

## Way of the Heart - Chapter Overview

- ▼ 1. Lesson 1 - Introduction to Way of the Heart
  - ▼ a. Introduction to the Way of the Heart, a pathway of awakening.
    - i. A discussion of what it is, and what it isn't
    - ii. Where it begins
    - iii. and where it ends
  - b. It ends with a call to commitment to awakening
- ▼ 2. Lesson 2 - Communication
  - ▼ a. A discussion of how everything we do is an attempt to communicate who we are and what we believe.
    - i. How we dress, what we eat, where we live are all aspects of that communication
    - ii. It's a desire to be in communion with all of Creation
  - ▼ b. Axiom 1 and 2 introduced as foundational Truths of the pathway
    - i. Axiom 1: Experience is self created and not caused by anything outside of me.
    - ii. Axiom 2: "I need do nothing", an expression of the inherent freedom of our being
  - c. Exercises given to support us in accepting and embodying these axioms.
- ▼ 3. Lesson 3 - Forgiveness
  - a. The greatest gift that can be received is the presence of God
  - b. God is discovered through your brothers and sisters
  - c. Surrendering the perceptions of your brothers and sisters that veil the truth about them is required for the discovery of God.
  - d. Look upon perceptions, feelings, behavior, exactly as they are without overshadowing them with interpretation, embrace things with innocence, veils dissolve.
- 4.
- 5.
- 6.
- 7.
- 8.
- ▼ 9. Lesson 9 - What will you create
  - a. Practice sitting for 5 minutes as Christ
- 10. Lesson 10 - Teach only Love
- 11.