Hello, sanchai hununcha?

Hajurle yo form sign garnu hai, hami pathaucham.

<https://usu.co1.qualtrics.com/jfe/form/SV_esu8JLoxbLjzWwm>

Yo session hamile aba record garcham hai?

(Wait for the participant to respond, then we start recording)

Thank you hamro participant vaidiyeko ma.

Aja hamile sodne question haru ko right ra wrong answer vanne chaina. Hami hajur ko nam haru pani katai ni rakhdainam ra hajur le bolkerko kura ni safe rakhxam. Tyai vayera Hajur lai hami aja ko interview ma question haru open vayera answer gardinu vanera request garxam.

Aba chai hamle yo interview ko udesya k ho vanera hajurlai vancham. So, hamro research bata chai hamile baccha haru le kati ko phone, laptop haru chalauchan, parents haru le kasari bachha haru ko phone use haru control garnu huncha. Esari phone haru chalauda k kasto online issues haru bhogeka hunchan ani bacha haru le face gareko online problem ko barema parents haru le kasari tha pauchan ra testo issues sanga deal garna kasari help gariraheka hunchan, k upaye launu huncha, estai kura haru bujna khojdai cham.

Aba hami questions haru tira lagcham, suru ma hami hajur ko bacha haru ko barema ali ali general questions haru sodcham.

1. Background Questions
   1. हजुरको कती जना छोरा छोरी छन्?
   2. हजुरको छोरा छोरी को उमेर कती हो ?
   3. के तपाईंको बच्चाबच्चीहरु digital devices चलाउछन्? के उनिहरुको आफ्नै smartphone छ कि तपाईं उनिहरुसँग आफ्नो smartphone share गर्नुहुन्छ ?
      1. Esari phone, laptop share garda, kahile kahi duijanai lai sangai device chaiyeko or aru testo kunai garho pareko cha?
      2. (Thulo chora/chori ko phone sano chora/chori le chalaune gareko cha ki chaina) Ani bacchabucchi dubai le eutai device share garda kehi garho pareko cha?
   4. तपाईंको बच्चाहरुले digital devices मा के क गर्छन?
   5. तपाईंले आफ्नो बच्चाको devices को प्रयोग नियन्त्रण (monitor) kasari garnu huncha?
      1. Testo garda hajurle k k kura ma dhyan dinu huncha?
      2. Testo niyantran garda kheri baccha haru le hajur le vaneko kura haru kattiko manne or namanne garchan?
   6. तपाईंको बच्चाको digital devices प्रयोग को नियन्त्रण (Monitor) र निग्रानी गर्नमा तपाईं र तपाईंको wife/husband बिच के कस्तो जिम्मेवारी बाडिएको छ?
      1. Tapaiko jimmewari ma k k parcha, husband/wife ko jimmewari ma k parcha?
         1. Esari jimmewari ma kina farak cha?
      2. Jimmewari esari badida, hajurlai k kasto garho pareko cha?
      3. Bacchaharu le hajur ko kura manchan ki hajur ko husband/wife ko?
         1. Kina testo lagcha hajurlai?
   7. Kahile kahi hajur le afno bacha haru lai device dina khojda husband le na dine vaneko or tesko ulto testo kei vako cha hajur haru ko case ma?
      1. Testo kei incident yaad cha hajur lai?
      2. Testo huda tapai harule phone dine wa nadine kasari decide garnu huncha?

**Sharing**

1. Ajkal बच्चाहरुको पढाई सिकाईको लागि Technology एकदम आवस्यक vayeko छ, COVID-19 पछी त esto devices haru use garne ajhai baddai gayeko cha?
   1. Tyo time ma tapaiko chai anubhav/experience kasto bhayo?
   2. Tyo time ma uniharu le device haru use garera padhiraheko bela, tapaile kasari monitor garnu vakothyo?
      1. Esari monitor garna kattiko garho vathyo?
      2. Esari device use garnu hamro lagi naya experience nai thyo, esto bela school bata hajur le k kasto sahayog paunu vayo niyantran garna ko lagi
      3. COVID le garda baccha haru ko device use garne bani ma katti ko asar pareko cha?
         1. Kahile kai baccha haru aru ko kura nasunne, device matra chalairane, vaneko namanne, testo garirako hunchan. Testo hajur ko case ma kattiko vako cha?
2. Technology ले बच्चाको विकास तथा सिकाईमा धेरै नै सहयोग पुर्याईरहेको huncha tara kahile kai, यसको misuse ले उनीहरुलाई पढाईमा distract पनि गर्न सक्छ । Hajurlai testo kei ghatana yaad cha afno baccha haru ko case ma?
   1. हजुर ले कहिले device use गर्न दिएर वा रोकेर पढाई सुधार्न or motivate गर्न खोज्नु भको छ?
   2. उनीहरुले समाजमा कस्तो व्यवहार देखाउछन त्यसअनुसार phone use गर्न दिने wa nadine garnu huncha?
      1. *If EKHORO: Baccha haru esto kina vako holan jasto lagcha hajurlai?*
   3. Ajkal internet ma dherai kura chan, ani kahile kai baccha haru le afaile kehi ramro kura haru phone chalayera khojne sikne gariraheko hunchan, tara esto bela parents haru le phone dine or nadine garda esto kura ma kattiko asar parcha jasto lagcha hajurlai?

1. Bachha harule mobile use garda kahile kai aru manche ko message aaucha, uhiharu le video haru herirako hunasakcha, esari phone chalauda vako kura haru tapaisanga baccha harule kattiko share garchan?
   1. (Gardaina) Tapai lai bacha haru le esto kura haru aru ko sanga share garcha jasto lagcha?
   2. Tapaile afno aru chora chori or saathi haru bata chai sunnu vako cha testo mobile phone related problem haru ko barema?
2. *If friendly/unfriendly: Kunai kunai parents haru friendly huda pani baccha haru lai control garna, open up garauna garho vairaheko huncha, esto bela k garna sakincha hola?*
   1. *Tapaiko case ma chai k kura le kaam garirako cha, or k kura chai ali kaam gareko chaina jasto lagcha hajurlai?*
      1. *Kina testo vako ho?*
3. Kahile kahi hami afno bacha haru le dherai device use gareko kura haru aru parents or sathi bhai haru sanga share gariraheko huncham. Testo huda, baccha haru le uniharulai phone or laptop use garda vayeko problem afno parents haru lai khulera navanne pani garna sakchan.
   1. Testo kunai time yaad cha hajurlai, jaba baccha haru le afulai vayeko phone related problem ali khulera navaneko?
      1. (If Yes) Tyo kura ko barema hajurle kasari thaha paunu vayo? Tyo problem solve garna hajur le k garnu vayo?
      2. Testo case feri feri na aaos, aaye pani uniharu le hajurlai khulera vanna sakun vanera sajilo parna hajur le k garnu vayo?
4. Bachha haru thulo hudai gayepachi afno saathi haru sanga dherai close hune garchan, esari saathi haru sanga close huda afule afno bacha haru ko kura tha pauna kati ko garho pareko cha/parna sakcha jasto lagcha hajurlai?
   1. Hajurlai testo kunai time yaad cha jaba baccha haru le afno mobile phone sambandhi problem hajurlai vaneko thiyena?
      1. Tapailai na vaneko esto kura tapaile kahile afno bachako sathi haru bata wa aru vai bahini haru bata tha paunu vako xa?
   2. Esari direct kura nahuda afno bacha lai help garna, kattiko garho vayeko thiyo?
5. Parents haru le afno bachha haru le ramro baani basalun vanera chahanu huncha, tei vayera kaile kai bacha haru le dherai phone chalaye vanne jasto lagera parents harule baccha haru sanga phone lidine pani garcgan. Tapai le kati ko testo garne garnu vako cha?
   1. Esari phone lidida uniharu katti ko risaune, karaune garchan?
      1. Esto bela kasari deal garnu vayo hajur le?
   2. Esari punishment dida bacha haru le afno aama buwa sanga share garne kura haru ma kati ko asar parna sakcha?
      1. If friendly: Esari strict navayera afu ali friendly huda baccha haru ko bewahar ma kattiko change vako cha?
6. Chori manche haru le mobile phone use garda nachineko manche bata message aune, afno account haru hack hune, blackmail garne esto samasya haru face gariraheko news hamile suniraheko huncham.
   1. *If no incident: Hajurle afule chinne or aru sathi bhai ko baccha haru ko testo kunai ghatana haru sunnu vako cha?*
   2. Esto samasya haru dherai jaso chori haru le afno parents haru sanga share garna garho manira ko hunchan, testo kina huncha jasto lagcha hajurlai?
   3. Hajur ko chori sanga pani testo kei incident vako cha?
   4. Esto samasya haru chori haru lai aauda, uniharule hajur sanga khulera vanos, majale kura garos vanera hajurlai k garna sakincha jasto lagcha?
7. हाम्रो समाजमा usually दिमागि समस्या, depression हरु को बारेमा कुरा गर्न, manche haru le अप्ठेरो manchan.
   1. Esto samaj ma hurkepachi यस्तो धारणाहरु ले बच्चाहरु लाई आफ्नो mobile use garda vayeko problem हरु share गर्न कती को garho हुन्छ hola?
   2. यसले गर्दा के बच्चा हरु depression को सिकार pani हुन्छन hola?
   3. *If no incident: Hajurle afule chinne or aru sathi bhai ko baccha haru ko testo kunai ghatana haru sunnu vako cha?*
8. *Esari phone dherai chalauna thalepachi, uniharu kattiko karaune, aru ko kura nabujhidine, chinchin mai risaune, dikka manne, sathi haru sanga tadha hune, vaneko or garirako kura haru ma dhyan nadine vakocha?*
   1. *Esto kina vako hola?*
   2. *Esto kura haru control garna hajurle k garnu huncha?*
      1. *K kura le chai kaam gareko cha, k le chai chaina ta?*

**Negotiation**

1. आजकलका बच्चाहरु mobile phone, computer हरु चलाउन आफ्नो आमाबुवा भन्दा पनि smart हुन्छन ?
   1. यसरी बच्चाहरु smart हुदा आफुले बच्चाहरु संग catch up गर्न केहि समस्या आएको जस्तो लाग्छ हजुरलाई?
   2. उनीहरुले आफ्नो mobile phone use garda vayeko समस्याहरु तपाईसंग share गर्दा ra तपाईले help गर्न नसकेको त्यस्तो केहि ghatana याद छ हजुरलाई?
   3. यसरी बच्चाहरु smart भएपछि उनीहरुले mobile phone use गर्ने वा Facebook जस्तो social media app हरु चलाउने गतिबिदिलाई नियन्त्रण (monitor) गर्न कतिको गाह्रो पर्दो रहेछ?
2. Khulera kura nagarda bachha haru sanga device chalaune, nachalaune kura discuss garda kattiko garho parcha?
3. Tapai lai aru testo kei lageko kura haru cha jun hamile tha paunu parcha?

Feri pani thank you so much hamro participant bhaidinu vayeko ma 😊

Euta aba antim ma sano questionaire xa jun ko link maile messenger ma pathako xu hajur lai. Yo please varidinu ahile.

<https://usu.co1.qualtrics.com/jfe/form/SV_1LbJQzirP8wwL54>

Hajur lai ani hami recharge card 500 ko 3-4 din ma pathaidinxam. Thank you hamro participant vaideko ma.