

- Improve the communication,
physicians - patients

- Create a poster for practice waiting room.

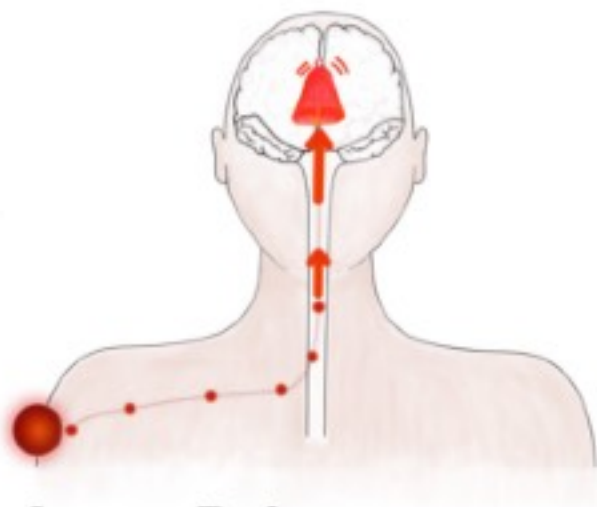
The project

The invisible persistence of pain

What is pain?

An unpleasant sensory and emotional experience associated with actual or potential tissue damage*.

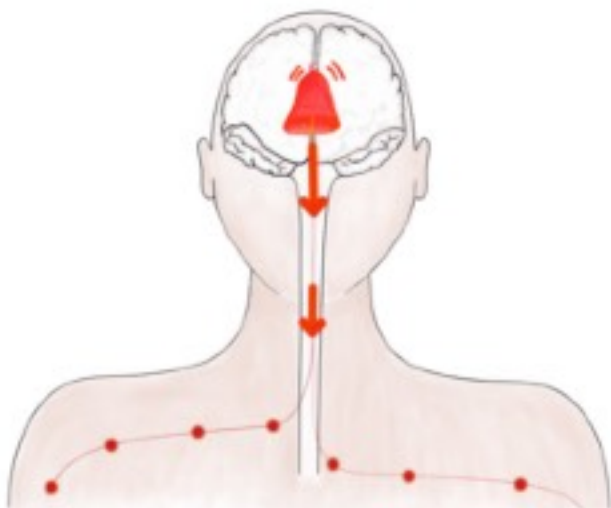
*Definition by International Association for the Study of Pain (IASP)



Acute Pain

When you hurt yourself your brain receives a message to turn on an alarm that you are in danger.

This is called nociception.



What is chronic pain?

When your pain persists for more than three months, it's called chronic pain.

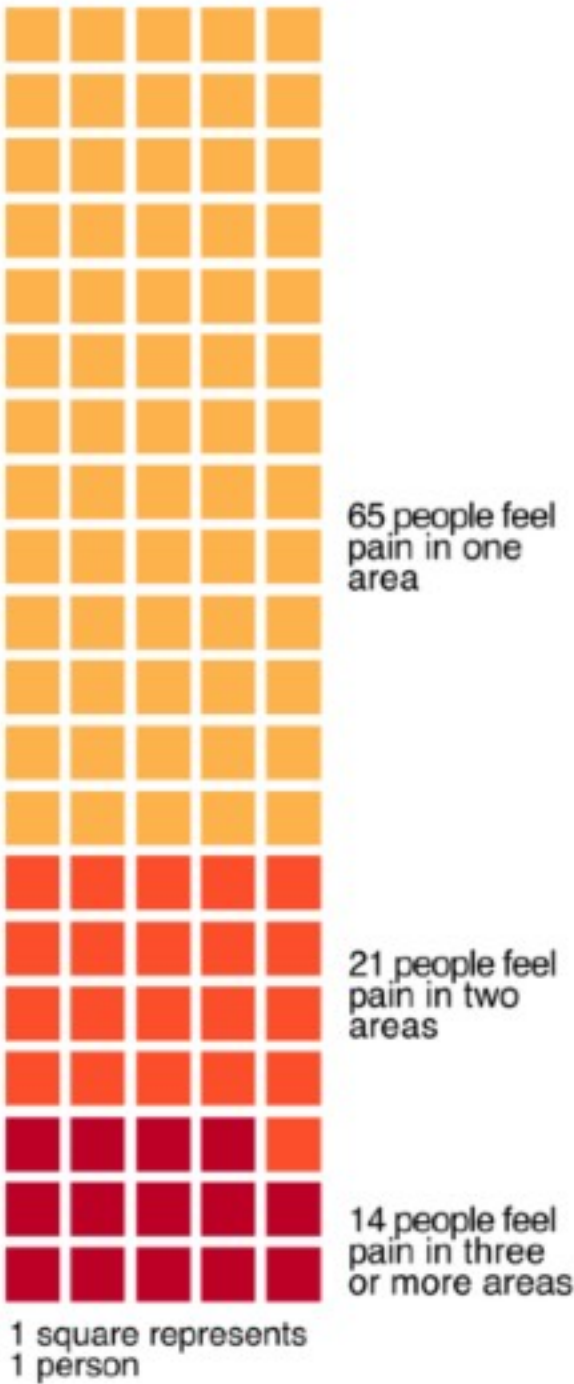
Your brain continuously sends signals that you are in danger and you feel the pain.



1 in three people, aged 16 and over, suffer from chronic pain.



Chronic pain sufferers may, experience aches in more than one part of their body. If 100 people suffer of chronic pain:



Caption

The project

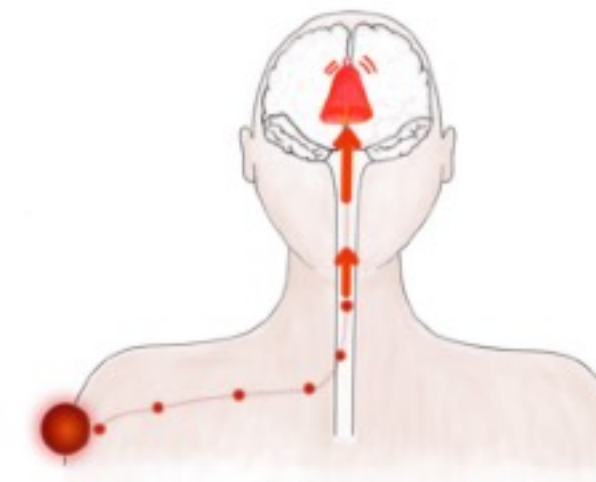
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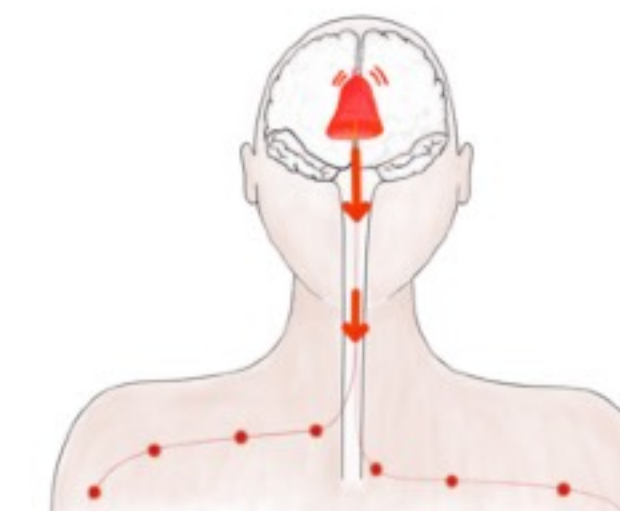
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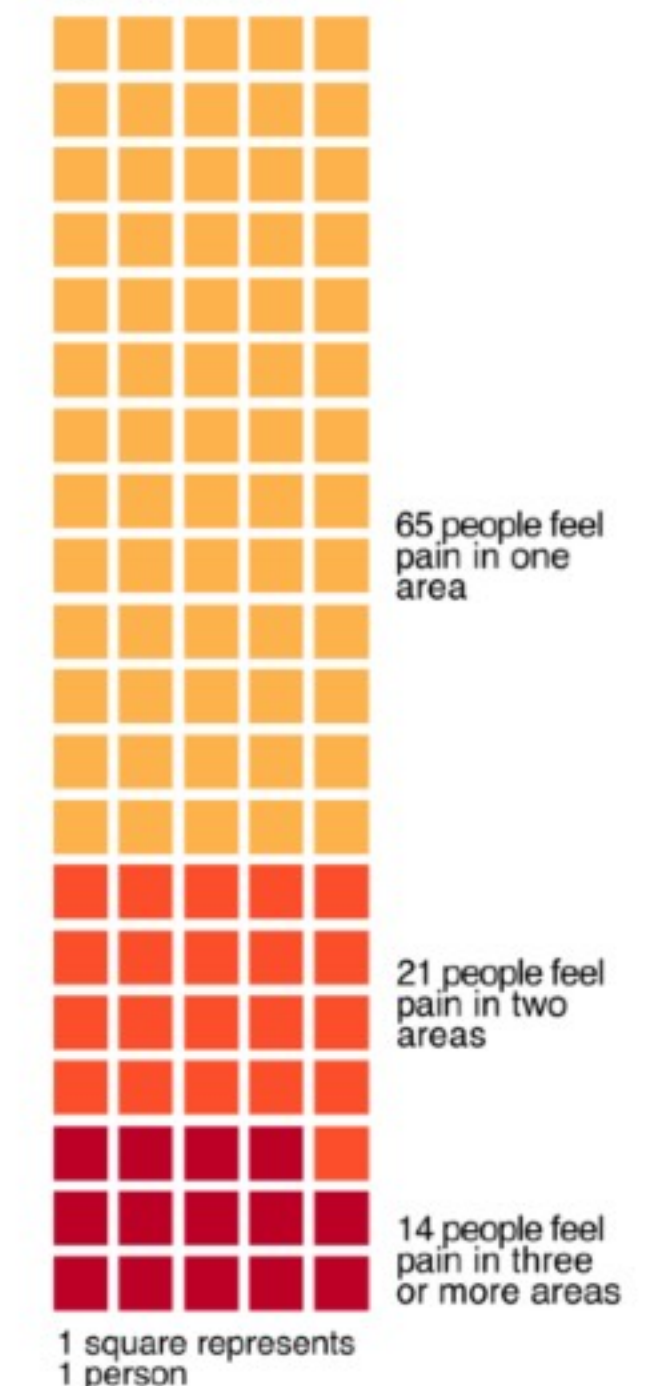
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