



# Namratha M

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## Career Aspiration

*To use my knowledge and principles acquired in various subjects of Psychology and work experience to the maximum in your Company as Intern Research Psychologist.*

## Competencies

- *Creative Thinking*
- *Oration*
- *Collaboration*
- *Counselling*

## Soft Skills

- *Good Communication*
- *Data Analysis*
- *Incorporating Feedback*
- *Adaptability*
- *Artistic Sense*
- *Problem Solving*

## Languages

**English | Kannada | Hindi**  
*Bilingual Proficiency*

## Professional Experience

### Research Intern

*National Institute of Advanced Studies NIAS, IISC.  
March 2020- April 2020*

Review of literature, data collection from Google trends application, Personality Studies, extracting data from Government reports, research papers, news articles, Proof reading and Statistical Analysis for the Research Project.

### Clinical Observer & Intern

*People Tree Hospitals - Mind Care & People Tree  
Maarga. June 2019- July 2019*

Counselling of Follow up cases, observing counselling sessions of different cases like depression, Schizophrenia, Acute Psychotic disorders, ADS etc.; Taking case history, conducting Psychometric tests on patients, conducting activities for inward patient

### Intern

*Nachiketha Manovikasa Kendra December 2018-  
January 2019*

Conducting Psychometric tests like VSMS, Seguin form board test, BKT, Counselling Parents, taking case history and conducting activities for children

### Clinical Observer & Intern

*Dr. S. R. Chandrasekhar Institute of Speech and  
Hearing. December 2017-January 2018*

Observing the Assessments performed by Psychologists, Observing Behavioral therapy given to children, conducting activities and assisting Clinical Psychologists.

## Interests

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- *Pencil Drawing*
- *Painting*
- *Literature*
- *Visual Arts*

## Honours & Awards

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### Rank Holder

Ist year M.Sc Psychology, SDM PG College, Ujire

Student English Editor

### Mrs. Mary Kodanada Rao prize

*Bangalore University for having secured the highest marks in under graduation*

### Appreciation from Acharya

Institutes of Graduate Studies

*Outstanding Performance in academics, 2015-2018*

## Personal Data

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D.O.B: 15. July. 1997

Nationality: *Indian*

Address: #06, 'Shivakrupa Nilaya',  
Hanumantha sagara road,  
Madhanayakana Halli, Bengaluru,  
Karnataka, 562123

## Research Projects

- Research Paper Presentation on "Perception of Career and its Barriers among Middle Class Young Adults" in two days National level Conference on "Transcending Barriers for a better future" - 2020.
- Research Paper Presentation on "Social Responsibility of the Doctors in Health Promoting lifestyle" in two days National level Conference on "Civic Consciousness"- 2019
- Paper Presentation on "The preference in learning process through audio-visual and kinesthetic aid" at Mediatron UGC Sponsored National Media Symposium 2017.

## Academic Qualification

- M.Sc Clinical & Counselling Psychology (Pursuing) SDM College, (Autonomous) Ujire, Affiliated to Mangalore University.  
Avrg CGPA: 8.11
- Bachelor of Arts (Psychology, Journalism, Optional English) Acharya Institutes of Graduate Studies, Bangalore University.  
CGPA: 8.7

## Workshops & Certifications

- Five Day Psychi refreshing camp based on Psychotherapy by Father S M P Staney C Sc R Counselor and Psychotherapist, Redemptorist Father St Anthony's Church, Tamilnadu.
- 15 hours Orientation Programme on "Basic Counselling Skills" by Muktha Foundation.