



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 New Year's Day	2	3	4
5	6	7	8	9	10	0 11
12	13	14	15	16	17	18
19	Martin Luther King Jr.'s Birthday	21	22	23		25
26	27	28	29	30	31	carried S

15 16 17 18 19 20 21 9 10 11 12 13 14 15 22 23 24 25 26 27 28 16 17 18 19 20 21 22 29 30 31

9 10 11 12 13 14 2 3 4 5 6 7 8 23 24 25 26 27 28 29 Morning view from the Asulkan cabin Rogers Pass, British Columbia JANUARY 2019

January 2020



SUNDAY		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	- 11	the will be sound		a de la constante de la consta		1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	1
2 Groundhog Day		3	4	5	6	7	8
9	0	10	11	12 Lincoln's Birthday	13	14 Valentine's Day	15
16		Family Day (AB, BC, NB, ON, SK) Louis Riel Day (MB) Islander Day (PE) President's Day	18	19	20	21	Washington's Birthday
23			25	26	27	28	29
			Mardi Gras			l	l

	J	ar	luc	ary	/				IVI	ar	cn		
S	М	Т	W	Т	F	S	S	М	Т	W	Т	F	S
			1	2	3	4	1	2	3	4	5	6	7
5	6	7	8	9	10	11	8	9	10	11	12	13	14
12	13	14	15	16	17	18	15	16	17	18	19	20	21
19	20	21	22	23	24	25	22	23	24	25	26	27	28

26 27 28 29 30 31

29 30 31

Skiing Asulkan Pass Rogers Pass, British Columbia JANUARY 2019

February 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	• 3	4	5	6	7
8 Daylight Saving Time Begins	9	0 10	11	12	13	14
15	16	● 17 St. Patrick's Day	18	19	20 First Day of Spring	21
22	23		25	26	27	28
29	30	31		140		

February

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2 3 4 5 6 7 8 5 6 7 8 5 6 7 8 9 10 11
9 10 11 12 13 14 15 16 17 18
16 17 18 19 20 21 22 19 20 21 22 23 24 25
23 24 25 26 27 28 29 26 27 28 29 30

View from high on 8812 Peak Rogers Pass, British Columbia JANUARY 2018

March 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 April Fool's Day	2	3	4
5	6	7	_	9	10 Good Friday	11
12 Easter	13 Easter Monday	14	15	16	17	18
19	20	21	22	Saint George's Day (NL)	24	25
26	27	28	29	30		

1 2 3 4 5 6 7 8 9 10 11 12 13 14 3 4 5 6 7 8 9 15 16 17 18 19 20 21 10 11 12 13 14 15 16 22 23 24 25 26 27 28 17 18 19 20 21 22 23 29 30 31

May

24 25 26 27 28 29 30 31

West Coast views from near the Amphitrite Lighthouse Ucluelet, British Columbia JANUARY 2019





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5 Cinco De Mayo	6	7 O	8	9
10 Mother's Day	11	12	13		15	16
17	18 National Patriots' Day (QC) Victoria Day	19	20	21	22	23
24	25 Memorial Day	26	27	28	29	30
31	April S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18	June S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30			Bugaboo Pr	oranite towers in the Bugaboos Provincial Park, British Columbia APRIL 2019

26 27 28 29 30 28 29 30





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20 First Day of Summer
Father's Day National Aboriginal Day (NT)	Discovery Day (NF, LR)	23	24 St. Jean Baptiste Day (QC)	25	26	27
	29	30				

		Λ	/la	У					J	uly	/		
S	М	T	W	T		S	S	М	T			F 3	
3	4	5	6	7		_	5	6	7				
10	11	12	13	14	15	16	12	13	14	15	16	17	1
							19						2
	25	26	27	28	29	30	26	27	28	29	30	31	
31													

Climbers on the Silverhorn route on Mount Athabasca, as seen from the summit

Columbia Icefield, Alberta

JUNE 2019





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
5	0 6	7	Canada Day	9	10	Independence Day
				Nunavut Day		
12	▶ 13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

7 8 9 10 11 12 13 2 3 4 5 6 7 8 14 15 16 17 18 19 20 9 10 11 12 13 14 15 21 22 23 24 25 26 27 16 17 18 19 20 21 22 28 29 30

August 23 24 25 26 27 28 29 30 31

Sunrise on Lower Elk Lake Elk Lakes Provincial Park, British Columbia JULY 2019





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
			TI			
2	3	0 4	5	6	7	8
	Civic Holiday					
9	10	11	1 2	13	14	15
16	17	18	19	20	21	22
	Discovery Day (YT)			Gold Cup Parade Day (PE)		
23	24	25	26	27	28	29
30	31	July S M T W T F 1 2 3 5 5 6 7 8 9 10 1 12 13 14 15 16 17 1 19 20 21 22 23 24 2 26 27 28 29 30 31	4 1 2 3 4 5 1 6 7 8 9 10 11 12 8 13 14 15 16 17 18 19	2		mer turns on the Robertson glacier Kananaskis, Alberta AUGUST 2019



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	Zabour Day Labor Day	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22 First Day of Autumn	23	24	25	26
27	28	29	30			

		Αu	ıgι	JS1			October						
S	М	T	W	T	F	S	S	М	T	W	T		
						1					1	2	3
2	3	4	5	6	7	8	4	5	6	7	8	9	10
9	10	11	12	13	14	15	11	12	13	14	15	16	17
16	17	18	19	20	21	22	18	19	20	21	22	23	24
23	24	25	26	27	28	29	25	26	27	28	29	30	31
30	31												

October 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24

Alex and Emily engagement photos Grizzly Peak, Kananaskis, Alberta SEPTEMBER 2019

September 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 0	2	3
4	5	6	7	8	9	10
11	Thanksgiving Columbus Day	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31 0
						Halloween

September 13 14 15 16 17 18 19 15 16 17 18 19 20 21 20 21 22 23 24 25 26 22 23 24 25 26 27 28 27 28 29 30

29 30

Downtown view looking toward Bragg Creek from 28 floors up Calgary, Alberta SEPTEMBER 2019

October 2020



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3	4	5	6	7
	Election Day				
• 9	10	11 Remembrance Day	12	13	14
a 16	17		10	20	21
• 10	17	10	19	20	21
1 23	24	25	26	27	28
30			Thanksgiving Day		
	91623	2 3 Election Day ● 10 16 17 ● 23 24	2 3 4 Election Day 11 Remembrance Day Veteran's Day 16 17 18 18	2 3 4 5 ■ 9 10 11 12 Remembrance Day Veteran's Day Veteran's Day 19 ■ 16 17 18 19 ■ 23 24 25 26 Thanksgiving Day	2 3 4 5 6 Election Day 10 11 12 13 Part of the properties of t

October						December								
S	М	T	W	T 1	F 2	S	S	М	T 1		T 3			
4	5	6	7	8	9	10	6	7	8	9	10	11	12	
11	12	13	14	15	16	17	13	14	15	16	17	18	19	
18	19	20	21	22	23	24	20	21	22	23	24	25	26	
25	26	27	28	29	30	31	27	28	29	30	31			

Three distant skiers on top of Cirque Forepeak, with Assiniboine way in the background Observation Subpeak, Banff National Park, Alberta JANUARY 2019

November 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6	Pearl Harbor Remembrance Day	8	9	10	11	12
13	14	15	16	17	18	19
20	21 First Day of Winter	22	23	24 Christmas Eve	25 Christmas Day	26 Boxing Day
27	28	29	30	New Year's Eve	*	

Rappelling into the Cirque Peak north couloir ski run.

Banff National Park, Alberta

FEBRUARY 2019

December 2020



Canadian holidays are shown in Red. American holidays are shown in Blue.

Russell Mellhae

I am a Calgary-based outdoor photographer. Cover photo: view from Black Rock mountain, Ghost Wilderness, Alberta, OCTOBER 2019. russellmcwhae.ca



