

## APPETIZERS

Garlic - Herb Breadsticks with Marinara Sauce	small \$2.25	large \$3.75
Cheese Breadsticks with Marinara Sauce	small \$2.25	large \$3.75
Fried Pickles		\$4.25
Fried Shrimp with Tartar sauce		\$4.25
Hummus & Pita with Veggies		\$3.25
Mozzarella Sticks		\$4.95
Tortilla Chips and Salsa		\$2.25
Two Soft Pretzels, Served Warm		\$1.75
Chicken Fingers: Buffalo Style or Plain		\$5.95
Chicken Wings: Buffalo, BBQ or Honey Mustard		\$6.25
Monterey Jack Cheese Quesadilla		\$4.50
Add Veggies		\$5.25
Add Chicken		\$5.25

## SALADS

Spinach & Feta Salad		\$5.25
Fresh baby spinach with craisins, toasted walnuts, crumbled feta cheese, sliced apple & lemon poppy seed vinaigrette		
Cobb Salad		\$6.25
Romaine lettuce, chicken, crisp bacon, tomato, avocado and egg with blue cheese		
Magee's Garden Salad (V)	small \$2.25	large \$3.75
Jack's Caesar Salad	small \$3.00	large \$4.25
Mandarin Almond Salad (V)		\$5.00
Mixed lettuces with mandarin oranges, crisp noodles and sliced almonds with Asian peanut dressing		
Greek Salad with Hummus (V)		\$5.25
Romaine lettuce, cucumbers, cherry tomatoes, artichoke hearts, pepperoncini, red onion, feta cheese and kalamata olives with a side of hummus and warm pita		
Grilled Vegetable Salad with Couscous & Herb Pesto (VE)		\$6.25
Grilled zucchini, portobello mushrooms, red peppers and scallions served with fresh spinach, chickpeas, couscous and feta cheese		

**Add: Grilled Chicken \$2.00 Fried Shrimp \$1.50 Chicken Finger (plain or buffalo) \$1.00 ea.**

## PANINI SANDWICHES

Chicken Pesto Panino	\$5.95
Grilled chicken, pesto, roasted red peppers and mozzarella on an herbed ciabatta roll	
Tuna Melt Panino	\$4.75
Homemade tuna salad with melted American cheese on sliced Italian bread	
Portobello & Goat Cheese Panino (V)	\$5.95
Portobello mushrooms with goat cheese, roasted red peppers, spinach & balsamic vinaigrette on an herbed ciabatta roll	

## BASKETS

Shrimp Basket with French fries and Tartar sauce	\$5.50
Chicken Finger Basket with French fries	\$5.95
Fish and Chip Basket: Fried haddock with French fries and Tartar sauce	\$5.95

**Sandwiches come with the choice of baked potato chips, side salad, sliced fresh veggies or sliced fresh fruit and a dill pickle. You may replace a side with French fries for and additional \$1.00**



## COLD SANDWICHES

<b>Jack's Deli Sandwich</b>	<b>\$4.75</b>
Turkey, Ham, Tuna or Chicken Salad on your choice of bread with lettuce & tomato	
<b>Add Cheese:</b> American, Swiss or Cheddar	<b>\$0.50</b>
<b>Bread Choices:</b> White, Wheat, Rye, Sourdough, Multi-grain, Wrap (Ciabatta Roll: 50 cents)	
<b>Jack's Double-Decker Turkey Club</b>	<b>\$5.75</b>
<b>BLT Sandwich</b>	<b>\$4.25</b>
On toasted white or wheat bread	
<b>Veggie Flatbread (VE)</b>	<b>\$4.75</b>
Lettuce, tomato, cucumber, red onion, carrots, cabbage, avocado and dried cranberries in a grilled whole wheat flatbread with balsamic vinaigrette	

## HOT SANDWICHES

<b>Hamburger</b> - Freshly ground in our own meat shop	<b>\$4.00</b>
<b>Cheeseburger</b>	<b>\$4.50</b>
<b>Turkey Burger</b>	<b>\$4.75</b>
<b>Polar Bear Burger</b>	<b>\$5.75</b>
Our signature quarter pounder with grilled onions, mushrooms, bacon & Swiss cheese	
<b>Smoke House Burger</b>	<b>\$5.75</b>
Choice of beef or turkey burger with Swiss cheese, bacon, crisp onion rings & BBQ sauce	
<b>Blue Mango Garden Burger (VE)</b>	<b>\$4.75</b>
Locally made black bean & spinach veggie burger served on a bulkie roll with lettuce & tomato	
<b>Shaved Philly Steak &amp; Cheese</b>	<b>\$5.75</b>
Served with grilled onions and peppers on a toasted roll	
<b>Flat Top Falafel with Tzatziki Sauce (V)</b>	<b>\$4.75</b>
Grilled falafel in our home-made pita with lettuce, tomato & tzatziki sauce	
<b>Chicken Parmesan Sandwich</b>	<b>\$4.75</b>
Deep fried chicken patty with marinara, mozzarella and parmesan on a bulkie roll	
<b>Classic Grilled Cheese Sandwich (V)</b>	<b>\$3.00</b>

## BURRITOS & WRAPS

<b>Fish Taco</b>	<b>\$5.25</b>
A flour tortilla filled with fried fish, shredded cabbage, avocado, Monterey jack cheese, salsa & green onion-mayo	
<b>Burrito "El Grande"</b>	<b>\$5.95</b>
A tortilla stuffed with yellow rice, jack cheese, onions, lettuce and tomatoes with your choice of grilled veggies (V), chicken or beef. Sour cream and salsa on the side	
<b>Chicken Caesar Wrap</b>	<b>\$5.25</b>
The classic wrap of romaine, parmesan cheese, croutons and Caesar dressing with sliced grilled chicken breast	
<b>Buffalo Chicken &amp; Blue Cheese Wrap</b>	<b>\$6.25</b>
Buffalo chicken strips, lettuce, tomato and blue cheese dressing in a flour tortilla	
<b>Cobb Salad Wrap</b>	<b>\$5.95</b>
A chopped salad in a flour tortilla: romaine lettuce, chicken, crisp bacon, tomato, avocado and egg with blue cheese dressing	
<b>Tandoori Tempeh Wrap (VE)</b>	<b>\$5.95</b>
Tandoori marinated tempeh with curried cauliflower, quinoa and spicy eggplant relish	
<b>Sesame Chicken Noodle Wrap</b> <b>NEW!</b>	<b>\$6.25</b>
Breaded chicken fingers with rice noodles, shredded carrots & cabbage with a sesame peanut dressing	



# PIZZA

	10 inch	16 inch
Basic Cheese Pizza (V)	\$5.50	\$8.95
BBQ Chicken Pizza	\$7.00	\$13.00
Shredded chicken smothered in BBQ sauce with mozzarella cheese		
Buffalo Chicken Pizza	\$7.00	\$13.00
Chicken, mozzarella, blue cheese sauce and a squirt of red hot		

## CALZONE

Pesto Chicken	\$6.25
Buffalo Chicken	\$7.25
Cheese	\$5.25

## ADDITIONAL TOPPINGS

Small Pizza/Calzone	\$0.75
Large Pizza	\$1.35

Pepperoni, Sausage, Ham, Ground Beef, Bacon, Chicken, Green Peppers,  
Roasted Red Peppers, Onions, Mushrooms, Artichoke Hearts, Tomato,  
Pineapple, Feta Cheese, Pesto

## SIDE ORDERS

	<u>Sm</u>	<u>Lg</u>
French Fries	\$1.75	\$2.25
Steak Fries	\$1.75	\$2.25
Fajita Fries	\$1.75	\$2.25
Onion Rings	\$1.75	\$2.25
Sweet Potato Fries	\$1.95	\$3.00
Guacomole	\$1.50	

## BEVERAGES

Refillable Fountain Beverage	\$1.20
Milk (pint)	\$1.00
Coffee/Tea	\$1.30
Fresh Brewed Iced Tea	\$1.20

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