

Nouns:

1. Workouts - Class
2. Users - Class
3. Community forums - Class
4. Forum names - Attribute
5. Leaderboard - Attribute / Potential Class
6. Community posts - Class
7. Community challenges - Class
8. User name - Attribute
9. Workout name - Attribute
10. Calories - Attribute
11. User weight - Attribute
12. User height - Attribute
13. User heart rate - Attribute
14. User sleep patterns - Attribute
15. Resource library - Class

