

93501Q



NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

Scholarship 2014 Physical Education

9.30 am Monday 17 November 2014
Time allowed: Three hours
Total marks: 24

QUESTION BOOKLET

There are three questions in this booklet. Answer ALL THREE questions.

Each question is worth 8 marks.

Write your answers in Answer Booklet 93501A. Start your answer to each question on a NEW page.
Carefully number each answer.

Check that this booklet has pages 2–4 in the correct order and that none of these pages is blank.

YOU MAY KEEP THIS BOOKLET AT THE END OF THE EXAMINATION.

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INSTRUCTIONS

Answer ALL THREE questions. Each question is worth 8 marks.

QUESTION ONE (8 marks)

Strategies that focus on the maintenance of lifelong involvement in physical activity are many and varied.

Consider the key objectives of the sport and physical activity model:

Lifelong Involvement in Sport and Physical Activity (LISPA) is a model that uses an approach / strategy to create an environment that enables participants to achieve their optimum potential.

The model states:

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- Focusing on fun, skill development, individual needs, and maximum participation will encourage people to stay involved and achieve success at all levels (in line with their choices and potential), thereby enhancing physical activity involvement across their lifespan.

Source (adapted): University of Limerick. (2005). 'Lifelong Involvement in Sport and Physical Activity: The LISPA Model – Consultation Document'. Available at: <http://www.coachingireland.com>

Critically evaluate the assumptions within the key objectives of the LISPA Model above with respect to maintaining or increasing physically active lifestyles.

Support your evaluation with appropriate examples from your own knowledge and experience of models / strategies that focus on the maintenance of lifelong involvement in physical activity.

QUESTION TWO (8 marks)

The role of the media in the portrayal of violence in sport in New Zealand is contentious.

Consider the following extract:

The media have transformed the way in which contemporary sport is produced, represented, and how it is ultimately consumed.

By failing to address the behaviour they are, intentionally or unintentionally, giving a nod of approval to violent acts.

Source (adapted): Collins, C. & Jackson, S. (Eds.). (2007). *Sport in Aotearoa / New Zealand Society: 2nd Edition*. Melbourne, Australia: Thomson-Nelson. (p. 437).

Critically evaluate the role of the media in portraying violence in sport, and the potential impact on New Zealand society.

Support your evaluation with appropriate examples from your own knowledge and research about the role of the media in the portrayal of violence in sport in New Zealand.

QUESTION THREE (8 marks)

The factors influencing performance improvement are complex.

Consider the following extract:

Sport scientists have examined numerous factors influencing the development of high levels of performance.

Sociocultural factors are a significant and often overlooked influence on performance improvement, and an understanding of the complex and dynamic relationship between primary and secondary variables is important when seeking performance improvement.

Source (adapted): Baker, J. & Horton, S. (2004). A review of primary and secondary influences on sport expertise. *High Ability Studies*, 15, 211–228.

Critically evaluate the influence of sociocultural factors in performance improvement programmes.

Support your evaluation with appropriate examples from your own knowledge and experience of programmes designed to improve performance.