



American Profile

CHERRY COCONUT BARS

"These bars have been a family favorite for nearly 50 years. I was a new mother in December 1959, when a neighbor brought over a plate of these bars along with a baby gift a few days after I arrived home." *



CHERRY COCONUT BARS

cup all-purpose flour

tablespoons powdered sugar

1/2 cup butter, softened

Filling:

eggs, beaten

cup granulated sugar

1/4 cup all-purpose flour

1/2 teaspoon baking powder

3/4 cup chopped walnuts

1/2 cup sweetened shredded coconut

1/2 cup maraschino cherries, drained and quartered

I teaspoon vanilla extract

1/4 teaspoon salt

1. Preheat oven to 350F.

2. To prepare crust, combine flour, powdered sugar and butter in a medium bowl; mix well. Press into an 8-inch-square baking dish. Bake 20 to 25 minutes, until lightly golden.

3. To prepare filling, combine all ingredients in a large bowl; mix well. Spoon on top of crust and spread evenly. Bake 20 to 25 minutes, until golden brown. Cool completely on a wire rack before cutting. Makes

16 bars.

Nutritional facts per bar: 190 calories, 11g fat, 3g protein, 23g carbohydrates, 1g fiber, 110mg sodium.