

## ARUSHI AGRAWAL

Contact No: +91-9582215277  
Email: aggarwalarushi958.aa@gmail.com  
Date of Birth: 29th February 1996  
Address: 383 AGCR Enclave, Delhi 110092



### Career Objective:

I would like to build a strong foundation in the field of psychology and apply my knowledge and experience to contribute to the society at large.

### Educational Qualification:

Grade Level	YEAR OF PASSING	BOARD/UNIVERSITY	Subject	CGPA
MPhil (Currently Pursuing)	2018-2020	AMITY UNIVERSITY	Child and adolescence Psychology	9.4
POST GRADUATION	2016-2018	AMITY UNIVERSITY	Counseling Psychology	6.68
GRADUATION	2013-2016	AMITY UNIVERSITY	Applied Psychology	5.80
12 <sup>th</sup>	2012	Vivekanand Public School (C.B.S.E.)	Commerce	6.47
10 <sup>th</sup>	2010	Kanha Makhan Public School (C.B.S.E.)		7.84

### Training Pursued:

- 2 Month internship in Amarjyoti charitable trust as an intern
  - MSE taking
  - IQ test
  - SQ test
  - DQ test
  - Conducted various activities to build rapport
  - Conducted activities with parents and teacher

- 2 Month internship in Four steps School(Special School) as an intern
  - Observed the children whole doing work.
  - Helped teachers in art and craft.
  - Helped in making worksheets for the children.
  - Helped raising fund for the school by making bags.
- 2 Month internship in Cambridge Montessori School as an Intern
  - Assisted teachers in conducting various activities
  - Participated in daily activities with the teachers and students
  - Interacted with the principal and told some effective tools for teaching
  - Helped teachers and students with the daily routine activities
- 2 Month internship in Delhi psychiatric center as an Intern
  - Responsibility to take the case studies
  - Observe the patients problems
  - MSE taking
  - Conduct various activities for patients in IPD
  - Conducted various activities for patients in day care
- 1 Month Internship in MANTRA Clinic as an Intern
  - MSE taking
  - Observe patients
  - Case history taking
- 1 Month Internship in VIMHANS as an Intern
  - Art therapy
  - Music therapy
  - Hypnotherapy
  - Observe the patients problems
  - MSE taking
  - Conduct various activities for patients in IPD
  - Conducted various activities for patients in day care
- Worked as a Volunteer in UMEED
  - Teach students from slum areas
  - Interact with underprivileged children and their families.

#### Technical Skills:

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- **Operating Systems :** MS DOS, Windows 98, NT, 2000, XP, 7, 8
- **Application software:** Ms Office (Excel, word, PowerPoint)

#### Achievements:

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- Learnt draw a person test and house tree person test for children from KARMA COUNSELLING CENTER .
- Participated in the study abroad programme (SAP) – London , UK for one month.
- Completed a certificate course from British Council, Cp.
- Awarded for efficient performer in organizing events.
- Represented school girls hockey team and played zonals .
- Bagged 2nd position in folk dance in interschool competition .
- LOR from UMEED(NGO).

### Courses Learnt

- Developmental psychology
- Basics of neuropsychology
- Educational psychology
- Introduction to psychopathology
- Organizational psychology
- Counseling skills
- Positive interventions

### Strength:

- Excellent at follow-up & detail, extremely efficient.
- Good communication skills.
- Patience.
- Good Listener.
- Always ready to face with a friendly attitude.
- Strong skills in time management, prioritizing tasks and meeting deadlines.

### Personal Vitae

- **Father's Name:** Mr. Arun Agrawal
- **Languages known:** Hindi, English
- **Hobbies:** Dancing, listening to music, travelling.
- **Permanent Address:** 203, AGCR Enclave, New Delhi-110092
- **Current Address :** 72, Bahubali Enclave (2<sup>nd</sup> floor), New Delhi-110092

### Affirmation & Solemn Declaration:

I hereby declare that the information furnished above is true to the best of my knowledge and I will be the sole responsible for any misinformation.

Place: Delhi

[ARUSHI AGRAWAL]