# Launch Oral Systemic Health: Transforming Dental Hygiene

### There is a death from a heart attack every 60 seconds.

About 90% of heart attack patients have gums that bleed.



The evidence connecting periodontal pathogens to chronic disease is firmly established. Yet most dental teams have not implemented the clinical practices which mitigate both the local and systemic distribution of high risk pathogens. We must consider the pathogens that have left the mouth and are creating breakdown at other systemic locations when our patients walk in the door.

In this groundbreaking and potentially life-saving course, Traci Warner RDH presents a specific set of protocols for diagnosing and treating periodontitis with the goal of minimizing the health impact of high-risk pathogens on both the oral biome and already translocated micro-biomes. Traci makes the subject real with life stories, actual clinical cases, and the experience of watching these principles change lives.

Many dental teams know oral health is connected to systemic health but only a few have implemented clinical practices into dental hygiene that will change chronic disease outcomes for patients.

## **Learning Objectives:**

- √ Recognize the responsibility dental teams and dentistry have relative to chronic disease mitigation in America
- Describe the relationship between periodontal disease pathogens and other common chronic systemic diseases
- Discuss and explain the role and relationship of inflammation in periodontal disease and systemic disease
- ✓ Formulate an effective periodontal treatment plan that will provide predictable disease reduction, the potential for regeneration, and impact systemic inflammatory markers
- ✓ Discuss and differentiate the value of a treatment plan targeting pathogens or inflammatory markers

- √ Recognize the value of collaboration with a medical team in behalf of patient wellness
- ✓ Define periodontal disease from current evidencebased research and discover what that knowledge indicates regarding mechanical debridement
- ✓ Describe the impact of a systemic burden of inflammation in a given host and discuss how genetics and pathogens affect that burden
- ✓ Identify high-risk pathogens in high-risk patients to potentially mitigate high-risk systemic outcomes; construct a new diagnostic paradigm
- √ Recognize the value of antibiotic stewardship in all periodontal treatment plans

#### Suggested Format:

Full or Partial Day; Interactive Workshop, Lecture, Keynote

### **Suggested Audience:**

Dentist and Team



