



# 7-day Privacy Challenge

## Day 1: Profile Cleanup

Task: Go through your social media profiles and remove any information that you wouldn't want a stranger to know.

## Day 2: Privacy Settings Review

Task: Spend time reviewing and updating the privacy settings on all your social media platforms to ensure they are set to the highest privacy level.

## Day 3: Password Strength Check

Task: Check the strength of your passwords. If they are weak, come up with new, stronger passwords that include a mix of letters, numbers, and special characters.

## Day 4: Two-Factor Authentication Activation

Task: Enable two-factor authentication on all your accounts where it's available to add an extra layer of security.

## Day 5: Public Posts Review

Task: Review your posts that are public and consider changing them to private or friends-only.

## Day 6: Friends/Followers Audit

Task: Go through your friends/followers list and make sure you actually know and trust all the people you are connected with.

## Day 7: Digital Footprint Investigation

Task: Google your own name and see what information about you is available online. Discuss ways to limit this digital footprint.