## Being Bad at Decisions

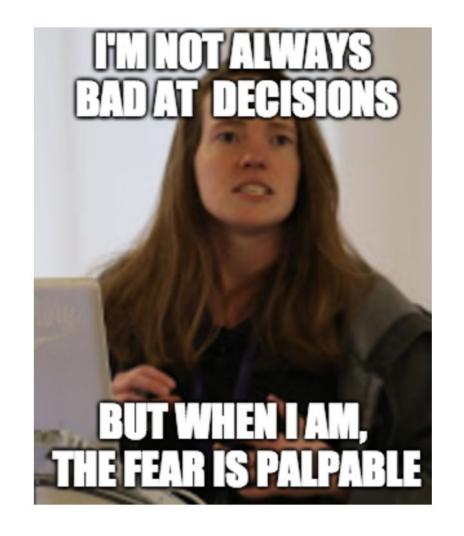
And What to Do About It

# I like to say that I'm bad at making decisions

#### But that isn't exactly true

- I can be a good leader
- I can take a strong stand
- I can make decent plans
- I can sometimes declare what I'd like to have for dinner

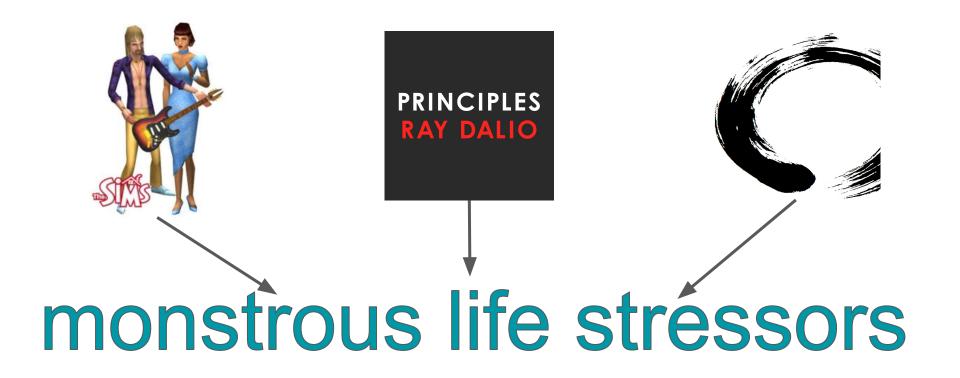
And yet there have been times when making decisions has been REALLY hard for me



### Mushin

an empty or clear mind; a mind not fixed on anything and open to everything





A Recipe for Decision Making Paralysis :: Fear

# Fear Setting

An operating system for thriving in high stress environments



Just Google: Tim Ferriss TED Talk https://youtu.be/5J6jAC6XxAl

#### Tim Ferriss: Classic Fear Setting

#### Page 1: 3 Lists

- Define :: What are the worst things that could happen
- Prevent :: How could I prevent each of these things from happening
- Repair :: If the worst thing does happen, how could I fix it

Page 2: List the possible benefits of being successful or partially successful

Page 3: List the costs of inaction (6 months, 1 year, 3 years)

### Fear Setting: Solutions Engineering Dream Job

WORST THING	PREVENT	REPAIR
They discover I know much less about systems administration than they think I know	Review and journal about what you know	Thank them and promise to keep learning
I'll feel like a failure if I don't get the job	Remember that you're still early in your career and you've done cool things	Fight back against the shame - contribute even more to the community
The other solutions engineers don't enjoy working with you	Start with the ones that do - Edgar likes you	Go slow, learn before speaking, don't force friendship

"Easy choices, hard life. Hard choices, easy life." ~ Jerzy Gregorek	