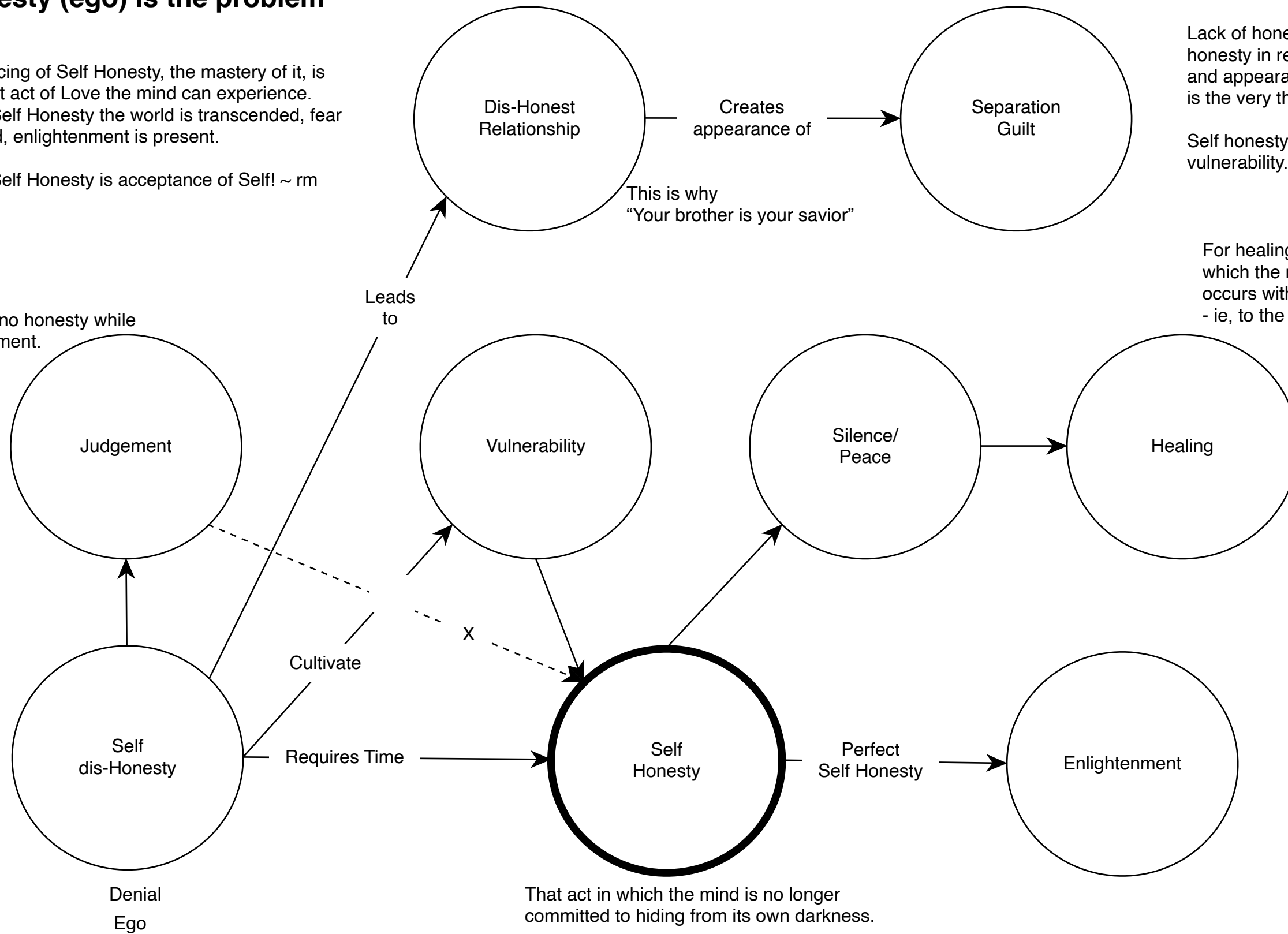


Dishonesty (ego) is the problem

The embracing of Self Honesty, the mastery of it, is the greatest act of Love the mind can experience. In perfect Self Honesty the world is transcended, fear is dissolved, enlightenment is present.

In perfect Self Honesty is acceptance of Self! ~ rm

There can be no honesty while
there is judgement.



Lack of honesty is self leads to lack of honesty in relationship. This creates the tension and appearance of separation and guilt. Which is the very thing the soul is trying to overcome.

Self honesty, then, requires the cultivation of vulnerability.

For healing occurs to the depth and degree of which the mind is willing to embrace what occurs within it.

- ie, to the degree it is willing to be honest.

Cultivation of self-honesty takes time because the mind has used its own power to be in denial about its own miscreations. It doesn't want to own them. It wants you to believe that it's a very high spiritual being and will cling to that image like a robe around the body on a cold winter day no matter what.

That act in which the mind is no longer
committed to hiding from its own darkness.

In self-honesty, one decides to simply observe the mind, itself, to simply observe the behavior that flows from the mind through the body, as it gestures itself out into the world.

And the honest mind looks upon all that has arisen within it without judgment. For there can be no honesty while there is judgment.

When the mind is confronted by its darkness, it gets restless becomes active with chatter. Decide for silence, decide for peace.