Aricayos, Red Ingram M. January 4,2016

BSIT-2B

Children Learn What They Live

If children live with fear, they learn to be apprehensive.

- If a child is afraid of something or afraid of doing something, they will forever be haunted that this “something” will only bring them anxiety and depression. They fear change. They believe that everything they will do always leads to bad outcome. They don't want to get hurt. But because they don't want to get hurt, their problem is increasing. They will over-think, and only think that everything they will do is not good.

If children live with encouragement, they learn confidence

-If the parents support their child in everything they do, the child will have confidence in his self/ herself. It will boost their confidence and self-esteem. Encouraging children to do the things they like will have a positive effect on the mind. A research say that doing what we love the most will make us more engaged and dedicated towards our work and we will feel more productive and enthusiastic in doing those things. Overall, if we encourage our child and give them our full support, they can trust and believe their selves that they can do it and they know that someone is proud of them.