

# A QUESTIONNAIRE APPROACH BASED ON THE TECHNOLOGY ACCEPTANCE MODEL FOR MOBILE TRACKING ON PATIENT PROGRESS APPLICATIONS

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## ABSTRACT

Healthcare professionals spend much of their time wandering between patients and offices, while the supportive technology stays stationary. Therefore, mobile applications has adapted for healthcare industry. In spite of the advancement and variety of available mobile based applications, there is an eminent need to investigate the current position of the acceptance of those mobile health applications that are tailored towards the tracking patients condition, share patients information and access. Consequently, in this study Technology Acceptance Model has designed to investigate the user acceptance of mobile technology application within healthcare industry. The purpose of this study is to design a quantitative approach based on the technology acceptance model questionnaire as its primary research methodology. It utilized a quantitative approach based a Technology Acceptance Model (TAM) to evaluate the system mobile tracking Model. The related constructs for evaluation are: Perceived of Usefulness, Perceived Ease of Use, User Satisfaction and Attribute of Usability. All these constructs are modified to suit the context of the study. Moreover, this study outlines the details of each construct and its relevance toward the research issue. The outcome of the study represents series of approaches that will apply for checking the suitability of a mobile tracking on patient progress application for health care industry and how well it achieves the aims and objectives of the design.

**Keywords:** Mobile Technology, Patient, Methodology, TAM, Tracking

## 1. INTRODUCTION

The implementation of new technology applications to support Healthcare professionals practices requires systematic investments and guiding (McNish, 2001; Meijden *et al.*, 2003; Grimshaw *et al.*, 2004). There is evidence of using a new technology in healthcare industry with exploitation of specific recommendations and guidelines will improve the quality of actions in health care (Wollersheim *et al.*, 2005).

Effective evaluation of healthcare information systems is necessary in order to ensure systems adequately meet the requirements and information processing needs of the users and healthcare organizations. We design a Technology Acceptance Model to investigate user acceptance of mobile

technology within the healthcare industry. It proposes a research methodology that being employed to understand the objectives and requirements, design, develop and finally, validate the mobile technology.

Research methodology is defined as procedures, ways, methods and techniques that are employed to capture and gather all the required information for the purpose of the research issue. Methodology refers to that branch of philosophy that analyzes the principles and procedures of an inquiry in a particular discipline. It is generally a guideline for solving a problem that outlines specific components, example: Phases, tasks, methods, techniques, tools and outputs. There are various methods that can be employed in gathering information from different sources such as sampling, site visits and observation of the study environment, questionnaires,

interviews, prototyping and joint requirement planning. These methods would be applied in order to validate and refine the proposed hypothesis and organized according to structure of study. Thus, the study is organized specially to reflect the proposed research methodology that would be applied to address the proposed research issue. Debates surrounding the field of research reveal two main principal research categories: Quantitative and qualitative. It is important to note that quantitative research has been associated with the positivist stance while qualitative research with the interpretative stance (Creswell, 2011). However, qualitative and quantitative should not be considered synonymous to interpretive and positivist views respectively. In addition, the possibility of qualitative and quantitative research to be either interpretive, positivist, or critical have been proposed. Qualitative research is a type of research that produces findings not arrived at by means of statistical procedures or other means of quantification and the purpose behind the research is the understanding of human experience in order to reveal both the processes by which people construct meaning about their worlds and to report what those meanings are. A qualitative research is considered to be an investigation process that explains social phenomenon through constructing, comparing, replicating, categorizing and classifying the object of the study. In other words, qualitative research is concerned with words rather than numbers (i.e., in data that is not quantifiable). On the other hand, quantitative research is research that relies on developing metrics (numbers) that can be used to describe the phenomena (objects and relationships) under study. It is a deductive process (i.e., logic based on rules, models and laws) consisting of measuring and analyzing the relationship between variables. This process reveals how often or how many people act in a particular way but it fails to answer the question of “why”. **Table 1** shows the comparison between qualitative and quantitative research.

**Table 1.** Comparison between qualitative and quantitative research

Qualitative	Quantitative
What is X	How many X
Inductive process	Deductive process
Sample is selective (non-random)	Sampling is random
	Concepts and hypothesis are chosen before the research begins
Researcher looks for patterns, themes and concepts	Researcher use instrument to measure the variables in the study
Researcher develop a theory or compares patterns with other theories	

## 2. MATERIALS AND METHODS

The decision of whether to carry out a qualitative or a quantitative approach lies on the researcher's assumptions (Kanaan, 2009). The present study is based quantitative approach and questionnaire is utilized for the purpose of meeting the objectives of the study. We decide on for a quantitative as it helps to provide a description of the trends in a population or a description of the relationships among its variables (Creswell, 2011). In addition to this advantage, a quantitative is also inexpensive to be conducted and it is less time consuming as it enables the researcher to acquire both quantitative scale and qualitative data from a large research sample. For this reason, a questionnaire design coupled with quantitative analysis was employed in the present study to examine the variables in the adoption model and to achieve evaluation of using mobile technology system for tracking patient condition. Moreover, a Likert Scale is applied for each set of questionnaires. The likert scale is designed to examine how strongly subjects agree or disagree with statements on a five-point scale with the following anchors: (1) Strongly disagree, (2) Disagree, (3) Neutral, (4) Agree, (5) Strongly agree (Chomeya, 2010). In this study the proposed methodology was developed in five phases. For every phase has process step(s) and output for better understanding of what the main goal of every phase as presented in methodology section.

### 2.1. Sampling Technique

Sampling is a procedure that entails utilizing a small number of units in a given population as a basis for drawing conclusions regarding the whole population (Jemain *et al.*, 2007). The sample is considered as a subset of the population comprising of some members selected from it (Al-Omari *et al.*, 2008). We aim to be able to draw generalized conclusions based on the population under study.

### 2.2. Analysis Techniques

There are three objectives of implementing data analysis: (i) getting overview for the sample data and its attributes, (ii) testing the goodness of data and (iii) validating the proposed hypotheses.

### 2.3. Variable Measurement

The methodology applied in the study is based on the questionnaire approach. The objective of the questionnaire approach is basically to evaluate the

mobile tracking system. The questionnaire contains: Personal information, perceived usefulness, perceived ease of use, user satisfaction and attribute of usability. All of these have a number of questions constructed to evaluate the effectiveness of the system mobile tracking model to the intended users.

## 2.4. Proposed Methodology

This methodology is developed based upon a combination of the available literature and the experiences of the author, who are actively involved with the development of using mobile technology in health care industry. **Figure 1** shows the phases of a proposed research methodology. The sequence of the phases is not rigid. Moving back and forth between different phases is always required. It depends on the outcome of each phase which phase or which particular output of a phase, has to be performed next. The arrows indicate the most important and frequent dependencies between phases.

## 2.5. Phase 1: Problem Background

This initial phase focuses on understanding the research objectives and requirements from an environment perspective, then converting this knowledge into a problem definition and a preliminary plan designed to achieve the objectives. The output of this phase is proposal.

## 2.6. Phase 2: Suggestion

During this phase suggest a tentative design based on the problem definition to achieve the objectives of the study. The output of this phase is tentative design.

## 2.7. Phase 3: Development

The Tentative Design will be implemented. The output of this phase is artifact.

## 2.8. Phase 4: Evaluation

The evaluation was performed to determine the correctness of the system mobile tracking Model. It utilized a quantitative approach based a Technology Acceptance Model (TAM). The output of this phase is acceptance.

## 2.9. Phase 4: Result

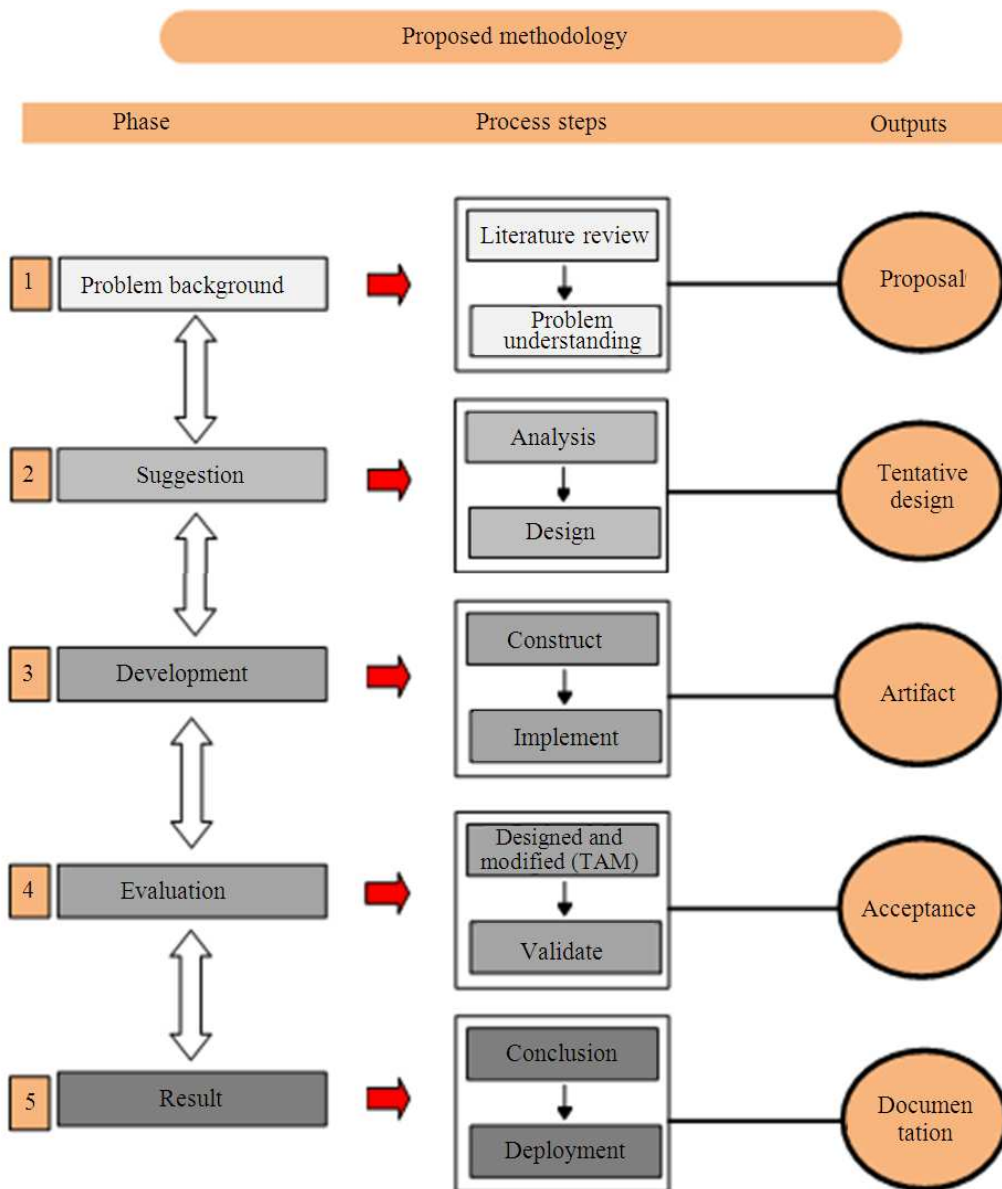
The last phase of proposed research methodology, it is the finale of a specific study effort. The output of this phase is documentation.

## 2.10. Technology Acceptance Theory

There are many theoretical perspectives have been developed in order to understand how end users make decisions to use technology applications. Theories provide tools to understand success or failure in implementation processes of new IT applications. The most dominant theories in IT research are Innovation Diffusion Theory (IDT) (Rogers, 1995), Theory of Planned Behavior (TPB) (Fishbein and Ajzen, 1975), the Unified Theory of Acceptance and Use of Technology (UTAUT) (Venkatesh *et al.*, 2003; 2012), the FITT framework (Ammenwerth *et al.*, 2002) and the Technology Acceptance Model (TAM) (Davis 1989; Davis *et al.*, 1989).

Technology Acceptance Model (TAM) (Davis, 1989; Davis *et al.*, 1989) is possibly the most frequently used among all other theories (Ma and Liu, 2004; Kim and Chang, 2007; Yarbrough and Smith, 2007). TAM theory is based on principles adopted from Fishbein and Ajzen (1975) attitude paradigm from psychology, which specifies how to measure the behavior-relevant components of attitudes, distinguishes between beliefs and attitudes and specifies how external stimuli are causally linked to beliefs, attitudes and behavior. The theoretical model on which TAM is based is the Theory of Reasoned Action (TRA). TRA is a general model which is concerned with individuals' intended behaviors. According to TRA an individual's performance is determined by the individual's attitude and subjective norms concerning the behavior in question. In addition an individual's beliefs and motivation interact with existing behavior (Ajzen and Fishbein, 1980).

The Technology Acceptance Model (TAM) determines the user acceptance of any technology perceived usefulness (PU) and perceived ease of use (PEOU) factors. PU defines as the degree to which an individual believes that using a particular system will enhance the task performance. PEOU defines as the degree to which an individual believes that using a particular system is free of physical and mental effort (Davis, 1989; Davis *et al.*, 1989; Davis, 1993). The TAM suggests that intention to accept technology is determined directly by attitude, perceived usefulness and perceived ease of use. According to TAM individuals' intention to use technology determines the actual use of the application and attitudes toward technology affect the intention (Davis *et al.*, 1989; Davis and Venkatesh, 2004; Venkatesh *et al.*, 2012).



**Fig. 1.** Proposed methodology

Perceived usefulness and perceived ease factors are affected by various external variables such as level of education (Burton-Jones and Hubona, 2005), gender (Venkatesh and Morris, 2000; Venkatesh *et al.*, 2012), or organizational features such as training in computer use (Venkatesh, 1999; Venkatesh *et al.*, 2012).

TAM theory is widely used in research contexts as well as with several types of technology applications (Chau and Hu, 2001; Lee *et al.*, 2006; Raitoharju, 2007;

Yarbrough and Smith, 2007). TAM uses for generating explanations for the factors of technology acceptance that are transferable to different user populations and different kinds of technologies.

Many different contexts and research constructions have conformed the validity of the TAM model (Ma and Liu, 2004; King and He, 2006), including in health care industry (Chau and Hu, 2002a; 2002b; Chismar and Wiley-Patton, 2003).

In this study the TAM theory will be used for the purpose of this study, to structure the research process and to help enhance the understanding of the acceptance and use of mobile technology in health care industry. Individual factors such as age, gender and technology skills are external variables in the study. Perceived usefulness is assessed by means of the content and benefits of the mobile tracking on patient progress system and the barriers and facilitators to the implementation of the system. The functionality of the application described perceived ease of use of the system. Attitudes toward mobile technology are taken to consist of motivation to use portable devices, satisfaction with mobile and experience of the benefits of mobile.

### 3. RESULTS AND DISCUSSION

The standard software categorizes quality into functionality, Perceived of Usefulness, Perceived Ease of Use, User Satisfaction and Attribute of Usability. This study aims to design all these categories to investigate the user acceptance of mobile tracking on patient progress in health care industry. From the perspective of TAM, perceived ease of use, perceived usefulness, user satisfaction and attribute of usability are assumed to be related to the acceptance of a computer or technology system, in this study the acceptance of a mobile technology in tracking patient progress system.

High levels of user satisfaction are important to mobile tracking on patient progress system. The effects of four components of satisfaction, Perceived of Usefulness Satisfaction and Satisfaction of Perceived Ease of Use, User Satisfaction and Satisfaction of Attribute of Usability on overall satisfaction among physicians and nurses will investigate. It will discuss about effectiveness of the using mobile technology in healthcare industry.

#### 3.1. Perceived of Usefulness

It is defined the degree to which a healthcare professional believes that healthcare industry will be improving by using mobile technology in tracking patient condition. The measurement of perceived usefulness comprises of 5 items modified to the context of this study as shown in **Table 2**.

#### 3.2. Perceived Ease of Use

It refers to the degree to which believes that using the mobile tracking on patient progress system in order to improve the quality of treatment in the hospitals. The measurement of perceived ease of use construct contained 5 items and modified to the context of this study as shown in **Table 3**.

#### 3.3. User Satisfaction

It can be experienced in a variety of situations and connected to system. It is a highly personal assessment that is greatly affected by user expectations. The measurement of user satisfaction construct contained 5 items and modified to the context of this study as shown in **Table 4**.

#### 3.4. Attribute of Usability

It is the area of Human Computer Interaction (HCI) with mobile tracking on patient progress system. It attempts to bridge the gap between human's goals and the system. This is being done by introducing the human issues into the design of interactive mobile tracking on patient progress system and by devising practical techniques to observe human behavior and observe their performance. The measurement of attribute of usability construct contained 5 items and modified to the context of this study as shown in **Table 5**.

**Table 2.** Perceived of usefulness items

Construct	Operational definitions	Measured items
Perceived of usefulness	Perceived usefulness is a feeling that doctors and nurses hold toward the improvement in tracking patient condition by using mobile tracking technology	<p><b>PU1:</b> Mobile tracking on patient progress system will enable the doctor and nurse to get the information of the patient quickly</p> <p><b>PU2:</b> The mobile tracking on patient progress system allows the doctor to follow up the patient condition from outside of the hospital</p> <p><b>PU3:</b> Mobile tracking on patient progress system is useful in the rapid retrieval of information from the patient</p> <p><b>PU4:</b> Mobile tracking on patient progress system will save the time of Physicians and nurses</p> <p><b>PU5:</b> Using mobile technology would improve my tracking patient condition performance</p>



**Table 3.** Perceived ease of use items

Construct	Operational definitions	Measured items
Perceived Ease of Use	Perceived ease of use refers to a level of easiness that doctors and nurses feel when using mobile. tracking on patient progress system	<b>EU1:</b> Learning to operate mobile tracking on patient progress system would be ease for me <b>EU2:</b> I would find it easy get mobile tracking on patient progress system to do what I want it to do <b>EU3:</b> My interaction with mobile tracking on patient progress system would be clear and understandable <b>EU4:</b> I would find mobile tracking on patient progress system to be flexible to interact with <b>EU5:</b> It would be easy for me to become skillful at using mobile tracking on patient progress system

**Table 4.** User satisfaction items

Construct	Operational definitions	Measured items
User Satisfaction	User satisfaction refers to a level of satisfying that doctors and nurses of using mobile tracking on patient progress system	<b>US1:</b> I completely satisfied in using the mobile tracking on patient progress system <b>EU2:</b> I feel very confident in using the mobile tracking on patient progress system <b>US3:</b> I found it easy to share information about the patient condition using mobile tracking on patient progress <b>US4:</b> I can accomplish the task quickly using this procedure <b>US5:</b> I believe that from using mobile tracking on patient progress system will increase the quality of health care industry

**Table 5.** Attribute of usability items

Construct	Operational definitions	Measured items
Attribute of Usability	Attribute of usability shows up potential issues in the mobile tracking on patient progress system. The usability helps to get feedback on what is or isn't working and have a much broader understanding of what users. are doing and how they interact with the system system by progress using mobile phone system by mobile phone visited is clear firstly	<b>AU1:</b> It easy to interact with mobile tracking on patient progress <b>AU2:</b> The procedure through mobile tracking on patient <b>AU3:</b> I found it easy to decide which the case need to be <b>AU4:</b> I found the various functions in this system were well integrate <b>AU5:</b> I think that I would like to use this system always

### 3.5. Future Work

Designing A Technology Acceptance Model For Mobile Tracking On Patient Progress Applications is simply a first step in systems development. Looking ahead, for evaluating a mobile tracking solution in monitoring patients after implementation using this questionnaire design.

### 4. CONCLUSION

In fact, increasing and emphasizing on improving the quality of care provided by the hospitals. We created new needs to help and make better choices as using the mobile application on tracking patient's progress. Therefore there is an eminent need to investigate the current position of the acceptance of

those mobile health applications that are tailored towards the tracking patients' condition, share patients information and access. We proposed methodology designed a Technology Acceptance Model (TAM) approach based on the literature studies aimed to evaluate and investigate usability test for Perceived of Usefulness, Perceived Ease of Use, User Satisfaction and Attribute of Usability as important for the user evaluation in the in Mobile Tracking On Patient Progress System to assess if such this system mobile tracking model will be of much use to the intended users.

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