

Dr.Vijay Kumar Sohanlal

M.B.B.S, M.S ORTHOPAEDICS

F.S.S.A (Australia), F.A.R.S (Germany), F.A.A (Mumbai)

Arihant Vaikunt Apartment,

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Education:

- **Sri Ramachandra University**, Sri Ramachandra Medical College & Research Institute,(S.R.M.C.&R.I) Chennai,Tamilnadu,India.
Masters in Orthopaedic Surgery, Post Graduation, April 2007.
- **Mysore University**, Adichunchana Giri Institute Of Medical Sciences,(A.I.M.S) B.G Nagara,Karnataka,India.
M.B.B.S, Graduation, April 2002.

Area of Special Interest:

- Computer Assisted and Conventional Total Knee Replacement
- Hip Replacement
- Knee Arthroscopic Surgery
- Complex Trauma
- Research in Arthroplasty and Arthroscopy Surgery

Professional Experience:

Current Appointment –

- **Consultant Joint Replacement and Orthopaedic Surgeon - Fortis Malar Hospital, Chennai.**

I have two call days in a week and a sunday once in 3 weeks. I am running one theatre independently at Fortis Malar Hospital. I also operate cases for co - consultants in the Hospital.

- **Fellowship
Fellow Director**

- **Sports Surgery and Arthroplasty**
 - **Dr. Anthony Spriggins ,
Dr. Roger Patterson,,
SPORTSMED - SA
Adelaide, South Australia**
August 2010 to February 2011

- **Fellowship

Fellow Director**

- Adult Arthroplasty and Reconstructive Surgery
 - **Professor. Norbret Lindner
St. Josef Bruderkrankenhaus
Paderborn, Germany**
15th February 2010 – 31st March 2010

- **Fellowship
Fellow Director**

- Adult Knee and Hip Arthroplasty
 - **Dr. Arun Mullaji**
Breach Candy Hospital, Mumbai, India
1st Dec 2008 to 30th November 2009

- **Assistant Professor**

- **SRM Medical College And Research
Centre,**
Potheri, Chennai, India
18th Jan to 3rd July 2008

- **Registrar**

- **Parvathy Orthopaedics Hospital,**
Chennai, India
5th September 2007 to 15th Jan 2008

- **Clinical and Surgical experience in Orthopaedic Surgery at
S.R.M.C.&R.I, Chennai, India**
April 2004 to May 2007

- **Teaching experience** to medical undergraduates, physiotherapy
students at S.R.M.C.&R.I, Chennai, India
April 2004 to May 2007

- **Junior Resident** Department of Orthopaedics, Department of Accident and Emergency, S.R.M.C.& R.I, Chennai, India
May 2002 to March 2004
- **Compulsory Rotatory Resident Internship** in various departments of medicine, 3 months at A.I.M.S and 9 months at Stanley Medical College, Chennai
Jan 2001 to April 2002

Surgical Skills:

- Specialized in **TKR (Computer assisted – Navigation and Conventional Method)** and **Total Hip Replacements**.
- Specialized in **Birmingham Hip Resurfacing (BHR)** and **Unicondylar Knee** at St.Josef Bruderkrankenhaus, (Paderborn, Germany)
- Have done **nearly 1500 total knee replacements , 450 total hip replacements , 55 Revision hip and knee replacements** both individually performed and assisted to my fellowship directors.
- Specialized in **Knee Arthroscopy Surgery**.
- Specialized in Polytrauma and complex fractures.

Examination:

- USMLE Step 1 – **PASS**
- IELTS Score - **7.5**

CME and Conference:

CME:

- Computer Assisted Total Knee Arthroplasty March 2008 at SRM Medical College and Research Centre, Chennai.
- Ortho-Pathology CME Jan 2006 at S.R.M.C.&RI.
- Sri Ramachandra Continuing Orthopaedic Revision Education Programme, Nov 2005 at S.R.M.C.&R.I,

- Basic Trauma Course, Sep 2004, at S.R.M.C.&R.I
- Foot and Ankle injuries, July 2004, at S.R.M.C.&R.I

Conference:

- Indo European Arthroscopy / Arthroplasty Foundation 4th Annual Conference, Chennai, Porur, at SRMC & RI, July 2011,
- Ranawat Orthopaedic Conference, Kolkata, India, January 2010,
- Tamilnadu Orthopaedic Association – 39th Annual State Conference March 2006, Chennai.
- Current Concepts in the treatment of Spinal Injuries, May 2004 at S.R.M.C.&R.I

Cadaveric Workshops:

- Basic knee Arthroscopic Cadaveric workshop, Chennai, SRMC &RI, March 2012
- Shalby Hip Conclave, Ahmedabad, December 2011,

International meet:

- "Never Stop Moving" by DePuy at Sydney, November 2010
- Australian Knee Society Conference, Adelaide, October 2010
- Australian Orthopaedic Association Conference, October 2010
- “**Never Stop Moving**” by DePuy at Kuala Lumpur, Malaysia, June, 2009

Presentations:

- Biomechanics of ACL – September 2010, Sportsmed SA, Adelaide
- Radiofrequency Ablation of osteoid osteoma- Femur, May 2006 in Madras Orthopaedic Meet at Madras Medical College, Chennai
- Pelvic Tumour – Osteochondroma – Management, July 2006 in Madras Orthopaedic Meet at Government Royapettah Hospital, Chennai

- Tumour of Distal Femur – Osteosarcoma- Diagnosis and Management, Sep 2006 in Madras Orthopaedic Meet at Railway Hospital, Chennai.
- Ipsilateral Polytrauma Management, Oct 2006 in Madras Orthopaedic Meet, at S.R.M.C. & R.I.

Research: Current project –

- Analysis on Alignment in conventional versus computer-assisted total knee arthroplasty in obese patients - a retrospective matched-pair
- Analysis of intraoperative kinematics of total knee replacement and intraoperative limb alignment using various tibial trial insert thickness - a prospective study
- Effect of preoperative Gabapentin in Total Knee Replacement

Registration:

- Certified by **Medical Council of India**, and **Tamilnadu** Registration no is 70250.
- Member of IMA, Indian Orthopaedic Association and Tamilnadu Orthopaedic Association

References:

- **Dr. Roger Paterson**
Hip, Knee and Ankle Surgeon
Sportsmed - SA, Stepney, Adelaide, Australia
phone no - 0061 414 993 930
E mail - roger.paterson@sportsmed.com.au
- **Dr. Anthony Spriggins**
Hip and Knee Surgeon,

Sportsmed – SA, Stepney, Adelaide
Phone no – 0061 412 822 520
Email – tony.spriggins@sportsmed.com.au

- **Prof.Dr.med.Norbert Lindner,**
HOD (Chefartz) Orthopadie und Orthopadische Chirurgie,
Bruderkrankenhaus St.Josef Hospital, Paderborn,Germany,
Phone No – 0049 5251 702 1201
Email- n.lindner@bk-paderborn.de
- **Dr.Arun Mullaji,**
Joint Replacement Surgeon,
Adult Knee and Hip Arthroplasty Fellowship Director,
Breach Candy Hospital and Lillavati Hospital, Mumbai, India
Phone no- 022 23856161,
098201 47221
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- **Prof. P.V. Vijayaraghavan**
Head of Dept of Orthopaedics,
SRMC&RI, Chennai, India.
Phone no- 044 24768403,
- **Prof. Armugam,**
Head of Arthroscopy Surgery,
Dept of Orthopaedics,
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