Suicide Risk Screening (C-SSRS–Aligned, AI Screener)

Purpose: Detect suicide risk
Use case: Emergency flagging & escalation
Time frame: *Recent weeks / current state*
Nature: RISK DETECTION ONLY – MUST PAIR WITH HUMAN SUPPORT

Instruction to user (must be shown):

The next questions ask about thoughts of self-harm or suicide.
Answer honestly. Your safety matters, and help is available.

Response Options

- **Yes** – This applies to me.

- **No** – This does not apply to me.

(Scoring is rule-based, not summed.)

SECTION 1: Suicidal Ideation (Thoughts)

Q1. Passive death wish

Have you wished you were dead or wished you could go to sleep and not wake up?

- **Yes**

- **No**

Q2. Suicidal thoughts

Have you had thoughts about killing yourself?

- **Yes**

- **No**

Q3. Suicidal thoughts with method

Have you thought about how you might kill yourself?

- **Yes**

- **No**

Q4. Suicidal intent

Have you had these thoughts with some intention of acting on them?

- **Yes**

- **No**

Q5. Suicidal intent with plan

Have you started to work out or decided on the details of how you would kill yourself?

- **Yes**
- **No**

SECTION 2: Suicidal Behavior (Actions)

Q6. Preparatory actions

Have you done anything to prepare for harming yourself (such as writing notes, giving away belongings, or arranging affairs)?

- **Yes**
- **No**

Q7. Actual self-harm attempt

Have you ever tried to harm yourself or attempted suicide?

- **Yes**
- **No**

Q8. Recent attempt

If yes, did this occur within the last 3 months?

- **Yes**
- **No**
- **Not applicable**

Risk Classification Logic (AI-Ready)

HIGH RISK (Immediate escalation)

If **YES** to **any** of the following:

- Q4 (intent)
- Q5 (plan)
- Q6 (preparatory behavior)
- Q7 (attempt), especially if Q8 = Yes

MODERATE RISK

- YES to Q2 or Q3

- NO intent or plan

LOW RISK

- YES to Q1 only

- NO suicidal thoughts, intent, or behavior

NO CURRENT RISK

- NO to all questions

MANDATORY AI RESPONSE RULES

If ANY YES (Q1–Q8):

AI must immediately:

1. **Pause normal flow**

2. Use **empathetic, validating language**

3. Encourage **human connection NOW**

4. Offer **crisis resources**

5. Ask if the user is **safe right now**

Example AI Safety Language (Allowed)

"I'm really glad you told me this. You're not alone, and help is available.
What you're feeling is serious, and it's important that a trained person supports you right now."

Never say:

- "You are suicidal."

- "You will harm yourself."

- "Everything will be okay."

Escalation Path (Mentamind-Style)

- **Low risk** → Gentle check-in + monitoring

- **Moderate risk** → Urgent recommendation to talk to a professional

- **High risk** →

    o Immediate human handoff

    o Crisis support numbers

    o Encourage contacting a trusted person

If the user appears in immediate danger, advise contacting **local emergency services**.

Panel-Ready One-Liner

"We use a C-SSRS–aligned screener strictly for suicide risk detection, with mandatory human escalation and crisis intervention protocols for any positive signal."

Why This Is Ethically Solid

- No scoring gimmicks

- No diagnostic labels

- Clear **human-first escalation**

- Aligns with **global suicide-prevention standards**