

# TINA UNHARIYA

## THIRD YEAR BA

currently doing a double majors in economics- psychology from Sophia College For Women, Mumbai.

## SKILLS

- Organisation and time management
- Team work
- Communication skills- Verbal
- Computer skills- MS office
- Public Speaking
- Social Skills

## CONTACT DETAILS

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## EDUCATION

10th standard – Bhavans B.P. Vidya Mandir, Civil Lines, Nagpur

- 8.8 CGPA

12th standard- Bhavans B.P. Vidya Mandir, Shrikrishna Nagar, Nagpur

- Humanities stream

Subjects: Psychology, English, Political Science, Sociology, Economics  
85.8%

## EXPERIENCE- ACADEMIC

- 4 months internship with GRIT Sport and Exercise Psychology Consultancy, Mumbai- Sports Psychology. (December, 2019- March 2020)
- 1 month internship at Manahsparsh, Nagpur – Career Counselling.
- 2 months training at GRIT Sport and Exercise Psychology Consultancy, Mumbai- Sports Psychology.
- 2 hrs training with Manahsparsh and Inner Planet, Nagpur- Psychotherapy and counselling skills.
- Completed a certificate course on “Social Work” with an A grade in the year 2018.
- Completed a certificate course on “Social Research Methods” in the year 2019-2020.

## EXPERIENCE- EXTRA CURRICULAR

- “My Captain” Organisation Committee- conducted events like “Connect” and “LitUp”
- Volunteer of “Teach For India” – help the authorities with the paper correction and teaching the children.
- Volunteered with “Resource Partner”- Prepared a PPT on Leadership Knowledge and Learning Initiative”.
- Volunteered with “N.S.S.” from year 2017-2019.
- Projects – Health and Hygiene, Swachh Bharat Abhiyan and Road Safety.
- 130 hours of volunteering.
- Exhibited an experiment on Selective and Divided Attention at Psycho-Galaxy Fest in Hislop College, Nagpur
- Volunteered in MunSophical- MUN organised by the Sophia college, Mumbai
- Assistant Coordinator of team “Fundamentals” of Sophia College Fest called “Kaleidoscope”.
- Volunteered for the intercollegiate Psychology Fest organised by the department of Psychology of the Sophia college in August 2020.