

2 Houses...

28321-28351 Horizon Road
Cathedral City, California 92234

Her House



&

His House



Why We're Different

This isn't just another sober house—it's one of the most structured and committed environments you'll find. We stay involved because we want you to succeed. We challenge you because we care. And we celebrate every step forward, because lasting recovery is worth it.



His House

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Her House

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"I've been through a few sober living homes, but this one really stands out. From the start, it was clear they take recovery seriously. You're expected to show up, stay honest, and follow through. If you start slipping, they'll check you—because they actually care about your progress. It's not about punishment, it's about helping you stay on track."

The house is clean, well-run, and filled with people who are trying to better themselves. The staff are supportive and straightforward—they don't sugarcoat things, but they're here to help. You get structure, you get pushed, and you get the tools to grow. Honestly, it's the nicest sober living I've ever been in. I'm grateful I found this place—it's helped me reset and start building something real."

Steven S.





Safe, Supportive Environment

- 24/7 surveillance for a secure living space.
- Welcoming community with empathetic peers.
- Clean, Modern houses. Spacious rooms, No Bunk Beds!

Accountability and Structure

- Emphasis on personal responsibility and self-discipline.
- Regular check-ins with fellow members for progress monitoring.
- Frequent random testing

Guidance and support

- Peer support and advice from those who have successfully navigated their recovery journey.
- Community activities fostering honest and open communication. Building a sense of belonging through camaraderie, shared experiences, and mutual encouragement.



Honest, Sober Life

- Encouragement to live with integrity and transparency.
- Building strong, supportive relationships with like-minded peers.
- Celebrating milestones to motivate continued progress.



Resources

- Access to resources that support sobriety and personal growth.
- This includes access to literature, online tools, contacts and more for additional support services.



Holistic Approach

- **Mind, Body, and Spirit Balance:** Emphasizing overall well-being through a focus on mental, physical, and emotional health.
- **Physical Wellness:** Encouraging healthy habits such as regular exercise, nutritious meals, and restorative sleep.
- **Personal Growth:** Offering opportunities for self-discovery, goal-setting, and skill-building to foster independence and resilience.
- **Healthy Lifestyle Practices:** Incorporating mindfulness practices, such as meditation, yoga, or journaling, to support mental clarity and stress management.
- **Recreational Activities:** Promoting enjoyment and relaxation through creative hobbies, nature outings, and group events.

This comprehensive approach helps members not only maintain continued sobriety but also cultivate a balanced and fulfilling life.

