

Appendix 5. Characteristics of Included Studies

Characteristics		# of Studies
Type of Publication	Journal Article	77
	Thesis	11
	Conference proceedings	4
	Report	1
Country	USA	53
	Italy	6
	UK	4
	Finland	2
	Australia	2
	Canada	2
	Germany	2
	Netherlands	2
	USA & UK	2
	Spain	1
	Brazil	1
	Hong Kong	1
	India	1
	Iran	1
	New Zealand	1
	South Africa	1
	Sweden	1
	Switzerland	1
	China & USA	1
	Italy & Spain	1
	USA & Norway	1
	Japan & Egypt	1
	USA & Finland	1
	USA & Canada	1
	Japan, Denmark & Thailand	1
	Switzerland, Germany, & USA	1
	USA, Denmark, Sweden & China	1
Year of Publication	2014	3
	2015	1
	2016	8

	2017	15
	2018	27
	2019	38
	2020	1
Sample Size¹	<50	38
	50-99	21
	100-199	14
	200<	19
Mean age	35.2 ²	
Sex (male)	25.8% ³	
Recruitment Setting	Community	45
	Educational	20
	Clinical	18
	Community & Clinical	5
	Educational & Community	3
	Clinical & Educational	1
	Clinical, Community & Educational	1

Abbreviations: US: United States UK: United Kingdom

¹One study did not report the sample size

²70 studies reported the mean age

³87 studies reported the sex