening and Speaking

Hindi: Advanced-level proficiency in Listening, Speaking and Reading

French: Novice-level proficiency in Listening, Speaking, and Reading

COMPUTER SKILLS

Well versed with SPSS software, Microsoft Office Excel, Word and Power-point

OTHER

- Avid Reader and Debater
- Participated in several Model United Nations conferences
- Coordinated literary, debate, and department events at collegiate level
- One among top 30 to be selected from across the country by Participatory Research in Asia (PRIA), Delhi to participate in the “Youth for Democracy” forum.

REFERENCES

Mr. K. P. Naachimuthu, Assistant Professor

Department of Psychology

PSG College of Arts & Science

Email: kpnaachimuthu@psgcas.ac.in

Dr. Jothimani T, HoD

Department of Psychology

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Ms. Samiya Nasim, Co-Founder

LonePack

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