



Family Digital Safety Blueprint

Preamble:

We, the _____ family, acknowledge the potential dangers of cyberbullying. We pledge to foster a safe, respectful, and inclusive online environment for every family member. This blueprint outlines our shared responsibilities and guidelines to prevent and address possible incidents of cyberbullying.

Section 1: Understanding Cyberbullying

Cyberbullying encompasses any form of bullying that transpires online. This can involve harmful, threatening, or intimidating messages, posts, or comments. We all agree on the importance of responsible internet use and treating others online as we would in person.

Action Step: We will conduct a family meeting to discuss the nature of cyberbullying, its impact, and how to recognise it.

Section 2: Setting Boundaries

We commit to responsible and intentional internet use, which includes setting and abiding by clear time limits for online activities.

Action Step: We will jointly determine and establish time limits for internet use, considering different activities such as study, recreation, and social media use.

Section 3: Appropriate Online Behaviour

We pledge to maintain appropriate and respectful behaviour online. This involves respecting others' viewpoints, refraining from posting hurtful comments, and not sharing private information.

Action Step: As a family, we will formulate our guidelines for respectful online behaviour, incorporating essential digital citizenship principles.

Section 4: Approved Apps

We agree to use only the apps and websites collectively approved by our family, encompassing games, social networking sites, and online learning platforms.

Action Step: Together, we will review and approve a list of apps and websites each family member can use.

Section 5: Reporting Cyberbullying

If any family member experiences or witnesses cyberbullying, they should feel safe to discuss it openly. We will take immediate steps to address the incident, following the principle of 'Speak Up, Stand Together'.

Action Step: Familiarise ourselves with the 'Speak Up, Stand Together' approach: report the incident to a trusted adult, save the evidence, and reassure the victim.

Section 6: Regular Check-ins

To maintain a safe and healthy digital environment, we will hold regular family meetings to share our online experiences and address any issues.

Action Step: Schedule regular family meetings to openly discuss our digital lives.

Signed: _____

Date: _____

Remember, our goal is not to eliminate digital technology but to use it responsibly and safely. Let's work together to make the internet a positive space for our family!