



## Weekend Warriors – Five-minute Safety Huddle

- 1. Understanding Cyberbullying: What it is and why it is harmful.
- 2. Recognising Cyberbullying: Signs that you or someone else may be a victim.
- 3. Responding to Cyberbullying: How to react if you encounter or become a target of cyberbullying.
- 4. Reporting Cyberbullying: Steps to take to report cyberbullying on various platforms.
- 5. Blocking and Reporting Users: Practical steps to block and report abusive users.
- 6. Online Privacy Settings: Importance and utilisation of privacy settings on social media platforms.
- 7. Online Stranger Danger: The risks of communicating with strangers online.
- 8. Sharing Personal Information: Why it's crucial not to share personal details like your address or school.
- 9. Password Safety: Creating strong passwords and why you shouldn't share them.
- 10. Online Gaming Safety: Safeguards for online gaming environments.
- 11. Impersonation: The risk of fake profiles and how to handle them.
- 12. Phishing Scams: How to recognise and avoid them.
- 13. Safe Downloading: How to safely download and what risks to look out for.
- 14. Digital Footprint: Understanding how information is tracked and stored online.
- 15. Cybersecurity Software: Importance of antivirus and anti-malware software.

- 16. Safe Social Media Practices: How to engage responsibly on social platforms.
- 17. Online Shopping Safety: Best practices for online shopping and banking.
- 18. Image Sharing Safety: Dangers of sharing inappropriate or sensitive photos.
- 19. Managing Screen Time: Understanding the impact of excessive screen time.
- 20. Dangers of Online Challenges: Discussing potentially harmful online trends and challenges.
- 21. Detecting Fake News: How to critically evaluate online information for authenticity.
- 22. Respecting Others Online: Importance of polite and respectful online interaction.
- 23. Legality of Cyber Actions: Understanding the legal implications of certain online behaviours.
- 24. Securing WiFi and Networks: The importance of secure internet connections.