

Begin your journey with us.



Hello! We are so excited for you to begin your journey with us. These formulas you have received are building blocks to better health. **ReMag®** magnesium is an essential nutrient that is indispensable to your health and well-being. **D3K2 ReSet™** is important in supporting the structure and function of the immune system. It needs magnesium for its optimal effect and maximum benefit. **Vitamin C ReSet™** powder increases energy, and tastes delicious!



SCAN FOR ENHANCEMENT

RnA ReSet® continues to inspire others with the confidence that comes from understanding how your body functions. To learn more about Dr. Carolyn Dean MD ND and the beneficial formulas you have received please visit our info site by scanning the **QR code**. You will learn about how these essential nutrients help your overall health and wellness and this will only enhance your experience over the next 30 days.

STEP ONE

Start supplementation

While you are learning about the powerful role magnesium can play in your health, begin your supplementation.



1. Stir one scoop of **Vitamin C ReSet™** powder into 8-16 oz of water.
2. Add a 1/4 teaspoon of **ReMag®** into your **Vitamin C ReSet™** water and sip throughout the day.
3. Take one capsule of **D3K2 ReSet™** a day.

Start Supplementation Increase Dosage Share with your Community



DR. CAROLYN DEAN MD ND
Doctor Created, Doctor Supported,
and Backed by Research