**The Footprints Prayer**

One night I had a dream...

I dreamed I was walking along the beach with the Lord, and  
Across the sky flashed scenes from my life.  
For each scene I noticed two sets of footprints in the sand;  
One belonged to me, and the other to the Lord.  
When the last scene of my life flashed before us,  
I looked back at the footprints in the sand.  
I noticed that many times along the path of my life,  
There was only one set of footprints.

I also noticed that it happened at the very lowest   
and saddest times in my life  
This really bothered me, and I questioned the Lord about it.  
"Lord, you said that once I decided to follow you,  
You would walk with me all the way;  
But I have noticed that during the   
most troublesome times in my life,  
There is only one set of footprints.  
I don't understand why in times when I  
needed you the most, you should leave me.

The Lord replied, "My precious, precious  
child. I love you, and I would never,  
never leave you during your times of  
trial and suffering.  
When you saw only one set of footprints,  
It was then that I carried you.