

SIDDHI RAUT

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DOB: 24/05/1995

Professional Profile

As a professional psychologist I will do best use of my knowledge and experience to deal with clients and try to be as innovative and creative in applying different therapies.

Education and Qualifications

	Institute/university	specialization	Year	Percentage
X th	Goa board of secondary and higher secondary		2010	61%
XII th	Goa board of secondary and higher secondary	Arts	2012	71%
B.A	Goa university	Psychology	2015	71%
M.A	Pune university	Clinical Psychology	2017	72%

Any Other

- Practical Approach to Psychotherapy : REBT Training (Basic and Advanced Training)
- National Conference on Emotional Intelligence: Role in Human Life.
- Orientation Program on Indian Child Intelligence Test by JPIP, Pune
- State Level workshop on "Anger Management" by the shriparshurambhau college, Pune

Projects:

- A comparative study of employed Menopausal women with respect to their engagement in exercise.

Associated Experience

Asthaa's Aanand Niketan A Special School For Differently Abled Mapusa – Goa (June 2019 till date)

Designation: - clinical Psychologist

Work done:-

- Extensive History taking
- Psychological testing and evaluation.
- Interviewing children and parents to identify their emotional, social and cognitive needs.
- Assessed students behaviour in classroom, documented changes in behaviour or academic performance.
- Individual counselling.
- Parents counselling.
- Individual and group therapy.
- Awareness talks on mental health for parents.
- Family counselling.
- Home visits for children.
- Psycho educate parents and teachers about treatment adherence.

Govt. College of Arts commerce and Science khandola, Marcel- Goa (July 2018 till May 2019)

Designation: - Assist. Professor in Psychology

Work done :-

- Conducted theory and practical's for undergraduate class.
- Conduct group activities about used field work knowledge for students learning.
- Used innovative teaching methods.
- Carried out administrative work assigned as per subject matter.

Nityanand Rehabilitation center and Residential Mental Health care, Katraj- Pune (5th July 2017 - 30th June 2018)

Designation :- clinical Psychologist

Work done:

- Taking detailed psychiatric case history and handling individual cases.
- Worked in OPD, ward and Day care set up.
- Individual counselling.
- Group counselling.
- Engaging in patients individual sessions and joint sessions with doctor and senior counsellor.
- Conducted psycho-educative sessions, group activities and group sessions in addiction ward and day care.
- Applying various psychotherapies as per need of the patient.
- Handling family meetings.
- Family counselling.
- Psycho educating family.
- Pre- discharge counselling.
- Daily observation and assessment of patient.
- Administered various Psychological scales and Tests for the patients.
- Monitoring assigned ward duties.
- Maintaining the documentation work.

Regional Mental Hospital, Yerwada – Pune (3rd January 2017 – 31st March 2017)

Designation :– clinical Psychology intern

Work done : -

- Worked in OPD, Ward and Day care set up
- Conducted extensive history taking
- Psycho educative lectures
- Pre discharge counselling
- Treatment adherence counselling
- Occupational therapy activities.

Other Experience:

- Volunteered at National Conference on Emotional Intelligence : Role in Human Life
 - Presented research paper on 'A comparative study of Employed Menopausal Women with respect to their engagement in exercise'(poster presentation) at 52nd National and 21st International Conference by INDIAN ACADEMY OF APPLIED PSYCHOLOGY (IAAP) on Psychology for Building Global Community organised by Department of Psychology, University of Rajasthan, Jaipur.
 - Participated in 3 days counselling Camp during 16th feb. to 18th feb.2017, organised by Department of Psychology, Modern College Pune-05
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Language proficiency: English, Hindi, Marathi and Konkani

Key I.T. Skills

➤ Microsoft Office

➤ SPSS

Other / Personal Details

Interests include: Dancing, Reading, solving Sudoku and puzzles.

Strengths : Good communication Skills, Flexibility and Adaptability, Quick Learner, Positive Attitude, Analytical and Problem solving Skills, Good Technical Skills.
