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93501Q



NEW ZEALAND QUALIFICATIONS AUTHORITY
MANA TOHU MĀTAURANGA O AOTEAROA

Scholarship 2012 Physical Education

9.30 am Tuesday 13 November 2012
Time allowed: Three hours
Total marks: 24

QUESTION BOOKLET

There are four questions in this booklet. Answer **THREE** questions.

Each question is worth 8 marks.

Write your answers in Answer Booklet 93501A. Start your answer to each question on a **NEW** page.
Carefully number each answer.

Check that this booklet has pages 2–5 in the correct order and that none of these pages is blank.

YOU MAY KEEP THIS BOOKLET AT THE END OF THE EXAMINATION.

You have three hours to complete this examination.

Choose any THREE questions to complete. Each question is worth 8 marks.

EITHER: QUESTION ONE (8 marks)

Consider the following extract:

Participation in physical activity has long been associated with positively improving one's well-being.

However, the impact of physical activity on the well-being of an individual or group is not necessarily associated with only positive outcomes. Involvement in physical activity can result in negative outcomes to one's well-being.

Critically evaluate the impact that **involvement in physical activity** can have on well-being.

Support your evaluation with appropriate examples from your own knowledge and experience in the development of a physical activity programme or experience.

AND/OR: QUESTION TWO (8 marks)

Consider the following contrasting viewpoints:

“In many ways, globalisation has been beneficial for sport. ... The evidence also includes the increasing opportunities that athletes, coaches, and leaders, have been able to access because of the global nature of sport.”

Source (adapted): Thibault, L. (2009). Globalisation of Sport: An Inconvenient Truth. *Journal of Sport Management*. 23 (1), pp 1–20.

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“Commentators find evidence of globalisation in international sports media spectacles, geographically mobile sports, advertising, promotion, marketing, and packaging practices. ... In the end, none can escape, and each has the same (dirty!) look.”

Source (adapted): Miller, T., Lawrence, G., McKay, J., and Rowe, D. (2001). *Globalization and Sport: Playing The World*. London: Sage. (p 13).

Critically evaluate the issue of the “**globalisation of sport**” and its impact on New Zealand society.

Support your evaluation with appropriate examples from your own knowledge and experience of examining this issue.

AND/OR: QUESTION THREE (8 marks)

Consider the following extract:

“The human body’s ability to process information and programme muscles and limbs to move efficiently is one important part of how skills are acquired. ...

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Increasingly, biomechanical principles are being used in conjunction with motor skill learning theories to bring about performance improvement.”

Source (adapted): Glazier, P.S., Wheat, J.S., Pease, D.L., and Bartlett, R.M. (2006). *Chapter 3: The Interface of Biomechanics and Motor Control*. As cited in: Davids, K., Bennett, S., and Newell, K.M. (eds.) (2006). *Movement System Variability*. USA: Human Kinetics.

Critically evaluate the application of **biomechanical principles** in conjunction with “**motor skill learning**” theories in order to bring about performance improvement.

Support your evaluation with appropriate examples from your own knowledge and experience of programmes designed to improve performance.

AND/OR: QUESTION FOUR (8 marks)

Consider the following extract:

“Health promotion processes can be beneficial when attempting to increase participation in sport and physical activity by individuals and communities.”

Source (adapted): Merchant, J., Griffin, B.L., and Charnock, A. (2007). *Sport and Physical Activity: The Role of Health Promotion*. New York: Macmillan. (p. 11).

Critically evaluate the extent to which “**health promotion**” processes can be used to increase participation in sport and/or physical activity of individuals and communities.

Support your evaluation with appropriate examples from your own knowledge and experience of health promotion.

