Chile Relleno Casserole

1 (7 oz.) can chopped green chilies
2 1/2 cups of Cheddar and of Jack cheese (grated)
2 eggs beaten
1 tsp. salt
1/2 cup flour
1 1/2 cup milk

Mix together in this order: chilies and grated cheese; salt and flour; eggs and milk. Pour into shallow baking dish. Bake at 350 degrees for 45-50 minutes or until crust forms or top.

NOTE: If doubled, bake a bit longer.