

UNIT 4 PROMOTING LAMPUNG CUISINE

Practice 1. Look at the pictures below!



Picture 4.a.
(taken from resepnasional)



Picture 4.b.
(taken from cookpad)



Picture 4.c.
(taken from wikimedia)



Picture 4.d.
(taken from kulinernasional)

Then discuss the questions with your partner!

1. What foods are they and where are they from?
2. Which one is your favorite and why do you like it ?
3. Can you cook those foods ?
4. What are the ingredients of these foods?

Practice 2a. Read the following paragraph about Lampung cuisine.
Then, discuss the questions with your friend next to you!

Speaking of food, Lampung has a variety of food that we must try. Below are the best Lampung cuisine.

1. Seruit

Lampungnese Seruit is a typical spicy food served at the event either a large family gathering or at other events such as weddings.

For the Pepadun people, harpoon is used as a daily staple food. Eating harpoon is a habit for them. Harpoon itself is food from grilled fish paste mixed with tempoyak or some mangoes.



Types of fish that are used in harpoon is fish of the great rivers, such as Balide fish, baung fish and variety of other fish. Pepadun People usually use vegetables to make it more delicious and tempting.

2. Tempoyak

If you love food made from durian, you can try this typical Lampung cuisine. Tempoyak is a dish that has basic ingredients that have been fermented from durian fruit. So far, Tempoyak has already been known in various regions in Indonesia and in the neighboring country like Malaysia. It tastes sour but tasty.



3. Pindang



Pindang is also one of the best Lampung cuisine that you should try. Pindang is usually served in a bowl with the sauce that has a yellow color. Interestingly, typical Pindang Lampung has a sour taste as savory, not much different from the Tom Yam of Thailand.

The aroma of caramelized smell is sharp & stronger because there are basil leaves into the mixture in the sauce.

4. Taboh Stew

This food has a taste that is quite unique and is made from nuts and tubers. You will enjoy cooking with coconut milk taste mixed with a mixture of green beans and ground, other types of beans, potatoes and bamboo shoots in this Lampung cuisine.



Additionally, there are ingredients that will make you feel a different taste on the tongue because there is also a mixture such as betel leaves or even shrimp. The combination of the sweet taste in potatoes like pumpkin with a blend of distinctive condiment adding the various flavor on our tongues. The typical food you should try if you're in Lampung.

Questions:

1. Please mention four foods mentioned on the paragraph!
2. When is the best time to serve the Lampungnese seruit?
3. How is the taste of Lampungnese Pindang ?
4. What do you know about Lampungnese Taboh stew ?
5. Why does Taboh stew feel unique on the tongue?

Practice 2b. Now, Find and discuss the synonym or the meaning of these words !

1. Staple food : _____
2. Variety : _____
3. Distinctive : _____
4. Flavour : _____
5. Cuisine : _____
6. Condiment : _____
7. Tempting : _____

Grammar Focus

Descriptive Adjective for Food

A. Explanation of Descriptive Adjectives



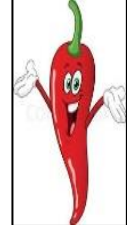

A descriptive adjective adds meaning to the noun that it modifies. This kind of adjective describes a noun in detail by giving an attribute to that particular word. You should know that descriptive adjectives usually express things that are observable through the five senses (touch, taste, sight, smell, and sound).

B. Functions of Descriptive Adjectives


As the name suggests, the descriptive adjective is a kind of adjectives which is used to describe a noun. It does not only add meaning or provide additional information to a noun, but adds color to the entire text in general. Since there are a lot of nouns in the English language, there is also a very long list of descriptive adjectives available that can modify them.

Food - With most of us able to taste food from all corners of the globe, there needs to be a lot of adjectives to describe what we are tasting. Below are the adjectives for describing food.

Adjective for Describing Food

	SHARP Sour, tangy, acid		SPICY Full of flavours such as cinnamon, cloves, nutmeg, ginger
SWEET Taste characteristic of sugar or honey; not salty or bitter.	MILD Food easy to digest	BLAND "Tasteless" unseasoned or otherwise uninteresting.	HOT Plenty of chilli, usually, or occasionally only pepper.
			RICH Food of strong flavour, usually sweet, but not always.
	SOUR Having an acid taste like lemon or vinegar.		

How Does It Taste?

CRISPY Firm, dry, and brittle, especially in a way considered pleasing	CREAMY Dense foods that take a while to digest	JUICY Food that contains a lot of juice	RIPE Food that is ready to eat.
BRITTLE Hard but breaks easily	CRUNCHY Food that makes a grinding noise when bitten or crushed	CLAMMY Unpleasantly damp and sticky	TENDER Easy to chew
CHEWY Food that you have to chew a lot before swallowing it	MOIST Food a little wet	STALE Food that is no longer fresh	TOUGH You have to bite quite hard into it
GREASY / OILY Food that has been fried in oil		MUSHY Food that is very soft	

How Is It Cooked?

STEAMED Cooked with the steamed produced using heat	BROWNED Food slightly fried, until browned	STUFFED filled with seasoned stuff	FRIED Food cooked in a pan with oil
GRILLED Cooked on a metal frame with strong direct heat	COATED Covered with a layer, especially flour or egg.	BAKED/ ROASTED Food cooked in the oven	
		STEWED Food cooked slowly in liquid	POACHED Food boiled gently

Food Can Also be

NEGATIVE HARSH , unpleasant to the taste, TASTELESS , lacking flavour DISGUSTING , arousing revulsion	POSITIVE DELICIOUS , tasty, appetizing, succulent, JUICY , moist, YUMMY , delicious, appealing, attractive, TEMPTING MOUThWATERING
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Practice 2c. Complete the sentences using the correct adjective!

- My cousin used to eat lemons for breakfast. I don't know how, they're so ____.

sweet
bitter
- I don't like ____ food. I always use a lot of sauces or gravy.

moist
dry
- Authentic curries are usually very ____.

spicy
bland
- I love chocolate cake, but that one was so ____ I could barely finish it!

savoury
rich
- Yuck! This soup is way too ____!

salty
tasty
- I love pizza, but sometimes it's a bit too ____.

sugary
greasy
- Yuck! I think this milk is ____.

scrumptious
sour

- Practice 2d.** Match the food adjectives and definitions. Then, write an example food for each one.

Food Adjective	Definition	Example Food
1. _____	usually an enjoyable taste, characteristics of sugar	_____
2. _____	good flavour and nice to eat	_____
3. _____	food containing a lot of fat, sugar, etc.	_____
4. _____	an acid taste, e.g. lemon	_____
5. _____	highly pleasant taste	_____
6. _____	recently made or obtained	_____
7. _____	a sharp, often unpleasant taste	_____
8. _____	tasteless, flavourless	_____
9. _____	food containing or covered with fat or oil	_____
10. _____	favoured with spices or chillies	_____

Name of Friends: Judith

English Conversation Level 3

No	Questions	Answers
6	What food does smell good ?	
7	What food is too spicy ?	
8	What food is greasy ?	
9	What food is disgusting?	
10	What food is crunchy ?	
11	What food is bland ?	
12	What food is too strong but tempting?	

Practice 4. Now, complete the table and interview three friends about their favorite food!

Example: *"Hi Dina, What is your favorite food ? and why do you like it ?"*
 "Hi Sofi, I like Pindang because it tastes rich and quite sour. How about you?"

No.	Names	Favorite Food	The Reason/ The Taste

Practice 5. Please report the result of the interview to the class!

Example: *"First, My friend Dina likes Pindang because it tastes rich and quite sour*

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Practice 6. Choose one of the Indonesian foods that you like and promote it to your friends in front of the class!

Example: *Hi guys, today I want to talk about Padangnese food. It is called Rendang. Rendang is famous because it tastes spicy but tasty. The condiments on Rendang make it sharp*

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