

CURRICULUM VITAE

ADARSH KUMAR

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Email id: safetyprofessionaladarsh@gmail.com

SKILL

COMPUTER SKILLS

Good command in :-
MS Excel
MS Word
MS Power point.
Photoshop
Internet and email writing
Well versed typing speed in English 45 wpm.
Basic Knowledge of tally

STRENGTHS

Positive Thinker
Team Player
Positive attitude
Great patience

CAREER OBJECTIVE

A successful Health & Safety Supervisor seeking a position with organization needing someone with the experience, drive and ability to aid in helping the organization achieve their goals.

JOB DESCRIPTION:

- ❖ Responsible for preventing accidents in business and job sites.
- ❖ Create programs such as company policies,
- ❖ Investigate in cases of accidents and implement post injury follow up procedure for workers.

HIGHLIGHTS OF QUALIFICATIONS:

- ❖ Excellent knowledge of building and aircraft fire techniques and skills.
- ❖ Solid knowledge of construction and fire safety tools, equipment and procedures.
- ❖ Highly skilled in foreseeing potential problems and improve current practices.
- ❖ Strong ability to inspect facilities and safety related accidents.
- ❖ Outstanding crisis management ability regarding fire accidents.

EDUCATIONAL & PERSONAL DETAIL

ACADEMIC RECORD:

- 10th Passed From B.S.E.B. Patna.
- 12th Passed From B.S.E.B. Patna.
- B.A.(Economics) Passed From **Vinayaka Mission University.**

TECHNICAL & PROFESIONAL QUALIFICATION:

- **Diploma in Fire & Safety Management** From Annamalai University Chennai. (INSTITUTE NIFS GURGAON) .
Courses completed for work at height, First aid.
Completed **Advance Diploma in computer** from MIT.

WORK EXPERIENCE:

Currently working as a Health & Safety Supervisor in **IJB Project Pvt. Ltd.Gurgaon** since 6th July 2018 to till date.

Project : Zara, Southcity Mall, Kolkata, West Bengal.
And at IJB factory Sohana, Gurgaon.

Worked as a Safety Officer in Unique Engineers Pvt Ltd. Pvt. Ltd.(7th August 2015 to 28th Feb. 2018)

Project : Bhartiwallmart, Napania, Indore, M.P.

And at Unique Engineer factory Manesar, Gurgaon.

Worked as a Desktop Support Engineer with **Mega Institute of Technology** Dundaheera, Gurgaon, H.R. for 1 year.

RESPONSIBILITIES SUMMARY:

- Managing Health, Safety & Environment in construction field .
- Supporting the development and realization of a "Zero Incident Culture" in a way that serious injuries are prevented and best in class HSE performance is achieved
- Motivating and encouraging management and workers in their efforts to reduce the number of occupational safety

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SKILLED AREAS:

- HSE Plans
- Internal & External trainings
- Major Safety Programs
- Work permit system
- Construction Safety
- Safety at Excavations, Scaffolds, Rigging, etc
- Electrical Safety
- Surveillance from H2S
- First Aid
- Safety at Hot works
- Risk Assessment
- Follow Auditing

COMMITMENT:

100% Committed to achieve Zero Accident Performance at every assigned work place
Key Skills

- ❖ Identifying hidden hazards
- ❖ Verbal hazard communication
- ❖ Visual hazard communication
- ❖ Convincing presentations
- ❖ Providing training
- ❖ Budgeting
- ❖ Knowledge of regulatory organization
- ❖ Knowledge of internal & External Audit.
- ❖ To Lead as a Health & Safety Supervisor and maintain all health & safety aspects according to external auditor.

SUMMARY:

- ❖ Good communicational & writing skills in English.
- ❖ Can easily collaborate and coordinate with others and coordinate with emphasis on the personal and professional development.
- ❖ Good grasping ability combined with disciplined nature

Place:.....

Signature:.....

Date:.....

and health hazards at workplace

- Making SOP for Fire Fighting Equipment & Safety Equipment's
- Identifying HSE needs for new projects mobilization, ensure and procure necessary resources required for implementing HSE management systems
- Prepare and maintain weekly and monthly HSE report.
- Responsible to correct any, unsafe act and unsafe condition.
- Provide appropriate safety and Protective equipment to all employees at work site and to ensure that the equipment provided must be properly used.
- Carry out the regular inspection at site to ensure the safety Implementations.
- Review Lock out Tag out (LOTO), Inspection and Audit.

HANDLE SAFETY DOCUMENTS:

Hot work permits docs, tool box meetings docs, tool box talk docs ,Subcontractor docs, Operator third party certificate ,any third party certificate, Accident notification certificate ,Monthly report ,material request documents ,Safety induction documents.

Maintain:

Extinguisher inspection, Safety training, Medicine for first aid, Medicine of list, PPE'S stock register, MSDS, Chemical data sheet, SOP of medical emergency. Sop of tools & hand tools, Safety manual Medical fitness record of site workers, Hazardous waste management record, MSDS of toxic chemical awareness given to the workers.

PERSONAL DETAILS:

Date of birth : 01/02/1988
Father's Name : Mr. R.P. Sharma
Languages : English, Hindi
Nationality : Indian
Sex : Male
Marital Status : Married
Hobby : Plantation
Passport no : Z4568423
Date of expiry : 12/12/2027

Address:

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