Improve the communication, physicians - patients

 Create a poster for practice waiting room.

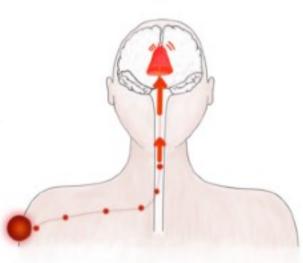
The project

The invisible persistence of pain

What is pain?

An unpleasant sensory and emotional experience associated with actual or potential tissue damage*.

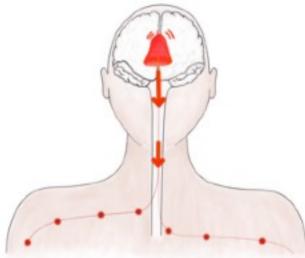
*Definition by International Association for the Study of Pain (IASP)



Acute Pain

When you hurt yourself your brain receives a message to turn on an alarm that you are in danger.

This is called nociception.



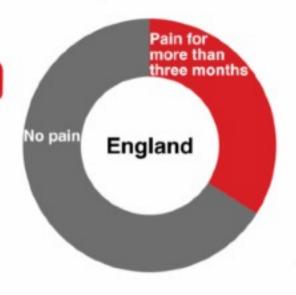
What is chronic pain?

When your pain persists for more than three months, it's called chronic pain.

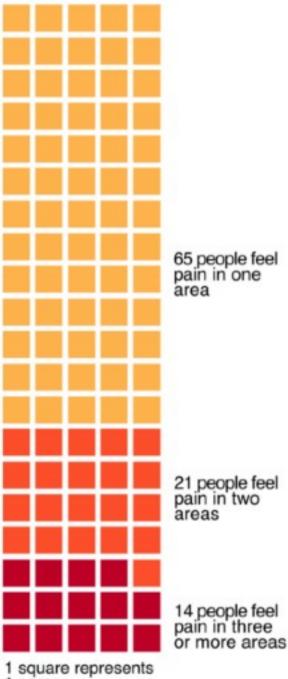
Your brain continuously sends signals that you are in danger and you feel the pain.



1 in three people, aged 16 and over, suffer from chronic pain.



Chronic pain suffers may, experience aches in more than one part of their body. If 100 people suffer of chronic pain:



1 person

Design and illustrations: Rita Giordano Source: Chronic pain in adults 2017, published in 2020 by Public Health England (PHE)

The project

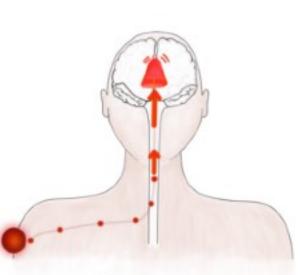
- Improve the communication, physicians - patients
- Create a poster for practice waiting room.

The invisible persistence of pain

What is pain?

An unpleasant sensory and emotional experience associated with actual or potential tissue damage*.

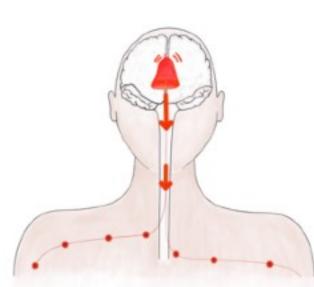
*Definition by International Association for the Study of Pain (IASP)



Acute Pain

When you hurt yourself your brain receives a message to turn on an alarm that you are in danger.

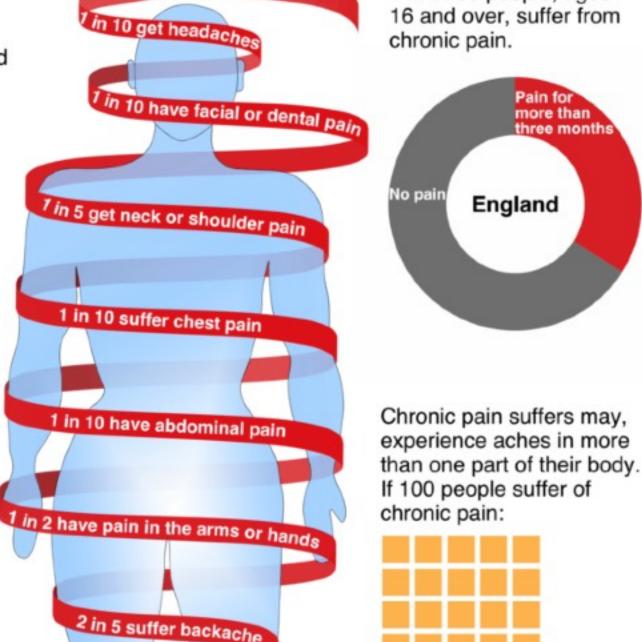
This is called nociception.



What is chronic pain?

When your pain persists for more than three months. it's called chronic pain.

Your brain continuously sends signals that you are in danger and you feel the pain.



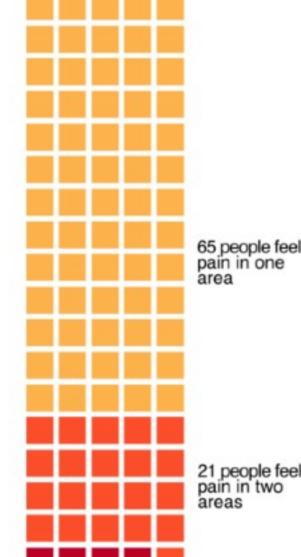
in 2 get pain in the

nips, legs or feet

in 5 suffer musculoskeletal pai

data for who reported chronic pain

nave pain in other areas



14 people feel pain in three

1 in three people, aged

more than

three month

Design and illustrations: Rita Giordano Source: Chronic pain in adults 2017, published in 2020 by Public Health England (PHE)

1 square represents

1 person

What is chronic pain