# Nanocarriers for targeted drug delivery

Benefits and challenges of nanotechnology for medicine

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# Nanocarrier delivery systems

#### Introduction

# Structure, types and features nanoparticle targeting ligand active drug polymeric pegylated drug micelle liposome micelle liposome conjugate

Figure 1: Structure of common types of nanocarriers

### Definition: nanocarrier

Biocompatible nanoparticle encapsulating a drug

#### Characteristics

- Nanometer scale
- Low toxicity
- Biodegradable
- Hydrophilic
- Nonimmunogenic
- Soluble

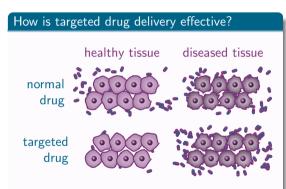




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# Targeted drug delivery

### Introduction



**Figure 2:** Goal is to increase drug concentration ratio for diseased tissue

#### Targets diseased tissue

- Maximise therapeutic effects
- Minimise effective drug dose
- Common targets are solid tumours, inflamed and infected tissue

## Avoids healthy tissue

Minimise toxic side-effects





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# Enhanced permeability and retention effect

Passive targeting

Basis for first generation nanomedicines [1]

#### Illustration of the EPR effect

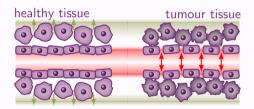


Figure 3: Lymphatic system drainage and blood vessel permeability in solid tumours

- [1] A. Wicki et al., Journal of controlled release 200, 138-157 (2015).
- [2] H. Maeda et al., Journal of controlled release 65, 271-284 (2000).
- [3] T. P. Padera et al., Nature 427, 695 (2004).

#### Definition: EPR effect

 Tendency for nanoparticles to accumulate in solid tumours [2]

#### Accumulation procedure

- Molecules leak from blood into tissue due to enhanced vascular permeability
- ② Blocked lymphatic system due to dense rapidly growing tumour cells [3]
- 3 Large particles become trapped

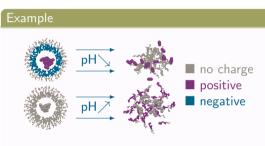




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## Internal stimuli-responsive nanocarriers

## Stimuli-responsive targeting



**Figure 4:** Polymeric micelles with pH-responsive polymers for electrostatic release [4]

#### Bioindicators used to trigger release

pH level

Redox potential

Enzymes

Temperature

### Target sites for pH-responsive nanocarriers

- Tumours have been observed with lower pH than healthy tissue [5, 6]
- Individual organelles within the cell maintain their own unique pH [1]

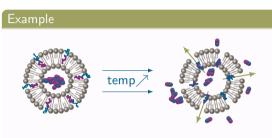
- [1] A. Wicki et al., Journal of controlled release 200, 138-157 (2015).
- [4] T. Sun et al., Angewandte Chemie International Edition 53, 12320-12364 (2014).
- [5] I. F. Tannock, D. Rotin, Cancer research 49, 4373–4384 (1989).
- [6] L. E. Gerweck, K. Seetharaman, Cancer research 56, 1194-1198 (1996).



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## External stimuli-responsive nanocarriers

## Stimuli-responsive targeting



**Figure 5:** Liposomes modified with thermosensitive polymers for controlled release [7, 8]

- [7] T. Ta, T. M. Porter, Journal of controlled release 169, 112-125 (2013).
- [8] K. Kono, Advanced drug delivery reviews 53, 307-319 (2001).
- [9] A. Jhaveri et al., Journal of controlled release 190, 352-370 (2014).
- [10] S. Ganta et al., Journal of controlled release 126, 187-204 (2008).
- [11] F. Scherer et al., Gene therapy 9, 102 (2002).

#### Mechanisms used to externally trigger release

- Electromagnetic fields
- Heat

Ultrasound

Light

### Induced local hyperthermia

- Target temperature is 40–45  $^{\circ}$ C [9, 10]
- Direct heat can be applied to target
- Magnetic fields can be used to heat iron oxide nanoparticles at target [11]





# Surface ligands

Active targeting

Definition: active targeting







**Examples** 



## Thank you, any questions?

#### References

- A. Wicki et al., Journal of controlled release 200, 138–157 (2015).
- H. Maeda et al., Journal of controlled release 65, 271–284 (2000).
- 3. T. P. Padera et al., Nature 427, 695 (2004).
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- T. Ta, T. M. Porter, *Journal of controlled release* 169, 112–125 (2013).
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