Is Kindergarten the New First Grade? Increased Academic Rigor in America's Public School Kindergarten Classrooms

Results Comparing Data From National Studies About the Kindergarten Classes of 1998–99 and 2010–11

Jill Walston, Ph.D., Principal Researcher



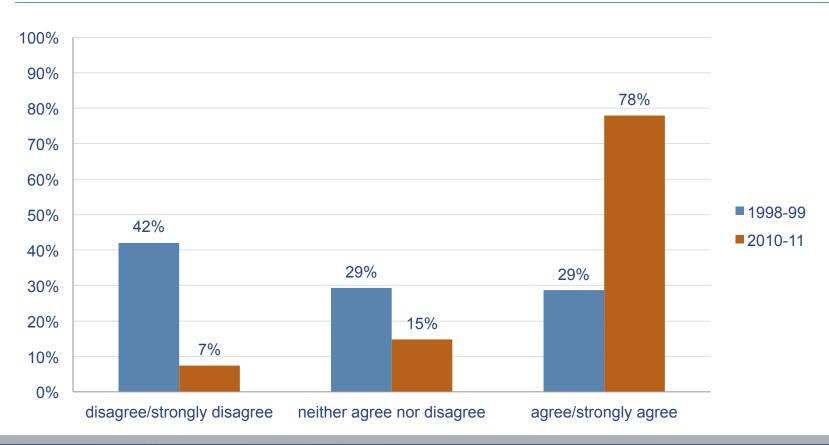
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Views of Kindergarten Children's Teachers: "Most children should learn to read in kindergarten."





Comparing the Kindergarten Classes of 1998-99 and 2010-11

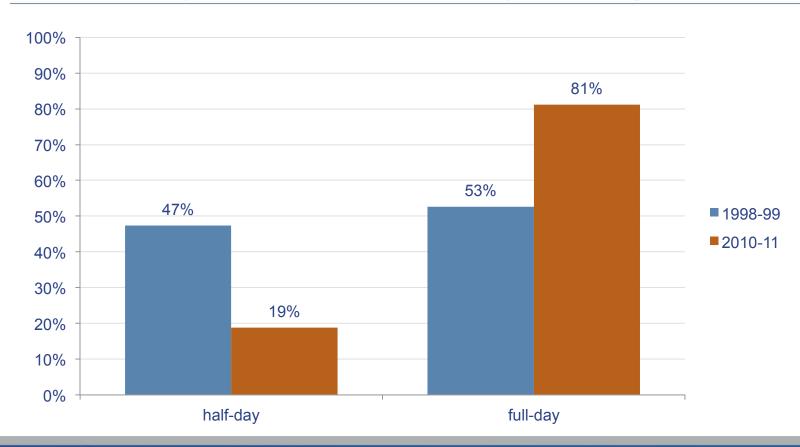
- 1. Full-day and half-day programs
- 2. Instruction time and academic skills
 - Examples of advanced skills taught in kindergarten
- 3. Time for the arts and physical education
- 4. Classroom features and creative materials
- 5. Teacher beliefs about kindergarten readiness
- 6. Kindergarten teacher beliefs about preschool



Full-Day and Half-Day Kindergarten Programs



Full-Day and Half-Day Programs

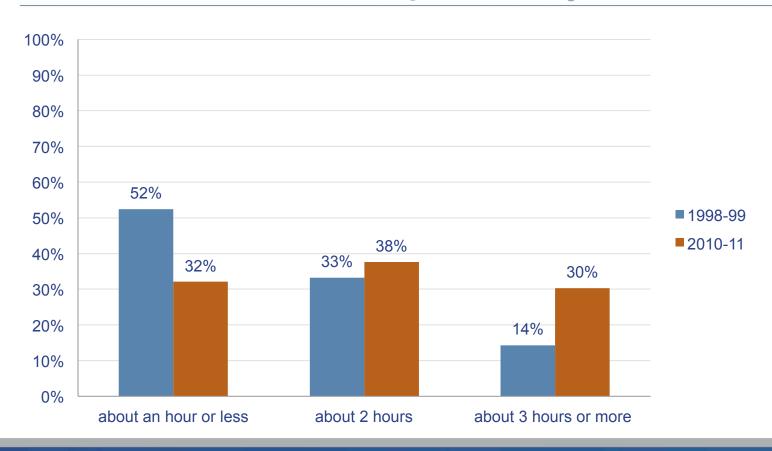




Instruction Time and Academic Skills

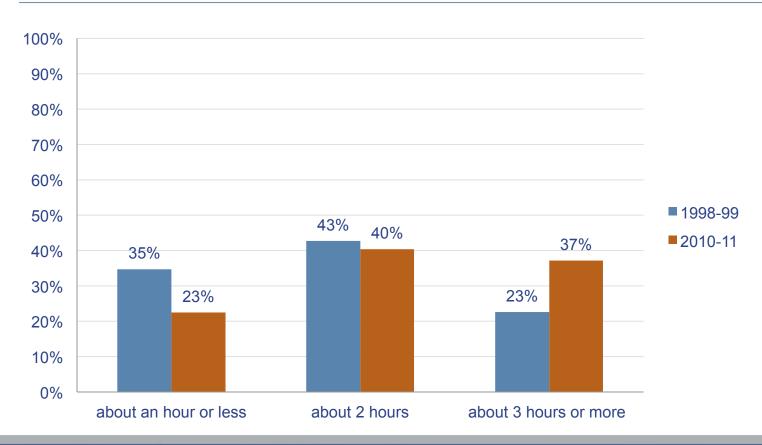


Teacher-Led Whole-Group Instruction Time per Day





Teacher-Led Whole-Group Instruction Time per Day in Full-Day Kindergarten

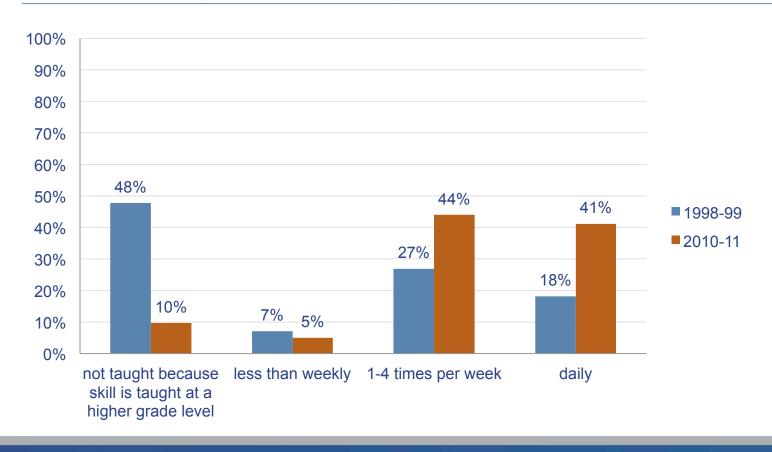




Examples of Advanced Skills Taught in Kindergarten

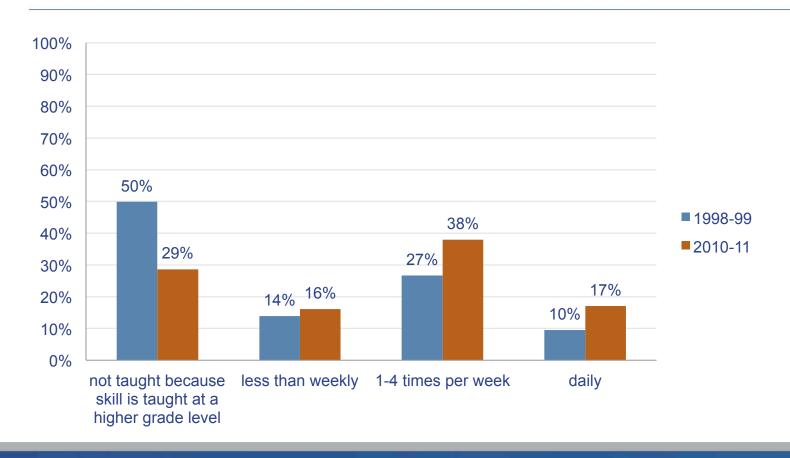


Reading Fluently



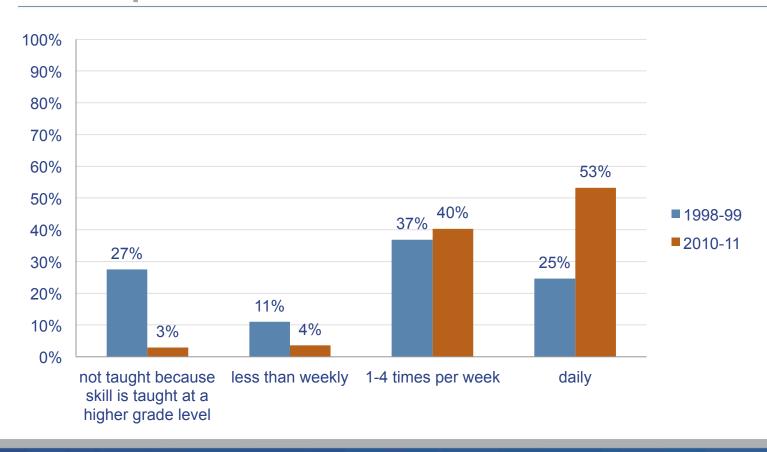


Reading Multisyllable Words Such as *Adventure*



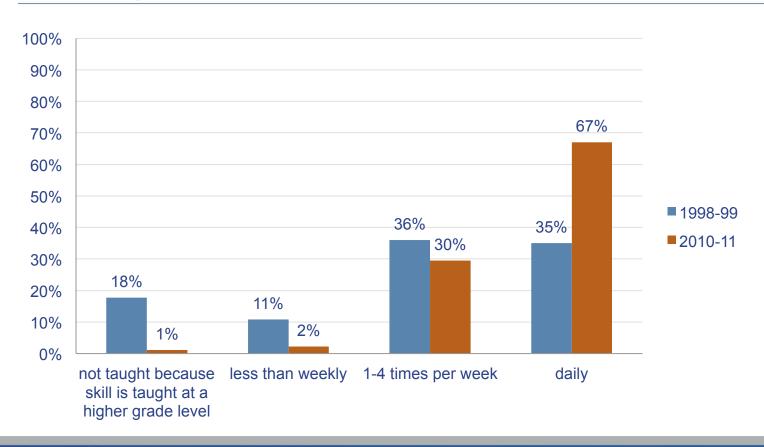


Composing and Writing Complete Sentences



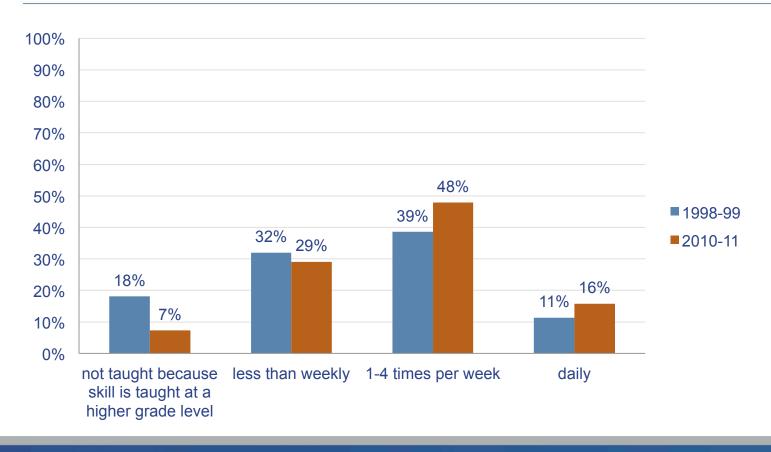


Using Capitalization and Punctuation





Subtracting Single-Digit Numbers

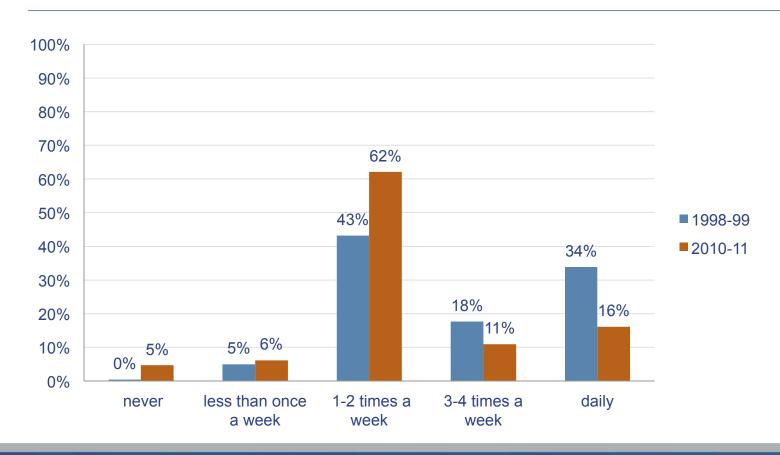




Time for the Arts and Physical Education

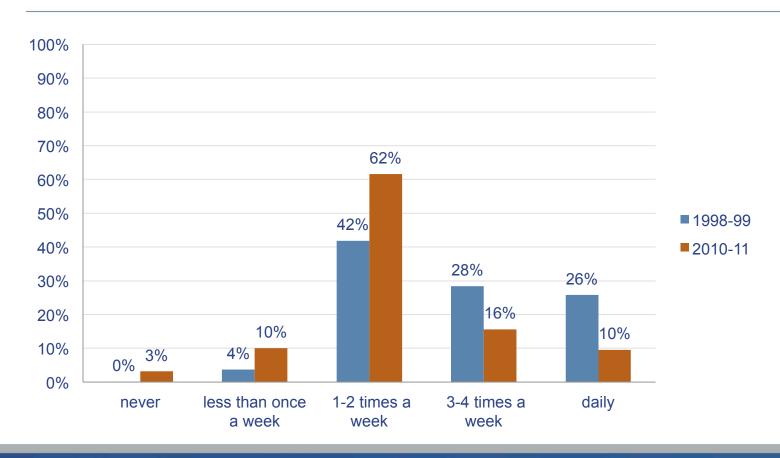


Music



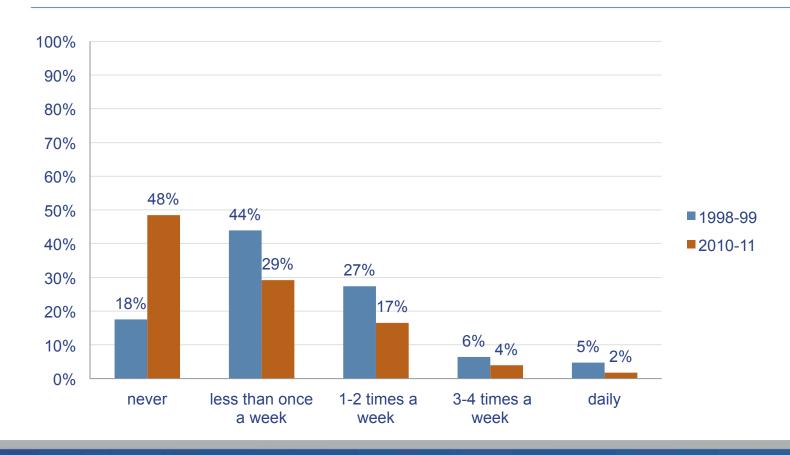


Art



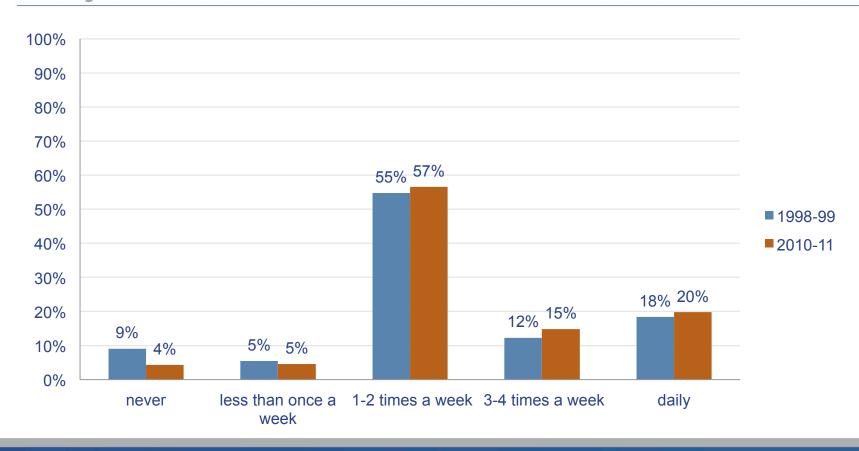


Theater and Creative Dramatics





Physical Education

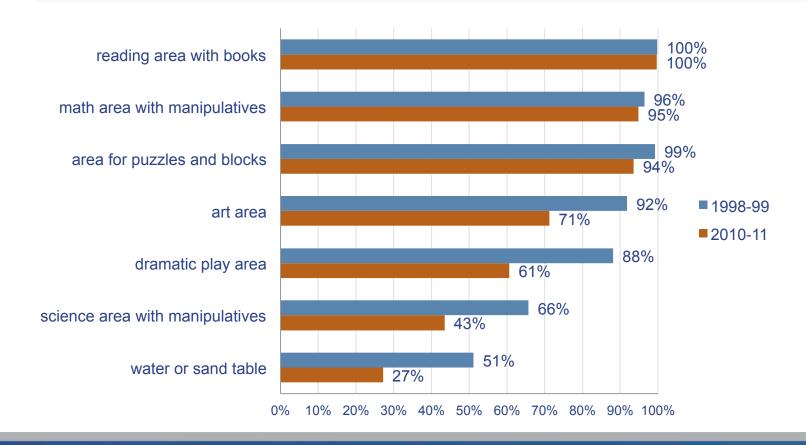




Classroom Features and Creative Materials

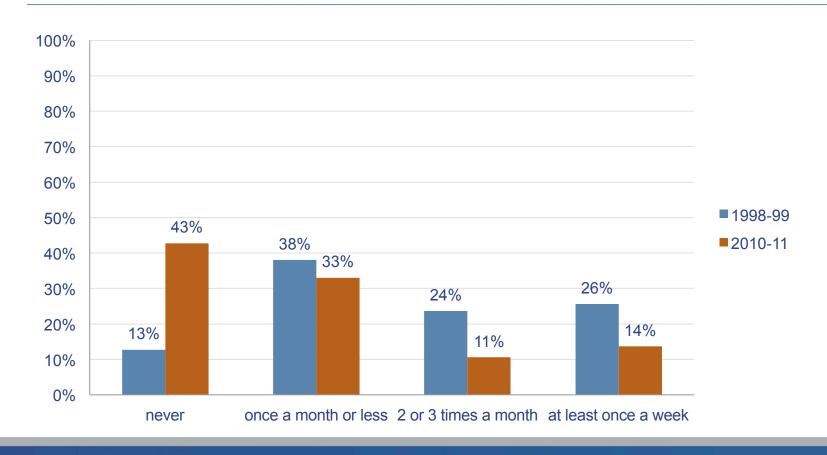


Classroom Areas



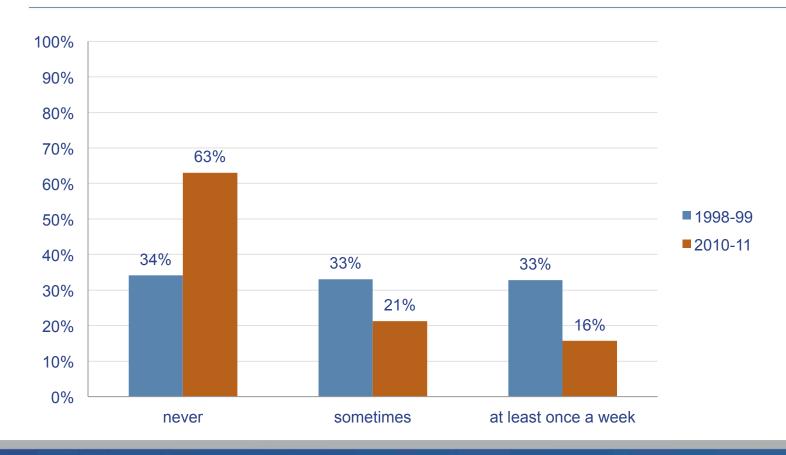


Frequency Class Uses Cooking or Food-Related Items



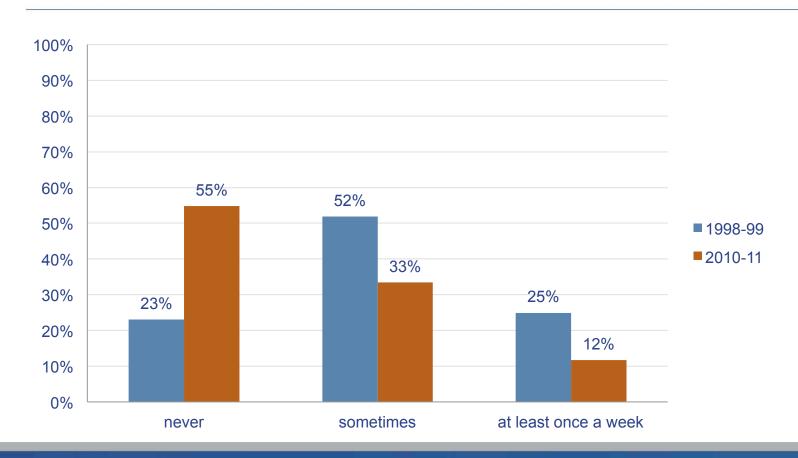


Frequency Class Uses Costumes for Theater and Creative Dramatics





Frequency Class Uses Musical Instruments



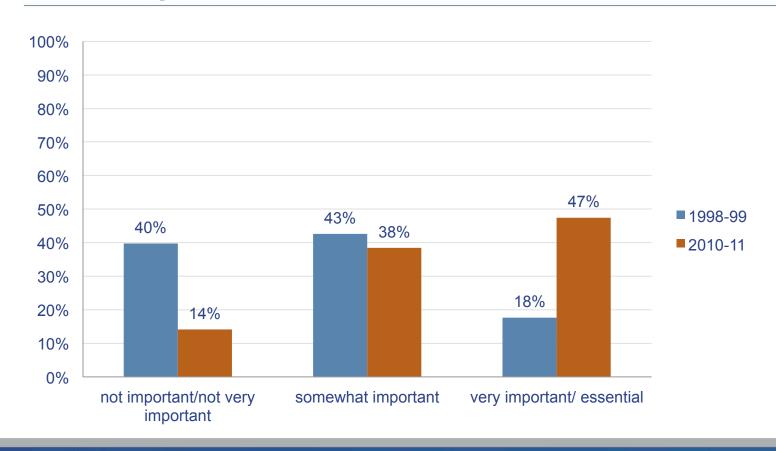


Teacher Beliefs About Kindergarten Readiness

How important do you believe the following characteristics are for a child to be ready for kindergarten?

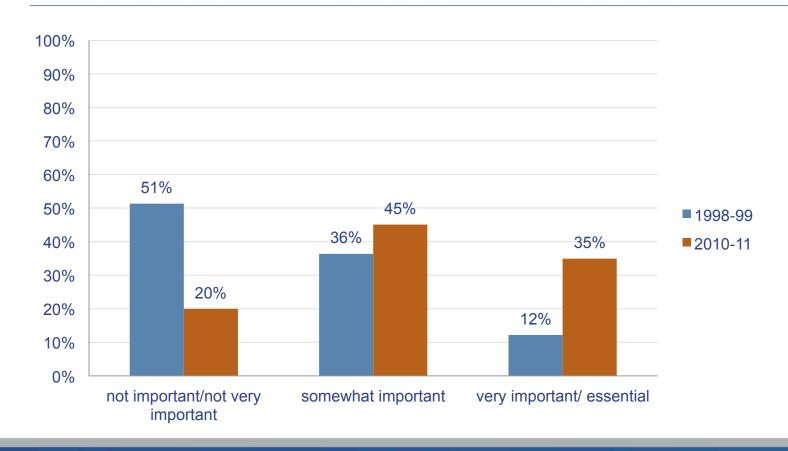


Knows Most of the Letters of the Alphabet



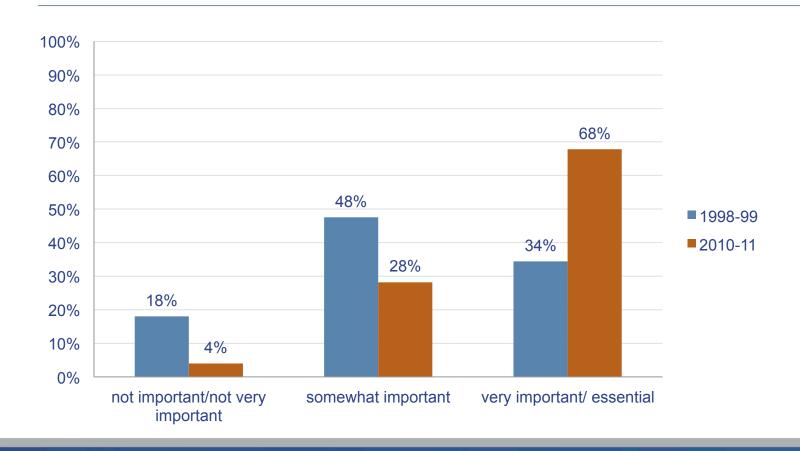


Can Count to 20



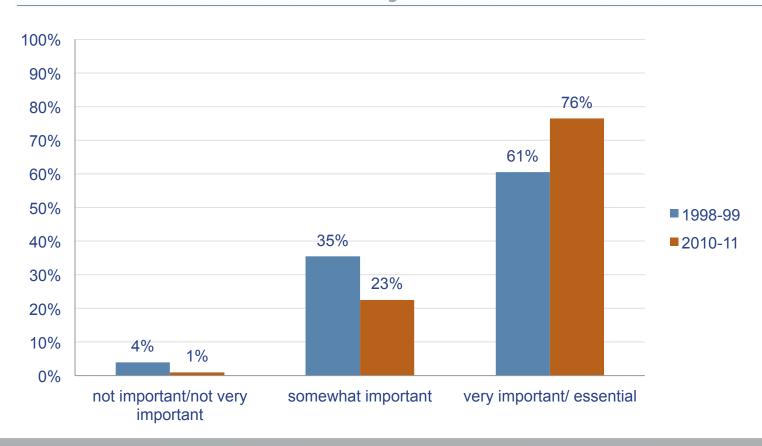


Is Able to Use Pencils and Paintbrushes





Sits Still and Pays Attention

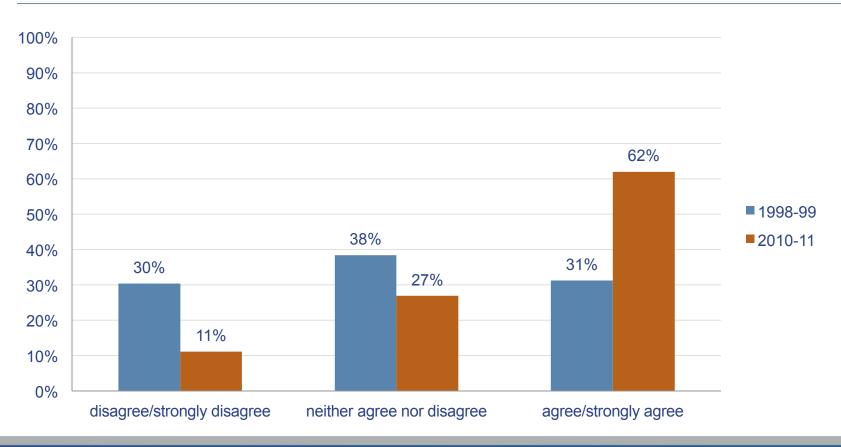




Kindergarten Teacher Beliefs About Preschool

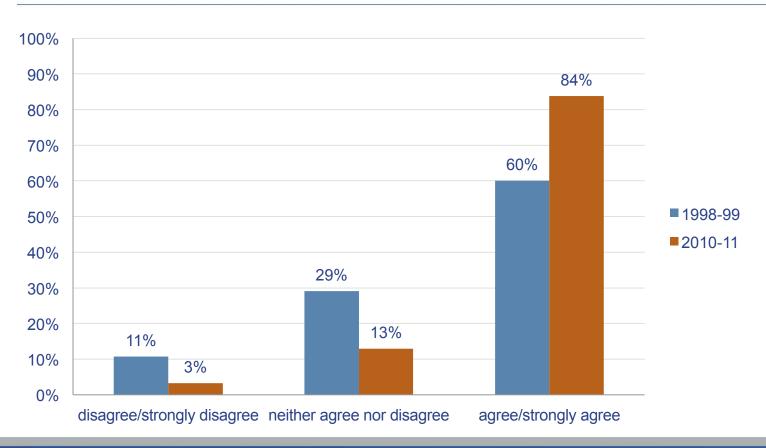


"Children who begin formal reading and math instruction in preschool will do better in elementary school."





"Attending preschool is very important for success in kindergarten."





Kindergartners Today Are Facing:

- The new first grade
- More focus on rigorous academic skills
- Less focus on music, art, and creative activities
- Higher academic and behavioral expectations when they enter kindergarten



Policy Questions

- Traditionally, kindergarten served as the transition year before formal schooling. If kindergarten is the new first grade, is preschool the new kindergarten?
- How do we prepare all young children for success in today's more rigorous kindergarten?



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