Transactions sorted by : Insider

: Enthusiast (Starts with) Issuer name

Enthusiast Gaming Holdings Inc. (formerly J55 Capital Corp.) Issuer name:

Legend: O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc.

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 8 - Director or Senior Officer of Issuer, 9 - Director or Senior Officer of Iss

The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider. Warning:

Date of filing Ownership type Nature of YYYY-MM-DD (and registered transaction **Unit price or Closing Underlying security Equivalent Closing** Transaction ID **Number or** Date of Insider's **Conversion Date of** calculated or exercise expiry or value acquired exercise designation number or balance of transaction balance YYYY-MM-DD holder, if equivalent or disposed of price balance price maturity value of underlying number or securities value of applicable) YYYY-MM-DD acquired or underlying disposed of securities

Insider name: Albright, John

Insider's Relationship to Issuer: 4 - Director of Issuer

Ceased to be Insider: Not applicable

Security designation: Common Shares

| Transaction | | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | number or value of underlying | Closing balance of equivalent number or value of underlying securities |
|-------------|------------|--------------------------------------|-------------------|--|--|---|------------------------------------|--------------------|------------------------------------|------------------------------|------------|------------------------------------|-------------------------------|--|
| | 3930253 | 2021-07-20 | 2022-04-11 | | 00 - Opening Balance-Initial SEDI Report | | | | | | | | | |
| ; | 3930256 | 2022-04-07 | 2022-04-11 | · | 10 - Acquisition or disposition in the public market | +25,100 | | 25,100 | 25,100 | | | | | |
| | 3932905 | 2022-04-08 | 2022-04-15 | Direct Ownership : | 10 - Acquisition or disposition in the public market | +8,200 | | 33,300 | 33,300 | | | | | |
| Security of | designatio | n: Options (Con | nmon Shares) | | | | | | | | | | | |
| : | 3938195 | 2021-07-20 | 2022-05-02 | · | 00 - Opening Balance-Initial SEDI Report | | | | | | | Common Shares | | |
| | 3938196 | 2022-04-29 | 2022-05-02 | Direct Ownership : | 50 - Grant of options | +35,467 | | 35,467 | 35,467 | 2.7500 | 2027-04-20 | Common Shares | +35,467 | 35,467 |
| Security of | designatio | n: RSU - can be | e exercised for c | ash or common s | hares (Common Shar | es) | | | | | | | | |
| : | 3938197 | 2021-07-20 | 2022-05-02 | • | 00 - Opening Balance-Initial SEDI Report | | | | | | | Common Shares | | |
| | 3938198 | 2022-04-29 | 2022-05-02 | Direct Ownership : | 56 - Grant of rights | +53,394 | | 53,394 | 53,394 | | | Common Shares | +53,394 | 53,394 |
| • | 4032876 | 2022-11-17 | 2022-11-22 | Direct Ownership : | 56 - Grant of rights | +15,926 | 1.1340 | 69,320 | | | 2027-11-17 | Common Shares | +15,926 | 69,320 |

O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc. Legend:

Insider's Relationship to Issuer, 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of 10% Security Holder, 7 - Director

or Senior Officer of Insider or Subsidiary of Issuer (other than in 4,5,6), 8 - Deemed Insider - 6 Months before becoming Insider.

The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure Warning:

does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

| Transact | | Date of transaction YYYY-MM-DD | Date of filing YYYY-MM-DD | Ownership type (and registered holder, if applicable) | e Nature of transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | Underlying security designation | number or value of underlying | |
|------------|-------------|--------------------------------------|------------------------------|--|--|---|------------------------------------|--------------------|------------------------------------|------------------------------|---------------------------------|-------------------------------|--|
| Insider na | ame: Aquil | ini, Francesco | | | | | | | | | | | |
| Insider's | Relationsh | ip to Issuer: 3 | 3 - 10% Security | Holder of Issuer | , 4 - Director of Issuer | | | | | | | | |
| Ceased to | o be Inside | r: 2022-07-19 | | | | | | | | | | | |
| Security | designatio | n: Common Sha | ares | | | | | | | | | | |
| | 3279508 | 2018-12-03 | 2018-12-12 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | 4,001,000 | | | | | |
| | 3419203 | 2019-08-26 | 2019-09-04 | Direct Ownership : | 37 - Stock split or consolidation | -800,200 | | 3,200,800 | | | | | |

Issuer name: Enthusiast Gaming Holdings Inc. (formerly J55 Capital Corp.)

O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc. Legend:

> Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of 10% Security Holder, 7 - Director or Senior Officer of Insider or Subsidiary of Issuer (other than in 4.5.6), 8 - Deemed Insider - 6 Months before becoming Insider.

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| Transact | | Date of transaction YYYY-MM-DD | Date of filing YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | | Closing balance | Conversion or exercise price | Underlying security designation | Equivalent number or value of underlying securities acquired or disposed of | |
|-----------|--------------|--------------------------------------|------------------------------|--|--|---|--------|--------------------|------------------------------------|---------------------------------|---|--|
| Insider n | name: Aquil | lini, Francesco | | | | | | | | | | |
| Insider's | Relationsh | ip to Issuer: 3 | 3 - 10% Security | Holder of Issuer, | 4 - Director of Issuer | | | | | | | |
| Ceased t | to be Inside | er: 2022-07-19 | | | | | | | | | | |
| Security | designatio | n: Common Sha | ares | | | | | | | | | |
| | 3423415 | 2019-09-05 | 2019-09-10 | Direct Ownership : | 37 - Stock split or consolidation | -2,800,700 | | 400,100 | | | | |
| 0 | 3499200 | 2020-02-18 | 2020-02-18 | Direct Ownership : | 10 - Acquisition or disposition in the public market | +150,000 | 1.9638 | | | | | |

Legend:

O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc.

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of 10% Security Holder, 7 - Director or Senior Officer of Insider or Subsidiary of Issuer (other than in 4,5,6), 8 - Deemed Insider - 6 Months before becoming Insider.

The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure Warning:

does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

Date of filing Ownership type Nature of **Equivalent Closing** Transaction ID Date of Number or **Unit price or Closing** Insider's Conversion Date of Underlying security transaction YYYY-MM-DD (and registered transaction value acquired exercise number or balance of balance calculated or exercise expiry or designation maturity YYYY-MM-DD YYYY-MM-DD holder, if or disposed of price value of balance price equivalent underlying number or securities value of applicable) acquired or underlying disposed of securities

Insider name: Aquilini, Francesco

Insider's Relationship to Issuer: 3 - 10% Security Holder of Issuer, 4 - Director of Issuer

Ceased to be Insider: 2022-07-19

| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | Equivalent number or value of underlying securities acquired or disposed of | |
|--------------------|--|---------------------------------------|--|---|--|------------------------------------|---------------------------------------|------------------------------------|------------------------------------|--------------------|---------------------------------|---|------------------|
| Security designa | ation: Common Sh | ares | | | | | | | | | | | |
| 3419220 | 2018-12-03 | 2019-09-04 | Indirect Ownership : GameCo Trust | 00 - Opening Balance-Initial SEDI Report | | | | | | | | | |
| 3419222 | 2019-08-30 | 2019-09-04 | Indirect Ownership : GameCo Trust | 22 - Acquisition or disposition pursuant to a take-over bid, merger or acquisition | +21,700,100 | | 21,700,100 | | | | | | |
| Issuer name: | Enthusiast Gamin | g Holdings Inc. (| formerly J55 Cap | ital Corp.) | | | | | | | | | |
| Legend: | O - Original transa | iction, A - First a | mendment to trar | nsaction, A' - Second a | amendment to tran | saction, AP - A | Amendment to p | aper filing, et | c. | | | | |
| | Insider's Relations or Senior Officer of | hip to Issuer: 1 f Insider or Sub | - Issuer, 2 - Subsi sidiary of Issuer (d | diary of Issuer, 3 - 10 other than in 4,5,6), 8 | % Security Holder - Deemed Insider | of Issuer, 4 - E - 6 Months bef | Director of Issuer ore becoming In | ·, 5 - Senior (sider. | Officer of Issue | r, 6 - Director or | Senior Officer of 10% | Security Holde | er, 7 - Director |
| Warning: | The closing balandoes not mean an | ce of the " equive d should not be | alent number or v taken to indicate | alue of underlying sec that the underlying se | curities" reflects the curities have, in fa | e" total number ct, been acquir | or value of undered or disposed of | erlying secur of by the insi | ties" to which der. | the derivative co | ontracts held by the insi | der relate. This | s disclosure |
| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | Equivalent number or value of underlying securities acquired or disposed of | |
| Insider name: A | quilini, Francesco | | | | | | | | | | | | |
| Insider's Relatio | nship to Issuer: | 3 - 10% Security | y Holder of Issuer | 4 - Director of Issuer | | | | | | | | | |
| Ceased to be Ins | sider: 2022-07-19 | | | | | | | | | | | | |
| Security designate | ation: Common Sh | ares | | | | | | | | | | | |
| 3423416 | 2019-09-05 | 2019-09-10 | Indirect Ownership : GameCo Trust | 37 - Stock split or consolidation | -18,987,588 | | 2,712,512 | | | | | | |
| A 3499200 | 2020-02-18 | 2020-02-18 | Indirect Ownership: GameCo Trust | 10 - Acquisition or disposition in the public market | +150,000 | 1.9638 | 2,862,512 | | | | | | |

| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DĎ | Ownership type (and registered holder, if applicable) | | Number or value acquired or disposed of | | Closing balance | | Underlying security designation | value of underlying | balance of equivalent number or value of underlying |
|----------------|--------------------------------------|------------|--|--|---|--------|--------------------|--|---------------------------------|------------------------|---|
| 3500267 | 2020-02-19 | 2020-02-20 | | 10 - Acquisition or disposition in the public market | +7,100 | 2.0000 | 2,869,612 | | | | |
| 3500270 | 2020-02-20 | 2020-02-20 | | 10 - Acquisition or disposition in the public market | +92,900 | 2.0000 | 2,962,512 | | | | |

Date of

Transaction ID

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Date of filing Ownership type Nature of

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of 10% Security Holder, 7 - Director or Senior Officer of Insider or Subsidiary of Issuer (other than in 4,5,6), 8 - Deemed Insider - 6 Months before becoming Insider.

Warning:

Number or

The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

Insider's Conversion Date of

Underlying security Equivalent Closing

Unit price or Closing

| Transaction in | transaction YYYY-MM-DD | YYYY-MM-DD | o (and registered holder, if applicable) | transaction | value acquired or disposed of | balance | | or exercise price | | designation | number or value of underlying | balance of equivalent number or value of underlying |
|-----------------|---------------------------|------------------|--|--|----------------------------------|---------|---|----------------------|------------|---------------|-------------------------------|---|
| Insider name: | Aquilini, Francesco | | | | | | | | | | | |
| Insider's Rela | tionship to Issuer: | 3 - 10% Security | y Holder of Issue | , 4 - Director of Issuer | | | | | | | | |
| Ceased to be | Insider: 2022-07-19 | | | | | | | | | | | |
| Security design | gnation: Options (Cor | mmon Shares) | | | | | | | | | | |
| 3279 | 510 2018-12-03 | 2018-12-12 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | (| Common Shares | | |
| 3279 | 516 2018-12-12 | 2018-12-12 | Direct Ownership : | 50 - Grant of options | +685,000 | 685,00 | 0 | 0.1000 | 2028-12-12 | Common Shares | +685,000 | 685,000 |

| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DĎ | Ownership type (and registered holder, if applicable) | | Number or value acquired or disposed of | Closing balance | calculated | | | Underlying security designation | value of underlying | balance of equivalent number or value of underlying |
|----------------|--------------------------------------|------------|--|---|---|--------------------|------------|--------|------------|---------------------------------|------------------------|---|
| 3419211 | 2019-08-26 | 2019-09-04 | Direct Ownership : | 37 - Stock split or consolidation | -137,000 | 548,000 | | 0.1250 | (| Common Shares | -137,000 | 548,000 |
| 3419238 | 2019-08-30 | 2019-09-04 | Direct Ownership : | 22 - Acquisition or disposition pursuant to a take-over bid, merger or acquisition | +1,000,000 | 1,548,000 | | 0.3000 | 2024-08-30 | Common Shares | +1,000,000 | 1,548,000 |

Transaction ID

Date of

Legend: O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc.

Date of filing Ownership type Nature of

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of 10% Security Holder, 7 - Director or Senior Officer of Insider or Subsidiary of Issuer (other than in 4,5,6), 8 - Deemed Insider - 6 Months before becoming Insider.

Insider's Conversion Date of

Underlying security Equivalent Closing

Unit price or Closing

Warning: The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

Number or

| | transaction YYYY-MM-DD | YYYY-MM-DD | (and registered holder, if applicable) | transaction | value acquired or disposed of | balance | calculated | | | designation | value of underlying | balance of equivalent number or value of underlying |
|--------------------|---------------------------|------------------|--|-----------------------------------|----------------------------------|---------|------------|--------|------------|---------------|------------------------|---|
| Insider name: Aq | uilini, Francesco | | | | | | | | | | | |
| nsider's Relations | ship to Issuer: 3 | 3 - 10% Security | Holder of Issuer, | 4 - Director of Issuer | | | | | | | | |
| Ceased to be Insid | der: 2022-07-19 | | | | | | | | | | | |
| Security designati | on: Options (Con | mmon Shares) | | | | | | | | | | |
| 3423417 | 2019-09-05 | 2019-09-10 | Direct Ownership : | 37 - Stock split or consolidation | -1,354,500 | 193,500 | | | (| Common Shares | -1,354,500 | 193,500 |
| 3671963 | 2021-01-20 | 2021-02-02 | Direct Ownership : | 50 - Grant of options | +23,797 | 217,297 | | 3.2000 | 2025-12-09 | Common Shares | +23,797 | 217,297 |

| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | | | | number or value of underlying | Closing balance of equivalent number or value of underlying securities |
|----------------------|--------------------------------------|-----------------|--|--|---|------------------------------------|--------------------|--------|------------|---------------|-------------------------------------|--|
| 3731174 | 2021-04-13 | 2021-04-19 | Direct Ownership : | 50 - Grant of options | +15,857 | | 233,154 | 8.7500 | 2026-01-01 | Common Shares | +15,857 | 233,154 |
| 3938134 | 2022-04-29 | 2022-05-02 | Direct Ownership : | 50 - Grant of options | +32,638 | | 265,792 | 2.7500 | 2027-04-20 | Common Shares | +32,638 | 265,792 |
| Security designation | on: RSU - can be | exercised for c | ash or common s | hares (Common Shar | res) | | | | | | | |
| 3671964 | 2018-12-03 | 2021-02-02 | | 00 - Opening Balance-Initial SEDI Report | | | | | (| Common Shares | | |
| 3671966 | 2021-01-20 | 2021-02-02 | Direct Ownership : | 56 - Grant of rights | +38,494 | | 38,494 | | (| Common Shares | +38,494 | 38,494 |
| 3731178 | 2021-04-13 | 2021-04-19 | Direct Ownership : | 56 - Grant of rights | +20,444 | | 58,938 | | (| Common Shares | +20,444 | 58,938 |
| 3938136 | 2022-04-29 | 2022-05-02 | Direct Ownership : | 56 - Grant of rights | +49,135 | | 108,073 | | | Common Shares | +49,135 | 108,073 |

Issuer name: J55 Capital Corp.

Legend: O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc.

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 8 - Director or Senior Officer of Issuer, 9 - Director or Senior Officer or Sen

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| Transactio | | Date of transaction YYYY-MM-DD | Date of filing YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | Closing balance | Insider's calculated balance | Conversion or exercise price | Date of expiry or maturity YYYY-MM-DD | Underlying security designation | number or value of underlying | Closing balance of equivalent number or value of underlying securities |
|-------------|------------------|--------------------------------------|------------------------------|--|---|---|--------------------|------------------------------------|------------------------------|--|---------------------------------|-------------------------------|--|
| Insider na | me: Aquil | lini, Roberto | | | | | | | | | | | |
| Insider's F | Relationsh | ip to Issuer: 3 | 3 - 10% Security | / Holder of Issuer | | | | | | | | | |
| Ceased to | be Inside | r: 2019-08-30 | | | | | | | | | | | |
| Security d | esignation | n: Common Sha | ares | | | | | | | | | | |
| 3 | 3279518 | 2018-12-03 | 2018-12-12 | • | 00 - Opening Balance-Initial SEDI Report | | 3,999,500 | | | | | | |
| 3 | 3419136 | 2019-08-26 | 2019-09-04 | Direct Ownership : | 37 - Stock split or consolidation | -799,900 | 3,199,600 | | | | | | |
| 3 | 3419137 | 2019-08-30 | 2019-09-04 | · | 22 - Acquisition or disposition pursuant to a take-over bid, merger or acquisition | +21,700,000 | 24,899,600 | | | | | | |

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| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | Date of expiry or maturity YYYY-MM-DD | Underlying security designation | number or value of underlying | value of underlying |
|----------------------|--------------------------------------|--------------------|--|---|---|------------------------------------|--------------------|------------------------------------|------------------------------|--|---------------------------------|-------------------------------|------------------------|
| Insider name: E | Beckerman, Michae | I | | | | | | | | | | | |
| Insider's Relatio | nship to Issuer: | 4 - Director of Is | suer | | | | | | | | | | |
| Ceased to be Ins | sider: Not applicab | ole | | | | | | | | | | | |
| Security designate | ation: Common Sh | ares | | | | | | | | | | | |
| 3484280 | 2019-08-26 | 2020-01-14 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | 41,666 | | | | | | |
| 3809758 | 2019-08-26 | 2021-09-30 | Daalaanaa Haldiaaa | | | | | | | | | | |
| 3809760 | 2021-09-30 | 2021-09-30 | Indirect Ownership : Beckerman Holdings Corp. | 10 - Acquisition or disposition in the public market | +6,000 | 4.4600 | 6,000 | | | | | | |
| 3809761 | 2021-09-30 | 2021-09-30 | Indirect Ownership : Beckerman Holdings Corp. | alternative for the state of the literature of the state | +4,000 | 4.4100 | 10,000 | | | | | | |
| Security designation | ation: Options (Co | mmon Shares) | | | | | | | | | | | |
| 3668160 | 2019-08-26 | 2021-01-25 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | (| Common Shares | | |
| 3668161 | 2021-01-20 | 2021-01-25 | Direct Ownership: | 50 - Grant of options | +18,883 | 3.2000 | 18,883 | | | 2025-12-09 | Common Shares | +18,883 | 18,883 |
| 3730435 | 2021-04-13 | 2021-04-19 | Direct Ownership : | 50 - Grant of options | +12,582 | 8.7500 | 31,465 | | | 2026-01-01 | Common Shares | +12,582 | 31,465 |
| 3938925 | 2022-04-29 | 2022-05-03 | Direct Ownership : | 50 - Grant of options | +27,448 | 2.7500 | 58,913 | | | 2027-04-20 | Common Shares | +27,448 | 58,913 |

Security designation: RSU - can be exercised for cash or common shares (Common Shares)

| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | number or value of | |
|----------------|--------------------------------------|------------|--|--|---|--------|--------------------|------------------------------------|------------------------------------|---|---------------------------------|--------------------|---------|
| 3668162 | 2019-08-26 | 2021-01-25 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | (| Common Shares | | |
| 3668165 | 2021-01-20 | 2021-01-25 | Direct Ownership : | 56 - Grant of rights | +30,544 | | 30,544 | | | C | Common Shares | +30,544 | 30,544 |
| 3730434 | 2021-04-13 | 2021-04-19 | Direct Ownership : | 56 - Grant of rights | +16,222 | | 46,766 | | | (| Common Shares | +16,222 | 46,766 |
| 3938929 | 2022-04-29 | 2022-05-03 | Direct Ownership : | 56 - Grant of rights | +41,321 | | 88,087 | | | (| Common Shares | +41,321 | 88,087 |
| 4032585 | 2022-11-17 | 2022-11-21 | Direct Ownership : | 56 - Grant of rights | +18,028 | 1.1340 | 106,115 | | | (| Common Shares | +18,028 | 106,115 |

Legend: O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc.

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of 10% Security Holder, 7 - Director or Senior Officer of Insider or Subsidiary of Issuer (other than in 4,5,6), 8 - Deemed Insider - 6 Months before becoming Insider.

The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider. Warning:

| Transaction ID | | YYYY-MM-DD | Ownership type Nature (and registered transa holder, if applicable) | ction va | umber or lue acquired disposed of | | calculated | Conversion or exercise price | | number or | balance of equivalent number or value of underlying |
|-------------------|--------------|------------|--|----------|---|--|------------|------------------------------------|--|-----------|---|
| Insider name: Ber | nofsky, Eric | | | | | | | | | | |

Insider's Relationship to Issuer: 5 - Senior Officer of Issuer

Ceased to be Insider: Not applicable

| Transaction ID | Date of transaction YYYY-MM-DD | Date of filing YYYY-MM-DE | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | Equivalent number or value of underlying securities acquired or disposed of | |
|--------------------|--|--------------------------------------|--|--|--|------------------------------------|--------------------------------------|------------------------------------|------------------------------|---------------------|---------------------------------|---|------------------------|
| Security designate | ation: Common Sh | ares | | | | | | | | | | | |
| 3420576 | 2019-08-30 | 2019-09-06 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | 2,687,941 | | | | | | |
| Issuer name: | Enthusiast Gamine | g Holdings Inc. (| (formerly J55 Cap | ital Corp.) | | | | | | | | | |
| Legend: | O - Original transa | ction, A - First a | amendment to trar | nsaction, A' - Second | amendment to trar | nsaction, AP - A | Amendment to p | aper filing, et | c. | | | | |
| | Insider's Relations or Senior Officer of | hip to Issuer: 1 f Insider or Sub | - Issuer, 2 - Subsi sidiary of Issuer (d | diary of Issuer, 3 - 10 other than in 4,5,6), 8 | % Security Holder - Deemed Insider | of Issuer, 4 - [- 6 Months bef | Director of Issue ore becoming In | r, 5 - Senior (sider. | Officer of Issue | er, 6 - Director or | Senior Officer of 10% | Security Holde | er, 7 - Director |
| Warning: | The closing baland does not mean an | ce of the " equiv d should not be | ralent number or v taken to indicate | alue of underlying sec that the underlying se | curities" reflects the curities have, in fa | e" total numbe ct, been acqui | r or value of und red or disposed | lerlying secur of by the insi | ities" to which der. | the derivative co | ontracts held by the insi | der relate. Thi | s disclosure |
| Transaction ID | Date of transaction YYYY-MM-DD | Date of filing YYYY-MM-DE | Ownership type O (and registered holder, if applicable) | e Nature of transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | Equivalent number or value of underlying securities acquired or disposed of | value of underlying |
| Insider name: E | Bernofsky, Eric | | | | | | | | | | | | |
| Insider's Relatio | nship to Issuer: | 5 - Senior Office | er of Issuer | | | | | | | | | | |
| Ceased to be Ins | sider: Not applicab | ole | | | | | | | | | | | |
| Security designate | ation: Common Sh | ares | | | | | | | | | | | |
| 3448651 | 2019-09-09 | 2019-11-11 | Direct Ownership : | 37 - Stock split or consolidation | -2,351,949 | | 335,992 | | | | | | |
| 3647206 | 2020-12-15 | 2020-12-21 | Direct Ownership : | 51 - Exercise of options | +259,072 | 0.2464 | 595,064 | | | | | | |
| 3647213 | 2020-12-15 | 2020-12-21 | Direct Ownership : | 10 - Acquisition or disposition in the public market | -50,000 | 3.8500 | 545,064 | | | | | | |

| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | designation | Equivalent number or value of underlying securities acquired or disposed of | balance of equivalent number or value of underlying |
|----------------|--------------------------------------|------------|--|--|---|------------------------------------|--------------------|------------------------------------|------------------------------|-------------|---|---|
| 3664562 | 2020-12-31 | 2021-01-18 | Direct Ownership : | 47 - Acquisition or disposition by gift | -11,500 | | 533,564 | | | | | |
| 3667885 | 2021-01-20 | 2021-01-25 | Direct Ownership : | 56 - Grant of rights | +98,594 | | 632,158 | | | | | |
| 3803008 | 2021-09-10 | 2021-09-14 | Direct Ownership : | 10 - Acquisition or disposition in the public market | +5,400 | 5.0800 | 637,558 | | | | | |
| 3918311 | 2022-03-30 | 2022-03-31 | Direct Ownership : | 10 - Acquisition or disposition in the public market | +5,000 | 3.1600 | 642,558 | | | | | |
| 3949913 | 2022-05-20 | 2022-05-24 | Direct Ownership : | 10 - Acquisition or disposition in the public market | +3,000 | 2.6200 | 645,558 | | | | | |
| 4012633 | 2022-09-29 | 2022-10-04 | Direct Ownership : | 10 - Acquisition or disposition in the public market | +7,500 | 1.1000 | 653,058 | | | | | |
| 4033190 | 2022-11-21 | 2022-11-23 | Direct Ownership : | 10 - Acquisition or disposition in the public market | +5,000 | 0.7500 | 658,058 | | | | | |
| 4033192 | 2022-11-22 | 2022-11-23 | Direct Ownership : | 10 - Acquisition or disposition in the public market | +5,000 | 0.7400 | 663,058 | | | | | |
| 4040280 | 2022-12-02 | 2022-12-07 | Direct Ownership : | 51 - Exercise of options | +67,026 | | 730,084 | | | | | |
| 4046859 | 2022-12-09 | 2022-12-19 | Direct Ownership : | 51 - Exercise of options | +150,000 | | 880,084 | | | | | |
| 4046607 | 2022-12-16 | 2022-12-19 | Direct Ownership : | 10 - Acquisition or disposition in the public market | +5,000 | | 885,084 | | | | | |

| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type Nat (and registered tran holder, if applicable) | insaction \ | Number or value acquired or disposed of | | | calculated | | Underlying security designation | number or | balance of equivalent number or value of underlying |
|----------------|--------------------------------------|------------|--|-------------------------------------|---|--------|---------|------------|--|---------------------------------|-----------|---|
| 3663046 | 2019-08-30 | 2021-01-14 | Indirect Ownership: 00 - 0 Jabenomli Holdings Inc. 80 - 0 Balar Repo | Opening nnce-Initial SEDI ort | | | | | | | | |
| 3663047 | 2020-12-31 | 2021-01-14 | Indirect Ownership: 54 - E Jabenomli Holdings Inc. | Exercise of warrants | +350,000 | 0.3740 | 350,000 | | | | | |

O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc. Legend:

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 8 - Director or Senior Officer of Issuer, 9 - Director or Senior Officer of Iss

The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider. Warning:

| Tr | ansaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Number or value acquired or disposed of | Closing balance | Conversion or exercise price | Underlying security designation | number or | balance of equivalent number or value of underlying |
|----|------------------|--------------------------------------|------------|--|---|--------------------|------------------------------------|------------------------------------|-----------|---|
| In | sider name: Berr | nofsky, Eric | | | | | | | | |

Insider's Relationship to Issuer: 5 - Senior Officer of Issuer

Ceased to be Insider: Not applicable

Security designation: Options (Common Shares)

00 - Opening Balance-Initial SEDI 3420577 2019-08-30 2019-09-06 Direct Ownership: 4,997,459 Common Shares 4,997,459

Report

Legend: O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc.

Insider's Relationship to Issuer, 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of 10% Security Holder, 7 - Director

or Senior Officer of Insider or Subsidiary of Issuer (other than in 4,5,6), 8 - Deemed Insider - 6 Months before becoming Insider.

Warning: The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

Transaction ID Date of Date of filing Ownership type Nature of **Number or** Unit price or Closing **Conversion Date of Underlying security Equivalent Closing** calculated or exercise expiry or balance price maturity YYYY-MM-DD YYYY-MM-DD (and registered transaction designation balance of transaction value acquired exercise balance number or YYYY-MM-DD holder, if or disposed of price value of equivalent applicable) underlying number or value of securities acquired or underlying disposed of securities Insider name: Bernofsky, Eric Insider's Relationship to Issuer: 5 - Senior Officer of Issuer Ceased to be Insider: Not applicable Security designation: Options (Common Shares) 624,682 3448652 2019-09-09 2019-11-11 Direct Ownership: 37 - Stock split or -4,372,777 Common Shares -4,372,777 624,682 consolidation 3647462 2020-11-30 2020-12-21 Direct Ownership: 51 - Exercise of options -259,072 0.2464 365,610 0.2464 2020-11-30 Common Shares -259,072 365,610 +60,952 3.2000 426,562 Common Shares +60,952 3667883 2021-01-20 2021-01-25 Direct Ownership: 50 - Grant of options 426,562 3731122 2021-04-13 2021-04-19 Direct Ownership: 50 - Grant of options +44,525 8.7500 471,087 2026-01-01 Common Shares +44,525 471,087 3939467 2022-04-29 2022-05-04 50 - Grant of options +60,870 531,957 2.7500 2027-04-20 Common Shares +60,870 531,957 Direct Ownership: 4040276 2022-12-02 2022-12-07 Direct Ownership: 51 - Exercise of options -178,669 353,288 Common Shares -178,669 353,288

| Transact | | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | number or value of underlying | Closing balance of equivalent number or value of underlying securities |
|----------|----------------------|--------------------------------------|------------|--|--|---|------------------------------------|--------------------|------------------------------------|------------------------------|---|---------------------------------|-------------------------------|--|
| Security | 4046856 designation | | | · | 51 - Exercise of options hares (Common Shar | +150,000 res) | | 503,288 | | | (| Common Shares | +150,000 | 503,288 |
| | 3731119 | 2019-08-30 | 2021-04-19 | · | 00 - Opening Balance-Initial SEDI Report | | | | | | (| Common Shares | | |
| | 3731121 | 2021-04-13 | 2021-04-19 | Direct Ownership : | 56 - Grant of rights | +57,407 | | 57,407 | | | C | Common Shares | +57,407 | 57,407 |
| | 3939800 | 2022-04-29 | 2022-05-04 | Direct Ownership : | 56 - Grant of rights | +91,636 | | 149,043 | | | C | Common Shares | +91,636 | 149,043 |

Issuer name: J55 Capital Corp.

Legend:

O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc.

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 8 - Director or Senior Officer of Issuer, 9 - Director or Senior Officer of Iss

of collection of the collectio

Warning: The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

| Transaction ID Date of transaction YYYY-MM-D | Date of filing Ownership type Nature of YYYY-MM-DD (and registered transaction holder, if applicable) | Number or value acquired or disposed of | | Closing balance | calculated | Conversion or exercise price | | | number or | balance of equivalent number or value of underlying |
|--|--|---|--|--------------------|------------|------------------------------|--|--|-----------|---|
|--|--|---|--|--------------------|------------|------------------------------|--|--|-----------|---|

Insider name: Bernofsky, Eric

Insider's Relationship to Issuer: 5 - Senior Officer of Issuer

Ceased to be Insider: Not applicable

| Transacti | | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | e Nature of transaction | Number or value acquired or disposed of | Closing balance | calculated | Conversion or exercise price | | | value of underlying | balance of equivalent number or value of underlying |
|-----------|------------|--------------------------------------|---------------|--|--|---|--------------------|------------|------------------------------------|---|----------------------------------|------------------------|---|
| Security | designatio | n: Warrants (Co | mmon Shares I | EGH W to J55 CS | 3) | | | | | | | | |
| 0 | 3420749 | 2019-08-30 | 2019-09-06 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | Common Shares EGH W to J55 CS | | |
| А | 3420749 | 2019-08-30 | 2019-11-11 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | 67,338 | | | , | Common Shares EGH W to J55 CS | | 67,338 |

Enthusiast Gaming Holdings Inc. (formerly J55 Capital Corp.) Issuer name:

O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc. Legend:

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 8 - Director or Senior Officer of Issuer, 9 - Director or Senior Officer of Iss

The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider. Warning:

| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | | Number or value acquired or disposed of | Closing balance | Insider's calculated balance | Conversion or exercise price | Underlying security designation | number or | balance of equivalent number or value of underlying |
|--------------------|--------------------------------------|-------------------|--|-----------------------------------|---|--------------------|------------------------------------|------------------------------|---------------------------------|-----------|---|
| Insider name: Be | ernofsky, Eric | | | | | | | | | | |
| Insider's Relation | ship to Issuer: | 5 - Senior Office | r of Issuer | | | | | | | | |
| Ceased to be Insi | der: Not applicab | le | | | | | | | | | |
| Security designat | tion: Warrants (Co | ommon Shares E | EGH W to J55 CS | 5) | | | | | | | |
| 3448653 | 2019-09-09 | 2019-11-11 | Direct Ownership : | 37 - Stock split or consolidation | -58,921 | 8,4 | 17 | | Common Shares EGH W to | -58,921 | 8,417 |

Security designation: Warrants (Common Shares EGH Warrants exercisable into EGH Common Shares)

| Transaction IE | Date of transaction YYYY-MM-E | YYYY-MM-DE | Ownership type) (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | Underlying security designation | number or value of underlying | Closing balance of equivalent number or value of underlying securities |
|-----------------|-------------------------------------|-------------------|--|---|---|------------------------------------|--------------------|------------------------------------|------------------------------|---|-------------------------------|--|
| 36630 | 18 2019-08-30 | 2021-01-14 | Indirect Ownership : Jabenomli Holdings Inc. | 00 - Opening Balance-Initial SEDI Report | | | | | | Common Shares EGH Warrants exercisable into EGH Common Shares | | |
| 36630 | 19 2020-12-31 | 2021-01-14 | Indirect Ownership : Jabenomli Holdings Inc. | 11 - Acquisition or disposition carried out privately | +350,000 | 0.3740 | 350,000 | | | Common Shares EGH Warrants exercisable into EGH Common Shares | +350,000 | 350,000 |
| 36630 | 45 2020-12-31 | 2021-01-14 | Indirect Ownership : Jabenomli Holdings Inc. | 54 - Exercise of warrants | -350,000 | 0.3740 | 0 | | | Common Shares EGH Warrants exercisable into EGH Common Shares | -350,000 | 0 |
| Insider name: | Blue Ant Media In | C. | | | | | | | | | | |
| Insider's Relat | ionship to Issuer: | 3 - 10% Securit | y Holder of Issuer | | | | | | | | | |
| Ceased to be I | nsider: Not applic | able | | | | | | | | | | |
| Security desig | nation: Common | Shares | | | | | | | | | | |
| 35964 | 02 2020-08-31 | 2020-09-02 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | 18,250,000 | | | | | |
| 36775 | 03 2021-02-10 | 2021-02-10 | Direct Ownership : | 15 - Acquisition or disposition under a prospectus | -2,817,500 | 5.7500 | 15,432,500 | | | | | |
| 37653 | 15 2021-06-21 | 2021-06-22 | Direct Ownership : | 15 - Acquisition or disposition under a prospectus | -600,000 | 5.7500 USD | 14,832,500 | | | | | |
| Insider name: | Brien, Nicolas | | | | | | | | | | | |
| Insider's Relat | ionship to Issuer: | 5 - Senior Office | er of Issuer | | | | | | | | | |
| Ceased to be I | nsider: Not applic | able | | | | | | | | | | |
| Security desig | nation: Options (C | Common Shares) | | | | | | | | | | |

Common Shares

00 - Opening Balance-Initial SEDI

Report

Direct Ownership:

4089239

2023-03-01

2023-03-06

| Transaction ID | | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | transaction | Number or value acquired or disposed of | | | calculated | Conversion or exercise price | | Underlying security designation | number or value of underlying | balance of equivalent number or value of underlying |
|----------------|------------|------------|--|-----------------------|---|--------|-----------|------------|------------------------------------|------------|---------------------------------|-------------------------------|---|
| 4089248 | 2023-03-01 | 2023-03-06 | Direct Ownership: | 50 - Grant of options | +6,062,976 | 0.9100 | 6,062,976 | | | 2033-03-01 | Common Shares | +6,062,976 | 6,062,976 |

Issuer name: J55 Capital Corp.

Legend: O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc.

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 8 - Director or Senior Officer of Issuer, 9 - Director or Senior Officer of Iss

Warning: The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

| Transaction ID Date of transaction YYYY-MM- | | Number or Unit price or value acquired exercise or disposed of price | balance calculated | Conversion Date of or exercise expiry or maturity YYYY-MM-DD | , and the second | number or | balance of equivalent number or value of underlying |
|---|--|--|--------------------|--|--|-----------|---|
|---|--|--|--------------------|--|--|-----------|---|

Insider name: Bulua, Meir

Insider's Relationship to Issuer: 5 - Senior Officer of Issuer

Ceased to be Insider: 2020-10-01

Security designation: Common Shares

3420578 2019-08-30 2019-09-06 Direct Ownership: 00 - Opening 7,363,575

Balance-Initial SEDI

Repor

Issuer name: Enthusiast Gaming Holdings Inc. (formerly J55 Capital Corp.)

Legend: O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc.

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of 10% Security Holder, 7 - Director

or Senior Officer of Insider or Subsidiary of Issuer (other than in 4,5,6), 8 - Deemed Insider - 6 Month's before becoming Insider.

Warning: The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure

does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | number or value of underlying | balance of equivalent number or value of underlying |
|-------------------|--|--|--|---|--|------------------------------------|---------------------------------------|------------------------------------|------------------------------------|--------------------|---------------------------------|-------------------------------|---|
| Insider name: B | Bulua, Meir | | | | | | | | | | | | |
| Insider's Relatio | onship to Issuer: | 5 - Senior Office | r of Issuer | | | | | | | | | | |
| Ceased to be Ins | sider: 2020-10-01 | | | | | | | | | | | | |
| Security designa | ation: Common Sha | ares | | | | | | | | | | | |
| 3448646 | 2019-09-09 | 2019-11-11 | Direct Ownership : | 37 - Stock split or consolidation | -6,443,129 | | 920,446 | | | | | | |
| Issuer name: | J55 Capital Corp. | | | | | | | | | | | | |
| Legend: | O - Original transa | uction, A - First a | mendment to trans | saction, A' - Second | amendment to trar | nsaction, AP - A | Amendment to p | aper filing, et | C. | | | | |
| | Insider's Relations or Senior Officer o | hip to Issuer: 1 - of Insider or Subs | · Issuer, 2 - Subsidiary of Issuer (o | diary of Issuer, 3 - 10 ther than in 4,5,6), 8 | 0% Security Holder 3 - Deemed Insider | of Issuer, 4 - I - 6 Months bef | Director of Issue fore becoming In | r, 5 - Senior C sider. | Officer of Issue | r, 6 - Director or | Senior Officer of 10% | Security Holde | er, 7 - Director |
| Warning: | The closing balance does not mean and | ce of the " equiva d should not be t | alent number or va taken to indicate t | alue of underlying se hat the underlying s | ecurities" reflects the ecurities have, in fa | e" total numbe ct, been acqui | r or value of und red or disposed | lerlying securi of by the insid | ties" to which der. | the derivative co | ontracts held by the insi | der relate. This | is disclosure |
| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | number or value of | balance of equivalent |

| YYYY-MM-DD Àolder, if or disposed of price balance price maturity value o applicable) yyyy-MM-DD underly securiti acquire | nt Closing or balance of equivalent ag number or s value of or underlying of securities |
|--|---|
|--|---|

Insider name: Bulua, Meir

Insider's Relationship to Issuer: 5 - Senior Officer of Issuer

Ceased to be Insider: 2020-10-01

Security designation: Common Shares

3420579 2019-08-30 2019-09-06 1,519,200

Indirect Ownership: 00 - Opening Balance-Initial SEDI Report

| Transaction ID | | Date of filing Ownership type YYYY-MM-DD (and registered holder, if applicable) | transaction value ac | or Unit price of quired exercise sed of price | | calculated | Conversion or exercise price | | | number or value of underlying securities | balance of equivalent number or value of underlying |
|----------------|--|--|----------------------|---|--|------------|------------------------------------|--|--|---|---|
|----------------|--|--|----------------------|---|--|------------|------------------------------------|--|--|---|---|

Legend: O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc.

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 8 - Director or Senior Officer of Issuer, 9 - Director or Senior Officer of Iss

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does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

Insider name: Bulua, Meir

Insider's Relationship to Issuer: 5 - Senior Officer of Issuer

Ceased to be Insider: 2020-10-01

Security designation: Common Shares

3448647 2019-09-09 2019-11-11 Indirect Ownership: 37 - Stock split or -1,329,300 189,900

LeverageIT Corp. consolidation

Issuer name: J55 Capital Corp.

Legend: O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc.

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of 10% Security Holder, 7 - Director

or Senior Officer of Insider or Subsidiary of Issuer (other than in 4,5,6), 8 - Deemed Insider - 6 Months before becoming Insider.

Warning: The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure

does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | number or value of underlying | Closing balance of equivalent number or value of underlying securities |
|----------------------|--------------------------------------|-----------------|--|--|---|--------------------|------------------------------------|------------------------------------|---|---------------------------------|-------------------------------|--|
| Insider name: Bulu | ıa, Meir | | | | | | | | | | | |
| Insider's Relationsh | hip to Issuer: 5 | - Senior Office | r of Issuer | | | | | | | | | |
| Ceased to be Inside | er: 2020-10-01 | | | | | | | | | | | |
| Security designation | on: Options (Com | nmon Shares) | | | | | | | | | | |
| 3420581 | 2019-08-30 | 2019-09-06 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | 1,708,264 | | | C | Common Shares | | 1,708,264 |

2019-11-11

3448649

2019-09-09

Legend: O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc.

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of 10% Security Holder, 7 - Director or Senior Officer of Insider or Subsidiary of Issuer (other than in 4,5,6), 8 - Deemed Insider - 6 Months before becoming Insider.

of Senior Officer of insider of Substituting insider.

Warning: The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

| Transaction ID | transaction YYYY-MM-DD | YYYY-MM-DD | (and registered holder, if applicable) | value acquired or disposed of | balance | calculated | or exercise price | designation | number or value of underlying securities | balance of equivalent number or value of underlying |
|----------------------|---------------------------|-----------------|--|-------------------------------|---------|------------|-------------------|-------------|---|---|
| Insider name: Bulu | a, Meir | | | | | | | | | |
| Insider's Relationsh | nip to Issuer: 5 | - Senior Office | r of Issuer | | | | | | | |
| Ceased to be Inside | er: 2020-10-01 | | | | | | | | | |
| Security designatio | n: Options (Com | nmon Shares) | | | | | | | | |

Direct Ownership : 37 - Stock split or consolidation -1,494,731 213,533 Common Shares -1,494,731 213,533

| Transaction ID | Date of transaction YYYY-MM-DI | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | Date of expiry or maturity YYYY-MM-DD | Underlying security designation | value of underlying | balance of equivalent number or value of underlying |
|--------------------|--------------------------------------|--------------------|--|--|---|------------------------------------|--------------------|------------------------------------|------------------------------|--|---------------------------------|------------------------|---|
| Insider name: | Chase, Robert Sco | ott | | | | | | | | | | | |
| Insider's Relat | ionship to Issuer: | 4 - Director of Is | ssuer | | | | | | | | | | |
| Ceased to be I | nsider: Not applica | able | | | | | | | | | | | |
| Security desig | nation: Options (C | ommon Shares) | | | | | | | | | | | |
| 366786 | 61 2020-08-31 | 2021-01-25 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | | Common Shares | | |
| 366786 | 65 2021-01-20 | 2021-01-25 | Direct Ownership : | 50 - Grant of options | +6,294 | | 6,294 | | 3.2000 | 2025-12-09 | Common Shares | +6,294 | 6,294 |
| 366786 | 66 2021-01-20 | 2021-01-25 | Direct Ownership : | 56 - Grant of rights | +10,181 | | 16,475 | | | | Common Shares | +10,181 | 16,475 |
| 373046 | 68 2021-04-13 | 2021-04-19 | Direct Ownership : | 50 - Grant of options | +12,582 | 8.7500 | 29,057 | | 8.7500 | 2026-01-01 | Common Shares | +12,582 | 29,057 |
| Security desig | nation: RSU - can | be exercised for | cash or common s | shares (Common Sha | res) | | | | | | | | |
| 373060 | 03 2020-08-31 | 2021-04-19 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | | Common Shares | | |
| 37306 ⁻ | 10 2021-04-13 | 2021-04-19 | Direct Ownership : | 56 - Grant of rights | +16,222 | | 16,222 | | | | Common Shares | +16,222 | 16,222 |
| Insider name: | Colabrese, Ben | | | | | | | | | | | | |
| Insider's Relat | ionship to Issuer: | 4 - Director of Is | ssuer | | | | | | | | | | |
| Ceased to be I | nsider: Not applica | able | | | | | | | | | | | |

Security designation: Common Shares

| Transac | etion ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | transaction | Number or value acquired or disposed of | | Closing balance | | Underlying security designation | value of underlying | balance of equivalent number or value of underlying |
|---------|----------|--------------------------------------|------------|--|--|---|--------|--------------------|--|---------------------------------|------------------------|---|
| | 3630015 | 2019-08-30 | 2020-11-23 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | | |
| | 3630023 | 2020-11-23 | 2020-11-23 | Direct Ownership : | 10 - Acquisition or disposition in the public market | +10,000 | 3.1260 | 10,000 | | | | |
| | 3808752 | 2021-09-28 | 2021-09-28 | Direct Ownership : | 10 - Acquisition or disposition in the public market | +10,000 | 4.4300 | 20,000 | | | | |

Issuer name: J55 Capital Corp.

3420455

2019-08-30

2019-09-06

Direct Ownership:

Legend: O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc.

00 - Opening Balance-Initial SEDI

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 8 - Director or Senior Officer of Issuer, 9 - Director or Senior Officer of Iss

316,500

Common Shares

316,500

of collid difficulty of capacital y of local (curior than in 1,0,0), or Decirio a motaci.

Warning: The closing balance of the "equivalent number or value of underlying securities" reflects the" total number or value of underlying securities" to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Number or value acquired or disposed of | Closing balance | calculated | Conversion or exercise price | Underlying security designation | number or | balance of equivalent number or value of underlying |
|----------------------|--------------------------------------|-------------------|--|---|--------------------|------------|------------------------------|---------------------------------|-----------|---|
| Insider name: Cola | brese, Ben | | | | | | | | | |
| Insider's Relationsh | nip to Issuer: 4 | - Director of Iss | suer | | | | | | | |
| Ceased to be Inside | er: Not applicabl | е | | | | | | | | |
| Security designatio | n: Options (Com | nmon Shares) | | | | | | | | |

| transaction YYYY-MM-DD (and registered transaction value acquired exercise balance calculated | Conversion Date of or exercise price expiry or maturity YYYY-MM-DD | value of underlying securities acquired o | c Closing balance of equivalent number or value of or underlying of securities |
|---|--|--|--|
|---|--|--|--|

Legend: O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc.

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 8 - Director or Senior Officer of Issuer, 9 - Director or Senior Officer or Sen

Warning: The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

| Trans | action ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | number or value of underlying | value of underlying |
|--------|-----------------|--------------------------------------|--------------------|--|-----------------------------------|---|------------------------------------|--------------------|------------------------------------|------------------------------------|------------|---------------------------------|-------------------------------|------------------------|
| Inside | r name: Col | abrese, Ben | | | | | | | | | | | | |
| Inside | r's Relations | hip to Issuer: | 4 - Director of Is | suer | | | | | | | | | | |
| | | er: Not applicab | | | | | | | | | | | | |
| Secu | ity designation | on: Options (Cor | nmon Shares) | | | | | | | | | | | |
| | 3677939 | 2019-08-30 | 2021-02-11 | Direct Ownership : | 37 - Stock split or consolidation | -276,938 | | 39,562 | 39,562 | | | Common Shares | -276,938 | 39,562 |
| | 3667864 | 2021-01-20 | 2021-01-25 | Direct Ownership : | 50 - Grant of options | +18,883 | | 58,445 | | 3.2000 | 2025-12-09 | Common Shares | +18,883 | 58,445 |
| (| 3667872 | 2021-01-20 | 2021-01-25 | Direct Ownership : | 56 - Grant of rights | +30,544 | | | | | | Common Shares | +30,544 | |
| | 3730966 | 2021-04-13 | 2021-04-19 | Direct Ownership : | 50 - Grant of options | +12,582 | | 71,027 | 71,027 | 8.7500 | 2026-01-01 | Common Shares | +12,582 | 71,027 |

| Transac | tion ID | Date of transaction YYYY-MM-DD | Date of filing YYYY-MM-DD | Ownership type (and registered holder, if applicable) | e Nature of transaction | | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | Date of expiry or maturity YYYY-MM-DD | Underlying security designation | number or value of underlying | value of underlying |
|-----------|-------------|--------------------------------------|------------------------------|--|--|---------|------------------------------------|--------------------|------------------------------------|------------------------------|--|------------------------------------|-------------------------------|------------------------|
| | 3938180 | 2022-04-29 | 2022-05-02 | Direct Ownership : | 50 - Grant of options | +27,448 | | 98,475 | | 2.7500 | 2027-04-20 | Common Shares | +27,448 | 98,475 |
| Security | designatio | on: RSU - can be | e exercised for o | ash or common s | shares (Common Sha | res) | | | | | | | | |
| | 3677941 | 2019-08-30 | 2021-02-11 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | | Common Shares | | |
| А | 3667872 | 2021-01-20 | 2021-02-11 | Direct Ownership : | 56 - Grant of rights | +30,544 | | 30,544 | 30,544 | | | Common Shares | +30,544 | 30,544 |
| | 3730964 | 2021-04-13 | 2021-04-19 | Direct Ownership : | 56 - Grant of rights | +16,222 | | 46,766 | 46,766 | | | Common Shares | +16,222 | 46,766 |
| 0 | 3938184 | 2022-04-29 | 2022-05-02 | Direct Ownership : | 56 - Grant of rights | +41,321 | | | | | 2027-04-20 | Common Shares | +41,321 | |
| А | 3938184 | 2022-04-29 | 2022-05-02 | Direct Ownership : | 56 - Grant of rights | +41,321 | | 88,087 | 88,087 | | | Common Shares | +41,321 | 88,087 |
| | 4032475 | 2022-11-17 | 2022-11-21 | Direct Ownership : | 56 - Grant of rights | +18,108 | | 106,195 | | | | Common Shares | +18,108 | 106,195 |
| Insider r | name: Ellic | tt, John-Bradley | Evans | | | | | | | | | | | |
| Insider's | Relations | hip to Issuer: | 5 - Senior Office | r of Issuer | | | | | | | | | | |
| | | er: Not applicab | | | | | | | | | | | | |
| Security | designatio | on: Options (Cor | nmon Shares) | | | | | | | | | | | |
| | 4032574 | 2022-08-15 | 2022-11-21 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | | Common Shares | | |
| | 4032578 | 2022-11-17 | 2022-11-21 | Direct Ownership : | 50 - Grant of options | +51,403 | 1.1300 | 51,403 | | | 2027-11-17 | Common Shares | +51,403 | 51,403 |

| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | number or value of underlying | |
|-----------------|--------------------------------------|--------------------|--|--|---|------------------------------------|--------------------|------------------------------------|------------------------------------|---|---------------------------------|-------------------------------|--------|
| Security design | nation: RSU - can b | e exercised for o | cash or common s | hares (Common Shai | res) | | | | | | | | |
| 403256 | 9 2022-08-15 | 2022-11-21 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | (| Common Shares | | |
| 403257 | 3 2022-11-17 | 2022-11-21 | Direct Ownership: | 56 - Grant of rights | +76,397 | 1.1340 | 76,397 | | | (| Common Shares | +76,397 | 76,397 |
| Issuer name: | J55 Capital Corp. | | | | | | | | | | | | |
| Legend: | O - Original transa | ction, A - First a | mendment to tran | saction, A' - Second a | amendment to trar | nsaction, AP - A | Amendment to p | aper filing, et | c. | | | | |

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 8 - Director or Senior Officer of Issuer, 9 - Director or Senior Officer or Sen

The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider. Warning:

| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Number or value acquired or disposed of | Closing balance | calculated | Conversion or exercise price | Underlying security designation | number or value of underlying securities | balance of equivalent number or value of underlying |
|---------------------|--------------------------------------|--------------------|--|---|--------------------|------------|------------------------------|---------------------------------|---|---|
| Insider name: Fri | edman, Alan Mark | (| | | | | | | | |
| Insider's Relation | ship to Issuer: 4 | 4 - Director of Is | suer | | | | | | | |
| Ceased to be Inside | der: Not applicab | le | | | | | | | | |
| Security designat | ion: Common Sha | ares | | | | | | | | |

00 - Opening Balance-Initial SEDI 3420467 2019-08-30 2019-09-06 Direct Ownership: 1,611,440

Enthusiast Gaming Holdings Inc. (formerly J55 Capital Corp.) Issuer name:

O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc. Legend:

> Insider's Relationship to Issuer, 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of 10% Security Holder, 7 - Director or Senior Officer of Insider or Subsidiary of Issuer (other than in 4.5.6), 8 - Deemed Insider - 6 Months before becoming Insider.

Warning: The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

Transaction ID Date of Date of filing Ownership type Nature of **Number or** Unit price or Closing **Conversion Date of** Underlying security **Equivalent Closing** transaction YYYY-MM-DD (and registered transaction value acquired exercise balance designation number or balance of calculated or exercise expiry or maturity YYYY-MM-DD YYYY-MM-DD holder, if or disposed of price balance price value of equivalent applicable) underlying number or securities value of acquired or underlying disposed of securities Insider name: Friedman, Alan Mark Insider's Relationship to Issuer: 4 - Director of Issuer

Ceased to be Insider: Not applicable

Security designation: Common Shares

| 3448654 | 2019-09-09 | 2019-11-11 | Direct Ownership : | 37 - Stock split or consolidation | -1,410,010 | | 201,430 | | |
|---------|------------|------------|--------------------|-----------------------------------|------------|-------------|---------|--|--|
| 3668273 | 2021-01-25 | 2021-01-25 | Direct Ownership : | 51 - Exercise of options | +292,151 | 292151.0000 | 493,581 | | |
| 4025351 | 2022-10-31 | 2022-11-04 | Direct Ownership : | 51 - Exercise of options | +17,959 | 0.8000 | 511,540 | | |

J55 Capital Corp. Issuer name:

O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc. Legend:

> Insider's Relationship to Issuer, 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of 10% Security Holder, 7 - Director or Senior Officer of Insider or Subsidiary of Issuer (other than in 4,5,6), 8 - Deemed Insider - 6 Months before becoming Insider.

Warning: The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure

does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

| Transaction ID | Date of transaction YYYY-MM-DD | Date of filing YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | Equivalent number or value of underlying securities acquired or disposed of | balance of equivalent number or value of underlying |
|--------------------|--|---|--|---|--|-------------------------------------|--|------------------------------------|------------------------------------|--------------------|---------------------------------|---|---|
| Insider name: F | riedman, Alan Mark | < | | | | | | | | | | | |
| Insider's Relation | nship to Issuer: 4 | 4 - Director of Is | suer | | | | | | | | | | |
| Ceased to be Ins | ider: Not applicab | le | | | | | | | | | | | |
| Security designa | tion: Common Sha | ares | | | | | | | | | | | |
| 3420471 | 2019-08-30 | 2019-09-06 | | 00 - Opening Balance-Initial SEDI Report | | | 2,532,000 | | | | | | |
| Issuer name: | Enthusiast Gaming | g Holdings Inc. (| formerly J55 Capit | al Corp.) | | | | | | | | | |
| Legend: | O - Original transa | ction, A - First a | mendment to trans | saction, A' - Second | amendment to trar | nsaction, AP - A | Amendment to pa | aper filing, et | c. | | | | |
| | Insider's Relationsl or Senior Officer of | hip to Issuer: 1 - f Insider or Subs | - Issuer, 2 - Subsic sidiary of Issuer (o | diary of Issuer, 3 - 10 ther than in 4,5,6), 8 | % Security Holder - Deemed Insider | of Issuer, 4 - D - 6 Months befo | pirector of Issuer ore becoming Ins | r, 5 - Senior C sider. | Officer of Issue | r, 6 - Director or | Senior Officer of 10% S | Security Holde | er, 7 - Director |
| Warning: | The closing balanc does not mean and | e of the " equiva d should not be | alent number or va taken to indicate th | alue of underlying sec nat the underlying se | curities" reflects the curities have, in fa | e" total number ct, been acquir | or value of unde ed or disposed o | erlying securi of by the insid | ties" to which der. | the derivative co | ontracts held by the insi | der relate. This | s disclosure |
| Transaction ID | Date of transaction YYYY-MM-DD | Date of filing YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | value of underlying | balance of equivalent number or value of underlying |
| Insider name: F | riedman, Alan Mark | (| | | | | | | | | | | |
| Insider's Relation | nship to Issuer: 4 | 4 - Director of Is | suer | | | | | | | | | | |
| Ceased to be Ins | ider: Not applicab | le | | | | | | | | | | | |
| Security designa | tion: Common Sha | ares | | | | | | | | | | | |

316,500

-2,215,500

Indirect Ownership: 37 - Stock split or Esmys Family Trust consolidation

3448655

2019-09-09

2019-11-11

| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD (h | Ownership type (and registered holder, if applicable) | | Number or value acquired or disposed of | | | calculated | Conversion or exercise price | | Underlying security designation | number or value of underlying securities | balance of equivalent number or value of underlying |
|----------------|--------------------------------------|-------------------|--|--|---|--|--|------------|------------------------------------|--|---------------------------------|---|---|
|----------------|--------------------------------------|-------------------|--|--|---|--|--|------------|------------------------------------|--|---------------------------------|---|---|

O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc. Legend:

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 8 - Director or Senior Officer of Issuer, 9 - Director or Senior Officer of Iss

Warning: The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure

does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

| Transaction ID Date of transaction IV Page 1 | | | | | | Conversion or exercise price | | | number or | balance of equivalent number or value of underlying |
|--|--|--|--|--|--|------------------------------------|--|--|-----------|---|
|--|--|--|--|--|--|------------------------------------|--|--|-----------|---|

Insider name: Friedman, Alan Mark

Insider's Relationship to Issuer: 4 - Director of Issuer

Ceased to be Insider: Not applicable

Security designation: Common Shares

3420476 2019-08-30 2019-09-06 502.378 00 - Opening Indirect Ownership: Balance-Initial SEDI

Grayston Capital

Investments Inc.

Enthusiast Gaming Holdings Inc. (formerly J55 Capital Corp.) Issuer name:

O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc. Legend:

Insider's Relationship to Issuer, 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of 10% Security Holder, 7 - Director

or Senior Officer of Insider or Subsidiary of Issuer (other than in 4,5,6), 8 - Deemed Insider - 6 Months before becoming Insider.

The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure Warning:

does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | (and registered holder, if applicable) | transaction | value acquired or disposed of | unit price or exercise price | balance | insider's calculated balance | conversion or exercise price | expiry or maturity | designation | number or value of underlying securities acquired or disposed of | balance of equivalent number or value of underlying |
|--------------------|--|---|--|--|--|------------------------------------|---------------------------------------|------------------------------------|------------------------------|--|---------------------------------|---|---|
| Insider name: F | riedman, Alan Mark | < | | | | | | | | | | | |
| Insider's Relation | nship to Issuer: 4 | 4 - Director of Iss | suer | | | | | | | | | | |
| Ceased to be Ins | sider: Not applicab | le | | | | | | | | | | | |
| Security designa | ation: Common Sha | ares | | | | | | | | | | | |
| 3448656 | 2019-09-09 | | Indirect Ownership : Grayston Capital Investments Inc. | 37 - Stock split or consolidation | -439,581 | | 62,797 | | | | | | |
| Issuer name: | J55 Capital Corp. | | | | | | | | | | | | |
| Legend: | O - Original transa | ction, A - First a | mendment to trar | nsaction, A' - Second | amendment to trar | nsaction, AP - A | Amendment to p | aper filing, e | tc. | | | | |
| | Insider's Relations or Senior Officer of | hip to Issuer: 1 - f Insider or Subs | Issuer, 2 - Subsi sidiary of Issuer (d | diary of Issuer, 3 - 10 other than in 4,5,6), 8 | % Security Holder - Deemed Insider | of Issuer, 4 - E - 6 Months bef | Director of Issuer ore becoming In | r, 5 - Senior (sider. | Officer of Issue | er, 6 - Director or | Senior Officer of 10% | Security Holde | er, 7 - Directo |
| Warning: | The closing balance does not mean and | e of the " equiva d should not be t | alent number or v taken to indicate | alue of underlying sec that the underlying se | curities" reflects the curities have, in fa | e" total numbei ct, been acquii | r or value of und red or disposed | erlying secur of by the insi | ities" to which der. | the derivative co | ontracts held by the insi | der relate. Thi | s disclosure |
| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | Date of expiry or maturity YYYY-MM-DD | Underlying security designation | number or value of | balance of equivalent number or value of underlying |
| Insider name: F | riedman, Alan Mark | < | | | | | | | | | | | |
| Insider's Relation | nship to Issuer: 4 | 4 - Director of Iss | suer | | | | | | | | | | |
| Ceased to be Ins | sider: Not applicab | le | | | | | | | | | | | |
| Security designa | ation: Options (Cor | mmon Shares) | | | | | | | | | | | |
| 3420482 | 2019-08-30 | 2019-09-06 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | 4,315,452 | | | (| Common Shares | | 4,315,452 |

Number or value acquired exercise Closing balance

Insider's Conversion Date of calculated or exercise expiry or Underlying security Equivalent Closing designation number or balance of

Date of filing Ownership type Nature of YYYY-MM-DD (and registered transaction

Transaction ID

Date of

| Transaction ID | | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | | Number or value acquired or disposed of | | Closing balance | calculated | Conversion or exercise price | | | number or value of underlying securities | balance of equivalent number or value of underlying |
|----------------|--|------------|--|--|---|--|--------------------|------------|------------------------------|--|--|---|---|
|----------------|--|------------|--|--|---|--|--------------------|------------|------------------------------|--|--|---|---|

Legend: O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc.

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 8 - Director or Senior Officer of Issuer, 9 - Director or Senior Officer or Sen

Warning: The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

| Transacti | on ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | number or value of underlying | Closing balance of equivalent number or value of underlying securities |
|-------------|------------|--------------------------------------|--------------------|--|-----------------------------------|---|------------------------------------|--------------------|------------------------------------|------------------------------------|------------|---------------------------------|-------------------------------------|--|
| Insider na | ame: Fried | dman, Alan Mark | < | | | | | | | | | | | |
| Insider's | Relationsh | nip to Issuer: 4 | 4 - Director of Is | suer | | | | | | | | | | |
| | | er: Not applicable | | | | | | | | | | | | |
| Security of | designatio | n: Options (Con | nmon Shares) | | | | | | | | | | | |
| | 3448657 | 2019-09-09 | 2019-11-11 | Direct Ownership : | 37 - Stock split or consolidation | -3,776,021 | | 539,431 | | | | Common Shares | -3,776,021 | 539,431 |
| | 3668265 | 2021-01-20 | 2021-01-25 | Direct Ownership : | 50 - Grant of options | +18,883 | 3.2000 | 558,314 | | 3.2000 | 2026-01-20 | Common Shares | +18,883 | 558,314 |
| | 3668272 | 2021-01-25 | 2021-01-25 | Direct Ownership : | 51 - Exercise of options | -292,151 | 3.2000 | 266,163 | | 3.2000 | 2026-01-20 | Common Shares | -292,151 | 266,163 |
| | 3730951 | 2021-04-13 | 2021-04-19 | Direct Ownership : | 50 - Grant of options | +12,582 | | 278,745 | 278,745 | 8.7500 | 2026-01-01 | Common Shares | +12,582 | 278,745 |

| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | transaction | Number or value acquired or disposed of | | Closing balance | calculated | | | Underlying security designation | number or value of underlying | balance of equivalent number or value of underlying |
|----------------|--------------------------------------|------------|--|--------------------------|---|--------|--------------------|------------|--------|------------|---------------------------------|-------------------------------|---|
| 3938213 | 2022-04-29 | 2022-05-02 | Direct Ownership : | 50 - Grant of options | +27,448 | 2.7500 | 306,193 | | 2.7500 | 2027-04-20 | Common Shares | +27,448 | 306,193 |
| 4025349 | 2022-10-31 | 2022-11-04 | Direct Ownership : | 51 - Exercise of options | -17,959 | 0.8000 | 288,234 | | 0.8000 | 2022-10-17 | Common Shares | -17,959 | 288,234 |

O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc. Legend:

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 8 - Director or Senior Officer of Issuer, 9 - Director or Senior Officer of Iss

The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider. Warning:

| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type Nature of (and registered transaction holder, if applicable) | Number or value acquired or disposed of | | Closing balance | | Conversion or exercise price | | J | number or value of underlying securities | balance of equivalent number or value of underlying |
|----------------|--------------------------------------|------------|---|---|--|--------------------|--|------------------------------------|--|---|--|---|
|----------------|--------------------------------------|------------|---|---|--|--------------------|--|------------------------------------|--|---|--|---|

Insider name: Friedman, Alan Mark

Insider's Relationship to Issuer: 4 - Director of Issuer

Ceased to be Insider: Not applicable

Security designation: Options (Common Shares)

00 - Opening Balance-Initial SEDI 3420486 2019-08-30 2019-09-06 Indirect Ownership: 1,436,778 Common Shares 143,678

Gravston Capital

Investments Inc.

Legend: O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc.

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of 10% Security Holder, 7 - Director or Senior Officer of Insider or Subsidiary of Issuer (other than in 4,5,6), 8 - Deemed Insider - 6 Months before becoming Insider.

Warning: The closing balance of the "equivalent number or value of underlying securities" reflects the" total number or value of underlying securities" to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

| Transaction | t | Date of ransaction (YYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | transaction | | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | number or value of underlying | value of underlying |
|---------------|------------|-------------------------------------|---------------------|--|--|------------|------------------------------------|--------------------|------------------------------------|------------------------------|---|---------------------------------|-------------------------------|------------------------|
| Insider name | e: Friedn | nan, Alan Mark | (| | | | | | | | | | | |
| Insider's Rel | lationship | p to Issuer: 4 | 4 - Director of Iss | suer | | | | | | | | | | |
| Ceased to be | e Insider: | : Not applicabl | le | | | | | | | | | | | |
| Security des | signation | : Options (Con | nmon Shares) | | | | | | | | | | | |
| 344 | 18658 | 2019-09-09 | | Indirect Ownership : Grayston Capital Investments Inc. | 37 - Stock split or consolidation | -1,257,181 | | 179,597 | | | C | Common Shares | -1,257,181 | -1,113,503 |
| Security des | signation | : RSU - can be | e exercised for c | ash or common s | shares (Common Shar | res) | | | | | | | | |
| 366 | 88266 | 2019-08-30 | 2021-01-25 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | C | Common Shares | | |
| 366 | 88268 | 2021-01-20 | 2021-01-25 | Direct Ownership : | 56 - Grant of rights | +30,544 | | 30,544 | | | C | Common Shares | +30,544 | 30,544 |
| 373 | 30946 | 2021-04-13 | 2021-04-19 | Direct Ownership : | 56 - Grant of rights | +16,222 | | 46,766 | | | C | Common Shares | +16,222 | 46,766 |
| 393 | 38215 | 2022-04-29 | 2022-05-02 | Direct Ownership : | 56 - Grant of rights | +41,321 | | 88,087 | | | C | Common Shares | +41,321 | 88,087 |
| 403 | 32487 | 2022-11-17 | 2022-11-21 | Direct Ownership : | 56 - Grant of rights | +15,199 | | 103,286 | | | C | Common Shares | +15,199 | 103,286 |

| Transaction | on ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | number or value of underlying | value of underlying |
|-------------|------------|--------------------------------------|--------------------|--|--|---|------------------------------------|--------------------|------------------------------------|------------------------------|------------|---------------------------------|-------------------------------|------------------------|
| Insider na | me: Gold | hill, David | | | | | | | | | | | | |
| Insider's F | Relationsh | ip to Issuer: 4 | - Director of Iss | suer | | | | | | | | | | |
| Ceased to | be Inside | r: Not applicable | e | | | | | | | | | | | |
| Security of | lesignatio | n: Options (Con | nmon Shares) | | | | | | | | | | | |
| | 4032871 | 2022-07-19 | 2022-11-22 | • | 00 - Opening Balance-Initial SEDI Report | | | | | | C | Common Shares | | |
| | 4032872 | 2022-11-17 | 2022-11-22 | Direct Ownership: | 50 - Grant of options | +30,652 | 1.1300 | 30,652 | | | 2027-11-17 | Common Shares | +30,652 | 30,652 |
| Security of | lesignatio | n: RSU - can be | e exercised for ca | ash or common sl | nares (Common Shar | es) | | | | | | | | |
| | 4032868 | 2022-07-19 | 2022-11-22 | | 00 - Opening Balance-Initial SEDI Report | | | | | | C | Common Shares | | |
| | 4032870 | 2022-11-17 | 2022-11-22 | Direct Ownership : | 56 - Grant of rights | +59,300 | 1.1340 | 59,300 | | | C | Common Shares | +59,300 | 59,300 |

Issuer name: J55 Capital Corp.

Legend: O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc.

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of 10% Security Holder, 7 - Director or Senior Officer of Insider or Subsidiary of Issuer (other than in 4,5,6), 8 - Deemed Insider - 6 Months before becoming Insider.

Warning: The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

| Transacti | on ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | number or value of underlying | value of underlying |
|-------------|------------|--------------------------------------|--------------------|--|---|---|------------------------------------|--------------------|------------------------------------|------------------------------|------------|---------------------------------|-------------------------------|---------------------|
| Insider na | ıme: Heln | nel, Alexander | | | | | | | | | | | | |
| Insider's | Relations | nip to Issuer: | 4 - Director of Is | suer | | | | | | | | | | |
| Ceased to | be Inside | er: 2019-08-30 | | | | | | | | | | | | |
| Security of | designatio | n: Common Sh | ares | | | | | | | | | | | |
| | 3279780 | 2018-12-03 | 2018-12-12 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | 375,000 | | | | | | |
| | 3418672 | 2019-08-26 | 2019-09-03 | Direct Ownership : | 37 - Stock split or consolidation | -75,000 | | 300,000 | | | | | | |
| | 3418677 | 2019-08-30 | | Direct Ownership : | 22 - Acquisition or disposition pursuant to a take-over bid, merger or acquisition | +1,000,000 | | 1,300,000 | | | | | | |
| Security of | designatio | n: Options (Cor | mmon Shares) | | | | | | | | | | | |
| | 3279781 | 2018-12-03 | 2018-12-12 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | | Common Shares | | |
| | 3279782 | 2018-12-12 | 2018-12-12 | Direct Ownership : | 50 - Grant of options | +40,000 | | 40,000 | | 0.1000 | 2028-12-12 | Common Shares | +40,000 | 40,000 |
| | 3418673 | 2019-08-26 | 2019-09-03 | Direct Ownership : | 37 - Stock split or consolidation | -8,000 | | 32,000 | | 0.1250 | | Common Shares | -8,000 | 32,000 |
| Insider na | ıme: Kest | enbaum, Menas | she | | | | | | | | | | | |
| Insider's | Relationsl | nip to Issuer: | 4 - Director of Is | suer, 5 - Senior C | Officer of Issuer | | | | | | | | | |
| Ceased to | be Inside | er: 2022-03-30 | | | | | | | | | | | | |
| Security of | designatio | n: Common Sh | ares | | | | | | | | | | | |

| Transaction ID | | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | transaction | Number or value acquired or disposed of | | calculated | Conversion or exercise price | | number or value of underlying securities | balance of equivalent number or value of underlying |
|----------------|------------|------------|--|--------------------------------------|---|-----------|------------|------------------------------------|--|---|---|
| 3420504 | 2019-08-30 | 2019-09-06 | Direct Ownership : | 00 - Opening Balance-Initial SEDI | | 6,620,449 | | | | | |

Issuer name: Enthusiast Gaming Holdings Inc. (formerly J55 Capital Corp.)

Transaction ID

Date of

Legend: O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc.

Report

Date of filing Ownership type Nature of

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of 10% Security Holder, 7 - Director or Senior Officer of Insider or Subsidiary of Issuer (other than in 4,5,6), 8 - Deemed Insider - 6 Months before becoming Insider.

Insider's Conversion Date of

Underlying security Equivalent Closing

Unit price or Closing

The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider. Warning:

Number or

| Transaction | transaction YYYY-MM-DI | YYYY-MM-DŒ | O (and registered holder, if applicable) | transaction | value acquired or disposed of | | balance | calculated | or exercise price | designation | number or value of underlying securities | balance of equivalent number or value of underlying |
|---------------|---------------------------|--------------------|--|---|----------------------------------|--------|-----------|------------|----------------------|-------------|---|---|
| Insider name | : Kestenbaum, Mena | she | | | | | | | | | | |
| Insider's Rel | ationship to Issuer: | 4 - Director of Is | ssuer, 5 - Senior (| Officer of Issuer | | | | | | | | |
| Ceased to be | e Insider: 2022-03-30 |) | | | | | | | | | | |
| Security des | ignation: Common S | hares | | | | | | | | | | |
| 344 | 3659 2019-09-09 | 2019-11-11 | Direct Ownership : | 37 - Stock split or consolidation | -5,792,893 | | 827,556 | | | | | |
| 362 | 0557 2020-10-29 | 2020-11-02 | Direct Ownership : | 11 - Acquisition or disposition carried out privately | -24,924 | | 802,632 | | | | | |
| 366 | 2449 2020-12-29 | 2021-01-13 | Direct Ownership: | 54 - Exercise of warrants | +483,452 | 0.3740 | 1,286,084 | | | | | |

| T | ransaction ID | | YYYY-MM-DD | Ownership type Na (and registered tra holder, if applicable) | ansaction | Number or value acquired or disposed of | balance | calculated | | number or value of underlying securities | balance of equivalent number or value of underlying |
|---|---------------|------------|------------|---|-----------------|---|-----------|------------|--|---|---|
| | 3667891 | 2021-01-20 | 2021-01-25 | Direct Ownership: 56 - | Grant of rights | +118,826 | 1,404,910 | | | | |

Issuer name: J55 Capital Corp.

O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc. Legend:

> Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of 10% Security Holder, 7 - Director or Senior Officer of Insider or Subsidiary of Issuer (other than in 4,5,6), 8 - Deemed Insider - 6 Months before becoming Insider.

The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider. Warning:

| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Number or value acquired or disposed of | | calculated | Conversion or exercise price | | number or | balance of equivalent number or value of underlying |
|------------------|--------------------------------------|------------|--|---|--|------------|------------------------------------|--|-----------|---|
| Insider name: Ke | stenhaum Menas | he | | | | | | | | |

Insider's Relationship to Issuer: 4 - Director of Issuer, 5 - Senior Officer of Issuer

Ceased to be Insider: 2022-03-30

Security designation: Common Shares

4,979,600 3420513 2019-08-30 2019-09-06 Indirect Ownership: 00 - Opening

KFPH Vest Holdings Balance-Initial SEDI

Issuer name: Enthusiast Gaming Holdings Inc. (formerly J55 Capital Corp.)

O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc. Legend:

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of 10% Security Holder, 7 - Director

or Senior Officer of Insider or Subsidiary of Issuer (other than in 4,5,6), 8 - Deemed Insider - 6 Months before becoming Insider.

Warning: The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure

does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | Equivalent number or value of underlying securities acquired or disposed of | |
|----------------------|---|---|--|---|--|-------------------------------------|------------------------------------|------------------------------------|------------------------------|--------------------|---------------------------------|---|------------------------|
| Insider name: K | Kestenbaum, Menas | she | | | | | | | | | | | |
| Insider's Relatio | onship to Issuer: | 4 - Director of Is | suer, 5 - Senior C | Officer of Issuer | | | | | | | | | |
| Ceased to be Ins | sider: 2022-03-30 | | | | | | | | | | | | |
| Security designa | ation: Common Sh | ares | | | | | | | | | | | |
| 3448660 | 2019-09-09 | 2019-11-11 | Indirect Ownership : KFPH Vest Holdings Inc. | | -4,357,150 | | 622,450 | | | | | | |
| Issuer name: | J55 Capital Corp. | | | | | | | | | | | | |
| Legend: | O - Original transa | ction, A - First a | mendment to tran | saction, A' - Second a | amendment to trar | saction, AP - A | Amendment to p | aper filing, et | c. | | | | |
| | Insider's Relations or Senior Officer o | hip to Issuer: 1 - f Insider or Subs | · Issuer, 2 - Subsi sidiary of Issuer (c | diary of Issuer, 3 - 10 ^o other than in 4,5,6), 8 | % Security Holder - Deemed Insider | of Issuer, 4 - D - 6 Months befo | Director of Issuer ore becoming In | r, 5 - Senior C sider. | Officer of Issue | r, 6 - Director or | Senior Officer of 10% S | Security Holde | r, 7 - Director |
| Warning: | The closing balance does not mean and | ce of the " equiva d should not be | alent number or votaken to indicate t | alue of underlying sec that the underlying sec | curities" reflects the curities have, in fa | e" total number ct, been acquir | or value of undered or disposed of | erlying secur of by the insi | ities" to which der. | the derivative co | ontracts held by the insi | der relate. This | s disclosure |
| Transaction ID | Date of transaction YYYY-MM-DD | Date of filing YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | Equivalent number or value of underlying securities acquired or disposed of | value of underlying |
| Insider name: K | Kestenbaum, Menas | she | | | | | | | | | | | |
| Insider's Relatio | onship to Issuer: | 4 - Director of Is | suer, 5 - Senior C | Officer of Issuer | | | | | | | | | |
| Ceased to be Ins | sider: 2022-03-30 | | | | | | | | | | | | |
| Security designation | ation: Options (Cor | mmon Shares) | | | | | | | | | | | |
| 3420519 | 2019-08-30 | 2019-09-06 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | 2,592,966 | | | C | Common Shares | | 2,592,966 |

| Transaction ID | Date of transaction YYYY-MM-DD | Date of filing YYYY-MM-DE | Ownership typ O (and registered holder, if applicable) | e Nature of I transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | Date of expiry or maturity YYYY-MM-DD | Underlying security designation | number or value of | balance of equivalent number or value of underlying |
|-----------------|--|--------------------------------------|---|---|--|------------------------------------|---------------------------------------|------------------------------------|------------------------------------|---------------------------------------|---------------------------------|--------------------|---|
| ssuer name: | Enthusiast Gaming | g Holdings Inc. (| (formerly J55 Cap | ital Corp.) | | | | | | | | | |
| _egend: | O - Original transa | ction, A - First a | amendment to tra | nsaction, A' - Second | amendment to trar | nsaction, AP - | Amendment to p | oaper filing, et | C. | | | | |
| | Insider's Relations or Senior Officer o | hip to Issuer: 1 f Insider or Sub | - Issuer, 2 - Subs sidiary of Issuer (| idiary of Issuer, 3 - 10 other than in 4,5,6), 8 | % Security Holder - Deemed Insider | of Issuer, 4 - I - 6 Months bef | Director of Issue fore becoming Ir | r, 5 - Senior C nsider. | Officer of Issue | r, 6 - Director o | r Senior Officer of 10% | Security Holde | r, 7 - Director |
| Warning: | The closing balance does not mean and | ce of the " equiv d should not be | valent number or v taken to indicate | ralue of underlying sec that the underlying se | curities" reflects the curities have, in fa | e" total numbe ct, been acqui | r or value of und red or disposed | derlying secur of by the insid | ities" to which der. | the derivative c | ontracts held by the insi | der relate. This | s disclosure |
| Fransaction ID | Date of transaction YYYY-MM-DD | Date of filing YYYY-MM-DE | Ownership typ O (and registered holder, if applicable) | e Nature of I transaction | Number or value acquired or disposed of | | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | number or value of | balance of equivalent number or value of underlying |
| | Kestenbaum, Menas | | | | | | | | | | | | |
| | onship to Issuer: | 4 - Director of Is | ssuer, 5 - Senior (| Officer of Issuer | | | | | | | | | |
| | nsider: 2022-03-30 nation: Options (Cor | mmon Shares) | | | | | | | | | | | |
| | • | • | | | | | | | | | | | |
| 344866 | 1 2019-09-09 | 2019-11-11 | Direct Ownership : | 37 - Stock split or consolidation | -2,268,846 | | 324,120 | | | | Common Shares | -2,268,846 | 324,120 |
| 366789 | 0 2021-01-20 | 2021-01-25 | Direct Ownership : | 50 - Grant of options | +73,460 | 3.2000 | 397,580 | | | | Common Shares | +73,460 | 397,580 |
| 373111 | 7 2021-04-13 | 2021-04-19 | Direct Ownership : | 50 - Grant of options | +85,315 | 8.7500 | 482,895 | | | 2026-01-01 | Common Shares | +85,315 | 482,895 |
| Security desigr | nation: RSU - can be | e exercised for | cash or common | shares (Common Sha | res) | | | | | | | | |
| 373111 | 5 2019-08-30 | 2021-04-19 | Direct Ownership: | 00 - Opening Balance-Initial SEDI Report | | | | | | | Common Shares | | |

| Transact | ion ID | Date of transaction YYYY-MM-DD | Date of filing YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | | balance of equivalent number or value of underlying |
|-----------|-------------|--------------------------------------|------------------------------|--|--|---|--------|--------------------|------------------------------------|------------------------------|------------|----------------------------------|------------|---|
| | 3731116 | 2021-04-13 | 2021-04-19 | Direct Ownership : | 56 - Grant of rights | +110,000 | | 110,000 | | | | Common Shares | +110,000 | 110,000 |
| Security | designatio | on: Warrants (Co | mmon Shares | EGH W to J55 CS | 8) | | | | | | | | | |
| 0 | 3420754 | 2019-08-30 | 2019-09-06 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | | Common Shares EGH W to J55 CS | | |
| А | 3420754 | 2019-08-30 | 2019-11-11 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | 6,667,629 | | | | Common Shares EGH W to J55 CS | | 6,667,629 |
| | 3448662 | 2019-09-09 | 2019-11-11 | Direct Ownership : | 37 - Stock split or consolidation | -5,834,176 | | 833,453 | | | | Common Shares EGH W to J55 CS | -5,834,176 | 833,453 |
| | 3489094 | 2020-01-06 | 2020-01-28 | Direct Ownership : | 97 - Other | -131,875 | 0.3743 | 701,578 | | | | Common Shares EGH W to J55 CS | -131,875 | 701,578 |
| | 3662441 | 2020-12-29 | 2021-01-13 | Direct Ownership : | 54 - Exercise of warrants | -483,452 | 0.3740 | 218,126 | | | | Common Shares EGH W to J55 CS | -483,452 | 218,126 |
| Insider n | ame: Lee | , Janny | | | | | | | | | | | | |
| Insider's | Relations | hip to Issuer: 4 | - Director of Is | suer | | | | | | | | | | |
| Ceased t | o be Insid | er: Not applicab | e | | | | | | | | | | | |
| Security | designation | on: Options (Con | nmon Shares) | | | | | | | | | | | |
| | 4032600 | 2022-07-19 | 2022-11-21 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | | Common Shares | | |
| | 4032601 | 2022-11-17 | 2022-11-21 | Direct Ownership : | 50 - Grant of options | +30,652 | 1.1300 | 30,652 | | | 2027-11-17 | Common Shares | +30,652 | 30,652 |

| Transact | tion ID | Date of transaction YYYY-MM-DD | Date of filing YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | Date of expiry or maturity YYYY-MM-DD | Underlying security designation | number or value of underlying | Closing balance of equivalent number or value of underlying securities |
|-----------|-------------|--------------------------------------|------------------------------|--|--|---|------------------------------------|--------------------|------------------------------------|------------------------------|--|------------------------------------|-------------------------------|--|
| | 4032598 | 2022-07-19 | 2022-11-21 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | | Common Shares | | |
| 0 | 4032599 | 2022-11-17 | 2022-11-21 | Direct Ownership : | 56 - Grant of rights | +15,199 | 1.1340 | | | | | Common Shares | +15,199 | |
| А | 4032599 | 2022-11-17 | 2022-11-22 | Direct Ownership : | 56 - Grant of rights | +60,755 | 1.1340 | 60,755 | | | | Common Shares | +60,755 | 60,755 |
| Insider n | name: Mad | cdonald, Alexand | ler Ross | | | | | | | | | | | |
| Insider's | Relations | hip to Issuer: | 5 - Senior Office | er of Issuer | | | | | | | | | | |
| Ceased t | to be Insid | er: Not applicab | le | | | | | | | | | | | |
| Security | designation | on: Common Sh | ares | | | | | | | | | | | |
| | 3563773 | 2019-08-30 | 2020-06-16 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | | | | |
| | 3563775 | 2020-06-12 | 2020-06-16 | Direct Ownership : | 10 - Acquisition or disposition in the public market | +16,700 | 1.5000 | 16,700 | 16,700 | | | | | |
| | 3563776 | 2020-06-15 | 2020-06-16 | Direct Ownership : | 10 - Acquisition or disposition in the public market | +3,300 | 1.5000 | 20,000 | 20,000 | | | | | |
| Security | designation | on: Options (Cor | mmon Shares) | | | | | | | | | | | |
| 0 | 3422390 | 2019-08-30 | 2019-09-09 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | | Common Shares | | |
| А | 3422390 | 2019-08-30 | 2019-09-09 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | 1,500,000 | | | | Common Shares | | 1,500,000 |
| | 3563784 | 2019-08-30 | 2020-06-16 | Direct Ownership : | 37 - Stock split or consolidation | -1,312,500 | | 187,500 | 187,500 | | | Common Shares | -1,312,500 | 187,500 |

| Transac | tion ID | Date of transaction YYYY-MM-DD | Date of filing YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | Unit price or Cle exercise ba price | lance | calculated | Conversion or exercise price | | Underlying security designation | number or value of underlying | Closing balance of equivalent number or value of underlying securities |
|-----------|-------------|--------------------------------------|------------------------------|--|--|---|---|---------|------------|------------------------------|------------|---------------------------------|-------------------------------|--|
| | 3667821 | 2021-01-20 | 2021-01-25 | Direct Ownership : | 50 - Grant of options | +124,649 | | 312,149 | 312,149 | 3.2000 | 2024-12-09 | Common Shares | +124,649 | 312,149 |
| 0 | 3730372 | 2021-04-13 | 2021-04-18 | Direct Ownership : | 50 - Grant of options | +66,741 | | | 378,890 | 8.7500 | 2026-01-01 | Common Shares | +66,741 | |
| А | 3730372 | 2021-04-13 | 2021-04-18 | Direct Ownership : | 50 - Grant of options | +51,764 | | 363,913 | 363,913 | 8.7500 | 2026-01-01 | Common Shares | +51,764 | 363,913 |
| | 3938191 | 2022-04-29 | 2022-05-02 | Direct Ownership : | 50 - Grant of options | +123,219 | | 487,132 | 487,132 | 2.7500 | 2027-04-20 | Common Shares | +123,219 | 487,132 |
| Security | designation | on: Rights Restri | cted Share Unit | s (Common Share | es) | | | | | | | | | |
| | 3667819 | 2019-08-30 | 2021-01-25 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | | Common Shares | | |
| | 3667820 | 2021-01-20 | 2021-01-25 | Direct Ownership : | 56 - Grant of rights | +226,268 | | 226,268 | 226,268 | | | Common Shares | +226,268 | 226,268 |
| | 3730373 | 2021-04-13 | 2021-04-18 | Direct Ownership : | 56 - Grant of rights | +66,741 | | 293,009 | 293,009 | | | Common Shares | +66,741 | 293,009 |
| | 3938192 | 2022-04-29 | 2022-05-02 | Direct Ownership : | 56 - Grant of rights | +185,500 | | 478,509 | 478,509 | | | Common Shares | +185,500 | 478,509 |
| Insider r | name: Mai | da, Stephen Jam | ies | | | | | | | | | | | |
| Insider's | Relations | hip to Issuer: 4 | 4 - Director of Is | suer | | | | | | | | | | |

Direct Ownership:

Ceased to be Insider: 2020-12-08

O 3517144

Security designation: Common Shares

2019-08-29

2020-03-13

| Trar | nsact | ion ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | transaction | | Unit price or exercise price | Closing balance | calculated | Conversion or exercise price | Date of expiry or maturity YYYY-MM-DD | | number or value of underlying | value of underlying |
|------|-------|------------|--------------------------------------|--------------|--|--|-------------|------------------------------------|--------------------|------------|------------------------------|---------------------------------------|--------------|-------------------------------|---------------------|
| | Α | 3517144 | 2019-08-29 | 2020-03-16 | | 00 - Opening Balance-Initial SEDI Report | | | | | | | | | |
| | Α' | 3517144 | 2019-08-29 | 2020-12-18 | | 00 - Opening Balance-Initial SEDI Report | | | 60,000,000 | | | | | | |
| | | 3518453 | 2019-09-09 | 2020-03-16 | Direct Ownership : | 37 - Stock split or consolidation | -52,500,000 | | 7,500,000 | | | | | | |
| | | 3517146 | 2020-03-11 | 2020-03-13 | | 10 - Acquisition or disposition in the public market | +42,500 | 1.5300 | 7,542,500 | | | | | | |
| Sec | urity | designatio | n: Options (Con | nmon Shares) | | | | | | | | | | | |
| | 0 | 3518454 | 2019-08-29 | 2020-03-16 | • | 00 - Opening Balance-Initial SEDI Report | | | | | | C | ommon Shares | | |
| | Α | 3518454 | 2019-08-29 | 2020-12-18 | · | 00 - Opening Balance-Initial SEDI Report | | | 2,000,000 | | | С | ommon Shares | | 2,000,000 |
| | | 3518455 | 2019-09-09 | 2020-03-16 | Direct Ownership : | 37 - Stock split or consolidation | -1,750,000 | | 250,000 | | | С | ommon Shares | -1,750,000 | 250,000 |

J55 Capital Corp. Issuer name:

O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc. Legend:

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of 10% Security Holder, 7 - Director or Senior Officer of Insider or Subsidiary of Issuer (other than in 4,5,6), 8 - Deemed Insider - 6 Months before becoming Insider.

The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider. Warning:

| Transactio | on ID | Date of transaction YYYY-MM-DD | Date of filing YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | Equivalent number or value of underlying securities acquired or disposed of | |
|-------------|-----------|--|---------------------------------------|--|---|---|-------------------------------------|---------------------------------------|------------------------------------|------------------------------------|---------------------|---------------------------------|---|-----------------|
| Insider nar | me: Mo | ntgomery, Adrian | Taylor | | | | | | | | | | | |
| Insider's R | Relations | ship to Issuer: | 3 - 10% Security | / Holder of Issuer | , 4 - Director of Issuer | , 5 - Senior Office | r of Issuer | | | | | | | |
| Ceased to | be Insid | ler: Not applicab | le | | | | | | | | | | | |
| Security de | esignati | on: Common Sh | ares | | | | | | | | | | | |
| 3 | 3279500 | 2018-12-03 | 2018-12-12 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | 3,999,500 | | | | | | |
| 3 | 3419490 | 2019-08-26 | 2019-09-04 | Direct Ownership : | 37 - Stock split or consolidation | -799,900 | | 3,199,600 | | | | | | |
| 3 | 3419493 | 2019-08-30 | 2019-09-04 | Direct Ownership : | 22 - Acquisition or disposition pursuant to a take-over bid, merger or acquisition | +21,950,000 | | 25,149,600 | | | | | | |
| Issuer nam | ne: E | nthusiast Gaming | g Holdings Inc. (| formerly J55 Cap | ital Corp.) | | | | | | | | | |
| Legend: | 0 | - Original transa | ction, A - First a | mendment to trar | nsaction, A' - Second a | amendment to trar | nsaction, AP - A | Amendment to p | aper filing, et | c. | | | | |
| | In o | nsider's Relations r Senior Officer o | hip to Issuer: 1 f Insider or Sub | - Issuer, 2 - Subsi sidiary of Issuer (d | diary of Issuer, 3 - 10° other than in 4,5,6), 8 | % Security Holder - Deemed Insider | of Issuer, 4 - D - 6 Months befo | Director of Issuer ore becoming In | r, 5 - Senior C sider. | Officer of Issue | er, 6 - Director or | Senior Officer of 10% | Security Holde | r, 7 - Director |
| Warning: | T de | he closing baland oes not mean and | e of the " equival d should not be | alent number or v | alue of underlying sec that the underlying sec | curities" reflects the | e" total number ict, been acquir | or value of unded | erlying secur | ties" to which der. | the derivative co | ontracts held by the insi | der relate. This | s disclosure |

Number or value acquired or disposed of value acquired or disposed of value acquired or disposed of value acquired value acqui

Insider's

Conversion Date of

calculated or exercise expiry or maturity YYYY-MM-DD

Equivalent Closing number or balance of

value of equivalent underlying number or securities value of acquired or disposed of securities

Underlying security designation

Date of filing Ownership type Nature of YYYY-MM-DD (and registered transaction holder, if

applicable)

Transaction ID

Date of

transaction YYYY-MM-DD

| | transaction YYYY-MM-DD | YYYY-MM-DD | (and registered holder, if applicable) | transaction | value acquired or disposed of | exercise price | balance | calculated balance | or exercise price | expiry or maturity YYYY-MM-DD | designation | value of underlying | value of underlying |
|-----------------|---------------------------|------------------|--|--|----------------------------------|-------------------|-----------|-----------------------|----------------------|-------------------------------|-------------|------------------------|------------------------|
| Insider name: | Montgomery, Adriar | n Taylor | | | | | | | | | | | |
| Insider's Relat | ionship to Issuer: | 3 - 10% Security | Holder of Issuer, | 4 - Director of Issuer, | 5 - Senior Officer | of Issuer | | | | | | | |
| Ceased to be I | nsider: Not applicat | ole | | | | | | | | | | | |
| Security desig | nation: Common Sh | ares | | | | | | | | | | | |
| 34234 | 13 2019-09-05 | 2019-09-10 | Direct Ownership : | 37 - Stock split or consolidation | -22,005,900 | | 3,143,700 | | | | | | |
| 34417 | 40 2019-10-17 | 2019-10-25 | Direct Ownership : | 10 - Acquisition or disposition in the public market | +50,000 | 1.9900 | 3,193,700 | | | | | | |
| 35543 | 63 2020-05-26 | 2020-05-26 | Direct Ownership : | 10 - Acquisition or disposition in the public market | +5,000 | 1.8000 | 3,198,700 | | | | | | |
| 38027 | 66 2021-09-10 | 2021-09-13 | Direct Ownership : | 10 - Acquisition or disposition in the public market | +10,000 | 5.0500 | 3,208,700 | | | | | | |
| 38027 | 68 2021-09-10 | 2021-09-13 | Direct Ownership : | 10 - Acquisition or disposition in the public market | +10,000 | 5.0700 | 3,218,700 | | | | | | |

Unit price or Closing

Insider's

Conversion Date of

Underlying security Equivalent Closing

Number or

J55 Capital Corp. Issuer name:

Date of

Transaction ID

Date of filing Ownership type Nature of

Legend: O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc.

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of 10% Security Holder, 7 - Director or Senior Officer of Insider or Subsidiary of Issuer (other than in 4,5,6), 8 - Deemed Insider - 6 Months before becoming Insider.

The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider. Warning:

| Fransaction ID | Date of transaction YYYY-MM-DD | Date of filing YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | number or value of underlying | |
|------------------|--|---|--|---|---|------------------------------------|---------------------------------------|------------------------------------|------------------------------------|-------------------|---------------------------------|-------------------------------|----------------|
| nsider name: N | Nontgomery, Adrian | Taylor | | | | | | | | | | | |
| nsider's Relatio | nship to Issuer: | 3 - 10% Security | / Holder of Issuer, | 4 - Director of Issuer, | 5 - Senior Officer | of Issuer | | | | | | | |
| Ceased to be Ins | sider: Not applicab | le | | | | | | | | | | | |
| Security designa | ation: Options (Cor | mmon Shares) | | | | | | | | | | | |
| 3279502 | 2018-12-03 | 2018-12-12 | Direct Ownership: | 00 - Opening Balance-Initial SEDI Report | | | | | | | Common Shares | | |
| 3279503 | 2018-12-12 | 2018-12-12 | Direct Ownership : | 50 - Grant of options | +685,000 | | 685,000 | | 0.1000 | 2028-12-12 | Common Shares | +685,000 | 685,00 |
| 3419491 | 2019-08-26 | 2019-09-04 | Direct Ownership : | 37 - Stock split or consolidation | -137,000 | | 548,000 | | 0.1250 | • | Common Shares | -137,000 | 548,00 |
| 3419492 | 2019-08-30 | 2019-09-04 | Direct Ownership : | 22 - Acquisition or disposition pursuant to a take-over bid, merger or acquisition | +3,000,000 | | 3,548,000 | | 0.3000 | 2024-08-30 | Common Shares | +3,000,000 | 3,548,00 |
| ssuer name: | Enthusiast Gaming | g Holdings Inc. (| formerly J55 Capi | tal Corp.) | | | | | | | | | |
| _egend: | O - Original transa | ction, A - First a | mendment to tran | saction, A' - Second a | amendment to trar | nsaction, AP - A | Amendment to p | aper filing, et | C. | | | | |
| | Insider's Relations or Senior Officer of | hip to Issuer: 1 - f Insider or Subs | - Issuer, 2 - Subsionsidiary of Issuer (c | diary of Issuer, 3 - 109 other than in 4,5,6), 8 | % Security Holder - Deemed Insider | of Issuer, 4 - E - 6 Months bef | Director of Issuer ore becoming In | r, 5 - Senior C sider. | Officer of Issue | r, 6 - Director o | Senior Officer of 10% | Security Holde | r, 7 - Directo |
| Warning: | | | | alue of underlying sec that the underlying sec | | | | | | the derivative co | ontracts held by the insi | der relate. This | disclosure |
| Transaction ID | Date of transaction YYYY-MM-DD | Date of filing YYYY-MM-DD | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | number or value of underlying | |

| Transactio | | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | transaction | | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | Equivalent number or value of underlying securities acquired or disposed of | Closing balance of equivalent number or value of underlying securities |
|-------------|------------|--------------------------------------|-------------------|--|--|--------------------|------------------------------------|--------------------|------------------------------------|------------------------------|------------|---------------------------------|---|--|
| Insider na | me: Mont | gomery, Adrian | Taylor | | | | | | | | | | | |
| Insider's F | Relationsh | ip to Issuer: 3 | 3 - 10% Security | / Holder of Issuer, | 4 - Director of Issuer, | 5 - Senior Officer | of Issuer | | | | | | | |
| Ceased to | be Inside | r: Not applicab | le | | | | | | | | | | | |
| Security d | lesignatio | n: Options (Con | nmon Shares) | | | | | | | | | | | |
| 3 | 3423414 | 2019-09-05 | 2019-09-10 | Direct Ownership: | 37 - Stock split or consolidation | -3,104,500 | | 443,500 | | | , | Common Shares | -3,104,500 | 443,500 |
| 3 | 3669802 | 2021-01-20 | 2021-01-28 | Direct Ownership: | 50 - Grant of options | +313,847 | 3.2000 | 757,347 | | | 2025-12-09 | Common Shares | +313,847 | 757,347 |
| 3 | 3731317 | 2021-04-13 | 2021-04-19 | Direct Ownership : | 50 - Grant of options | +189,590 | | 946,937 | | 8.7500 | 2026-01-01 | Common Shares | +189,590 | 946,937 |
| 3 | 3938282 | 2022-04-29 | 2022-05-03 | Direct Ownership: | 50 - Grant of options | +292,271 | | 1,239,208 | | 2.7500 | 2027-04-20 | Common Shares | +292,271 | 1,239,208 |
| Security d | lesignatio | n: RSU - can be | e exercised for o | cash or common s | hares (Common Shar | res) | | | | | | | | |
| 3 | 3669803 | 2018-12-03 | 2021-01-28 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | | Common Shares | | |
| 3 | 3669804 | 2021-01-20 | 2021-01-28 | Direct Ownership: | 56 - Grant of rights | +548,218 | | 548,218 | | | (| Common Shares | +548,218 | 548,218 |
| 3 | 3731321 | 2021-04-13 | 2021-04-19 | Direct Ownership: | 56 - Grant of rights | +244,444 | | 792,662 | | | | Common Shares | +244,444 | 792,662 |
| 3 | 3938285 | 2022-04-29 | 2022-05-03 | Direct Ownership : | 56 - Grant of rights | +440,000 | | 1,232,662 | | | (| Common Shares | +440,000 | 1,232,662 |

| Transacti | ion ID | Date of transaction YYYY-MM-DD | | Ownership type (and registered holder, if applicable) | Nature of transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | Date of expiry or maturity YYYY-MM-DD | Underlying security designation | value of underlying | balance of equivalent number or value of underlying |
|-----------|-------------|--------------------------------------|---------------------|--|--|---|------------------------------------|--------------------|------------------------------------|------------------------------|---------------------------------------|---------------------------------|------------------------|---|
| nsider n | ame: O'N | eil, Scott Michae | I | | | | | | | | | | | |
| nsider's | Relations | hip to Issuer: 4 | 4 - Director of Iss | suer | | | | | | | | | | |
| Ceased to | o be Inside | er: Not applicab | le | | | | | | | | | | | |
| Security | designatio | on: Common Sha | ares | | | | | | | | | | | |
| | 3994777 | 2022-07-19 | 2022-08-30 | Direct Ownership: | 00 - Opening Balance-Initial SEDI Report | | | 324,000 | | | | | | |
| Security | designatio | on: Options (Con | mmon Shares) | | | | | | | | | | | |
| | 4032592 | 2022-07-19 | 2022-11-21 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | (| Common Shares | | |
| | 4032593 | 2022-11-17 | 2022-11-21 | Direct Ownership : | 50 - Grant of options | +30,652 | 1.1300 | 30,652 | | | 2027-11-17 | Common Shares | +30,652 | 30,65 |
| Security | designatio | on: RSU - can be | e exercised for c | ash or common s | shares (Common Sha | res) | | | | | | | | |
| | 4032590 | 2022-07-19 | 2022-11-21 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | (| Common Shares | | |
| 0 | 4032591 | 2022-11-17 | 2022-11-21 | Direct Ownership : | 56 - Grant of rights | +16,006 | 1.1340 | | | | • | Common Shares | +16,006 | |
| Α | 4032591 | 2022-11-17 | 2022-11-22 | Direct Ownership : | 56 - Grant of rights | +61,562 | 1.1340 | 61,562 | | | , | Common Shares | +61,562 | 61,56 |
| nsider na | ame: Rug | giero, Angela | | | | | | | | | | | | |
| nsider's | Relations | hip to Issuer: 4 | 4 - Director of Iss | suer | | | | | | | | | | |
| eased to | o be Inside | er: Not applicab | le | | | | | | | | | | | |

| Transactio | 1 | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | Date of expiry or maturity YYYY-MM-DD | Underlying security designation | number or value of underlying | Closing balance of equivalent number or value of underlying securities |
|-------------|------------|--------------------------------------|-------------------|--|--|---|------------------------------------|--------------------|------------------------------------|------------------------------------|--|------------------------------------|-------------------------------|--|
| Security de | esignation | : Options (Con | nmon Shares) | | | | | | | | | | | |
| 4 | 032701 | 2022-07-19 | 2022-11-22 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | | Common Shares | | |
| 4 | 032702 | 2022-11-17 | 2022-11-22 | Direct Ownership : | 50 - Grant of options | +30,652 | 1.1300 | 30,652 | | | 2027-11-17 | Common Shares | +30,652 | 30,652 |
| Security de | esignation | : RSU - can be | e exercised for o | cash or common s | hares (Common Shar | es) | | | | | | | | |
| 4 | 032699 | 2022-07-19 | 2022-11-22 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | | | | | Common Shares | | |
| 4 | 032700 | 2022-11-17 | 2022-11-22 | Direct Ownership : | 56 - Grant of rights | +60,755 | 1.1340 | 60,755 | | | | Common Shares | +60,755 | 60,755 |
| Insider nar | me: Tharn | nalingam, Than | nba | | | | | | | | | | | |
| Insider's R | elationshi | p to Issuer: 5 | - Senior Office | r of Issuer | | | | | | | | | | |
| Ceased to | be Insider | : Not applicabl | e | | | | | | | | | | | |
| Security de | esignation | : Options (Con | nmon Shares) | | | | | | | | | | | |
| 3 | 669448 | 2020-09-14 | 2021-01-28 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | 19,934 | | | | Common Shares | | 19,934 |
| 3 | 939899 | 2021-04-13 | 2022-05-05 | Direct Ownership : | 50 - Grant of options | +56,590 | 8.7500 | 76,524 | | | 2026-04-13 | Common Shares | +56,590 | 76,524 |
| 3 | 938930 | 2022-04-29 | 2022-05-03 | Direct Ownership : | 50 - Grant of options | +247,884 | 2.7500 | 324,408 | | | 2027-04-20 | Common Shares | +247,884 | 324,408 |

Security designation: RSU - can be exercised for cash or common shares (Common Shares)

| Transaction ID | Date of transaction YYYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | | | Underlying security designation | number or value of underlying | Closing balance of equivalent number or value of underlying securities |
|----------------|--------------------------------------|------------|--|--|---|------------------------------------|--------------------|--|---|---------------------------------|-------------------------------|--|
| 3669449 | 2020-09-14 | 2021-01-28 | Direct Ownership : | 00 - Opening Balance-Initial SEDI Report | | | 26,509 | | (| Common Shares | | 26,509 |
| 3939900 | 2021-04-13 | 2022-05-05 | Direct Ownership : | 56 - Grant of rights | +72,963 | | 99,472 | | (| Common Shares | +72,963 | 99,472 |
| 3938931 | 2022-04-29 | 2022-05-03 | Direct Ownership : | 56 - Grant of rights | +546,400 | | 645,872 | | (| Common Shares | +546,400 | 645,872 |

J55 Capital Corp. Issuer name:

O - Original transaction, A - First amendment to transaction, A' - Second amendment to transaction, AP - Amendment to paper filing, etc. Legend:

Insider's Relationship to Issuer: 1 - Issuer, 2 - Subsidiary of Issuer, 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 6 - Director or Senior Officer of Issuer, 7 - Director or Senior Officer of Issuer, 8 - Director or Senior Officer of Issuer, 9 - Director or Senior Officer of Iss

The closing balance of the "equivalent number or value of underlying securities" reflects the total number or value of underlying securities to which the derivative contracts held by the insider relate. This disclosure Warning: does not mean and should not be taken to indicate that the underlying securities have, in fact, been acquired or disposed of by the insider.

| Transaction ID | | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | transaction | Number or value acquired or disposed of | | | calculated | Conversion or exercise price | | Underlying security designation | number or | balance of equivalent number or value of underlying |
|----------------|--|------------|--|-------------|---|--|--|------------|------------------------------|--|---------------------------------|-----------|---|
|----------------|--|------------|--|-------------|---|--|--|------------|------------------------------|--|---------------------------------|-----------|---|

Insider name: Veltheer. John Edward

Insider's Relationship to Issuer: 3 - 10% Security Holder of Issuer, 4 - Director of Issuer, 5 - Senior Officer of Issuer

Ceased to be Insider: 2019-08-30

Security designation: Common Shares

3279525 2018-12-03 2018-12-12 Direct Ownership: 00 - Opening Balance-Initial SEDI 2,625,000

| Transaction | tr | Date of ransaction YYY-MM-DD | YYYY-MM-DD | Ownership type (and registered holder, if applicable) | transaction | Number or value acquired or disposed of | Unit price or exercise price | Closing balance | Insider's calculated balance | Conversion or exercise price | | Underlying security designation | number or value of underlying | |
|--------------|------------|------------------------------------|-------------|--|---|---|------------------------------------|--------------------|------------------------------------|------------------------------|------------|---------------------------------|-------------------------------|---------|
| 341 | 18521 2 | 2019-08-26 | 2019-09-03 | Direct Ownership : | 37 - Stock split or consolidation | -525,000 | | 2,100,000 | | | | | | |
| 341 | 18666 2 | 2019-08-30 | 2019-09-03 | · | 22 - Acquisition or disposition pursuant to a take-over bid, merger or acquisition | +1,000,000 | | 3,100,000 | | | | | | |
| Security des | signation: | : Options (Com | mon Shares) | | | | | | | | | | | |
| 327 | 79527 2 | 2018-12-03 | 2018-12-12 | • | 00 - Opening Balance-Initial SEDI Report | | | | | | (| Common Shares | | |
| 327 | 79528 2 | 2018-12-12 | 2018-12-12 | Direct Ownership : | 50 - Grant of options | +300,000 | | 300,000 | | 0.1000 | 2028-12-12 | Common Shares | +300,000 | 300,000 |
| 341 | 18523 2 | 2019-08-26 | 2019-09-03 | | 37 - Stock split or consolidation | -60,000 | | 240,000 | | 0.1250 | (| Common Shares | -60,000 | 240,000 |
| 341 | 19250 2 | 2019-08-30 | 2019-09-04 | · | 22 - Acquisition or disposition pursuant to a take-over bid, merger or acquisition | +750,000 | | 990,000 | | 0.3000 | 2024-08-30 | Common Shares | +750,000 | 990,000 |