## **Homo Ludens**

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#### **Summary**

- Homo Ludens by Johan Huizinga is a book describing the concept of play
- How play is linked to Society and culture, language(s)
  - play originates from animals/ predates human culture
  - play integrates with human society
  - encompass idea in multiple domains
- Johan defined play by 5 core aspects:
  - 1. Free 2. Not real life 3. Distinct from ordinary life
  - 4. Order 5. No material interest or profit
- The text is a core basis of game studies

#### Nature and significance of play as a cultural phenomenon

- First introduce play as a concept older than society -- can be found in animals - play pretend in dog fights for example
- Important is that play is fun and enjoyable
- Explaining the concept of play in previous theories focus play as a biological process -- but he argues that play is its own abstraction and examined as such
- Archetypes of human **society** relate to play: such as language -- metaphor is play on words; myth and ritual spawn law and order
- Then he expands on the 5 core aspects.

#### 5 core traits of play

- Play must be voluntary
  - The participant chooses to play
- Play must be superfluous
  - The participant does not play to gain some material worth
- Play tends to go outside real life
- Play is limited in scope, being outside the scope of reality
- Play is **restricted** by a well-defined ruleset
- From this, we derive the concept of the "magic circle", a microcosm constructed by the play world with a separate set of rules and actions.

### Play in Language, and in Culture

- The text continues to an analysis of play within language
  - Certain languages, such as Greek and Sanskrit, have different words for different types of play (ex. Greek παιδιά for children's games, ἄθυρμα for frivolity, ἀγών for contests)
  - In contrast, Japanese has a single word for play, but with variants of the play word serving as the etymological root of honorifics, suggesting a primacy of play within the noble class.
- Notes that culture is developed as a result of play
  - Similar to the argument that language developed originally from play behaviors.
  - Considers culture and play to be entirely separate, though with play as primary

#### **Other Aspects of Play**

- Law: Three play-forms in the lawsuit
- War: peace vs violence transform into a war culture
- Playing and knowing: provides power with wisdom (riddle-solving)
- **Poetry**: playground of the mind different from ordinary life or logic
- The elements of mythopoiesis: myth-making and poetry stems from metaphors (personifying inanimate)
- Play-forms in philosophy: figure of the Greek sophist
- Play-forms in art: poetry, music, dancing; professional artists creativity is ruled by discipline
- Western civilization sub specie ludi
  - "We have to conclude, therefore, that civilization is, in its earliest phases, played. It does not come *from* play like a baby detaching itself from the womb: it arises *in* and *as* play, and never leaves it."
- Play-element in contemporary civilization American election system is a national sport

#### Applied in our own work...

- Our primary point of interest is in that of the initial description of play; in particular, the magic circle.
- Ultimately, games are implements of play, and as such, fulfill the main concepts of the magic circle. Thus, for example, the ruleset of the game world must be well-defined and immersive, and the player should feel in control; this produces a low-stress environment.
- At the same time, subversions of this allow for the creation of distress, which itself has narrative relevance
  - Horror games like DDLC and imscared can rip control away from the player, thus "breaking" the magic circle.

# Tips and takeaways

- Understand the concept of play as its own separate category
- Ultimately, a game is a way to induce **emotion**.
- Play as defined here is generally associated with stress reduction (escapism), and games tend to be played for stress reduction.
- As such, we create the space as designers to enable (or break) that.