



CONTACT

Germany

SKILLS

- Customer Service
- Excellent timekeeping
- Excellent telephone manner
- Customer assistance
- Product expertise
- Enthusiastic communicator
- Creative thinking
- Music Theory
- Improvisation
- Music production
- Live performance
- Teaching
- Instrument maintenance
- Fitness planning
- Rehabilitation techniques
- Motivational leader
- Designing exercise programmes
- Human anatomy expertise
- Personal training

LANGUAGES

German: First language

English: C2

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Proficient

Spanish: B1

Intermediate

SUMMARY

Enthusiastic hard worker in all areas of expertise. Experienced musician, professional fitness coach and enthusiastic sales person, always eager to perform and acquire new abilities.

EXPERIENCE

Medical fitness coach, 05/2021 - I currently work here
Self employed - Heidelberg, Germany

- Designed and delivered personalised fitness programmes tailored to client's specific goals and abilities.
- Maintained up-to-date knowledge of fitness trends and innovations through continuous professional development.
- Monitored client progress through regular evaluations and adjusted fitness plans to ensure optimal results.
- Provided expert advice on nutrition and lifestyle changes to support clients' overall health and fitness objectives.
- Developed online training programmes and virtual fitness classes to reach a broader audience and accommodate client needs.
- Developed extensive workout and nutrition plans for clients to address health and weight loss issues.

Professional Musician, 05/2015 - I currently work here
Self employed - Heidelberg, Germany

- Conducted music lessons for students of various ages, fostering a passion for music and enhancing their skills.
- Engaged in community events and charity concerts, demonstrating commitment to social causes through music.
- Collaborated with fellow musicians to compose and arrange new pieces, boosting the group's repertoire.
- Organised logistics for tours, including travel arrangements and accommodation, ensuring smooth operations.
- Developed marketing materials, such as posters and flyers, to effectively advertise performances and events.
- Recorded, mixed, and produced tracks in a studio setting, contributing to three successful albums.
- Performed at over 100 live venues, captivating audiences with diverse musical genres and styles.
- Maintained and repaired musical instruments, ensuring optimal sound quality and performance readiness.
- Mastered multiple musical instruments, including piano, violin, ukulele, drums and guitar, enhancing versatility and performance depth.
- Provided vocal coaching to aspiring singers, improving their technique and performance capabilities.
- Performed in groups as well as solo acts in front of audiences up to 700+ people internationally.

Lead Barista, 02/2012 - 02/2017
Macaronnerie - Heidelberg, Germany

