

Dr. ABHISHEK KAUSHIK

DOB: 15 August, 1976

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Qualifications:

- MBBS from Post Graduate Institute of Medical Sciences, Rohtak, Haryana, India . (1999)

Post Graduate Qualifications:

- DN B (Orthopedics)(St Stephen's Hospital, Delhi, India) (2005)

Previous Appointments

- Senior Resident in Orthopedics in St Stephen's Hospital, Delhi. India. (Jan 2006-Dec 2008)
- Junior Specialist in Orthopaedics in St. Stephen's Hospital, Delhi. India.(Jan 2009 to Dec 2011)

Current Appointment:

- Full time **Specialist** in Orthopedics in St Stephen's Hospital, Delhi. India.(Jan 2012 till date)

Fellowships/Awards

- Fellowship in Joint Replacement Surgery and Articular Surface Replacement in Knappschafts Hospital, Puettingen, Germany (Dr Thomas Siebel).(Jun 2009)
- Shoichi Kokubun Spine Fellowship at Tohoku School of Medicine, Sendai Japan.(Feb-Mar 2011)
- Selected for AO Long Term Fellowship in Spine Surgery at Park Clinic, Kolkata, India
- AO Trauma Fellowship at Wilhelminespital, Vienna, Austria. (Nov-Dec 2011)
- Observership in Joint Replacement Surgery, Royal Devon and Exeter Hospitals, Exeter, United Kingdom (Nov 2013).
- Fellowship in Joint Replacement Surgery from Hackensack University Medical Center, Hackensack, NJ.USA.(Nov 2014)

Special assignments:

- Participated in AO Course in Principles in Fracture management as Table Instructor, (AO Foundation-AO Asia Pacific), New Delhi. India (Oct 2010)
- Participated in AO Course in Advances in Fracture management as Table Instructor, (AO Foundation-AO Asia Pacific), New Delhi. India (Oct 2011)

- Participated in AO Course for ORP as Table Instructor, New Delhi. (Jul 2015)
- Participated in First UCMS Trauma Symposium on Proximal Femoral Fractures as Faculty, New Delhi. (Aug 2015)
- Participated in East Delhi Orthopedic Club meet as a faculty.
- Participated in Revision Hip and Knee Arthroplasty Cadaveric Workshop as faculty in Jolly Grant Medical College, Dehradun on 23,24th April, 2016.
- Participated in AO Course in Basics in Fracture Management as Table Instructor in New Delhi, India on Sept 2016.

Specialty Courses:

- AO Introduction Course in Principles in Fracture management, (AO Foundation---AO Asia Pacific), New Delhi. India. (Oct 2007)
- AO Introduction Course in Principles in Fracture management (AO Foundation---AO Asia Pacific), New Delhi. India. (Apr 2008)
- AO Course -Principles in Fracture management, (AO Foundation---AO Asia Pacific), New Delhi. India. Feb 2008
- AO Spine Basic Course by AO Spine Asia Pacific Chapter, Kolkata. India. (Jun 2008)
- AO Course- Advances in Operative Fracture management (AO Foundation---AO Asia Pacific), New Delhi. India. (Apr 2009)
- AO Trauma Masters Course (Experts Forum on Upper Extremity Problems) AO Asia Pacific. Mumbai. India. (Nov 2009)
- AO Pelvic Course with Cadaveric lab. Bengaluru.(Apr 2013)
- Basic Knee and Hip Arthroplasty cadaveric course at MSR Advanced Learning center, Bengaluru, India.(Jun 2013)
- ACL Course at VMMC and Safdarjang Hospital, Delhi (Mar 2015)
- AO Masters Symposium in lower extremity Fractures with cadaveric lab at Chula Lab, Bangkok, Thailand. (Sept 2015)

Other Courses/ Conferences

- 8th Annual Conference, Pediatric Orthopedic Society of India, New Delhi. India. (Mar 2002)
- Workshop on Cerebral Palsy, organized by The Spastic Society of Northern India and St Stephen's Hospital, Delhi, India. (Mar 2002)
- DOACON. Annual Conference, Delhi Orthopedic Association, New Delhi. India. (Jan 2004)
- Annual Conference, Delhi Orthopedic Association, All India Institute of Medical Sciences, New Delhi. India. (Nov 2004)
- Pediatric Trauma Workshop conducted by Dr K. E. Wilkins, Delhi. India. (Nov 2006)
- Advance Orthopedic Course in Joint Replacement Surgery, Spine Surgery, Hand and Reconstructive Surgery at center for Joint Replacement Surgery, Laud Clinic Mumbai and Sushrusha and Lilawati Hospitals, Mumbai, India. (Jun 2007)
- MIDCON, Delhi Orthopedic Association, New Delhi. India. (Aug 2007)

- Advanced Symposium on Locking Compression Plate by Synthes India, at New Delhi. India. (Jul 2007)
- Exeter Arthroplasty Course Supported by educational grant from Stryker India, New Delhi. India. (Sep 2007).
- Advances in Joint Replacement Surgery, Ranawat Orthopedic Research Foundation, New Delhi. India. (Jan 2008).
- Essential Skill Set for Revision and Complex Primary Hip & Knee Arthroplasty Course By Delta Foundation & Max Super Specialty Hospital New Delhi India (Aug 2008)
- Pediatric Trauma Symposia by Dr K. E. Wilkins, St. Stephen's hospital, Delhi. India (Jan 2009)
- Delhi Knee Course in advances of Knee Replacements in Delhi Institute of Trauma and orthopedics, St. Parmanand hospital, Delhi. India.
- AO Advance Symposia on Management of Orthopedic Fractures at New Delhi. India. (Sep 2009)
- Advances in Joint Replacement Surgery, Ranawat Orthopedic Research Foundation, Kolkata. India. (Jan 2010)
- Advanced Symposium on Minimally Invasive Spine Surgery and Disc Replacement, AO Spine, AO Spine Asia Pacific, New Delhi. (Jan 2010)
- Advances in Joint Replacement and Arthroscopy Surgery, Ranawat Orthopedic Research Foundation, Annual meet, New Delhi. India. (Jan 2014)
- Delhi Arthroscopy Course, VMMC and Safdarjang Hospital, Delhi (Mar 2014)
- Asia-Pacific Hip & Knee Symposium at Kuala Lumpur, Malaysia. (May 2014)
- ISKSAA annual conference 2014, New Delhi, India.
- POSICON, New Delhi. (Jan 2015)
- Advanced arthroplasty Symposium at Gurgaon. (Mar 2015)

Reviewer

- Reviewed articles for Journal of Zhejiang University-SCIENCE B (Biomedicine & Biotechnology)
(<http://www.zju.edu.cn/jzus/conflink/in2009.pdf>)

Paper/Poster Presentations:

- Paper on "Role of Dynamic MRI in Intracapsular Femoral Neck Fractures" in Delhi Orthopedic Association Monthly meets in New Delhi. DOACON India. (Jun 2004)
- Paper on "Role of Dynamic MRI in Intracapsular Femoral Neck Fractures" in Annual Conference Delhi Orthopedic Association, DOACON. All India Institute of Medical Sciences, New Delhi. India (Nov 2004)
- Poster presentation on "Atypical Clubfoot management" at IOACON 2014 as co-author and won gold medal in foot and ankle section.
- Poster presentation on "Atypical clubfoot management" at POSICON 2015 as co-author.

- Podium presentation as co-author at National Clubfoot Conference, New Delhi. (Apr-2015)

Publications

- Prognostic value of dynamic MRI in assessing post-traumatic femoral head vascularity. (Skeletal Radiology -Journal of the International Skeletal Society- A Journal of Radiology, Pathology and Orthopedics. Springer) Skeletal Radiol (2009) 38/6:565–569.
- To study the role of dynamic magnetic resonance imaging in Assessing the femoral head vascularity in intracapsular femoral Neck fractures. European Journal of Radiology 75 (2010) 364–375

Academic Writing

- Dissertation : To Study The Role of Dynamic Magnetic Resonance Imaging in Assessing Femoral Head vascularity in Intracapsular Femoral Neck Fractures. (Accepted by National Board of Examinations, New Delhi.) Jan 2002- Dec 2004.

Professional Interests

- Joint replacement surgery especially in complex primary and revision surgeries of hip and knee.
- Management of Orthopedic Trauma especially Pelvic/Acetabular and Peri-articular Fractures.
- Degenerative and Traumatic spine disorders.
- Paediatric Orthopedic disorders and deformity correction.
- Peripheral Vascular Injuries.
- Arthroscopic Surgeries of Knee.

Hobbies

- Well versed with Computers; Played Volley Ball, Javelin throw, Badminton.

Languages:

- English and Hindi.

Referees

- **Dr Mathew Varghese**
Head of Orthopaedics
Department of Orthopedics,
St Stephen's Hospital, Delhi, India.
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- Dr Shekhar Agarwal
Director and Head,
Delhi Institute of Trauma and Orthopaedics,
St. Parmanand Hospital, Delhi.
- Dr Biswarup Sen
Senior Consultant,
Max Hospitals, Shalimar Bagh, Delhi, India
Email : bissen2@gmail.com