

SHUFRA ALI

72/A DR SUDHIR BASU ROAD,
KOLKATA- 700023.

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CAREER OBJECTIVES

To work with an organization that can utilize my skills and aptitude in a right way by which I can become part of their development and give me responsibility and challenges with an opportunity to grow.

ACADEMIC BACKGROUND

EXAMINATIONS PASSED/NAME OF THE INSTITUTION	UNIVERSITY OR BOARD	SUBJECTS TAKEN	YEAR OF PASSING	PERCENTAGE OF MARKS
10 th St.Thomas Girls School.Kolkata.	ICSE	Science	2013	85%
12 th St.Thomas Girls	ISC	Physics, Chemistry,Math	2015	85.25%



School.Kolkata.		s, Biology		
BA in Psychology(Hons) Gokhale Memorial Girls College.	University of Calcutta	Psychology	2018	64.83%
MA in Applied Psychology. College of Science,Technology and Agriculture(CU)	University of Calcutta	Clinical and Forensic Psychology	2020	70% (till semester 3) Results Awaiting(Final Semester)

WORK EXPERIENCE

Name of the post held	Name of the Organization	Period of Work	Nature of Duties
Internship	ANTARA Psychiatric Centre,Kolkata.	06 days	1)History taking and Mental Status Examination of Adult and child psychiatric patients. 2)Psycho-social



			<p>interventions of chronic and acute psychiatric patients.</p> <p>3) Programmes of Intervention for Chemical Dependent Individuals.</p>
Internship	BODHI PEET home for Mentally Retarded Children.Kolkata.	05 days	IQ assessment of child inmates.
Internship	Calcutta Pavlov Hospital.Kolkata.	1 month	<p>1) History taking and Mental Status Examination of adult and child psychiatric patients.</p> <p>2) Assesment and diagnosis of psychotic disorders, personality disorders, mood disorders, anxiety disorders and psychosomatic disorders.</p> <p>3) Administration and Interpretation of Projective techniques for personality assessment.</p>



ACHIEVEMENTS

- Completed First degree of Extensive Handwriting Analysis Course from Kolkata Institute of Graphology (KIG).
- Completed and submitted Dissertation in Department of Applied Psychology University of Calcutta titled “ A COMPARATIVE STUDY OF METACOGNITION,RUMINATION,THOUGHT CONTROL,MINDFULNESS AMONG OCD PATIENTS AND THEIR NORMAL COMPARABLE COUNTERPARTS.”
- Participated in the NATIONAL LEVEL PSYCHOLOGY QUIZ 2020 organized by Department of Psychology,Maniben Nanavati Women’s College, Mumbai.
- Participated in NATIONAL SEMINAR ON NEURO-DEVELOPMENTAL DISORDERS AND ASSOCIATED DISABILITIES organized by Department of Psychology, University of Calcutta.

SKILLS

- Extensive active listening and communication skills, giving full attention to patients and taking the time to understand their point of view.
- Critical thinking and complex problem-solving skills demonstrated daily to help determine the best course of action for patient care.
- Excellent knowledge in MS-WORD, POWERPOINT,SPSS.

PERSONAL INFORMATION



Name: Shufra Ali
Father's Name: Sk. Shawkat Ali
Mother's Name: Bushra Ghazali
Residential Address: 72/A Dr Sudhir Basu Road. Kolkata- 700023
Marital Status: Unmarried
Language Known: Hindi, Bengali, English
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