

Marks distribution for each question is indicated within brackets.
Assume any suitable data that may be required for solution, stating clear justifications

Answer all questions.

(1) (a) What is meant by 'Gait Cycle'? What are the different phases of gait cycle.

(b) Briefly describe the principle of 'Inverse Dynamics' method along with the mathematical formulation. Considering a limb segment, state how this method is useful in calculating musculoskeletal forces.

(7 + 8 = 15)

(2) (a) What are the differences between cartilaginous and synovial joints? Name few joints of each type.

(b) What are the joints and bones that constitute a 'Knee Joint'?

(c) Name the major muscles, ligaments and tendons of the 'Hip Joint'.

(d) What are the biomechanical functions of the 'Patella' in the knee joint?

(4 + 3 + 4 + 4 = 15)

(3) (a) What are the range of movements offered by the elbow joint and the major muscles responsible for these movements?

(b) What are the joints and bones that constitute a shoulder girdle? Name the muscles that constitute the 'rotator cuff' and state its function.

(c) Indicate the lines of action of major muscles and joint reaction force acting on the femur, using a free body diagram.

(6 + 5 + 4 = 15)

(4) A subject carries a sack of weight 100 N with an elbow flexed at 90° and hands in a neutral position of rotation. The distances of the points of action of the forces on the forearm and on the humerus from axis A are shown in Figure 1.

Take limb weight = 20 N

Cross-sectional areas of the muscles are:

(i) $A_{Biceps} = 480 \text{ mm}^2$

(ii) $A_{Brachialis} = 450 \text{ mm}^2$

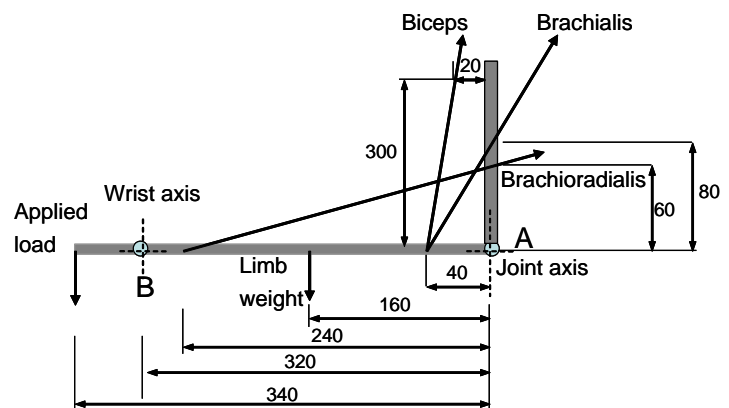
(iii) $A_{Brachioradialis} = 80 \text{ mm}^2$

Assuming all the three muscles are stressed to the same intensity, find:

(a) Forces produced in each muscle.

(b) Force imposed by the ligamentous system

(c) Humero-radial joint reaction force, assuming that the combined component of the ligaments acts at 80 mm from the joint axis along the radial shaft.



All dimensions are in mm

Figure 1

(6 + 3 + 6 = 15)