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**UNIVERSITY OF EASTERN PHILIPPINES**

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BACHELOR OF SCIENCE IN PUBLIC ADMINISTRATION

Natural Healers Interview

Narrative Report

***Intro To Sociology***

**(W-11:00-1:00PM)**

Prepared by:

BACHELOR OF SCIENCE IN PUBLIC ADMINISTRATION 1C

Group 2

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**GROUP MEMBERS:**

CENTINO, MARK ROMULO

CERUJANO, JEZIEL

ESCOTA, MELODY

CISCAR, MARK ANTHONY

CASTILLO, JUSTINE LORINCE

CASTILLO, KURT

BRITANICO, ROSALYN

DITCHE, JOBERT

DE JUAN, JEROME

**NARRATIVE REPORT**

**I- INTRODUCTION**

The province of Northern Samar stands as a testament to resilience and a cheerful community. This region, characterized by its rugged terrain and vibrant cultural heritage, faces significant healthcare challenges. Amidst these challenges, dedicated small groups of nurses, often referred to as natural healers, play a critical role in sustaining the health and well-being of the local population. These nurses, working tirelessly in both urban centers and remote barangays, embody the essence of compassion and commitment, often under trying circumstances.   
  
 The Northern Samar, with its diverse landscape ranging from coastal towns to mountainous interiors, presents unique healthcare delivery obstacles. Limited infrastructure, scarce medical supplies, and a high incidence of poverty contribute to a healthcare environment that demands resourcefulness and resilience from its practitioners. Despite these hurdles, the nurses of Northern Samar have consistently risen to the occasion, providing critical care and support to their communities.   
  
 In this narrative report, we delve into the lives and contributions of these remarkable nurses. We explore their choices in pursuing their profession, the challenges they face, and the profound impact they have on the communities they serve. Through this interview, we gain insight into the essential role they play in the healthcare system of Northern Samar and, by extension, in the broader context of rural healthcare in the Philippines. This narrative report aims to highlight not only the professional dedication of these nurses but also the personal sacrifices they make in the pursuit of health and healing for all.

**II- DISCUSSION**

In Northern Samar, a province marked by stunning landscapes and cultural richness, nurses stand as vital healthcare providers amid significant challenges. These nurses, often referred to as healers, are essential in maintaining the health and well-being of their communities, working diligently in both urban and remote areas.

Northern Samar's rugged terrain, coupled with limited medical infrastructure and widespread poverty, creates a challenging environment for healthcare delivery. Despite these obstacles, nurses in the province consistently rise to the occasion, providing essential care and support.

In many remote areas, nurses are often the sole healthcare providers. They work in various settings such as hospitals, rural health units, and barangay health stations, performing a wide range of duties including primary care, vaccination administration, health education, and childbirth assistance.

Their roles are crucial, often bridging the gap between the community and the formal healthcare system. Nurses also serve as health educators, conducting outreach programs on hygiene, nutrition, family planning, and disease prevention. They act as community advocates, voicing healthcare needs to local authorities and mobilizing resources for public health interventions. Additionally, nurses provide critical emotional and psychological support, especially in regions with limited mental health services.

However, nurses in Northern Samar face numerous challenges. Geographic isolation and inadequate infrastructure make consistent healthcare delivery difficult. Resource scarcity means they often work with outdated equipment and insufficient supplies. They face heavy workloads due to staffing shortages and economic constraints, which often result in providing care without adequate financial support.

Despite these challenges, nurses have a profound impact on their communities. They improve health outcomes, enhance life expectancy, and contribute to overall community well-being. Their efforts in vaccination, maternal and child health, and disease prevention have significantly improved public health.

Nurses empower communities through health education, fostering healthier lifestyles and increasing resilience against health crises. Their dedication, resourcefulness, and compassion are indispensable, making a significant difference in the lives of those they serve. The story of these healers in Northern Samar is one of unwavering commitment and resilience in the face of adversity.

**III- ISSUES AND CONCERN**

Natural healers like nurses in Northern Samar face various challenges that hinder their ability to provide optimal care. These challenges include geographical isolation, scarcity of resources, staffing shortages, economic constraints, limited professional development, and mental health concerns. The remote location and rugged terrain of the province make it difficult for nurses to reach remote communities, resulting in delayed care. Additionally, healthcare facilities often lack essential supplies and equipment, leading to suboptimal patient care. Staffing shortages and heavy workloads further strain nurses, who often work long hours without adequate rest. Economic constraints affect both patients and nurses, creating financial insecurity and dissatisfaction. Limited access to training and development opportunities hinders nurses' professional growth, while the emotional toll of their work and lack of mental health support contribute to burnout. Despite their vital role, nurses often feel underrepresented and undervalued in policy-making and administrative decisions. Addressing these challenges requires collaborative efforts to improve working conditions, resources, and support systems for nurses in Northern Samar.

Introduction to Sociology

INDIVIDUAL REFLECTIONS

**CENTINO, MARK ROMULO R.**

1. **UNDERSTANDING ON THE IMPORTANCE OF PROFESSION ON YOUR INTERVIEWED TO THE SOCIETY AND HUMANITY**

I understand the vital role of natural healers like nurses, particularly in areas like Northern Samar where healthcare access is limited. It's evident that they are indispensable contributors to society and humanity at large. Nurses, functioning as natural healers, provide essential care, solace, and assistance to individuals and communities in need.

Their responsibilities extend beyond mere medical treatment, encompassing education, advocacy, and emotional support, all of which significantly enrich the lives of those they serve. Observing their dedication and proficiency, I can't help but appreciate how nurses positively influence health outcomes, elevate life expectancy, and improve overall quality of life in Northern Samar.

Their steadfast commitment to aiding others, even in adverse circumstances, underscores the immense importance of the nursing profession in society. Through their altruistic service, nurses exemplify the essence of natural healing, embodying qualities like empathy, compassion, and expertise as they tirelessly work towards enhancing the well-being of others.

1. **THE SOCIOLOGICAL RELEVANCE OF THE PROFESSIONS**

I've come to recognize the significant societal role of natural healers like nurses, especially in places like Northern Samar. Nurses operate within a complex nexus of healthcare, community dynamics, and cultural norms, embodying societal values while navigating intricate social hierarchies and power dynamics.

In Northern Samar, nurses not only provide healthcare services but also serve as advocates for their communities, voicing healthcare needs and concerns to local authorities. Their interactions with patients and families mirror larger socioeconomic challenges such as poverty, educational access, and gender norms.

By analyzing nurses' work through a sociological perspective, we gain valuable insights into the interplay between healthcare systems, societal structures, and individual well-being. Their experiences offer a window into the broader dynamics shaping healthcare access, resource distribution, and social justice in Northern Samar and beyond.

1. **REALIZATION AND REFLECTION**

As I ponder the hurdles encountered by natural healers, such as nurses in Northern Samar, I'm struck by their remarkable resilience and unwavering dedication. Despite facing various obstacles, from geographical isolation to limited resources, nurses persist in serving their communities with steadfast commitment. Their ability to navigate these challenges highlights the importance of resilience, resourcefulness, and empathy in the healthcare profession.

Recognizing and supporting the invaluable contributions of nurses is essential, both locally in Northern Samar and globally. Addressing the systemic issues that hinder their ability to provide optimal care requires collective action from all stakeholders involved. collaborative efforts from policymakers, healthcare institutions, and the community at large. By investing in the well-being of nurses and improving working conditions, resources, and support systems, we can ensure that natural healers continue to fulfill their vital role in promoting health and healing for all.

**CERUJANO, JEZIEL M.**

1. **UNDERSTANDING ON THE IMPORTANCE OF PROFESSION ON YOUR INTERVIEWED TO THE SOCIETY AND HUMANITY**

Faith healers play a crucial role in offering spiritual and emotional assistance to people who seek comfort, hope, and healing through means other than traditional medicine. Their responsibilities go beyond just physical healing, as they also focus on the mental and emotional health of individuals, providing solace and guidance in times of difficulty. This facet of their work contributes to the overall well-being of individuals and communities, underscoring the significance of their profession in offering comfort, support, and healing to those in search of it.

1. **THE SOCIOLOGICAL RELEVANCE OF THE PROFESSIONS**

The profession of faith healers is significant in sociological terms as it allows for an understanding of the various ways individuals look for meaning, healing, and connection in society. Faith healers work within specific cultural contexts that influence their beliefs, actions, and interactions within their communities. Exploring the practices and beliefs of faith healers can offer valuable insights into how spirituality, culture, and healing intersect, showing how people navigate social structures and belief systems to address their holistic needs. Furthermore, analyzing societal reactions to faith healing practices can provide a deeper understanding of broader sociocultural patterns related to health, well-being, and belief systems in society.

1. **REALIZATION AND REFLECTION**

Engaging in interviews with faith healers can be a profound and stimulating experience. It necessitates a careful balance of open-mindedness, respect, and empathy to connect with faith healers and grasp the intricacies of their healing methods. Through my conversations with them, I have developed a greater admiration for the various approaches people take towards healing and spirituality, prompting me to challenge my own biases and expand my comprehension of the link between faith and well-being. By conversing and reflecting with faith healers, I have come to recognize the significance of exploring how faith, healing, and culture intersect in addressing the unique needs and perspectives of individuals in society.

**ESCOTA, MELODY A.**

1. **UNDERSTANDING ON THE IMPORTANCE OF PROFESSION ON YOUR INTERVIEWED TO THE SOCIETY AND HUMANITY**

Nurses and doctors are crucial to society and humanity due to their roles in maintaining and improving public health. They provide essential medical care, from routine checkups and preventive care to managing chronic diseases and treating acute conditions. Their expertise helps reduce mortality rates, manage epidemics, and improve overall quality of life. Beyond clinical care, they offer emotional support and education, empowering individuals to take control of their health.

1. **THE SOCIOLOGICAL RELEVANCE OF THE PROFESSIONS**

The sociological relevance, nurses and doctors hold significant roles in the social structure. They are key agents of socialization, influencing health behaviors and attitudes within communities. Their work often highlights and addresses social inequalities, as they encounter and strive to mitigate disparities in healthcare access and outcomes. They also embody professional norms and ethics, which contribute to societal trust in medical institutions. The interaction between healthcare professionals and patients reflects broader social dynamics, including issues of power, trust, and cultural competence.

1. **REALIZATION AND REFLECTION**

Realizing the impact of nurses and doctors involves recognizing their dual role in both direct patient care and broader public health advocacy. Reflecting on their contributions prompts an appreciation for their dedication, often in the face of challenging conditions, such as pandemics or resource limitations. This reflection should also include an acknowledgment of the systemic issues they navigate, including healthcare inequities and the need for ongoing professional development and support.

**DITCHE, JOBERT**

When they get professions such as Nurse/Doctor The others they really want, That's what they want to be a job but the Others they really have no choice because they didn't get the Course they wanted and the Others Their parents couldn't bear to have them study in the Course they want Because the parents' finances are not enough for him to study in the course he wants and because his second choice is Nursing, so they were forced to do Nursing and What I learned from our interview is that you should really follow what you want, get the professions and jobs you want where you are comfortable, especially if you know that the job you want and chose will help you around you, will help the people Filipino and especially in your family, the job that your children can be proud of and brag about one day because from what I see now when your father and mother are only working in the fields, their children can't tell and brag about it , for me it is not an obstacle parent’s work Because if you love your parents no matter what their professions and jobs are, you will be proud of them because there is no need to be ashamed of our parents' work, because if one day you will be the one to find a good job, that's because in your parents, That's because your parents worked hard so that you can finish your education, fulfill your dreams and so that you won't have a hard time one day if you raise a family, so we shouldn't be ashamed of our parents' work because even if they are construction workers that's all, though That’s just a farmer working hard because as a parent he doesn't want you to experience what they experience. and I think they took that profession because he wanted that job since childhood. If you are happy and enjoy your job, that's what you choose, because firstly, Mona, your dream came true, secondly, you are comfortable with what your job is. , third The work and professions that you want are helpful to the Filipino people and the Four. It won't be too difficult when you have a family and one day your professions and work will be proud of your children, your wife and your whole family.

**BRITANICO, ROSALYN J.**

1. **UNDERSTANDING ON THE IMPORTANCE OF PROFESSION ON YOUR INTERVIEWED TO THE SOCIETY AND HUMANITY**

The importance of nurses and doctors to society and humanity cannot be overstated. Doctors are responsible for diagnosing illnesses, prescribing treatments, and performing surgeries to save lives. They are at the forefront of healthcare, making critical decisions and providing essential medical care. On the other hand, nurses play a crucial role in patient care, administering medications, monitoring vital signs, and offering emotional support. They are often the ones who spend the most time with patients, ensuring their comfort and well-being. Both nurses and doctors work tirelessly to improve the health and quality of life for individuals and communities.

1. **THE SOCIOLOGICAL RELEVANCE OF THE PROFESSIONS**

The sociological relevance of nurses and doctors is profound. These professions are deeply embedded in social structures, shaping the dynamics of healthcare systems, and influencing patient experiences. Nurses and doctors interact with people from diverse backgrounds, cultures, and socioeconomic statuses, reflecting and sometimes challenging societal norms and values. The power dynamics within healthcare settings, such as the authority of doctors and the advocacy role of nurses, can reflect broader issues of hierarchy and collaboration in society.

1. **REALIZATION AND REFLECTION**

Reflecting on the importance of nurses and doctors can evoke a sense of gratitude and admiration for their dedication and compassion. It reminds us of the essential role they play in maintaining the well-being of individuals and communities. From a sociological perspective, recognizing the impact of these professions can spark conversations about healthcare inequalities, access to services, and the need for holistic care that considers social determinants of health. Ultimately, appreciating the work of nurses and doctors can inspire us to support and advocate for a healthcare system that prioritizes equity, compassion, and excellence in care.

**CISCAR, MARK ANTHONY L.**

1. **UNDERSTANDING ON THE IMPORTANCE OF PROFESSION ON YOUR INTERVIEWED TO THE SOCIETY AND HUMANITY**

The profession I interviewed holds immense importance for society and humanity. It serves as a cornerstone in facilitating essential services, contributing to the well-being and functioning of communities.

1. **THE SOCIOLOGICAL RELEVANCE OF THE PROFESSIONS**

From a sociological perspective, these professions play a crucial role in maintaining social order and cohesion. They often serve as pillars of support, addressing societal needs, and bridging gaps within communities.

1. **REALIZATION AND REFLECTION**

Through this interview, I've realized the profound impact these professions have on individuals and society. Their significance goes beyond mere job roles; they embody dedication, compassion, and service, reflecting the essence of human connection and solidarity

**TORRES, RACHELLE A**.

1. **UNDERSTANDING ON THE IMPORTANCE OF PROFESSION ON YOUR INTERVIEWED TO THE SOCIETY AND HUMANITY**

The importance of faith healers to society and humanity lies in their role as spiritual and emotional caretakers. They provide alternative healing methods that complement conventional medicine, offer solace and hope to those in distress, and maintain cultural heritage through traditional practices. Faith healers foster a sense of community, instill hope and belief, and support personal and spiritual growth, ultimately contributing to the overall well-being of individuals and communities.

1. **THE SOCIOLOGICAL RELEVANCE OF THE PROFESSIONS**

The sociological relevance of faith healers is evident in their contribution to social stability and community cohesion. They serve as guides and counselors, addressing not only physical ailments but also emotional and spiritual needs. By preserving cultural traditions and rituals, faith healers reinforce a shared sense of identity and belonging among community members. Their work underscores the interplay between spirituality, culture, and social structures, highlighting their crucial role in maintaining the social fabric and providing support networks.

1. **REALIZATION AND REFLECTION**

Faith healers often engage in ongoing realization and reflection regarding their practices and their effects on others. This reflective process involves evaluating the effectiveness of their healing methods, considering the ethical implications of their work, and contemplating the spiritual and emotional needs of those they help. Through introspection, faith healers enhance their understanding of their role, cultivate deeper empathy and compassion, and continuously improve their approach to providing holistic care and support to their communities.

**NOLASCO, AUSTREDLY S.**

1. **UNDERSTANDING ON THE IMPORTANCE OF THE PROFESSION YOUR INTERVIEWED TO THE SOCIETY AND HUMANITY**.

Based on my understanding, faith healers play a significant role to the society and humanity because they are compassionate individuals who dedicate themselves to providing spiritual guidance, mentorship, and healing to those in need. They connect with people on a deep level, offering a listening ear, words of wisdom, and a sense of comfort during challenging times. Their work goes beyond curing physical ailments; they focus on nurturing emotional well-being, fostering spiritual growth, and building supportive communities. Faith healers embody empathy, understanding, and kindness as they walk alongside individuals on their journey toward healing and wholeness. Their presence brings warmth, hope, and reassurance to those they touch, enriching lives and spreading positivity in the world.

1. **THE SOCIOLOGICAL RELEVANCE OF THE PROFESSIONS**

Faith healers play a multifaceted role in society, shaping social dynamics, fostering community well-being, promoting ethical values, and offering spiritual guidance to individuals seeking healing and transformation. Their presence enriches the social fabric, contributing to the broader sociological landscape with their meaningful contributions and inspiring leadership.

1. **REALIZATION AND REFLECTION**

Ans: While conducting an interview, I realize that faith healers really play an important role to the society and humanity. Although, they don't use any medical equipment’s, apparatus yet they help people to be healed.

**NAZA, ALEAH MAE G**.

1. **UNDERSTANDING ON THE IMPORTANCE OF THE PROFESSION YOUR INTERVIEWED TO THE SOCIETY AND HUMANITY**.
2. **THE SOCIOLOGICAL RELEVANCE OF THE PROFESSIONS**
3. **REALIZATION AND REFLECTION**