**RENOS KERKIDES**

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DOB: 6th April 2000

**PERSONAL STATEMENT**

I am a Greek Cypriot with a BSc in Business Psychology. A driven and self-motivated individual with a fervent desire to constantly learn and better myself, I now aspire to further my studies in the direction of Computer Science.

**EDUCATION**

September 2020 – present Loughborough University:

*BSc (Hons) Business Psychology (expected 1st)*

* Part A, mark = 78.6%
* Part B, mark = 71.2%
* Modules studied include: Quantitative Research Methods, Information and Knowledge Management, Behavioural Decision Science, Consumer Behaviour, Brain and Behaviour, Work Psychology, Leading and Developing Others, Psychological Approaches to Human Resource Management, Organizational Behavior, Entrepreneurship and Innovation, Psychology of Workplace Health, and Human Cognition.

September 2017 – Jun 2019 The Grammar School, Nicosia, Cyprus:

*4 A-Levels*

* 1A: Greek
* 3Bs: Mathematics, Biology, Chemistry

September 2015 – Jun 2017 The Grammar School, Nicosia, Cyprus:

*8 IGCSEs*

* 5A\*s: Mathematics, English, Economics, Biology, Chemistry
* 3As: History, Accounting, Greek

**AWARDS**

* School Leaving Certificate (Apolytirion) with grade 923/6 and conduct excellent
* Award for Prefect Duties
* Honours List for Academic performance, 2018-2019
* Academic Achievement Award for best IGCSE RESULTS

**PROFESSIONAL EXPERIENCE**

**Cypriot National Guard - Soldier (July 2019 – September 2020)**

Served as administrative assistant to the Chief of Staff at the National Guard Head office and military sector of the Ministry of Defense:

* Responsible for delivering classified information to the Chief of Staff and other Senior Officers
* Responsible for mass printing leaflets and booklets for every military camp in the country
* Designed leaflets using Microsoft Word and Adobe Photoshop
* Improved default leaflet design

Served as a sentry at an outpost on the de facto border separating Southern Cyprus from the illegally occupied area in the North:

* Observed, noted, and reported any activity on the buffer zone with high attention to detail
* Co-operated with others to successfully calibrate and fire a mortar
* Responsible for equitably deciding and scheduling soldier absence from and recall to the outpost
* Handled payments and the supplying of the outpost’s vending machine
* Accomplished the non-violent apprehension of an illegal immigrant drug dealer
* Represented the 213rd infantry battalion in various army and public events

**The Grammar School - Assistant Clerk (August 2017)** – Nicosia, Cyprus

Worked 09:00-17:00 as an assistant to the bookstore clerk during the busiest season

* Responsible for welcoming and serving customers in a fast-paced environment
* Managed book orders and stacked shelves
* Identified, picked, and ticked off the books required by each client
* Solved queries and provided insight and solutions for students with exceptional circumstances
* Awarded most obliging employee

**VOLUNTARY EXPERIENCE**

**Freelance – Personal Trainer (July 2021 – Present)** – Nicosia, Cyprus

Was called upon to provide personal training for 5 individuals (ages 21-22)

* Trained them to perform the main compound lifts (SBD) and several isolation exercises
* Adapted previously well-established programs to fit the personal circumstances of each client
* Monitored and evaluated their progress on a weekly basis
* Achieved every individual’s personal goals and used the SMART framework to introduce new ones
* Utilized their progress statistics to further improve their routines
* Supported their fitness journey, answered questions, and motivated them to continue improving

**DEOK Summer Camp - Camp Counselor (July 2014)** – Limassol, Cyprus

Voluntary work as the team leader of a group of 7 younger children (ages 10-12)

* Supervised the group’s activities and chores
* Led and inspired the team to achieve several commendations
* Guided each individual towards their best selves
* Ensured everyone’s safety and well-being
* Co-ordinated the group and communicated with the camp’s leader on the group’s behalf

**INTERESTS**

* **Health and fitness:** Powerlifting, currently training 5 times a week.
* **Reading and discussing:** Books and articles, particularly those with relation to exercise science, history, psychology, biology, and business.
* **Technology and gaming:** Enjoy staying up to date with the latest technological developments and have always been quick to understand different software, owing partly to my experience with gaming. Currently taking an online Harvard course on computer science (CS50x).
* **Travel:** Have been to over 10 countries and passionately looking forward to further travels.

**REFERENCES**

Available upon request