

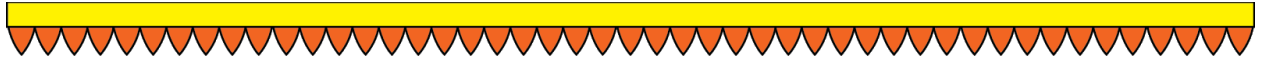
Tabla Notebook

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DEEPCHANDI (14 BEATS)



~ THEKAS ~

BASE THEKA

Dha Dhin S Dha Dha Tin S Ta Tin S Dha Dha Dhin

~ TUKRAS ~

TUKRA #1

Suggested speed: double speed, and can be played with teentaal

Dha TheTe DhaGe TuNa Ta TheTe DhaGe DhinNa

TEEN TAAL (16 BEATS)



Teen Taal is the most common taal of all tabla compositions. Its 16-beat cycle is compatible with nearly all popular music in India and worldwide.

~ THEKAS ~

The Teen Taal thekas, or base compositions, provide various forms of standard beats to play repeatedly. Often these thekas will be used in accompaniment of singers and other instrumentalists who require a constant, non-dynamic tabla accompaniment.

TEEN TAAL VILAMBIT THEKA

- + Dha S TheTe Dhin S TheTe Dhin Dhin Na TheTe TaKe TheTe Dhin S
TheTe Dhin Dhin Na TheTe
- o Ta S TheTe Tin S TheTe Tin Tin Na TheTe TaKe TheTe Dhin S TheTe
Dhin Dhin Na TheTe

TEEN TAAL BASE THEKA

- + Dha Dhin Dhin Na Na Dhin Dhin Na
- o Na Tin Tin Na Na Dhin Dhin Dha

~ TUKRAS ~

TUKRA #1

Suggested speed: double during slow theka, parallel during fast

Tun Tun TheTe TheTe GeGe TheTe GeDhi GeNa TaKeTe Dha Ke Dha S
3x]TheTeKeTe GeDhi GeNa Dha KeTe Dha]

TUKRA #2

Suggested speed: double during slow theka, parallel during fast

3x [Dha TheTe Dha TheTe Dha TheTe Dha TheTe DhaDha TheTe Dha S
KaTa Dha]

TUKRA #3

Suggested speed: double during slow theka, parallel during fast

3x [S DhaTi DhaDha TheTe S DhaDha TheTe
DhaTheTeKeTeTaKeTheTeKeTe DhaTheTeKeTeTaKeTheTeKeTe Dha S KaTa
Dha KaTa Dha KaTa Dha]

TUKRA #4

Suggested speed: double during slow theka, parallel during fast

3x [S DhaTi DhaDha TheTe S DhaDha TheTe
DhaTheTeKeTeTaKeTheTeKeTe DhaTheTeKeTeTaKeTheTeKeTe Dha KaTa
Dha S KaTa Dha S KaTa Dha]

TUKRA #5

Suggested speed: double during slow theka, parallel during fast

3x [Tet DhaTheTeKeTeTaKeTheTeKeTeDha
DhaTheTeKeTeTaKeTheTeKeTeDha DhaTi Dha]

TUKRA #6

Suggested speed: double during slow theka, parallel during fast

3x [Tet DhaTheTeKeTeTaKeTheTeKeTe Dha S Tun S Dha S Tun S Dha]

TUKRA #6 - DEEPCHANDI

Suggested speed: double speed

3x [Dha TheTe DhaGe TuNa Ta TheTe DhaGe DhinNa]

3x [Dha TheTe DhaGe TuNa Ta TheTe DhaGe DhinNa Dha DhaTi Dha
DhaTi Dha S]

~ PESHKARS ~

TEEN TAAL PESHKAR #1

Suggested speed: 60 bpm background music (play double speed from 40)

- + Dha S DhaDhaTi Dha Dha Dhin Na DhinNa DhaTi DhaDha DhinNa
(DhaTi DhaGe TiDha TiDha S Ta DhaTi DhaGe TuNa) DhaTi DhaGe
TuNa KaTa
- o S TheTe TinNa TinNa TaTi TinNa TaTi TaTa TinNa (DhaTi DhaGe S
Ta DhaTi DhaGe TuNaKaTa DhaTi) Dha Ti DhaGe TuNa KaTa

- + Dha DhaDhaTi S DhaDhaTi DhaDhaTi (DhaTi DhaGe TuNaKaTa DhaTi
DhaGe S Ta DhaTi DhaGe TuNaKaTa DhaTi DhaGe) DhaTi DhaGe
TuNaKaTa
- o S Ta TinNa TaTi Ta TinNa TaTi TaTa TinNa (DhaTi DhaGe S Ta
DhaTi DhaGe TuNaKaTa DhaTi DhaGe) DhaTi DhaGe TuNaKaTa

- + DhaDha TiDha S DhaDhaTi (DhaTiDhaGe DhaTiDhaGe DhaTiDhaGe
TuNaKaTa) DhaTi DhaGe DhaTi DhaGe (S DhaDhaTiDha S
DhaDhaTiDhaGe TuNaKaTa)
- o S Ta TinNa TaTi Ta TinNa Ta S Ta TinNa (S DhaTiDhaGe S Ta
DhaTiDhaGeTuNaKaTa DhaTiDhaGe) DhaTi DhaGe TuNa KaTa

- + S DhaDhaTiDha S Dha S DhaDhaTi DhaDha Dhin Na (DhaTiDhaGeTi
DhaTiDha S DhaDhaTi DhaGeTuNaKaTa) S Ta DhaTi
(DhaTiDhaGeTuNaKaTa)
- o S Ta TinNa Ta S Ta S Ta TinNa Ta S Ta TinNa (DhaTiDhaGe S Ta
DhaTiDhaGe TuNaKaTa DhaTi) DhaTi DhaGe TuNaKaTa

- + DhinNa DhaTi DhinNa DhaTi DhinNa DhaTi DhaDha DhinNa (S DhaDha
TiDha S Dha DhaTiDhaGeTuNaKaTa DhaTiDhaGe DhaTiDhaGe DhaTiDhaGe
TuNaKaTa) DhaTiDha DhaTiDha DhaTi (DhaTiDhaGe TuNaKaTa S DhaDha
TiDha S DhaDhaTi DhaGe S Ta DhaTi DhaGe S Ta DhaTiDhaGe)
DhaTiDhaGe TuNaKaTa
- o S Ta TinNa TinNa TaTi TinNa TaTi TaTa TinNa (TaTi TaKa TaTi
TaKa TaTi TaKa TuNaKaTa S TaTa TiTa S TaTa Ti TaKa TuNaKaTa)

Dhin Na DhaTi Dha S 3x(DhaDha TiDha SS Dha DhaTi DhaGe TuNa
KaTa Dha)

~ Kaidas ~

TEEN TAAL KAIDA BENARES GHARANA

- + DhaTi DhaTheTeKeTeTaKeTheTeKeTe DhaTi DhaGeTuNaKaTa
- o TaTi TaTheTeKeTeTaKeTheTeKeTe DhaTi DhaGeTuNaKaTa

- + DhaTi DhaTheTeKeTeTaKeTheTeKeTe DhaTi DhaTheTeKeTeTaKeTheTeKeTe
DhaTi DhaGeTuNaKaTa DhaTi DhaGeTuNaKaTa
- o

- + DhaTi DhaTheTeKeTeTaKeTheTeKeTe DhaTi DhaTheTeKeTeTaKeTheTeKeTe
DhaTi DhaTheTeKeTeTaKeTheTeKeTe DhaTi DhaGeTuNaKaTa
- o

- + DhaTi DhaTheTeKeTeTaKe DhaTheTeKeTeTaKeTheTeKeTe
DhaTheTeKeTeTaKe DhaTi DhaGeTuNaKaTa DhaTi DhaGeTuNaKaTa
- o

- + DhaTi DhaTheTeKeTeTaKe DhaTheTeKeTeTaKeTheTeKeTe
DhaTheTeKeTeTaKeTheTeKeTe DhaTheTeKeTeTaKeTheTeKeTe DhaTi
DhaGeTuNaKaTa
- o

Tihai:

DhaTi DhaTheTeKeTeTaKeTheTeKeTe DhaTi DhaGeTuNaKaTa
3x [DhaTi DhaTheTeKeTeTaKeTheTeKeTe DhaTi DhaGeTuNaKaTa Dha
DhaTi
DhaGeTuNaKaTa Dha DhaTi DhaGeTuNaKaTa Dha]

TEEN TAAL DERI KAIDA

Suggested speed: 60 bpm background music (play double speed)

- + Dhin S DhaTheTe DhaGeNe DhaTheTe DhaDhaTheTeTheTe DhaGeTuNaKaTa
- o

- + Dhin S DhaTheTe DhaGeNa DhaTheTe DhaTheTeKeTeTaKeTheTeKeTe
DhaTheTeKeTe Dhe The Te DhaDhaTheTe DhaDhaTheTe DhaDhaTheTe
DhaDhaTheTeTheTe TuNaKaTa
- o
- + Dhin S DhaTheTe DhaTheTeKeTeTaKaTheTeKeTe S DhaDhaTheTe
DhaGeTuNaKaTa TuNaKaTa TuNaKaTa TuNaKaTa TuNaKaTa
DhaTheTeKeTeTaKaTheTeKeTe DhaGeTuNaKaTa
- o
- + Dhin DhaTheTe DhaTheTeKeTeTaKaTheTeKeTe
TaKaTheTeKeTeTaKeTheTeKeTe DhaGeTuNaKaTa DhaDhaTheTe DhaDha S
DhaDhaTheTe DhaTheTeKeTeTaKaTheTeKeTe DhaGeTuNaKaTa
- o
- + Dhin S DhaTheTe DhaTheTeKeTeTaKaTheTeKeTe
DhaTheTeKeTeTaKaTheTeKeTe DhaTheTeKeTeTaKaTheTeKeTe DhaDhaTheTe
DhaDhaTheTe DhaDhaTheTeTheTe TaKeTaTheTeKeTe DhaGeTuNaKaTa
- o

Tihai:

* Take a 1-beat pause after one full cycle of the below tihai

3x [Dhin DhaTheTe DhaGeNa DhaTheTe S DhaDha DhaDha
3x [TheTeKeTeTa TheTeKeTe DhaGeTuNaKaTa Dha S] SS]

~ GAT ~

TEENTAAL GAT #1

Dhag TheTe Dhag NaGe TunaKaTa DhaTheTeKeTe DheTheTe Dhag TheTe
TheTe
DhaGeNaGe TunaKaTa Ta S KeReNaKe Te S KeReNaKe Te S KeReNaKe Te S
KeReNaKe TeTheKeTe TaKeTa TheTeKeTe DhaTi DhaGeNa DhaTi
DhaGeNa

~ RELAS ~

TEEN TAAL RELA #1

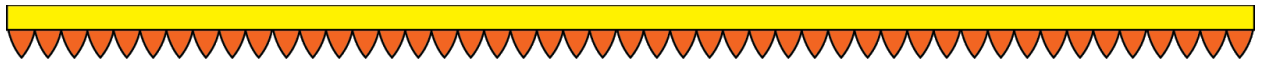
- + DhaTheTeKeTeTaKaTheTeKeTe NaNaGeNe
DhaTheTeKeTeTaKaTheTeKeTe NaNaGeNe
TaTheTeKeTeTaKaTheTeKeTe NaNaKeNe
DhaTheTeKeTeTaKaTheTeKeTe NaNaGeNe
- + DhaTheTeKeTeTaKa NaNaGeNe DhaTheTeKeTeTaKa
DhaTheTeKeTeTaKa NaNaGeNe DhaTheTeKeTeTaKa
TaTheTeKeTeTaKa NaNaKeNe TaTheTeKeTeTaKa
DhaTheTeKeTeTaKa NaNaGeNe DhaTheTeKeTeTaKa
- + DhaTheTeKeTeTaKaTheTeKeTe NaNaGeNe
NaNaGeNe DhaTheTeKeTeTaKaTheTeKeTe
TaTheTeKeTeTaKaTheTeKeTe NaNaKeNe
NaNaGeNe DhaTheTeKeTeTaKaTheTeKeTe
- + DhaTheTeKeTe DhaTheTeKeTe NaNaGeNe
DhaTheTeKeTe DhaTheTeKeTe NaNaGeNe
TaTheTeKeTe TaTheTeKeTe NaNaKeNe
DhaTheTeKeTe DhaTheTeKeTe NaNaGeNe

TEEN TAAL RELA #2

- + DhaTiDhaGeTuNaKaTa DhaTiDhaTheTeKeTeTaKeTheTeKeTe
o
- + DhaTiDhaGeTuNaKaTa DhaTiDhaGeTuNaKaTa
DhaTiDhaTheTeKeTeTaKeTheTeKeTe DhaTiDhaGeTuNaKaTa
o
- + DhaTiDhaGeTuNaKaTa DhaTiDhaTheTeKeTeTaKeTheTeKeTe
DhaTiDhaGeTuNaKaTa DhaTiDhaGeTuNaKaTa
o
- + DhaTiDhaGeTuNaKaTa DhaTiDhaTheTeKeTeTaKeTheTeKeTe
DhaTiDhaTheTeKeTeTaKeTheTeKeTe DhaTiDhaGeTuNaKaTa
o

+ DhaTiDhaGeTuNaKaTa DhaTiDhaTheTeKeTeTaKeTheTeKeTe
 DhaTheTeKeTeTaKeTheTeKeTe DhaTheTeKeTeTaKeTheTeKeTe
 DhaTheTeKeTeTaKe
 o

JHAPTAL (10 BEATS)



~ THEKAS ~

JHAPTAL BASE THEKA

Dhin Na Dhin Dhin Na Tin Na Dhin Dhin Na

~ PESHKARS ~

JHAPTAL BASE PESHKAR

Suggested speed: 80 BPM

General notes:

- Alternate baya every other beat to provide accents
- 'DhinDhin' should have the baya rise in pitch twice, consecutively

+ Dhi KrDhi¹Na S TheTe Dhin² Na DhaTi KeTeTaKe DhinNa DhaTi DhaDha
 DhinNa
 o

+ S³ TheTe DhinNa TheTe DhinNa DhinNa DhaTi DhinNa DhaTi DhinNa
 DhaTi DhaDha
 o

+ S TheTe DhinNa DhaTi DhaTiDhaGeTuNaKaTa DhaTiDhaGe DhinNa DhaTi
DhaDha DhinNa

o

+ S TheTe DhinNa DhaTi DhaTiDhaGeTuNaKaTa S TheTe DhinNa DhaTi
DhaDha DhinNa

o

+ S TheTe DhinNa DhaTiDhaGeTuNaKaTaDhaTiDhaGe DhaTiDhaGeTuNaKaTa
DhaTi DhaDha DhinNa

o

+ S TheTe DhinNa TheTe DhinNa TheTe DhinNa DhaTiDhaGeTuNaKaTa
DhaTi DhaDha DhinNa

o

+ DhinNa DhaTi DhinNa DhaTi DhaTiDhaGeTuNaKaTa DhinNa DhaTi
DhaDha DhinNa

o

+ DhinNa DhaTi DhaDhaTi DhaDhaTi S TheTe DhinNa DhaTi DhaDha
DhinNa (DhaTiDhaGeTiDhaTiDha S DhaDhaTi DhaTiDhaGeTuNaKaTa
DhaTiDhaGe) DhaTiDhaGeTuNaKaTa

o

+ DhinNa DhaTi S DhaTiDhaGeNaDhaTiDhaGeTuNaKaTa TheTe DhinNa
TheTe DhaTiDhaGeTuNaKaTa DhaTi DhaDhaTi DhaDhaTi
DhaTiDhaGeTuNaKaTa DhaTi DhaGe TuNa KaTa

o

+ DhinNa DhaTi DhinNa DhaTi DhinNa DhaTi DhaDha DhinNa S TheTe
DhinNa TheTe DhinNa TheTe DhinNa DhaTi DhinNa DhaTi DhinNa
DhaTi DhaDha DhinNa

o

+ DhinNa DhaTi S DhaTi DhaGe TuNa DhaTiDhaGeDhaTiDhaGeTuNaKaTaDha
DhaTiDhaGeTuNaKaTaDha DhaTiDhaGeTuNaKaTaDha

o

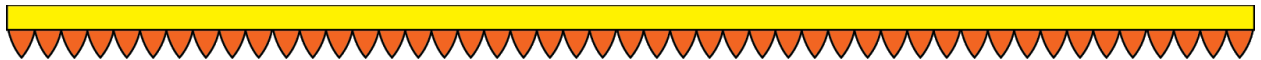
NOTE: MISSING THE TIHAI

¹ Sliding 'Tun' sound

² 'Tun' sound

² 1/2 of a beat

PERFORMANCE



SOLO PERFORMANCE TEMPLATE

PART 1

1. Play Theka in Vilambit
2. Play a Peshkar

PART 2

3. Play Theka
4. Play a Kaida
5. Repeat #3 / #4 as many times as desired (alternating with parallel and deri)
6. Play a Rela

PART 3

7. Play Theka at medium speed
8. Play a Tukra
9. Repeat #7 / #8 as many times as desired

TEENTAAL PERFORMANCE #1

PART 1

1. Play [Theka in Vilambit](#)
2. Play [Teentaal Peshkar #1](#)

PART 2

3. Play [Theka](#)
4. Play a teentaal parallel kaida
5. Play [Theka](#)
6. Play [Teentaal Deri Kaida](#)
7. Play [Theka](#)
8. Play [Teentaal Rela #2](#)

PART 3

9. Play [Theka at double speed](#)
10. Play a Tukra
11. Repeat #9 / #10 as many times as desired