

# Manisha M

Madurai, Tamil Nadu

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9677398549

Strive hard to achieve my personal goal and give my full potential to contribute to the next level of development for the organization.

Willing to relocate: Anywhere

## Work Experience

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### Content Writer

Mindsprite examrace - Madurai, Tamil Nadu

December 2019 to Present

9. Won First prize in Verse writing competition conducted in connection with National Youth Awakening Day at Manonmaniam Sundaranar University, Tirunelveli on 15th October 2018
10. Won Proficiency prize in first year M.sc Psychology, Manonmaniam Sundaranar University, Tirunelveli
11. Participated in International quiz on STEM CELLS AND REGENERATIVE MEDICINE, Tokyo, Japan

### CONFERENCE/ SEMINARS/ WORKSHOPS ATTENDED

1. International Conference on "Emerging trends in Psychology" Madras University, Chennai.
2. International Conference on "School Mental health" Bharathidasan University, Trichy.
3. Symposium on "Youth and wellbeing" M S University Tirunelveli.
4. Seminar on Scope of Psychologists In M S University Tirunelveli.
5. Seminar on Healthy Living through Personal Hygiene M S University Tirunelveli.
6. International conference on stem cells and regenerative medicine- Loyolla College Chennai.
7. International conference on sustaining development of botanical pesticides- IIM Ahmadabad

### STUDY VISITS

1. Sneha Mind Care center, (Psychiatric Hospital Tirunelveli) twice during the Mater's course.
2. Balasaranya Rehabilitation center (Psychiatric Hospital Tirunelveli) Tharuvai, Tirunelveli,
3. Velicham Rehabilitation Center for De-addiction at Thenkasi, Tirunelveli, Tamilnadu, India
4. AMAR SEVA SANGAM Disability Services and Support Organization, Aykudi, Tirunelveli, Thenkasi, Tirunelveli, India
5. Mithra Special School, Palayamkottai, Tirunelveli, Tamilnadu, twice during the Mater's course.

6. Youth of Kodakanalur Endeavor (YOKE) Society Tirunelveli, Tamilnadu, India

7. Annai Illam (Psychiatric Rehabilitation Center) Non -Profit Non-Government Secular

Organization, Thovalai, Nagarcoil.

8. Bishop Sargent, Special School, Palayamkottai, Tirunelveli. Tamilnadu.

#### SPECIFIC AREAS OF INTEREST

1. Medical physiology

2. Behaviour Modification

3. Psychotherapies

4. De-addiction interventions

#### SKILLS AND TALENTS

1. Verse writing and blogger (rishafederer - hello poetry, word press)

2. Reading books and novels

3. Able to administer psychometric assessments

4. Able to handle classes and presentations

5. Playing throwball and badminton

I hereby declare that all the information in the above application is true to the best of my knowledge and belief

Place: Madurai

Quiz in the State

2016 to 2016

organized by the Department of Biotechnology.

8. Won Second prize in Essay writing competition conducted in connection with National Youth Awakening Day at Manonmaniam Sundaranar University,

Arts and Science College - Coimbatore, Tamil Nadu

2016 to 2016

## Education

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### **M.sc in Psychology**

MSU

2019

**B.sc in Madurai Kamaraj**

Lady Doak College

2017

**H.S.C in vidhyavanam**

secondary school

2013

**S.S.L.C in Vidhyavanam**

secondary school

2011

Skills / IT Skills

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- MS OFFICE
- LABORATORY
- SPSS

Additional Information

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INTERPERSONAL SKILLS

- Being passionate in my work
- Optimistic
- Keen Observer

KEY SKILLS

- Handling MS Office suite
- Handling SPSS (Statistical package for social sciences)

INTERNSHIP ATTENDED:

- Sadbhav (SRISTI) Sanshodhan laboratory grass root innovations, Ahmadabad, Gujarat.(2016-2017)
- Sri Ramachandra university porur Chennai(May-June 2018)
- Promotion of menstrual hygiene practice in mathichiyam in Madurai (December 2018)