

Medical Report

Patient Name: John Doe

Age: 45

Gender: Male

Diagnosis:

- Type 2 Diabetes Mellitus
- Hypertension

Medications:

- Metformin 500mg twice daily
- Lisinopril 10mg once daily

Recommendations:

- Regular exercise (30 mins/day)
- Low carbohydrate diet
- Monthly check-ups

Physician: Dr. Smith