

CURRICULUM VITAE

NAME : : DR. K. GIRISH

QUALIFICATION : : M.B.B.S., Diploma in Orthopaedics, DNB(Orth)
PDFJR, FSASMS, PGDMLE, FAIMS

SPOUSE'S NAME : : Dr. Sabitha Girish, M.D. (OBG), DGES (Germany)
MRCOG-1, FIRM (RGUHS)

FATHER NAME : : Late G. KODANDAN

MOTHER NAME : : Smt. K. MEERA

DOB : : 5TH SEPTEMBER 1976

SEX : : Male

MARITAL STATUS : : MARRIED

ADDRESS : : No.D/31, Ist Floor, Ist Main Road,
Near Parvathi Kalyana Mantapa,
Ramachandrapuram, Bangalore-560021

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Languages known : : Kannada, English, Hindi, Telugu, Tamil,
Malayalam, Urdu, Tulu

Mother Tongue : : Telugu

Native of : : Karnataka

Duration of Experience in Orthopaedics : : Twelve years

QUALIFICATION	YEAR OF PASSING	% OF MARKS	COLLEGE
PUC II	April –1994	87 %	Sheshadripuram P.U. College, Bangalore
M.B.B.S.	July-1999	63.5%	M.S. Ramaiah Medical

			College, Bangalore
Diploma in Orthopaedics	April –2005	57%	Karnataka Institute of Medical Sciences, Hubli
D.N.B. in Orthopaedics	December – 2008	PASS	Tejasvini Hospital & SSIOT, Mangalore
Post Graduate Diploma In Medical Law & Ethics (PGDMLE)	June-2010	52%	National Law School of India University (NLSIU)

ADDITIONAL PROFESSIONAL TRAINING:

Sl No.	TRAINING	PLACE	DATE
1.	Specialisation in Medical Law & Ethics (PGDMLE) (National Law School) One year	Bangalore	June-10
2.	Depuy J & J Arthroplasty Fellowship (PDFJR) one year	Hosmat Hospital, Bangalore	October-09
3.	Karnataka Orthopaedic Association Travelling Fellowship	Ganga Hospital, Coimbatore	January-09
4.	A.O. ADVANCED COURSE	New delhi	January-07
5.	A.O. BASIC COURSE	Pune	March-06
6.	BASIC COURSE IN HAND SURGERY	Mangalore	April-08
7.	BASIC TRAUMA LIFE SUPPORT (BTLS) As an INSTRUCTOR	Bangalore	May- 05
8.	ADVANCED CARDIAC LIFE SUPPORT COURSE (ACLS)	Bangalore	Feb-05

PUBLICATIONS:

- 1. “CHONDROBLASTOMA – A case report & literature review”**--In the Journal of Orthopaedic Association of South Indian States(OASIS), Sep 2006
- 2. “OSTEOID OSTEOMA – An enigma, Our experience of ten years”** – In the Journal of Orthopaedic Association of South Indian States (OASIS), SEP 2007
- 3. “Role of PMSTR in management of Resistant/ Rigid & Neglected idiopathic CTEV”** in the Journal of Karnataka Orthopaedic Association (KOA), Feb-2008

OTHER PAPERS SUBMITTED FOR PUBLICATIONS:

1. An approach to surgical management of fractures of distal humerus
2. A thirty years journey & review of management strategies in GCT
3. Locking compression plate -- A boon in complicated fractures

PAPERS PRESENTED:

Indian Orthopaedic Association (IOACON) :

- 1) **“BIOCHEMICAL ANALYSIS OF IMPLANT FAILURE IN FRACTURE TREATMENT”** was presented in the **“SUSHRUT BEST PAPER AWARD CATEGORY”** at the IOACON-2006, held at Newdelhi.
- 2) Presented a Poster titled **“LOCKING COMPRESSION PLATE -- A Boon in Complex fractures!”** at the IOACON-2006, held at Newdelhi.
- 3) Presented a Poster titled **“OSTEOID OSTEOMA –Diagnostic Challenge & our experience”** at the IOACON-2006, held at Newdelhi.

Orthopaedic Association of South Indian States (OASISCON)

1. Presented a Paper titled **“ Posterior malleolar fractures – to fix it or not to fix it ?”** at OASISCON -07
2. Presented a Poster titled **“IMPLANT FAILURE IN FRACTURE MANAGEMENT-- AN ANALYSIS”** at OASISCON-06
3. Presented a Poster titled **“LOCKING COMPRESSION PLATE (LCP) - Different Indications & Review”** at OASISCON-06

Karnataka Orthopaedic Association (KOACON) :

- 1) **“ LOCKING COMPRESSION PLATE – Is it a Boon ??? ”**, was presented in the **“ Best Paper award session of the Conference”** at the KOACON—2006, held at Dharwad, Karnataka.
- 2) Presented a scientific paper titled **“ Tumours and Tumourous conditions of Hand – A series of 80 cases, at KOACON – 2004”**, held at Shimoga, Karnataka
- 3) Presented a paper titled **“Role of PMSTR in management of Resistant/ Rigid & Neglected idiopathic CTEV”** at KOACON, Feb-2008
- 4) Presented paper titled **“Is bilateral sequential TKR the need of the hour ? -- Our series of 60 cases of Hosmat Hospital, Bangalore”** at KOACON, Feb -10

AWARDS :

1. **Best paper award at National conference of Occupational Health** for the scientific paper titled **“ Occupational Health, a growing branch of modern medical science”**
2. Karnataka Orthopaedic Association (KOA) **Travelling Fellowship** at Ganga Hospital, Coimbatore in Jan-09
3. **Depuy J & J Arthroplasty Fellowship** at Hosmat Hospital, Bangalore for one year (Oct-09 to Sep-10)
4. **IOA-WOC SICOT Fellowsip** for the year 2012 by the Indian Orthopaedic Association

RESEARCH PROJECT:

- a) “An evaluation of surgical management in fractures of the distal humerus” during DNB post graduate study
- b) “A study on the Safety and Efficacy of Single Stage Sequential Bilateral Total Knee Arthroplasty and Literature Review”, during arthroplasty fellowship

EXTRACURRICULAR ACTIVITIES:

1. Been a **Rotarian** for the past seven years as member of RBNW and had held the post of **Director of New age service and member of District health comitte-3190**
2. Passed the Hindi Prachar Sabha Exams of **Prathama, Madhyama, Pravesh, Prakash 1 &2, and Vidwan equivalent to “B.A. in Hindi Literature”**.
3. Successfully passed the ‘**Lower and Higher grade exams in Drawing**’ conducted by the S.S.L.C. board
4. Passed the “**Junior grade typewriting exams**” conducted by the S.S.L.C. board
5. Had been a part of **Bharat Scouts and Guides** in my Schooling days and **National Cadet Corps (NCC)** in my College days.
6. Trained in **Computed software applications** and internet use.

CONFERENCES ATTENDED:

1. KOACON 2016, the 40TH Annual Conference of KOA, at Lalit Ashok, bangalore, in Feb 2016
2. POSICON 2016, the 22nd Annual Conference of Paediatric Orthopaedic society of India & 6th POSI-POSNA Workshop at Bangalore in January 2016
3. BOSCON 2015 at NIMHANS, Bangalore in March 2015
4. IOACON 2014, the 59th Annual Conference, at Hyderabad in November 2014
5. Ranawat Conference on “Advances & Techniques in Joint Replacement Surgery & Arthroscopy” at Bangalore in Jan 2013
6. Karnataka Orthopaedic Association Annual Conference (KOACON) 2010, Bangalore
7. KOACON 2009, Mangalore
8. KOACON 2008, at Madikere, Coorg
9. OASISCON 2007, at Mangalore
10. KOACON 2006, Dharwad, Karnataka
11. Orthopaedic Association of South Indian States Annual Conference, (OASISCON 2006) Tirupati
12. Indian Orthopaedic Association Annual Conference (IOACON) 2006, New Delhi.
13. IOACON 2004, Agra
14. KOACON 2004, Shimoga, Karnataka
15. IOACON 2003, Chennai

COURSES ATTENDED:

1. Shoulder Arthroscopy Workshop held at KOACON-16 at SUGUNA, Hospital Bangalore in Feb 2016
2. Participated in K.T.Dholakia CME held at 59TH IOACON, held at Hyderabad in November 2014
3. Attended the CME on “Current Concepts in Shoulder Scopy Surgeries” held in July 2014 at MSRALC, Bangalore
4. Participated in CME on “A to Z of ACL Reconstruction “, Knee Arthroscopy held in June 2014 at M.S. Ramaiah Advanced Learning Centre, Bangalore.
5. Attended the deliberations of the ‘Save Meniscus Day’ Programme in May 2014 at Sparsh Hospital, Bangalore
6. Acetabulara Reconstruction hands on Cadaveric Workshop at BMC & Sanjay Gandhi Hospital, Bangalore in Jan 2012
7. Update in Rheumatology attended in Dec 2011 at API, Bhavan, Bangalore
8. Participated in OSCE (Objective Structural Course Examination) Workshop held at International Medical School Campus, Bangalore in Dec 2011
9. Indo-German Orthopaedic foundation Masters course on Trauma & Joint Replacement Surgery at API Bhavan, Bangalore in August 2011
10. Workshop on locked plates for peri-articular fractures by zimmer at bangalore May 2011
11. Attended the **Masters course on Pelvic fractures, Revision Knee Replacements and Revision hip Replacements** conducted by Indo-German Orthopaedic Foundation at Chennai in Mar-2011
12. Masters course on Revision Arthroplasty and Pelvis at Puttaparthi in july 2009
13. Attended the **“B. Mukhopadhy Post graduate Instructional Course”**, Indore Jan-07
14. Completed the Level-1 programme on **“Basics of HIV / AIDS & Syndromic Case Management”**, held at Mangalore in January 2006.
15. Attended the CME programme on **“Drug Resistant Tuberculosis”** held at Mangalore in March, 2006.
16. Participated in the **“Arthroscopy & Sports Injuries, Live interactive surgical workshop”** held at Pariyaram, Kerala in June 2006
17. Attended the **“Total Hip Arthroplasty C.M.E. & Workshop (YOCON-2006)”** held at Mangalore in July 2006.
18. Participated in the **“Orientation Programme in OSCE system of Examination in Orthopaedics”** held at Mangalore in October-06
19. Attended the **“Meeting on Revision Hip Surgery”** held at Mangalore in November 2005
20. Participated in **“Workshop on total Hip Arthroplasty”** conducted by KOA at KOACON 2004, held in Shimoga.
21. Participated in CME on **“Minimally Invasive Spine Surgery”** held at KIMS Hubli in July 2004
22. Participated in a workshop on **“Orthotics, Prosthetics & Advanced Plastering**

- Techniques”** held at Shimoga in 2003, conducted by KOA.
23. Attended **“C.M.E on Trauma and Rheumatology”** held at JJM Medical College, Davangere on 27th September 2003

Life Membership Details:

1. Member, Indian Medical Association (IMA)
2. Member, Indian Orthopaedic Association (IOA)
3. Member, Karnataka Orthopaedic Association (KOA)
4. Member, Orthopaedic Association of South Indian States (OASIS)
5. Member, Bangalore Orthopaedic Society (BOS)

Subject of Interest:

- Arthroplasty & Spine
- Paediatric Orthopaedics
- A.O. Trauma

Work Experience:

1. Currently freelance practice in Orthopaedics since september 2012 with two own polyclinics and visting consultant in many hospitals in Rajajinagar, Basaveshwaranagar, Malleshwaram and Magadi Road.
2. Worked as a visiting consultant for the RVM foundation Charitable Hospital at Bannerghatta from 01/06/12 to 08/032014 (**two years**)
3. Consultant in Orthopaedics at The Bangalore Baptist Hospital, from 12/10/10 to 03/09/2012 (**two years**)
4. Depuy J & J Arthroplasty fellow at Hosmat Hospital, Bangalore from 21/09/09 to 30/09/10 (**One year**)
5. Senior Resident at P.E.S. Institute of Medical Sciences & Research, from 02/07/07 to 20/9/09 (**two years & two months**)
6. Senior Resident at Tejasvini Hospital & SSIOT, Mangalore, during the D.N.B. Training between 01/06/05 to 31/06/07 (**two years**)
7. Orthopaedic Resident at Karnataka Institute of Medical Sciences, Hubli, during the Postgraduate Study between 01/01/2003 to 31/5/05 (**2 yrs & 5 months**)
8. Worked as a Resident in Orthopaedics at Smt. Shakuntala Memorial Hospital, Hubli, under Dr. I. H. Naganagoudar, from 1/7/2002 to 31/12/2002 (**six mnths**)
9. Held the post of Medical Officer at Mallur Health Co-operative Centre, Kolar District, Mallur, affiliated to P & S M Department, St. John’s Medical College, Bangalore, from 1/12/2001 to 31/5/2002 (**six mnths**)
10. Worked as a Resident in ICU at Shekar Nursing Home, Malleshwaram, Bangalore from, 1/10/2000 to 10/11/2001 (**one year**)
11. Completed Rotatory Internship of one year duration at M.S. Ramaiah Medical Teaching Hospital, Bangalore from Sep 1999 to August 2000 (**one year**)

HOBBIES:

- Active Member of **Rotary International (RBNW-3190)**
- Sports, Drawing, Listening to music, Travelling, Reading.

Social Responsibilities:

Conducted an “Awareness for Life” Program on Osteoporosis at Mann and Hummel Filter Pvt. Ltd., at Bangalore on 5th December 2014

AIM:

1. To evolve into a competent professional with core specialization in JOINT REPLACEMENT & SPINE SURGERY.
2. To carry out research in the aforementioned areas.

DECLARATION

I hereby, declare that, the information given by me in the curriculum vitae is correct to the best of my knowledge.

Date:

Place:

(DR. K. GIRISH)