RT2024 Pathfinder Research & Development Internship

Automated Red Team Infrastructure Deployment

May 2024 to February 2025

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College of BILT
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ORGANIZATIONAL OVERVIEW

Marymount University

Marymount University is a nationally recognized academic institution headquartered in Arlington, VA. One of ten schools at the university, the School of Technology and Innovation focuses on education and research at the intersection of emerging technology, cyber defense, artificial intelligence, and human factors. Marymount is designated as a Center for Academic Excellence in Cyber Defense (CAE-CD) by the NSA and DHS and holds a number of prestigious grants from NSA and NSF. Marymount has played a major role in developing cybersecurity education programs since 2008, with objectives to improve the number and the diversity in the cybersecurity workplace, bearing in mind the significant workplace gap. (Marymount University, School of Technology and Innovation)

> *Mission: Marymount is a comprehensive Catholic university, guided by the traditions of the Religious of the Sacred Heart of Mary, that emphasizes intellectual curiosity, service to others, and a global perspective. A Marymount education is grounded in the liberal arts, promotes career preparation, and provides opportunities for personal and professional growth. A student-centered learning community that values diversity and focuses on the education of the whole person, Marymount guides the intellectual, ethical, and spiritual development of each individual.*
>
> *Vision: Marymount, a leading Catholic university, will be nationally recognized for innovation and commitment to student success, alumni achievement, and faculty and staff excellence.* (Marymount University)

College of Business, Innovation, Leadership, & Technology (BILT):

> *Mission: We enable learners to apply effective practices in business, technology and creativity for a better global society.*
>
> *Vision: We excel in advanced interdisciplinary education, fostering innovation to meet society's needs in the "What's Next Economy."* (Marymount University, College of BILT)

Millenium Corporation

For nearly 20 years, the U.S. military and leading private companies have turned to Millennium Corporation as a leader in cybersecurity. As the Department of Defense's largest contractor for Red Team operations, they provide an unsurpassed level of threat intelligence and hands-on experience to their clientele across the Defense Department, federal, & private sectors.

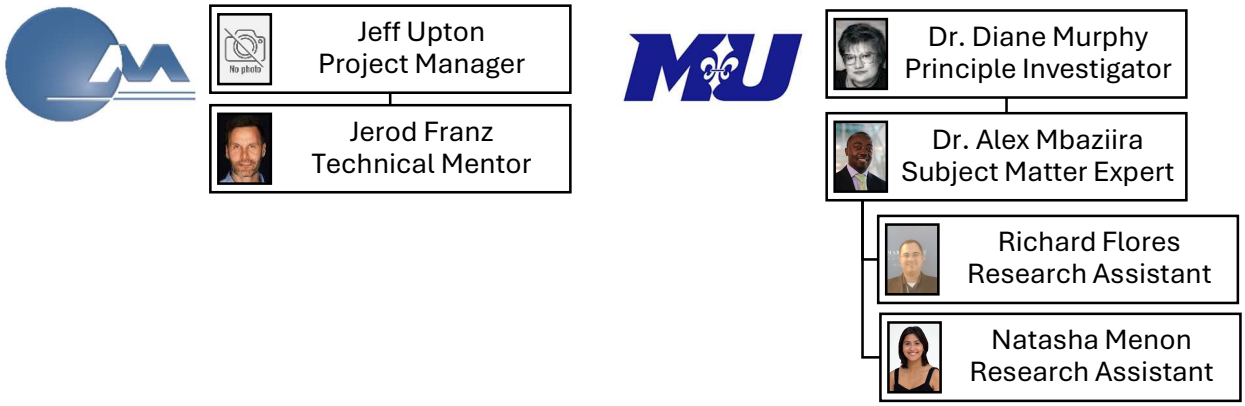
Millennium Corporation has been operating on the leading edge of cybersecurity. No one supports more NSA-certified Red Teams, & no one does more DoD red team ops.

> *Mission: Develop and maintain a high caliber workforce capable of delivering transformational cyber, systems engineering, and business solutions that endure. Create valued customer and industry partnerships that contribute to continued corporate growth and foster community engagement.*
>
> *Vision: Be the industry leader of innovative technology and business solutions to the federal government.* (Millennium Corporation)

DoD and U.S. Army Stakeholders

In response to a Congressional mandate and funding in the 2020 National Defense Authorization Act (NDAA), the Test and Evaluation Cyber Center of Excellence (TECCE) was created as a collaborative effort between the office of the Director, Operational Test and Evaluation (DOT&E) and the Program Executive Office, Simulation, Training and Instrumentation (PEO STRI) to support Red Teams, fund novel research, and integrate industry tools. Pathfinder is expanding to more agencies across government, incorporating Blue Teams, computer and software testing, and cyber policy development. As more universities and STEM programs participate, Pathfinder will increase the diversity of thought, ability, and experience needed to support in-demand, hard-to-fill positions—while expanding opportunities for promising students and transitioning military to support national security priorities, now and for years to come. (DoD Emerging Tech)

Research Team Organization Chart



SUMMARY OF INTERNSHIP

During the summer and fall semesters of 2024, and continuing into the spring 2025 semester, I have been worked as a Cybersecurity Research Assistant for the College of BILT on a research project for Millenium Corporation and the U.S. Army. Along with continuing my studies in classes for my major in Information Technology, I was expected to complete on average fifteen hours of work per week during the semester.

Role, Responsibilities, and Purpose

My responsibilities for the project included conducting research on and developing tools and code for automating the deployment of red team infrastructure to cloud environments. I worked alongside my fellow research partner and now friend Natasha Menon, a Computer Science major here at Marymount. We worked under the immediate supervision and direction of Dr. Alex Mbaziira who, along with being our site supervisor and professor in several courses, is the director of the School of Technology and Innovation, covering fields of study in Information Technology, Artificial Intelligence, Cybersecurity, and Computer Science.

The goal of the project was to develop a method for automating the deployment and configuration of red team resources and infrastructure to public cloud environments. Currently, manual setup of these resources poses challenges in terms of time commitment, inconsistent results, reliability, misconfigurations, and gaps in security and capabilities. The project aims to answer these challenges using automation to create Infrastructure as Code (IaC) that can be used to create a consistent, reliable, secure environments that are rapid to deploy and tear down, allowing red team operators to engage their target systems and increase cyber defense capabilities and evaluations.

Teamwork, Collaboration, and Peer Support

The collaboration of combining my IT and Cybersecurity skills and knowledge of networking and penetration testing tools, along with Ms. Menon's Computer Science background and advanced knowledge of coding and project management, including using skills she gained in Agile development methodology and using the SCRUM framework to keep us on track, has been instrumental in what we have accomplished thus far during the project. I am very fortunate to have been selected for this project and teamed up with another student who was as excited and passionate about the work as I was and has taught me so much. This team effort is a prime example of how diversity of skills in a team can

form a powerhouse of ability to overcome many challenges, approach questions in a variety of directions, brainstorm ideas we likely would not have come up with alone, and how leveraging each other's strengths makes us stronger than the sum of our individual skills. I would be ecstatic for an opportunity to work with Ms. Menon again.

Additional Duties

Some additional roles I took on during the internship included assisting, teaching, and mentoring middle school and high school students during several camps that took place at Marymount over the summer. One of the major roles I played during the camps was in teaching a Python class to the high school students. Creating a lesson plan, example code, and a Google Colab workshop to teach the Python class expanded on and reinforced my knowledge of Python, as well as increasing my confidence in my understanding of the language.

I was also asked to take on the role of testing and providing feedback on Capture the Flag (CtF) challenges developed by the Cyber Clinic Security Operations Team (SOC). The team in the SOC was tasked with creating CtF challenges for a future event to be hosted at Marymount, and they needed some outside testers to evaluate the challenge scenarios. It was a great experience and provided a break from the daily norm of our development project, while also allowing us to stretch our mental legs and use some of our cyber skills including packet analysis, cryptography, decryption, social engineering, reverse engineering, and forensics. It also tied in well with our project of deploying red team infrastructure by allowing us to gain more experience with some of the tactics, techniques, and procedures used by red team operators. I have also had the opportunity to consult the Cyber Clinic team in other areas, including in providing ideas and knowledge for their infrastructure, operating systems, and software selections.

Acquired Knowledge, Skills, and Experience

As the projects Subject Matter Expert and our site supervisor, Dr. Mbaziira has given us a lot of guidance and direction for the project, and he also ensured we had additional resources to help in our research. During the summer we had the opportunity to learn from several graduate students that assisted us in preparing to begin taking on the tasks of the project. We attended mini courses taught to us by doctoral candidate Edward Fofanah on automation software such as Terraform and Ansible,

containerization tools like Docker and Kubernetes, and cloud providers such as Amazon Web Services and Microsoft Azure, as well as many of the tools that were offered on the platforms and setting up our accounts.

Another doctoral candidate, Roncs Etame-Ese, has been key in helping us learn more about many of the red team tools we are deploying to the cloud and allowing us to bounce ideas and get feedback from him, along with his motivation, support, and excitement for the aims of the project and the difference it could make in improving cyber defense for the nation. I would also like to recognize doctoral candidate Vincent Pisani and graduate student Anthony Bartuch for their support of our work and helping us work out solutions to our questions. Overall, everyone at Marymount, from students to faculty, have been extremely supportive of our efforts in the project and offered their support in any way possible, even when unprompted, like when Dr. Andrew Hall assisted in planning by providing notecards and Post-it notes for our SCRUM board.

In addition to some of the tools already mentioned, I have gained a lot of experience using Visual Studio Code for the development of our code and integrating GitHub for version control and collaboration. We used and gained a lot of experience in different terminal environments, including Command Prompt, PowerShell, Bash, and Windows Subsystem for Linux, and even finding solutions to launch GUI applications locally over secure shell (SSH) from cloud hosted Linux machines. While many of the skills developed during the project started in the classroom, this research opportunity has expanded on those skills greatly, reinforced confidence in our abilities to implement what we have learned, recognize the ability to overcome new obstacles, and to take the initiative to gain additional knowledge and skills as needed.

Challenges and Finding Solutions

Many of the challenges faced were to be expected. Debugging code, diagnosing network and computer configuration issues, and implementing new skills and software, some still in active development and regularly changing, can all have “banging your head into the keyboard” moments, so imagine trying to combine all these together. Quite often when the infrastructure was unsuccessful at deployment, we had to first determine whether it was a code issue, misconfiguration issue, a problem with the cloud infrastructure itself, or a change that was made to some software or tool we were trying to implement. Ultimately, persistence in working on the problem in systematic ways as well as using trial and error led not only to resolving issues at hand, but also resulted in us often learning much more than we did with immediate success. Learning from these challenges led to us gaining a much greater depth of knowledge before moving on to the next task.

Another challenge we faced was limited resources; up until very recently, we were operating our infrastructure on cloud resources available to us at the free trial level. This ultimately was unsustainable as our infrastructure grew and we began attempting to install the tools needed to the cloud machines. While this challenge was eventually

overcome with gaining access to a limited budget for increased cloud resources, the challenge replicates those faced by organizations in the real world having to overcome and adapt to limited resources and still deliver on requirements.

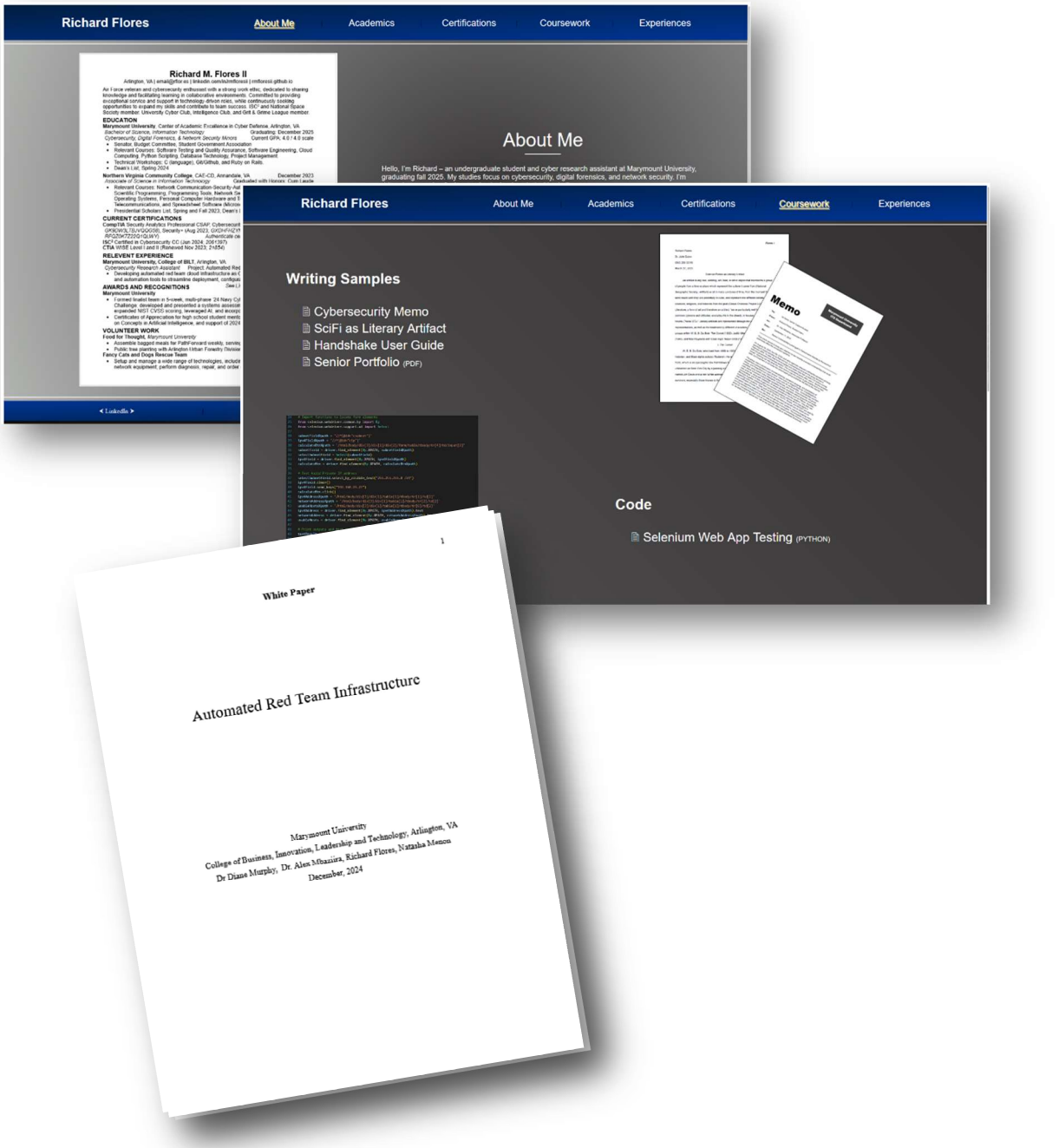
One of the biggest challenges we had to overcome was a temporary one-month furlough of our work due to the end of the fiscal year and issues with tracking and billing our hours in new software the university was using. Not only was the issue not communicated to us clearly at first, but it also resulted in a halting of our momentum. Eventually we did return to work after the new fiscal year, but this delay resulted in loss of time worked and a delay in restarting as we got back up to speed on where we had left off. While halting work was frustrating, it is a scenario that occurs and must be adapted to in the professional world as funding needs to be reallocated or is lost, other projects take priority, or as responsibilities and roles are reassigned. We did have the opportunity to participate in a challenge to assess cyber resiliency for the U.S. Navy during this time by forming a team composed of Ms. Menon and myself, the other Millenium project team, Claire Kamobaya and Matt Penn, as well as Mr. Etame-Ese. This allowed us to keep using our coding skills, expand on our cyber knowledge, and our knowledge of tools such as Python, the NIST NVD database, vulnerability scoring and assessment, different methods of representing data, as well as presentation skills during the challenge symposium event.

For future internships, the two recommendations that would help would be an increase in communication and preparing the resources needed ahead of time to decrease the potential for delays and bottlenecks. Communication is key to making sure misunderstandings are limited and ensuring trust is maintained. Planning for resources needed is also of key importance to make sure the research progresses without delays waiting to acquire these resources. While the foundation of the project was great, better planning could have greatly improved the development process.

This has been a fantastic learning experience. I am very grateful for the opportunities this internship has afforded me and for Dr. Mbaziira for including extending this opportunity to me. I have gained so many skills, and at a far greater depth than I would have likely being exposed to the same tools in a class environment. Getting to work with faculty and other students has formed relationships that will continue to develop in the classroom and on other projects, and I've built trust and gained lifelong friendships during the project as well. I look forward to continuing our work on this project into next semester.

SAMPLES OF WORK

Samples of work completed during the internship are not currently available due to stakeholder requirements to maintain confidentiality regarding project specifics. Our internship has now been extended by the project sponsors for two months so that we can prepare the work for publication. Once the publication draft has been finalized and approved by all stakeholders for public release, it will be linked to or included in my digital portfolio: 🔗**rmfloresii.github.io**. Please check back regularly for eventual inclusion of specifics of the project, as well as other projects I have completed as part of my education and other work experiences.



STRENGTHS PROFILE & REFLECTION

Completing the "Strengths Profile" report from Cappfinity has helped me understand and reflect on various aspects of my personal and professional strengths, as well as areas for growth. By identifying my top three realized strengths, I have gained insight into qualities I naturally excel at and regularly use to make a positive impact. My three unrealized strengths show areas with potential I have not yet fully developed, providing aspects on where to focus my future growth. Recognizing learned behaviors gives me a sense of the skills I have acquired that may not come as naturally but are valuable in certain situations, and identifying a weakness helps me understand an area where I may want to seek further support and development.

REALIZED STRENGTHS

- Personal Responsibility – I am true to my word, and I do what I say I will do, and take responsibility when I fail to meet this standard.
- Incubator – I reflect on challenges and constantly consider new approaches and solutions, even while not currently working on the specific task at hand.
- Catalyst – I like to get things done, and I will motivate others to get started on tasks.

UNREALIZED STRENGTHS

- Judgement – I consider choices, weigh the options, and come to good decisions.
- Bounce back – When I have a setback, I take a step back, reassess, and come at the challenge motivated from a new angle.
- Gratitude – I am aware and thankful for the good things in my life, and of those who have guided and assisted me along the way.

LEARNED BEHAVIORS

- Adventure – I have learned to take on tasks I may not be comfortable with at first.
- Courage – While I may not enjoy it, I have learned to accept changes and adapt.

WEAKNESS

- Action – I hesitate to act before fully considering all the options. This can be a beneficial trait at avoiding unnecessary risk, but at times choices need to be made with incomplete information and a lack of time to address concerns. To address this weakness, I try to prioritize speed in making decisions in low-risk situations and have been learning to trust my initial instincts instead of overanalyzing all scenarios. I have also learned that planning faster, beginning to create a solution, and iterating as necessary can still save time versus hesitating to make decisions.

This report enhances self-awareness and provides direction for my personal development, helping me leverage my strengths and manage weaknesses as I progress personally, academically, and professionally.

WORK ETHIC STATEMENT

My standards are shaped by a commitment to hard work, adaptability, and continuous growth and learning. Growing up without internet access on a ranch in rural Colorado gave me a unique appreciation for and skill of problem-solving, self-reliance, and using the resources that were available at hand to get the job done. That early experience sparked my curiosity about computers and technology, leading me to pursue a career in the field where challenges drive me to grow and learning never stops.

I am also driven by what I define as my core soft skills of integrity, service, and excellence. These originate from the Air Force core values of “Integrity First, Service Before Self, and Excellence in All We Do” that were engrained into me first in Air Force Junior ROTC in high school, and then while on active duty serving in the USAF.

I find satisfaction knowing that the work I do contributes to keeping systems secure, resilient, and allowing the mission to be completed. Whether it's developing automated red-teaming solutions as I have done in this internship, creating a vulnerability analysis and assessment tool that I contributed to during the Navy CRAM Challenge, or any other aspect of cybersecurity and information technology, I enjoy the process of breaking down and analyzing problems and creating effective solutions. I have been fortunate to apply these skills in hands-on research at Marymount University and in competitive settings where I collaborated with a team to develop our solutions.

What drives me most is the opportunity to make a meaningful impact. I am motivated by challenges and thrive in environments where collaboration and critical thinking are essential. A previous role I held as a Grocery Foreman at King Soopers taught me how to lead a team, prioritize competing demands, and meet goals under pressure. Those skills have carried over into my cybersecurity work, where attention to detail and the ability to adapt quickly are just as critical.

I work best in environments where innovation is encouraged, and learning is a priority. While conducting research on COBOL for a class, I came across a video lecture by Admiral Grace Hopper. Something that really stuck with me is, “‘that we’ve always done it this way’ seems to be so much embedded in things and it’s the most dangerous phrase you can use in a computer installation (Hopper).” I value opportunities to think outside of the box, collaborate with others who are as passionate as I am, experiment, and innovate. That is one of the reasons I participate in groups like the Cyber Competitions Club and Grit & Grime League, where I can connect with peers and mentors who inspire me to keep pushing forward through challenges.

Looking ahead, my career goal is to serve in a government agency where I can apply my skills to protect national security. I want to continue developing my knowledge and skills, staying ahead of threats, and leveraging new technologies while contributing to the bigger picture. Integrity, perseverance, and the drive to make a difference guide me in everything I do and will continue to do so as I grow in my career.

DIVERSITY STATEMENT

To me, diversity is about more than just differences in appearance or background; it is about the range of perspectives, experiences, and ideas that come from those differences. It is the understanding that everyone's unique experiences, shaped by things like culture, upbringing, education, experiences, and access to resources, bring something valuable and unique to the table. These varied perspectives are what help drive progress, promote innovation, and make our communities and workplaces stronger.

I mentioned in my work ethic statement about growing up without access to the internet at home. This experience taught me early on about the challenges of limited access to technology and information, and how it can inhibit growth in a world dominated by technology. It also taught me how to be resourceful and find creative ways to overcome obstacles. My upbringing shaped my passion for understanding technology, particularly cybersecurity, because I wanted to make sure others, especially those from underserved areas, had the same opportunities to gain experience, grow, and succeed in the digital world that I was provided by the Air Force.

Throughout my academic journey and professional experiences, I have come to appreciate how diverse teams can bring out the best ideas. At Marymount University, I have collaborated with people from diverse backgrounds, countries, cultures, religions, and other groups, whether through class assignments, group projects, university clubs, competitions, and this internship. I also greatly appreciate the variety of international backgrounds I get to interact with daily here at Marymount, which has broadened my global perspective and enriched my understanding of global challenges, including those in cybersecurity, technology, and beyond. My experiences in the Air Force created a curiosity and appreciation for diverse cultures, and it has been great being able to exchange and share cultures with each other. These experiences have shown me how we all benefit from having different viewpoints when tackling complex problems, and how identifying and addressing problems I may have never considered analyzing it alone.

As I look ahead to my career, I am committed to promoting diversity in cybersecurity. I want to be part of a future where individuals from all walks of life can pursue careers in technology regardless of what resources they were given access to in the past. I want to use my position to mentor and be mentored by those I work with, and promote better access to cybersecurity education, especially for those who might not otherwise have the resources or opportunities to enter the field.

RESUME

Air Force veteran with strong work ethic, dedicated to sharing knowledge and facilitating learning in collaborative environments. Committed to providing exceptional service in technology-driven roles, while continuously seeking opportunities to expand skills and contribute to team success. ISC^2, National Space Society, University Cyber Club, Intelligence Club, and Grit & Grime League member.

EDUCATION

Marymount University, Center of Academic Excellence in Cyber Defense (CAE-CD), Arlington, VA
Bachelor of Science, Information Technology — Graduating: December 2025
Cybersecurity, Digital Forensics, & Network Security Minors — Current GPA: 4.0 / 4.0 scale

- Senator, Budget Committee, Student Government Association
- Relevant Courses: Software Testing and Quality Assurance, Software Engineering, Cloud Computing, Python Scripting, Database Technology, Project Management.
- Technical Workshops: C (language), Git/GitHub, and Ruby on Rails.
- Dean's List, Spring 2024

Northern Virginia Community College, CAE-CD, Annandale, VA — Graduated December 2023
Associate of Science in Information Technology — with Honors: Cum Laude

- Relevant Courses: Network Communication-Security-Authentication, Computer Science I, Scientific Programming, Programming Tools, Network Security Basics, Microcomputer Operating Systems, Personal Computer Hardware and Troubleshooting, Introduction to Telecommunications, and Spreadsheet Software (Microsoft Excel).
- Presidential Scholars List, Spring and Fall 2023; Dean's List, Fall 2022

CURRENT CERTIFICATIONS

CompTIA Security Analytics Professional CSAP, Cybersecurity Analyst CySA+ (Mar 2024; *GK9DW3LTBJVQQG58*), Security+ (Aug 2023; *GXDHFHZYN2EE1090*), and A+ (Feb 2024; *RFQZ0K7Z22Q1QLWY*) — *Authenticate certifications at: verify.CompTIA.org*
ISC^2 Certified in Cybersecurity CC (Jun 2024; *2061397*) — *isc2.org/MemberVerification*
CTIA WISE Level I and II (Renewed Nov 2023; *21854*) — *certify.ctiacertification.org*

RELEVENT EXPERIENCE

Marymount University, College of BILT, Arlington, VA — May 2024 - Present
Cybersecurity Research Assistant — Project: Automated Red Team Infrastructure Deployment

- Developing automated red team cloud Infrastructure as Code (IaC), leveraging scripting and automation tools to streamline deployment, configuration, and operational efficiency.

AWARDS AND RECOGNITIONS

See LinkedIn profile for full work history.

Marymount University

- Formed finalist team in 5-week, multi-phase '24 Navy Cyber Resiliency and Measurement Challenge; developed and presented a systems assessment tool and algorithm, revised & expanded NIST CVSS scoring, leveraged AI, and incorporated systems security posture.
- Certificates of Appreciation for high school student mentorship in dual enrollment program on Concepts in Artificial Intelligence, and support of 2024 Cybersecurity GenCyber Camp.

VOLUNTEER WORK

Food for Thought*, Marymount University* — January 2024 - Present

- Assemble bagged meals for PathForward weekly, serving community members in need.
- Public tree planting with Arlington Urban Forestry Division, easing heat island effects.

Fancy Cats and Dogs Rescue Team — March 2013 - Present

- Setup and manage a wide range of technologies, including computers, printers, and network equipment; perform diagnosis, repair, and order new equipment.

MARYMOUNT
UNIVERSITY

11/26/2024

Dear Sir/Madam,

Recommendation for Richard Flores

I am pleased to write this letter of recommendation for Richard Flores, who has been both a student in my class and a research assistant under my supervision for the Millennium Corporation Pathfinder University Research and Development Project at Marymount University. Richard was one of four students selected in the Summer of 2024 to participate in this applied research project, which is sponsored by the U.S. Army and runs for six months.

As his professor and internship supervisor, I have had the opportunity to observe Richard's professional growth and development throughout this project. He is a highly talented, creative, and dedicated individual who consistently demonstrates strong analytical abilities and a solid work ethic. Richard has an exceptional aptitude for quickly understanding complex concepts, and he consistently meets the challenges presented in the research with enthusiasm and determination.

Throughout the project, Richard has exhibited strong leadership qualities, always striving to complete tasks on time and to a high standard. He works well both independently and as part of a team, contributing positively to group dynamics and fostering a collaborative research environment. His work is characterized by integrity, creativity, and a commitment to excellence.

The applied research projects I lead often address complex and evolving challenges, with requirements that can shift in response to changes in the business environment or the needs of our corporate partners. As a result, this work demands individuals who are patient, adaptable, and eager to learn—and Richard possesses all of these attributes. He consistently demonstrates resilience in the face of obstacles, a willingness to learn from feedback, and the flexibility to adjust his approach as needed.

Richard is also highly engaged in his work. He frequently asks insightful questions that demonstrate a deep curiosity and a desire to understand not only the theoretical aspects of our research but also their practical applications. His reports and assignments are always of the highest quality, reflecting a meticulous attention to detail and a commitment to excellence.

What truly sets Richard apart, however, is his interpersonal and collaborative skills. He is not only an effective communicator but also generous with his knowledge and eager to assist his peers. His positive attitude and team-oriented approach make him a pleasure to work with, and he contributes to a supportive and productive work environment.

Given Richard's technical expertise, quick learning abilities, and passion for research, I strongly recommend him for any future opportunities to work with my team. I have no doubt he will continue to excel and contribute meaningfully in any setting.

Please feel free to contact me if you require any further information or have any questions.

Yours Sincerely,

Dr. Alex V Mbaziira
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SOURCES

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