

Patient Information
Name: Ritigya Gupta
Patient ID: KQTY7SRP50WK
Age: 21 Gender: Female
Health Conditions: Type 2 Diabetes, Hypertension

Lab & Report Details
Lab Name: SRL Diagnostics
Report Type: Diabetes Monitoring Panel
Diagnosis: Type 2 Diabetes
Reviewed By: Dr. Suresh Rao, Diabetologist
Report Generated: 10 April 2024

Test Results					
Test Name	Value	Unit	Reference Range	Interpretation	
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Fasting Glucose	142	mg/dL	70 – 99	High	
HbA1c	7.8	%	< 6.5	Elevated	
LDL Cholesterol	128	mg/dL	< 100	Slightly Elevated	
Blood Pressure	138/92	mmHg	< 120/80	High	

Doctor's Notes
Blood sugar is poorly controlled. Risk of cardiovascular issues. Immediate dietary corrections and physical activity required. Consider medication adjustment.

Attachments

[✓] Diabetes_Report_Rajiv.pdf

[✓] Lifestyle_Plan_April2024.pdf

Health Progress Overview
HbA1c trend:
• Jan: 8.1%
• Feb: 7.6%
• April: 7.8% (spike due to dietary lapse)

Recommendations
• Switch to low-glycemic meals
• Walk 45 mins/day
• Take meds regularly
• Monthly checkups advised