

## 4.2 Culinary Creativity

***Cooking from My Heart: Loving Spoonfuls from a Sri Lankan Kitchen*, Authorhouse (2008)**

(Formally launched on Jan. 11, 2009, at home at 3 Ardmore Rd, Toronto, ON M5P 1V4, CANADA)



*Cooking from my Heart*

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*Loving Spoonfuls from a Sri Lankan Family Kitchen*

*Swarna Sugunasiri*