10_Cooking.md 10/13/2022

Creamy vegetable curry

Recipe 1

Source: Click here

- Sweet potato
- Butternut squash
- Pumpkin
- Carrots
- Potato
- Cauliflower florets
- Broccoli
- Peas
- Green beans
- Peppers. Red bell pepper, green or yellow pepper.
- Zucchini
- Mushrooms
- Spinach
- 🔲 Kale