



Big Data Analytics Project

Questions Responses 17 Settings

Behavioral analysis :SCREEN TIME and health

Thank You for participating in this survey ! Please attempt to answer these questions honestly. This project is purely educational and the data collected won't be used for any unethical purposes.



Enter your Date of Birth *

*

Month, day, year



Select the Sex assigned to you at the time of birth *

☐ Male

☐ Female

Height (please use the feet and inches format , for example : 6'1") *

Short answer text

Weight in Kilograms (no need to mention the unit , for example : 80) *

Short answer text



*

- ☐ Science and Technology
- ☐ Health Care
- ☐ Hospitality and Service
- ☐ Bureaucracy
- ☐ Finance
- ☐ Legal
- ☐ Management and Administration
- ☐ Marketing
- ☐ Academic (Professor , Teachers , etc)
- ☐ Design and Architecture
- ☐ Student
- ☐ Defence / law enforcement
- ☐ Freelancer
- ☐ fitness industry
- ☐ Glamour industry (modelling , acting , music , etc)
- ☐ Primary sector (raw material based industry like Agriculture , Mining , etc)
- ☐ Social media based industry (instagram influencer , youtuber , etc)

How often do you workout and exercise ? *



- ☐ Once every day
- ☐ 6 days a week
- ☐ 3 to 5 days a week
- ☐ Only on week-ends (or 2 days a week)
- ☐ once a week
- ☐ rarely
- ☐ never

On a scale of 1 to 10 , how tough and strenuous is your workout plan *

0 1 2 3 4 5 6 7 8 9 10

I don't work out! ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ My legs hurt half the week yet I don't skip leg day!

Necessary Screen Time :How much time do you spend on laptop , phone , etc. for professional reasons.(online classes , company meetings , work related emails, etc.)(scale : 0-1 hr, 1-2 hr, ... and so on) *

1 2 3 4 5 6 7 8 9 10

0 to 1 hour ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ 10 hours a day or more

Useful(Productive) Screen Time :How much time do you spend on laptop , phone , etc. for personal yet important reasons that concern your well being(like self studying , netbanking, investing , filing tax returns, etc)(scale : 0-1 hr, 1-2 hr, ... and so on) *



0 to 1 hour

10 hours a day or more

leisurely screen time :Time spent on social media on an average day (options: 0, 0-1 = 1, 1-2 = *
2, ... and so on)

0 1 2 3 4 5 6 7 8 9 10
none ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ 10 hours a day or more

leisurely screen time : Time spent on video games on an average day (options: 0, 0-1 = 1, 1-2 = *
= 2, ... and so on)

0 1 2 3 4 5 6 7 8 9 10
none ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ 10 hours a day or more

leisurely screen time : Time spent on online shopping on an average day (options: 0, 0-1 = 1, *
1-2 = 2, ... and so on)

0 1 2 3 4 5 6 7 8 9 10
none ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ 10 hours a day or more

leisurely screen time : Time spent on streaming and binge watching (Movies , sitcoms , *
series, TV , Youtube,Netflix (and other OTT platforms)) for entertainment on an average day.
(options: 0, 0-1 = 1, 1-2 = 2, ... and so on)

0 1 2 3 4 5 6 7 8 9 10
none ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ 10 hours a day or more



leisurely screen time: Screen Time spent on reading E- Books for entertainment (non work related reason) (options: 0, 0-1 = 1, 1-2 = 2, ... and so on) *

0 1 2 3 4 5 6 7 8 9 10
 none ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ 10 hours a day or more

If all the constraints were removed , what according to you should be your optimum screen time (options: 0, 0-1 = 1, 1-2 = 2, ... and so on)? *

0 1 2 3 4 5 6 7 8 9 10
 none ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ 10 hours a day or more

Any other hobbies other than mentioned above(Ex:learning musical instruments,producing music,listening to music,outdoor sport,photography) *

Long answer text

What is the number of digital devices owned by you? *

1 2 3 4 5 6 7 8 9 10
☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐

What is your estimate regarding the time(in hours) that you spend interacting face to face (physically) with other people on an average day?(options: 0, 0-1 = 1, 1-2 = 2, ... and so on) *

0 1 2 3 4 5 6 7 8 9 10



number of hours of sleep taken *

- ☐ less than 6 hours
- ☐ 6 to 8 hours
- ☐ more than 8 hours

