# Radhika Goyal

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## Education

# **MSc Health Psychology**

Northumbria University, Newcastle upon Tyne, England, United Kingdom 2019

The program is a BPS-accredited Stage1program.

• MSc Thesis:

A qualitative research paper investigating the shift in health behaviors (smoking, drinking, sexual, sleep, diet, and exercise) of international undergraduate and postgraduate students. The impact of the social circle on these health behaviors and their influence on self-esteem levels. Data was collected using semi-structured interviews and was analyzed qualitatively using thematic analysis in the NVivo program.

#### **BSc Home Science**

University of Delhi, Delhi, India 2017

- Specialization in Human Development
- Certificate course in "Early childhood and Development" (2016). Completed with 'Grade A' result.

## High School (Class 12<sup>th</sup>)

Rukmini Devi Public School

2014

Specialization: Medical

## Middle School (Class 10th)

Rukmini Devi Public School

2012

### **Diploma**

Clinical hypnosis- Indian Hypnosis Institute
[2019]

### **Certificates**

- COVID-19: Psychological First Aid-Public Health England, July 2020
- Overcoming Imposter Syndrome: