



DEPARTMENT OF EDUCATION  
SCHOOLS DIVISION OF NEGROS ORIENTAL  
REGION VII

Kagawasan Ave., Daro, Dumaguete City, Negros Oriental



# PERSONAL DEVELOPMENT

## Quarter 2 – Module 8: Important Component of Setting Career and Life Goals



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**PERSONAL DEVELOPMENT – Grade 11/12**  
**Alternative Delivery Mode**  
**Quarter 2 – Module 8: Important Component of Setting Career and Life Goals**  
**First Edition, 2020**

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Published by the Department of Education  
Secretary: Leonor Magtolis Briones  
Undersecretary: Diosdado M. San Antonio

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Printed in the Philippines by \_\_\_\_\_

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# **PERSONAL DEVELOPMENT**

**Quarter 2 – Module 8:  
Important Component of  
Setting Career and Life Goals**



# Introductory Message

For the facilitator:

Welcome to the Personal Development 11/12 Alternative Delivery Mode (ADM) Module on Important Component of Setting Career and Life Goals!

This module was collaboratively designed, developed and reviewed by educators both from public and private institutions to assist you, the teacher or facilitator in helping the learners meet the standards set by the K to 12 Curriculum while overcoming their personal, social, and economic constraints in schooling.

This learning resource hopes to engage the learners into guided and independent learning activities at their own pace and time. Furthermore, this also aims to help learners acquire the needed 21st century skills while taking into consideration their needs and circumstances.

In addition to the material in the main text, you will also see this box in the body of the module:



## ***Notes to the Teacher***

This contains helpful tips or strategies that will help you in guiding the learners.









As a facilitator, you are expected to orient the learners on how to use this module. You also need to keep track of the learners' progress while allowing them to manage their own learning. Furthermore, you are expected to encourage and assist the learners as they do the tasks included in the module.




For the learner:

Welcome to the Personal Development 11/12 Alternative Delivery Mode (ADM) Module on Important Component of Setting Career and Life Goals!

This module was designed to provide you with fun and meaningful opportunities for guided and independent learning at your own pace and time. You will be enabled to process the contents of the learning resource while being an active learner.

This module has the following parts and corresponding icons:

 <b><i>What I Need to Know</i></b>	This will give you an idea of the skills or competencies you are expected to learn in the module.
 <b><i>What I Know</i></b>	This part includes an activity that aims to check what you already know about the lesson to take. If you get all the answers correct (100%), you may decide to skip this module.
 <b><i>What's In</i></b>	This is a brief drill or review to help you link the current lesson with the previous one.
 <b><i>What's New</i></b>	In this portion, the new lesson will be introduced to you in various ways; a story, a song, a poem, a problem opener, an activity or a situation.
 <b><i>What is It</i></b>	This section provides a brief discussion of the lesson. This aims to help you discover and understand new concepts and skills.
 <b><i>What's More</i></b>	This comprises activities for independent practice to solidify your understanding and skills of the topic. You may check the answers to the exercises using the Answer Key at the end of the module.
 <b><i>What I Have Learned</i></b>	This includes questions or blank sentence/paragraph to be filled in to process what you learned from the lesson.
 <b><i>What I Can Do</i></b>	This section provides an activity which will help you transfer your new knowledge or skill into real life situations or concerns.

 <b>Assessment</b>	This is a task which aims to evaluate your level of mastery in achieving the learning competency.
 <b>Additional Activities</b>	In this portion, another activity will be given to you to enrich your knowledge or skill of the lesson learned.
 <b>Answer Key</b>	This contains answers to all activities in the module.

At the end of this module you will also find:

### **References**

This is a list of all sources used in developing this module.

The following are some reminders in using this module:

1. Use the module with care. Do not put unnecessary mark/s on any part of the module. Use a separate sheet of paper in answering the exercises.
2. Don't forget to answer *What I Know* before moving on to the other activities included in the module.
3. Read the instruction carefully before doing each task.
4. Observe honesty and integrity in doing the tasks and checking your answers.
5. Finish the task at hand before proceeding to the next.
6. Return this module to your teacher/facilitator once you are through with it.

If you encounter any difficulty in answering the tasks in this module, do not hesitate to consult your teacher or facilitator. Always bear in mind that you are not alone.

We hope that through this material, you will experience meaningful learning and gain deep understanding of the relevant competencies. You can do it!



## ***What I Need to Know***

What's your life mission? It's not an easy question to answer but an important one. You can talk about your aspirations and goals all day, but when you write them down, they become, well, more real. It's a starting point to living the life you want.

In this final module in Personal Development, you will craft your personal mission statement by clarifying what you want to accomplish and how, and committing to it. Businesses and nonprofit organizations develop mission statements for the same reason.

Are you all set? Then, let's proceed.

### **LEARNING COMPETENCY:**

Share insights that make him/her realize the importance of personal development in making a career decision as adolescent.

#### ***EsP-PD11/12IOPD-Ili-h-14.2***

Construct a creative visualization of his or her personal development through the various stages he or she went through, stressors, influences, and decision-making points, and a personal profile analysis

#### ***EsP-PD11/12IOPD-Ili-h-14.3***

At the end of the module, you should be able to:

1. share insights that make you realize the importance of personal development in making a career decision as adolescent.
2. construct a creative visualization of your personal development through the various stages you went through, stressors, influences, and decision-making points, and a personal profile analysis.

**Important note to remember:** This module will be collected every week so you are directed not to put any marks in here. All answers and the exact date must be written in your **ACTIVITY/QUIZ** notebook, or as prescribed on every given activity.

**For health and safety purposes, avoid licking your fingertips, when leafing or turning pages.**





## What I Know

**Directions:** Copy the following list boxes on your activity Notebook, then, write down at least three (3) words, phrases, or statements that would describe your answer/initial thoughts about each area/idea.

1.

**Education:** What do you see yourself accomplishing in the area of your academics/education?

1	
2	
3	

2.

**Career:** What kind of career are you seeing yourself to be passionately pursuing?

1	
2	
3	

3.

**Family and personal relationships:** How do you envision the quality of your family and personal life?

1	
2	
3	

4.

**How you want to live your life:**  
What kind of lifestyle you are seeing yourself to be living?

1	
2	
3	



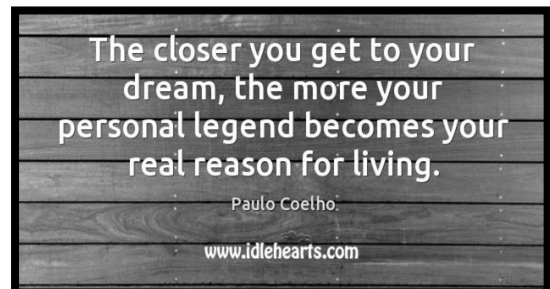
## What's In

### Task 1

**Directions:** Below are four pictures with quotes from a Brazilian author ,Paolo Coelho, in his book "The Alchemist". Read carefully the quotes and be ready to answer some questions in the next part of this module.

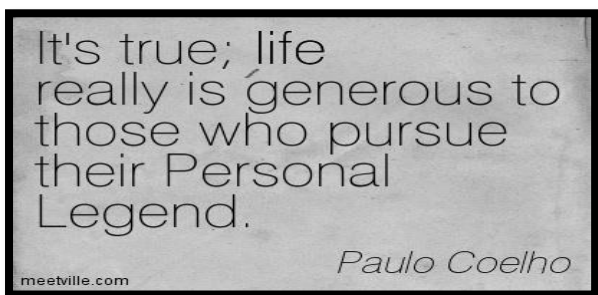


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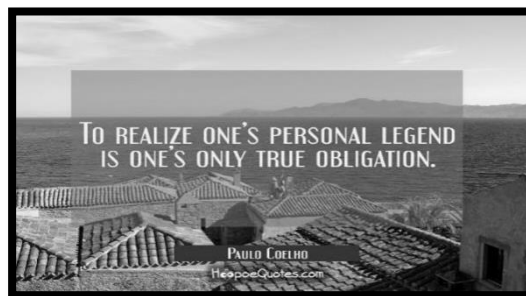


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### Processing Questions:

1. Based on the pictures above, what is the common term/concept described among the quotes?
 

A. Achievement
C. journey

B. goal
D. Personal legend
2. Define personal legend using the Webster dictionary?
3. As a Senior High School learner, what should be your priority at this point in your life?
 

A. getting married
C. preparing for a career

B. having fun
D. to be a business owner
4. What is your mission in life/ personal legend?

### RUBRIC FOR MISSION STATEMENT WRITING

CRITERIA	DESCRIPTION	POINTS	POINTS OBTAINED
Organization	The mission statement was clearly and creatively conveyed.	5	
Content	The different ways of creating a mission statement and/or personal legend were provided.	5	
		<b>TOTAL: 10</b>	



### ***What's New***

### **FINDING YOUR PERSONAL LEGEND**

In Paulo Coelho's novel, *The Alchemist*, the main character, Santiago, learns through a series of intricately planned lessons the true meaning of life, as well as learning about the Soul and Language of the World. After following the steps listed, you should be able to fulfill your Personal Legends.

## 1. Understanding What a Personal Legend Is...

A Personal Legend, as it's referred to in *The Alchemist*, is one's destiny in life. It's identifying your purpose in life and pursuing it. When Santiago meets the old King of Salem, Melchizedek, he teaches him what a Personal Legend is. He says that a Personal Legend is "what you have always wanted to accomplish".

## 2. Acknowledge Your Personal Legend

The world will attempt to reveal your personal legend to you in many different ways whether it is through omen, mentors or signs. Whichever way your Personal Legend comes to you it is important that you acknowledge it and take action to make your dreams a reality. After all, "when you really want something, the universe always conspires in your favor".

## 3. Have a Clear Goal

"You must always know what it is that you want". Create a clear goal for yourself in which you will be able to realize when you have completed your Legend. Without knowing exactly what it is you want, it's impossible to ever achieve it.

## 4. Do Not Be A Sheep!

Paulo Coelho uses the shepherd's sheep to illustrate a mundane life of someone who has ignored their Personal Legend. They live a life where "all they think about is food and water". While these are important things, there is so much more to life than just the necessities. Money and greed corrupt some people so that all they think about is how to get more, which is similar to how the sheep are focused only on one thing at a time. The sheep "don't even realize that they're walking a new road every day," very similar to the way some people get so caught up in the day-to-day that they forget to stop and smell the roses.

## 5. Seize the Day

Santiago knows that his old life is always waiting for him, but if he doesn't pursue his Personal Legend now, he may never be able to do it again. The camel driver also says to him, "If you can concentrate always on the present, you'll be a happy man". Since this is such an important message, it comes up again when the topic of the seer comes up. The seer says "The secret is here in the present. If you pay attention to the present you can improve upon it. And, if you improve on the present, what comes later will also be better... Each day, in itself, brings with it an eternity". Seize the day, and don't be distracted by the past, or future.

## 6. Realize When You've Arrived at Your Personal Legend

Since you have defined a goal early on, you should be able to realize when you have completed your Personal Legend. After this, you may find that you discover another, and another yet. Whatever you do, whether you are content where you are, or you strive for more, do not forget the lessons you have learned in your journey. After all, it is not necessarily the goal you must pursue, instead savor the time it takes you to get there.

Source: <https://medium.com/@thegoodlife/finding-your-personal-legend-333965abe2b5>



## ***What is It***

### **YOUR PERSONAL MISSION STATEMENT: YOU'RE NEVER TOO YOUNG TO CLARIFY YOUR LIFE GOALS AND ASPIRATIONS**

#### **What is a Personal Mission Statement?**

Most students, and adults, don't realize the importance of writing their personal mission statements. It's more than just your goals. Your mission statement will help you sort out your priorities and how you want to live your life. It may include short-term and long-term goals, or life-long aspirations. It becomes a guide and provides direction, which comes from you, not someone else.

There's no right or wrong way to approach your personal mission statement, or what it should include. Everyone's is going to be different. What's important is to write it down. Topics your personal mission statement may include:

- Education
- Career
- Personal attributes, such as honesty, loyalty and dedication
- Family and personal relationships
- How you want to live your life
- Sports
- Faith and spirituality
- Community service

#### **Sample Personal Mission Statement**

- *I believe that success comes your way if you know where to look for it. For me, the sky has always been the limit. I am an ambitious student, not willing to be held back by mediocre challenges. An institution which is willing to fuel my ambitions and desire for success is the kind of institution I want to belong to.*
- *As a student, I've always been known to give every task I take up, my best shot. This, I believe, is where my greatest strength lies. I'm yearning to belong to an institution that recognizes this quality in me and helps me make the best use of it. For in the end, it doesn't really matter if you are smart or not, what matters is that you give everything and take up all you can and success comes by default.*
- *I wish to learn from, excel in and go beyond every challenge I face in life. Every opportunity in life, including this one, must be used with diligence and hard work. This, I believe, is the only thing that can help me achieve success.*



## ***What's More***

### **Task 2: PERSONAL MISSION STATEMENT**

Directions: Craft your personal mission statement. Write your finalized mission statement in your activity notebook. It may include the following information:

- Your name.
- Your overall statement.
- Who inspires you and why.
- What qualities you want to obtain.
- What roles you play and how you want to be known in these roles.
- Specific goals you have
- Beliefs that you hold.
- Anything else you might want to focus on.

### **Task 3: CAREER PLAN.**

**Timetable of Activities:** You may add more columns if you want to add more activities in your career plan.

<b>ACTIVITIES</b>	<b>TIMETABLE</b>	<b>COMMENTS</b>
Graduate from Senior High School	March 2021	Complete SHS hopefully with honors

Remember to come up with activities that would be doable/achievable so that you may be able to achieve it based on your timeline. Your career plan should not be limited to earning a college degree.



## ***What I Have Learned***

### **Task 4: Personal Development: Hindsight and Foresight**

Directions: Write an essay on your journey through this course on Personal Development. Take note of the following guide questions as you go along with your reflection.

A.

1. How have you changed since the beginning of this semester?

2. What have you learned about yourself?
3. What activities and reading were most useful to you?
4. What can you do in order to continue your personal development after this course?

B. Rate your growth as a person using this rubric:

5	Excellent developed. It means that there is a lot of improvement in all areas of yourself.
4	Moderately developed. It means that there are areas that is improved but some needs improvement.
3	Slightly developed. It means that some areas are improved but more needs improvement
2	Less Slightly developed. It means that more areas needs to be improved only few areas are improved.
1	Nothing is developed. It means that there is no improvement at all.



## **Assessment**

Write **TRUE** if the statement is true, and **FALSE**, if otherwise. Write your answers on your Activity Notebook.

- \_\_\_\_\_ 1. A Personal Legend, as it's referred to in The Alchemist, is one's destiny in life or "what you have always wanted to accomplish".
- \_\_\_\_\_ 2. Without knowing exactly what it is you want, it's possible to achieve it.
- \_\_\_\_\_ 3. Your personal legend may be revealed to you in many different ways whether it's through omens, mentors or signs.
- \_\_\_\_\_ 4. It's all right to acknowledge your personal legend but not act to make your dreams a reality.
- \_\_\_\_\_ 5. Some people who get so caught up in the day-to-day that they forget to stop and smell the roses are likened by Coelho to sheep's that only think about food and water.
- \_\_\_\_\_ 6. Mission statement only includes long-term goals, or life-long aspirations.
- \_\_\_\_\_ 7. Your mission statement is more than just your goals; it will help you sort out your priorities and how you want to live your life.
- \_\_\_\_\_ 8. Personal mission statement becomes a guide and provides direction, which may come from someone else, not you.
- \_\_\_\_\_ 9. Whatever you do, whether you are content where you are, or you strive for more, it is important to remember the lessons you have learned in your journey.
- \_\_\_\_\_ 10. There's no right or wrong way to approach your personal mission statement.



## Answer Key

1. TRUE
2. FALSE
3. TRUE
4. FALSE
5. TRUE
6. FALSE
7. TRUE
8. FALSE
9. TRUE
10. TRUE

### Assess What You Have Learned

- A. 1 to 4 Answers may vary.  
B. Rate may vary based on the rubric

### Task 4

#### What I Have Learned.

learners' career plan.

Activities	Timetable	Comments
Enter college	August 2021	Pursue my dream course
Finish tertiary education	May 2025	Earn my bachelor's degree
Apply for work	July 2025	Land a job that is in line with my earned degree

Other related answers that are not given above may still be considered depending upon the

### Task 3: Career Plan (sample answer only)

#### Task 2: Answers vary depending on learners' Personal Mission Statement

1. D
2. is one's destiny in life. It's identifying your purpose in life and pursuing it.
3. C
4. They need to write their own personal legend or mission in life (answers may vary).

### Processing Question (Responses may vary, according to learner's unique personal experiences/preferences)

1. EDUCATION- finish tertiary education, become a successful professional of learners' choice, earn personal experiences/situations
2. CAREER- nurse, teacher, police officer, doctor, lawyer and other professions learner aspires to become
3. FAMILY & PERSONAL RELATIONSHIPS- happy and fulfilling family life
4. HOW YOU WANT TO LIVE YOUR LIFE- comfortable, satisfying and peaceful and living

### What's In

#### Task 1 (answers/ responses may not be limited to the following as this may depend on learners' personal experiences/situations)

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