

Sample 2: International Travel Itinerary

Day 1 — Saturday, June 15, 2025

U.S. – Nova Cascada, Terra Verde

International Travel Day

- 8:00 AM (Central Time) — Meet at Evergreen University Main Circle
- 9:00 AM — Depart for airport
- 1:00 PM (Eastern Time) — Check-in at Chicago O'Hare International Airport
- 3:25 PM — Flight departs on FV1821
- 7:10 PM (Local Time) — Arrive in Nova Cascada, Terra Verde
- 8:30 PM — Group transfer to Hotel Aurora
- 9:30 PM — Light snack and welcome briefing at hotel

Day 2 — Sunday, June 16, 2025

Cultural Excursion

- 7:30 AM – 8:30 AM — Breakfast and group orientation
- 8:45 AM — Depart for excursion
- 10:00 AM — Skybridge Walk at Vento Canyons
- 12:00 PM — Tour of Old Town Casamira
- 1:30 PM — Lunch at Casa del Mar
- 3:00 PM – 4:30 PM — Riverboat tour along Rio Azul
- 5:30 PM — Return to hotel
- 6:30 PM — Dinner at hotel
- 8:00 PM — Reflection session: “Global Awareness & Community”

Day 3 — Monday, June 17, 2025

Nova Cascada – Alta Flor

Service & Training Day

- 7:00 AM – 8:00 AM — Breakfast
- 8:00 AM — Depart for Alta Flor

- 10:30 AM — Arrive and check into Hotel Verde Valle
- 11:30 AM — Lunch at Café Horizonte
- 1:00 PM – 4:30 PM — Orientation + Campus Tour at Instituto de Salud Comunitaria
- 5:00 PM — Return to hotel
- 6:30 PM — Dinner
- 8:00 PM — Evening activity: “Cultural Exchange Mixer”

Day 4 — Tuesday, June 18, 2025

Service Day

- 6:30 AM – 7:30 AM — Breakfast
- 8:00 AM – 12:00 PM — Volunteer rotation at city health stations
- 12:30 PM — Lunch at Café Horizonte
- 1:30 PM – 4:00 PM — Guided visit to Alta Flor General Hospital
- 5:00 PM — Return to hotel
- 6:30 PM — Dinner
- 8:00 PM — Reflection: “Health Equity & Field Realities”

Day 5 — Wednesday, June 19, 2025

Service Day

- 6:00 AM – 6:45 AM — Breakfast
- 7:00 AM – 12:30 PM — Clinical observations in OR and diagnostics
- 1:00 PM — Lunch at Jardin de Sabor
- 2:00 PM – 4:00 PM — Free exploration time
- 6:30 PM — Dinner
- 8:00 PM — Optional group discussion: “Learning on the Go”

Day 6 — Thursday, June 20, 2025

Rural Health Outreach

- 6:00 AM – 6:45 AM — Breakfast
- 7:00 AM — Depart for rural clinic site
- 9:00 AM – 1:00 PM — Assist with community clinic operations

- 1:00 PM – 2:00 PM — Lunch with local hosts
- 2:30 PM — Return to hotel
- 6:30 PM — Dinner
- 8:00 PM — Reflection: “Lessons from the Field”

Day 7 — Friday, June 21, 2025

Alta Flor – Nova Cascada

Community Closeout & Travel Prep

- 6:00 AM – 6:45 AM — Breakfast
- 7:00 AM – 11:00 AM — Final service project at rural site
- 12:00 PM – 1:00 PM — Farewell celebration lunch
- 1:30 PM — Travel back to Nova Cascada
- 5:00 PM — Check-in at Airport Hotel Solstice
- 6:30 PM — Dinner
- 8:00 PM — Final group debrief and certificate ceremony

Day 8 — Saturday, June 22, 2025

International Return

- 4:30 AM – 5:00 AM — Checkout and light breakfast
- 5:15 AM — Depart for airport
- 8:00 AM — Flight departs Nova Cascada on FV1922
- 12:40 PM (Eastern Time) — Arrive in Chicago
- 5:00 PM (Central Time) — Return to Evergreen University Main Circle