

Eftitan Yasin Akam, M.D.
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EDUCATION

06/2018 -present	Massachusetts General Hospital, Boston, MA Resident, Internal Medicine-Pediatrics
2014-2018	Vanderbilt University School of Medicine, Nashville, TN Doctor of Medicine, Graduate Certificate in Global Health
2008-2012	Harvard College, Cambridge, MA Bachelor of Arts in Neurobiology, Certificate in Mind, Brain, and Behavior, Citation in Classical Arabic Language Honors: <i>cum laude</i> with High Honors

AWARDS AND HONORS

2016	Gold Humanism Honors Society inductee
2016	Overall Family Fellowship for International Research Travel Grant recipient
2014-present	4-year merit-based tuition scholarships <ul style="list-style-type: none">▪ Scott and Tracie Hamilton Scholarship▪ Charles E. and Mildred Work Scholarship▪ Gift Fund Medical Student Scholarship
2011	David Rockefeller International Experience Grant recipient

LEADERSHIP AND SERVICE

2016-present	Gold Humanism Honors Society, Vanderbilt University SOM, Nashville, TN <ul style="list-style-type: none">• Resident/Student Selections Committees member: Reviewed applications and selected students and residents for honors society induction
2016-2017	Global Health Organization, Vanderbilt University SOM, Nashville, TN <ul style="list-style-type: none">• Health Fair Chair: Performed community outreach, organized health fairs for underserved communities in Nashville, participated in vaccination initiatives
2016	Strategic Direction Framework Initiative, Vanderbilt University MC, Nashville, TN <ul style="list-style-type: none">• Diversity & Inclusion Workgroup Member: Worked alongside dean, faculty, staff, and community members to determine a unified strategic direction for Vanderbilt University Medical Center
2015-2016	Family Medicine Interest Group, Vanderbilt University SOM, Nashville, TN <ul style="list-style-type: none">• Community Service Chair: Organized community service events for students interested in family medicine, helped coordinate informational sessions
2015-2016	Equity, Diversity, Inclusion Student Advisory Council, Vanderbilt University, Nashville, TN <ul style="list-style-type: none">• Action Group Member: Served as the medical school's student representative for initiatives presented by the university-wide Office of the Vice Chancellor for Equity, Diversity, and Inclusion

- 2014-present Shade Tree Clinic, Vanderbilt University SOM, Nashville, TN
- Clinical Volunteer (2016-present)
 - Clinic Coordinator (2014-2015): Executed administrative tasks necessary for clinic function, including patient check-in/-out, making appointments, collecting and delivering laboratory specimen
- 2014-present Student National Medical Association, Vanderbilt University SOM, Nashville, TN
- Historian (2016-2017): Documented group's activities, assisted executive board in organizing events
 - Community Service Chair (2015-2016): Organized campus-wide community service events
 - Co-President (2014-2015): Managed administrative duties, served as liaison to first year medical student, coordinated a week-long educational series on health disparities
- 2013 Incarcerated Youth Tutorial Project, UCLA, Los Angeles, CA
- Tutor: Provided one-on-one General Education Development (GED) instruction to incarcerated youths

WORK EXPERIENCE

- 2008-2012 President and Fellows of Harvard College, Widener Library, Cambridge, MA
- Stacks Division Trainer (2010-2012): Trained stacks assistant employees in all areas of work, supervised stacks assistants as necessary, provided advanced patron assistance
 - Stacks Assistant (2008-2010): Ensured accurate replacement of books, organized library, assisted patrons, performed security functions, identified and removed from circulation damaged or worn items

RESEARCH AND QUALITY IMPROVEMENT EXPERIENCE

- 2016-present Epidemiology Research
Adviser: Alicia Beeghly-Fadiel, PhD, MPH, Division of Epidemiology, VUMC
- Project: Dietary fats, fatty acids, and ovarian cancer risk: findings from the Shanghai Women's Health Study
- 2014-2015 Quality Improvement
Adviser: Elaine Boswell-King, FNP, Eskind Diabetes Center, VUMC, Nashville, TN
- Project: Enhancing Provider Knowledge about Diabetes Self-Management Education (DSME) Program to Increase Provider Referrals
- 2013-2014 Clinical Research
Adviser: Jefferey Saver, MD, Comprehensive Stroke Center, UCLA, Los Angeles, CA
- Project: Clinical research of stroke management and treatment
- Summer 2011 Clinical and Global Health Research
Adviser: Keri Cohn, MD, MPH, Massachusetts General Hospital, Division of Global Health and Human Rights, Initiative to End Child Malnutrition, Boston, MA and Rukungiri District, Uganda
- Project: Research and implementation of in- and out-patient malnutrition treatment program in rural Uganda

- 2010-2012 Social and Behavioral Human Research
 Adviser: Robert Stickgold, MD, Center for Sleep and Cognition, Beth Israel
 Deaconess Medical Center, Boston, MA
- Project: Physiological and behavioral study of motor task acquisition in humans
 - Status: Completed honors senior thesis titled *Emotional Experiences during Motor Task Acquisition and their Relationship to Sleep-Dependent Learning, Task-Related Dreaming, and Sleep Architecture*
- Summer 2012 Social and Behavioral Animal Research
 Adviser: Adam Kampff, PhD, Champalimaud Neuroscience Programme, Lisbon,
 Portugal
- Project: Effect of early environment on rat brain development and behavior

PUBLICATIONS

Research

1. Akam EY et al. Dietary fat, fatty acids, and ovarian cancer risk: Preliminary findings from the Shanghai Women's Health Study [abstract]. In: *Proceedings of the 108th Annual Meeting of the American Association for Cancer Research*; 2017 Apr 1–5; Washington, DC. Abstract #3011
2. Shkirkova K, Akam EY, Huang J, et al. 2017. Feasibility and Utility of an Integrated Medical Imaging and Informatics System for Management of Acute Stroke. *International Stroke Journal*. 2017 Jan 1;1747493017694386. doi: 10.1177/1747493017694386. [Epub ahead of print]

Other

3. Akam EY. *Preseptal cellulitis*. 2015. Photograph. *Vanderbilt University Hospital*, Nashville, TN. Knoop, KJ. *Atlas of emergency medicine*. 4th ed. New York: McGraw-Hill Professional; print May 2016
4. Akam EA, Akam EY. Cannabis and Psychosis: What You and Your Patient Should Know. *Journal of the Student National Medical Association*. 2015; (Fall 2015):16-18. Available at: <http://www.jsnma.org>

PRESENTATIONS

Oral

1. Akam EY, et al. "Dietary Fats, Fatty Acids, and Ovarian Cancer Risk: Findings from the Shanghai Women's Health Study." American Association for Cancer Research Annual Meeting, Washington, DC, 3 April 2017

Poster

2. Shkirkova K, Akam EY, Huang J, et al. Feasibility and Utility of an Integrated Medical Imaging and Informatics System for Management of Acute Stroke. Presented at the International Stroke Conference, Los Angeles, CA, 17 February 2016
3. Akam EY, Moore A, Salama M. Enhancing Provider Knowledge about Diabetes Self-Management Education (DSME) Program to Increase Provider Referrals. Presented at the Vanderbilt Program in Interprofessional Learning Capstone Event, Nashville, TN, 13 April 2015