

# OTHER WORKSHOPS

*The whole programme of **Spiritual Gym for Kids** is divided into 4 Modules/Levels and though all modules can be done individually, but **Level 1** is mandatory to go to any other level. After completing all the **4 Levels**, you become the alumni of **SGFK** and as an alumni you can repeat any of these levels **free of cost** .*

## Level 1- Unleash Your Superpower

Empowering Self-Beliefs

Fixed VS Growth Mindset

Importance of Failure

## LEVEL 2-Master Your Emotions

Hack Your Emotions

Social Media

Superhero Power Upgrades

## LEVEL 3-Passing The Truth to Next Generation

What is God? Who Am I

The World of Energy

Ultimate Secret to Superpowers

## LEVEL 4-Secrets of the Universe

Laws of the Universe

Kindness/Empathy/Compassion

Love/Gratitude/Forgiveness