

Clark-Wilkins School September Lunch Menu

Student Price: \$2.75

80 Boston Post Rd. Amherst, NH 03031 603-673-4411 Principal: Gerry St. Amand gstamand@sprise.com

Food Service Department 603-673-2690 Kitchen Manager: Louise Guay lguay@sprise.com Director of School Nutrition: John Lash

jlash@sprise.com

Monday	Tuesday	Wednesday	Thursday	Friday
5	6	7	8	9
NO SCHOOL LABOR DAY	Stuffed Crust Pizza Green Beans Steamed Carrots Peach Cup Variety of Milk	Hamburger on a Bun Oven Fries Pears in Light Syrup Variety of Milk	Chicken Tenders Buttered Noodles Broccoli Cinnamon Applesauce Variety of Milk	Ham & Cheese Wrap with Lettuce & Tomato Goldfish Crackers Sweet Peas Pears in Light Syrup Variety of Milk
12	13	14	15	16
Max Pizza Sticks with Marinara Dipping Sauce Marinara Sauce Baby Carrots Peach Cup Variety of Milk	LATE START DAY Chicken Patty Sandwich Broccoli Pears in Light Syrup Variety of Milk	Hot Dog in a Bun Oven Fries Cinnamon Applesauce Variety of Milk	Mini Pancakes with Syrup Cup Sliced Ham Hash Brown Potato Cinnamon Applesauce Variety of Milk	Chicken Fajitas Steamed Corn Roasted Chickpeas Orange Slices Variety of Milk
19	20	21	22	23
Homemade Cheese Pizza Steamed Carrots Peach Cup Variety of Milk	Chicken Tenders Rice Pilaf Sweet Peas Apple Slices Variety of Milk	Mitchell's Fresh Salsa Bag-O-Taco Steamed Corn Pears in Light Syrup Variety of Milk	American Chop Suey Broccoli Diced Pineapple Variety of Milk	Ham & Cheese Wrap with Lettuce & Tomato Goldfish Crackers Mixed Vegetables Diced Pineapple Variety of Milk
26	27	28	29	30
Homemade Cheese Pizza Steamed Carrots Peach Cup Variety of Milk	Chicken Nuggets Seasoned Pasta Mixed Vegetables Pears in Light Syrup Variety of Milk	Belgian Waffle Sticks with Syrup Cup Sliced Ham Hash Brown Potato Carrot Sticks Cinnamon Applesauce Variety of Milk	Spaghetti and Meat Sauce Green Beans Mixed Fruit Variety of Milk	Macaroni & Cheese Carrot Sticks Celery Sticks Pears in Light Syrup Variety of Milk

Please note: All breads, pastas, and pizza dough are whole grain-rich.