Instruction Manual

The EDA-5 is a semi-structured interview that is meant to assess feeding/eating disorders or related conditions according to the DSM-5 criteria. It is intended to be used by clinicians who are familiar with the feeding and eating disorder diagnoses.

Attached you will find the paper version of the EDA-5 as well as a scoring sheet. This scoring sheet will guide you step-by-step while going through the interview.