# Nanocarriers for targeted drug delivery

Benefits and challenges of nanotechnology for medicine

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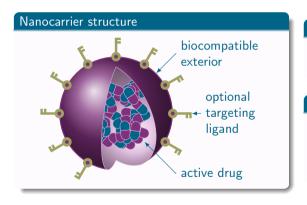
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## Nanocarrier delivery systems

#### Introduction



### Definition: nanocarrier

Biocompatible nanoparticle encapsulating a drug

#### Characteristics

- Nanometre scale
- Biodegradable
- Non-immunogenic
- Low toxicity
- Hydrophilic
- Soluble





# Targeted drug delivery

#### Introduction

# How is targeted drug delivery effective?

healthy tissue diseased tissue

general drug





targeted drug





**Figure 1:** Goal is to increase drug concentration ratio for diseased tissue.

#### Targets diseased tissue

- Maximise therapeutic effects
- Minimise effective drug dose
- Common targets are solid tumours, inflamed and infected tissue

## Avoids healthy tissue

Minimise toxic side-effects





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## Definition: vascular permeability

 Tendency for molecules to leak from blood vessels into interstitial space between cells

## Contributing factors

- Permeability enhancers such as bradykinin and nitric oxide
- Dense and defective blood vessels
- Enhanced vascular permeability has been observed in solid tumours and inflamed tissue [1]



# Enhanced permeability and retention effect

Passive targeting

## Basis for first generation nanomedicines [2]

#### Definition: EPR effect

 Tendency for nanoparticles to accumulate in solid tumours [1]

### Accumulation procedure

- Molecules leak into interstitial space due to enhanced vascular permeability
- **2** Lymphatic vessels are compressed by rapidly growing solid tumour [3]
- 3 Large particles become trapped



<sup>[1]</sup> H. Maeda et al., Journal of controlled release 65, 271-284 (2000).

<sup>[2]</sup> A. Wicki et al., Journal of controlled release 200, 138-157 (2015).

<sup>[3]</sup> T. P. Padera et al., Nature 427, 695 (2004).

# Internal stimuli-responsive nanocarriers

Stimuli-responsive targeting

## Bioindicators used to trigger release

- Tumours have been observed with lower pH than healthy tissue [4, 5]
- Individual organelles maintain their own unique pH and redox potential
- Intracellular and extracellular space maintain different redox potentials [6]





<sup>[4]</sup> I. F. Tannock, D. Rotin, Cancer research 49, 4373-4384 (1989).

<sup>[5]</sup> L. E. Gerweck, K. Seetharaman, Cancer research 56, 1194–1198 (1996).

<sup>[6]</sup> G. Saito et al., Advanced drug delivery reviews 55, 199-215 (2003).

# External stimuli-responsive nanocarriers

Stimuli-responsive targeting

## Mechanisms used to externally trigger release

- Electromagnetic fields
- Heat

Ultrasound

Light





Definition: active targeting





# Thank you, any questions?

#### References

- 1. H. Maeda et al., Journal of controlled release 65, 271-284 (2000).
- 2. A. Wicki et al., Journal of controlled release 200, 138-157 (2015).
- 3. T. P. Padera et al., Nature 427, 695 (2004).
- 4. I. F. Tannock, D. Rotin, Cancer research 49, 4373-4384 (1989).
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