

Biostats Lecture 1: Descriptive Statistics

Public Health 783

Ralph Trane
University of Wisconsin–Madison

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WISCONSIN
UNIVERSITY OF WISCONSIN-MADISON

Learning Objectives



1. Understand why descriptive statistics is important, and useful
2. Know the difference between discrete and continuous variables/data
3. Have some ideas of which summaries and figures are appropriate for different types of data

Descriptive Statistics



- What: the art of describing data with few important measures ('summary statistics')
- Why:
 - know your population!!
 - explore your data
- How: try to get an idea of the distributions of variables included
 - what's a distribution?!
 - what's a variable?!

Two general data types:

- Discrete data
 - categorical
 - no natural ordering
 - examples: sex, race, blood type, political orientation, etc.
 - ordinal
 - naturally ordered
 - educational level, age groups, disease severity scales, etc.
 - summarized by
 - frequency counts
 - relative frequencies
- Continuous data
 - numerical
 - examples: age, height, weight, BMI, proportions, etc.
 - infinite (uncountable, actually...) number of potential values
 - summarized by
 - location measures
 - spread/variation measures

Example



Framingham Heart Study

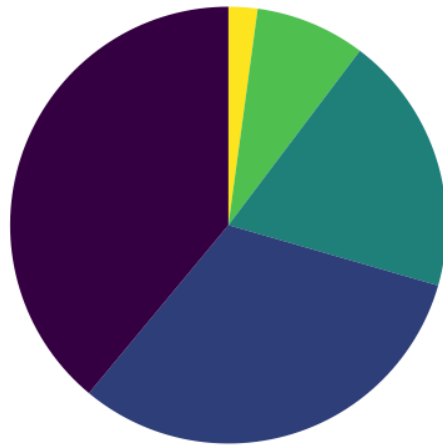
Quick Detour



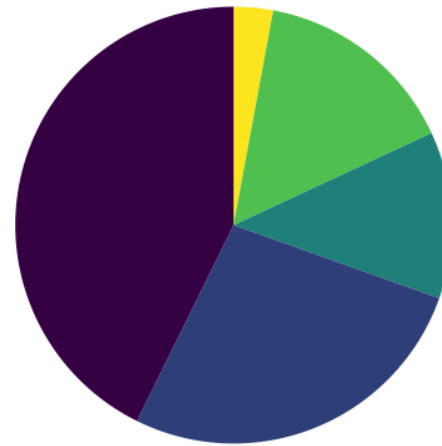
What NOT to do with categorical data.

A.K.A. my least favorite chart of all time...

female



male



education



1



2



3



4



Why don't I like pie charts?

What we want from figures:

1. self-explanatory
2. important information should be easy to get
3. show trends (if available)
4. only as complicated as the data
5. free of unnecessary complexity
 - irrelevant decorations
 - 3D effects --(**BIG YIKES!!!!!!**)

The pie chart violates 2, 4, and 5.

- 5: a bar chart is almost always more appropriate
- 2 and 4: pie charts compare angles. Humans are awful at comparing angles!

Quick Detour



From [Wikimedia Commons](#)

For each of the following, rank the colors in terms of size:

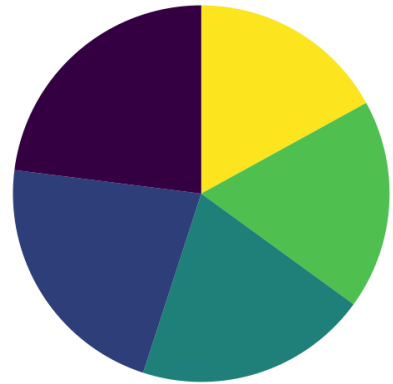
1



2



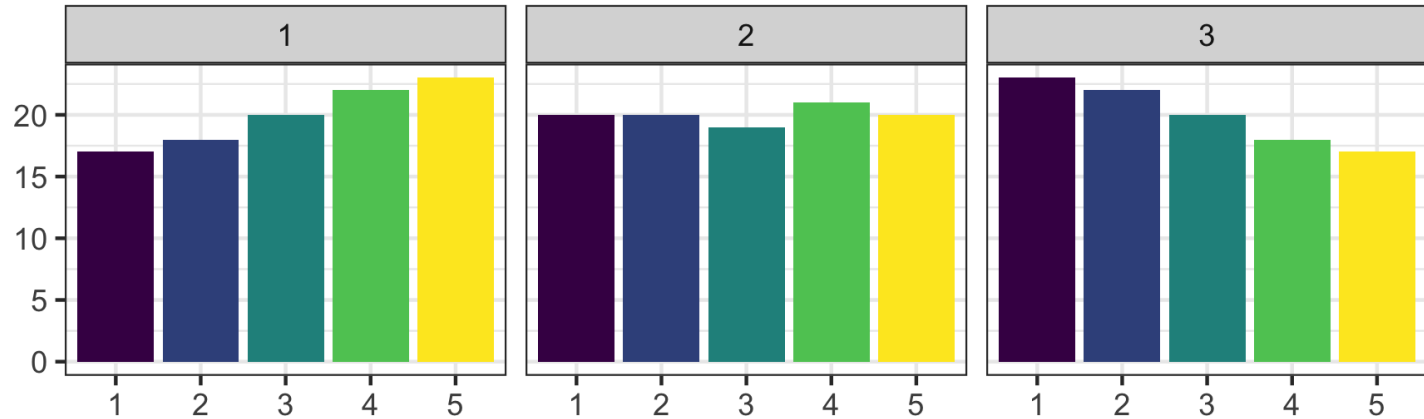
3



Quick Detour



For each of the following, rank the colors in terms of size:



Quick Detour



"Only pie chart ever allowed:"



--- Me (24/9/2019)

That was two days ago, though. Things change... I guess.

"All pies might not be made equal.....?"

--- Me (25/9/2019)

Before using a pie chart, read [this](#), [this](#), and [this](#). [This](#) Twitter thread is also great!

Quick Detour

